

2024 Deborah Turner Memorial ROGAINE



Mangatapiri Station, Elsthorpe, 20th October 2024

FINAL COMPETITOR INFORMATION

Acknowledgements

A huge **THANK YOU** to the Rob on behalf of the Joan Fernie Charitable Trust for the use of the land. Please treat this property with the utmost respect.

Directions and general info

The Event Centre is on Saint Lawrence Road, Elsthorpe. Exact location tbc..

Turn north into Saint Lawrence Road which is approximately 3.5km east of the Patangata Pub. Carry on along Saint Lawrence road for approximately 7.5km to the event centre near the end of the road. This will be signposted.

Toilets are located at the event centre.

Parking is at the Event Centre.

There will be a free lunch .

Event Timetable

Time	
930	Registration opens, Gear checks
1015	Compulsory briefing for School and Club teams
1030	Maps issued for planning
1100	Start 3 hour ROGAINE event
1400	Finish 3 hour ROGAINE event
1415	Prizegiving 3 hour event and Lunch catered by HBOC

Registration

It is compulsory for all competitors to register before the event. Event registration closes Tuesday 15th October 2024. Send your registration to schools@hborienteering.com

Names, phone numbers are all to be filled in on the indemnity form as well.

Medical requirements and notifications need to be left with the registration, please make contact with Registration on the day.

Gear Check & Registration

It is compulsory for all competitors to have their gear checked and to register at the event. All members of a team will be required to register together. Gear Check & Registration will take place at the event centre.

- Please refer to the Mandatory Equipment and Clothing listed on Page 4
- There are separate requirements for each individual competitor and each team.
- All competitors are required to bring a **signed Indemnity & Emergency Contact form** to the event (see Page 5 of this document or download from the event website). For competitors aged **under 18**, this is required to be signed by a parent or guardian.

Map and Course

Course planner: Elvies Kim

Course controller: Andrew Bott

The map will be based on a LINZ Topo 50 map of the area, which is enlarged to 1:25000.

The contour interval is 20m. The fences have remained mostly unchanged, and therefore not all are represented on the map. Some electric fences will be live, so treat all as being live and cross where appropriate. The watercourses marked on the map are mostly dry however there are some that do have water, common sense when crossing water is expected.

The map will be marked with the Checkpoint locations and Out of Bounds areas. Checkpoint descriptions will be printed on the back/side of the map. There will be one colour map on water-proof paper per competitor.

There is a distinction between “the” and “a” in describing checkpoint locations. “The” means the checkpoint feature is marked on the map, whereas “a” means the checkpoint feature exists, but it isn’t marked on the map.

Scoring

There will be a total of 1230 points available for the event across 24 controls.

The checkpoints will be marked with a normal orienteering control.

There is a penalty of 10 points per minute or part thereof after the finish time of your event. If you are more than 30 minutes late you are recorded as LATE and your score is zero.

Start Procedure

Please ensure you clear and check your SI card prior to starting.

All competitors must be ready for the compulsory briefing 45 minutes before start time.

After the briefing, maps will be issued. You will also be given black & white maps for planning and for recording your intended route. **Your 'Intended Route map' must be submitted to an official before starting.** Please ensure your team name is on this map and indicate an intended direction of travel. You may subsequently modify your route, but the Intended Route will give us some idea of your initial plan.

Finish Procedure

At the finish:

- Punch the FINISH control, once per person. . Your entire team must finish together – your finish time will be that of the last team member to use the FINISH punch.
- Download your team SI-Chips together.

Navigational Aids and Devices

The only navigational aids that may be carried on the course are magnetic compasses, watches and copies of the competition map. The use of other navigational aids, including pedometers, altimeters and GPS receivers on the course is prohibited.

Safety Information

Hazards identified in the Safety Plan include:

- Terrain – cliffs, rough and uneven ground, pugging, steep slopes, open water, blackberry (leg cover recommended for some forest blocks), beehives, offal pits/open holes, farming machinery and equipment both stored and in use, unstable/awkward fence crossings and electric fences (they should all be off on the day but be aware).
- Out of Bounds areas are marked on the map with purple hatching. These areas represent paddocks with stock that can't be entered other than notes in the event briefing, roads which can't be crossed or run along other than notes in the event briefing, and other landowners properties we do not have access to.
- Road crossings- please check for cars and only cross when safe to do so.
- Livestock – do not spook or cramp stock into fence corners. If you corner stock they will smash through fences (and the farmers won't be happy).
- Extreme weather conditions - Hypothermia – wind, water and cold temperatures can lead to exposure and hypothermia. Know the symptoms (clumsiness, lethargy, slurred speech) and be prepared to seek shelter and call it a day if conditions are severe or if any of your team is exhausted. It could also be hot so plan accordingly.

Risks may be minimised by the following:

- Competitors travel in teams and members of a team are required to remain within unaided verbal contact of one another during the race (approx 50m max).
- Competitors are expected to be fit enough to compete for the duration of their course.
- Teams and team members must carry the listed Mandatory Equipment and Clothing during the race. Competitors must comply with all safety information.

Emergency Procedures in the case of a serious accident requiring emergency treatment:

There is cellphone coverage in places through the station, each team needs one cellphone, **The Planner and Controllers phone numbers are on the map.** If calling doesn't work a text can also be tried.

Emergency Procedures in the case of a serious accident requiring emergency treatment:

- There is limited cellphone coverage in the area, which may only be obtained by moving to a high point and being 'line of sight' of the transmission tower.
- If an accident occurs, and no cellphone coverage is available, travel back to the Event Centre to seek help. The location of the incident should be located on the race map.
- Each team is required to carry a survival blanket which will be used to keep an injured person warm.
- Each team is required to carry a whistle, to attract the assistance and support of other teams in the case of an emergency. This is done by short blasts on the whistle to attract attention, the response is a long blast.
- If emergency assistance is required at the Event Centre, Andrew Bott will be responsible for contacting the Helicopter Rescue Service.

The Safety Bearing is East (or West) to St Lawrence Road or main farm track and then North (or South) to the Event Centre.

Mandatory Equipment and Clothing

All teams must wear or carry the following equipment. For items marked "TEAM" only 1 person in the team needs to have this item. For items marked "INDIVIDUAL" every person in the team must have this item.

INDIVIDUAL – Whistle

INDIVIDUAL – Thermal top in addition to whatever start off wearing (e.g. polypropylene, merino etc.)

INDIVIDUAL – Waterproof jacket

INDIVIDUAL – Hat and gloves

INDIVIDUAL – Water and snacks (e.g. lollies, muesli bar, other snack foods)

INDIVIDUAL – Backpack to carry above

TEAM – Watch

TEAM – Compass

TEAM – First Aid Kit

TEAM – Survival Blanket

The compulsory gear will be checked at Registration. Teams will not be able to start unless they have all the Mandatory Clothing and Equipment.

Suggested Additional Gear

- Highlighter and pen to plan and mark your route
- Mobile Phone - there is limited cellphone coverage in the area. Do not rely on a mobile phone in an emergency.
- Personal Locator Beacon (PLB)