

COMPASS POINTS



August '84

Fixture List

SEPTEMBER

- 2nd N.Z.O.F. National Relays. Hawkes Bay
represented by two teams.
- 15th Taits Rd Night Relays. Refer to article
within (HB)
- 23rd Raretu *** OY 3 *** (HB)
Stuart Hyslop and Colin Tait.
- 30th North Island Championships. Rotorua
Badge event.

OCTOBER

- 7th Gwavas Family event. Ray Nicholson and Peter
Watson. (HB)
- 14th Maraetotora 'Granules' *** OY 4 ***
Wendy and Roger Bee (HB)
- 27-29th Labour Weekend Three Day. Auckland
Badge event

NOVEMBER

- 4th C.D.O.A. Championships.
Badge event
- 4th Tuki Tuki Family event. Julie and James
Watson (HB)
- 18th Smedley Station. *** OY 5 ***
Interclub with Redkiwis. Maurice and Linda
Lloyd. (HB)
- 27th A.G.M. and prizegiving.

DECEMBER

- 2nd Phillips Bush. Bar-b-que and end of year
function. Ray and Liz Nicholson. (HB)

S	S	M	T	W	T	F
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

S	S	M	T	W	T	F
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

S	S	M	T	W	T	F
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

S	S	M	T	W	T	F
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Club Champs

What better reason for club members to travel to Gwavas than for the club champs. Wayne Edgar and Ted Sapsford set some great courses which for many runners started in the cold, wet conditions and ended in snow.

An added feature for those who ran in the M-21 open grade was the addition of the Nicholson Trophy which made several orienteers run out of their grades. More competition for Ray.

COURSE A.

M-19

- | | |
|--------------------|--------|
| 1. Trevor Carswell | 128.41 |
| 2. Paul Frechtling | 129.03 |

M-21 open

- | | |
|--------------------|--------|
| 1. Maurice Lloyd | 83.26 |
| 2. Andrew Smith | 86.27 |
| 3. Roger Bee | 91.45 |
| 4. Ray Nicholson | 95.32 |
| 5. Stuart Hyslop | 116.03 |
| 6. Ross Frechtling | 116.35 |

COURSE B.

M-35

- | | |
|-----------------|--------|
| 1. James Watson | 113.53 |
| 2. Dave Cooke | 116.59 |
| Tony Plummers | D.N.F. |

M-43

- | | |
|----------------------|--------|
| 1. Colin Tait | 78.06 |
| 2. Phillip Mardom | 99.18 |
| 3. Dave Smith | 115.39 |
| 4. Dennis Frechtling | 154.07 |

M-50

- | | |
|-------------------|-------|
| 1. Brian Crawford | 76.56 |
|-------------------|-------|

COURSE C.

W-21 open

- | | |
|------------------|--------|
| 1. Liz Nicholson | 77.26 |
| 2. Linda Lloyd | 99.50 |
| 3. Wendy Bee | 154.07 |

COURSE C cont'

- | | |
|--------------|--------|
| Brita Munday | D.N.F. |
| Jan Edgar | D.N.F. |

W-35

- | | |
|------------------|--------|
| 1. Julie Watson | 122.22 |
| 2. Sharon Mardon | 137.07 |

COURSE D.

W-13

- | | |
|--------------|--------|
| Dianne Smith | D.N.F. |
|--------------|--------|

W-15

- | | |
|-------------------|-------|
| 1. Fiona Crawford | 76.06 |
|-------------------|-------|

W-43

- | | |
|-----------------|--------|
| 1. Beverly Tait | 104.02 |
|-----------------|--------|

W-50

- | | |
|------------------|--------|
| 1. Anne Sapsford | D.N.F. |
|------------------|--------|

COURSE E.

W-12

- | | |
|------------------|-------|
| * Fiona Sapsford | 57.50 |
|------------------|-------|

Indiv and Groups.

- | | | |
|---|-------------------|--------|
| C | 1. C&J Smith | 185.05 |
| D | 1. Geutrz G | 103.10 |
| | 2. T.C. Watts | 135.50 |
| | 3. Jeanette Dobbs | D.N.F. |
| | A.G. Watts | D.N.F. |
| E | * Frechtling G | 78.03 |
| | Keller Jo G | D.N.F. |
| | L & C Grant | D.N.F. |

Nicholson Trophy

I guess it was basically given in appreciation to the club for giving me the opportunity to become a competitive sports person once again.

It is hard to explain what one goes through for that matter, ones wife when one has a serious accident and are suddenly not able to compete without fear of aggravating the injury. Five years is a long time to find a sport that is rewarding for guts and determination.

So guys, when you run for that Trophy each year at the champs give it all you've got.

Thanks H.B.O.C.

Liz & Ray Nicholson.

Thank you Liz and Ray for your gift to the club. I am sure the M-21 grade will become a battle for the top for all concerned.

Taradale street event

Cats, Dogs and worms were not the only things heard at the Taradale Night event. Orienteers pounded the pavement in an all out effort to finish the three courses designed for them by Fiona and Brian Crawford. This was a new map with cartography by Fiona and fieldwork done by both.

Results were:

Course A-5.3 km

Ray Nicholson	39.27
Dave Cooke	42.10
Colin Tait	45.45

Course B-3.3 km

Liz Nicholson	38.59
Jeff Clibborn	41.00
Ross Frechtling & Jeanette Dobbs	51.36
Martin Bron and Chris Tait	51.48
Hawrie Group	57.10
Sapsford Group	69.22
J Davis and C Smith	86.15

Course C-2.5 km

Tony McMillán	24.12
Clibborn Group	25.17
Dave Smith	31.23
Julian and Wendy Bee	33.16
Peter and Kathy Smith	36.34
Simon and Roger Bee	37.55
Crawford Group	53.01

Clipper Challenge

This is an update of how the rankings stand at present. The last event to count was at Christchurch, although many club members travelled to Lismore and the Auckland champs, results were not available.

1. Fiona Crawford	- 34	18. Ted Sapsford	- 8
2. Colin Tait	- 26	Sharon Mardon	
Trevor Carswell		20. Stuart Hyslop	- 6
4. Brian Crawford	- 24	Roger Bee	
Liz Nicholson		Russell Mardon	
6. Ray Nicholson	- 18	Mark Hyslop	
7. Beverly Tait	- 16	24. Diana Smith	- 4
Julie Watson		Wayne Edgar	
9. Maurice Lloyd	- 14	Martin Bron	
Paul Frechtling		Jan Edgar	
Ross Frechtling		Wendy Bee	
12. Sandra Tait	- 12	Phillip Mardon	
Dave Smith		Heather Mardon	
Peter Smith		Fiona Sapsford	
Liesl Greene		Anne Sapsford	
16. James Watson	- 10	Jenny Mardon	
Linda Lloyd		34. Ken Ross	- 2

Points are awarded as / Gold Time - 10, Silver - 8, Bronze - 6, Iron - 4, and a D.N.F. - 2.

Night Relays

15 September

The sun has set and a blanket of darkness spreads across the sky covering the orienteers domain. It is a time of the night when Hob gobs awake, opossum stalk wetas and wetas eat opossum and morepork swoop upon weary travellers of the night.

During the hours of day it is the orienteer that is the master of the map (if he finishes) but when dusk falls the table turns and a challenge is laid at the runners feet.

This event will incorporate two separate events, relay running and night orienteering. Relays are always a thrill and a spectators sport but with the added extra of the ultimate, that is orienteering at night.

Night O'ing is a very exacting sport, speed may be more of a hindrance than a help. The orienteer sets off with compass, map, whistle and torch in hand/s to discover his or her leg controls. After becoming accustomed to the sounds of wetas crunching on opossums and moreporks making bombing runs, you settle down to the business of finding controls, your ones.

You soon notice that you are not alone. Beams of light appear and disappear from all corners of the map. No, not glow worms dodging and diving from mad orienteers but runners like yourself all on different courses.

The site of a control in a night event is generally specific features which can be identified with precision. A knoll or stream is used rather than vegetation boundaries and clearings.

Although all courses will be shorter than usual, the relay will be divided into three different courses, long for experienced runners, medium for the average O'ers and short for the beginners and children. All who arrive will be placed into one of these classes and teams will then be drawn.

The event STARTS at 7-00pm but all runners must be registered by 6-45pm for the draw of teams to take place.

Make this a family outing and have a Bar-b-que tea from 5-30pm in the peaceful surrounds of the 'Door to Life' camp. Bar-b-ques are not supplied.

The owner has kindly let this club use his land and so has asked that NO ALCOHOL be taken. Please respect this wish.

Please give Dave Holt Ph 66-364 a ring by Wed 12th if you are going so he may have an idea of the amount of maps he must draw up.

Don't forget your torch and possibly something a little warmer.

N.B. You will notice the difference between Fig 1 and Fig 2. Fig 1 is as it appears on the map. Fig 2 is what it should be. The dotted area in Fig 2 is DENSE TREES. Please take note as this will become hard to see in the dark.

FIG 1



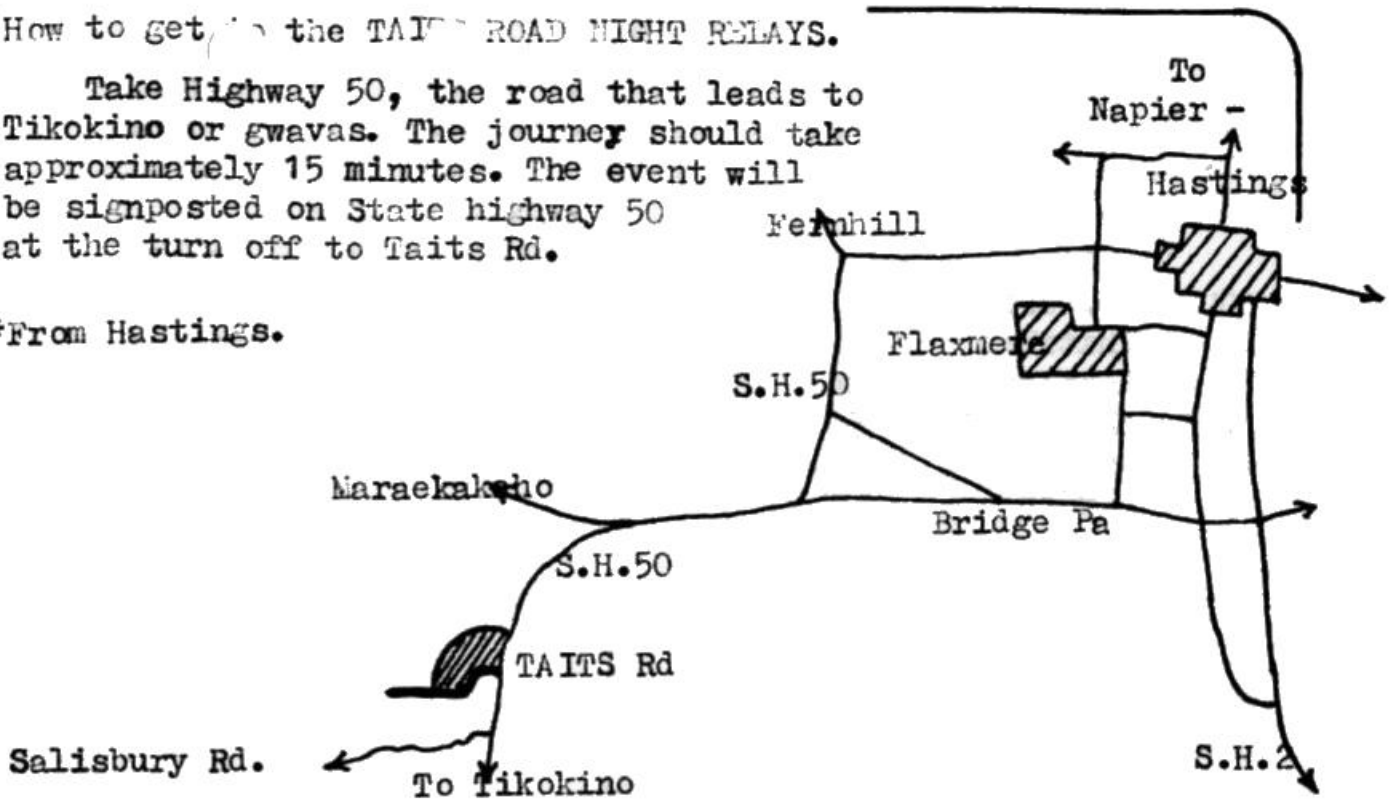
FIG 2



How to get to the TAIT'S ROAD NIGHT RELAYS.

Take Highway 50, the road that leads to Tikokino or gwavas. The journey should take approximately 15 minutes. The event will be signposted on State highway 50 at the turn off to Tait's Rd.

*From Hastings.



ESK OY 2

This event was the first time that the esk map had been used for a club event. The course setters Ross Frechtling and Trevor Carswell felt that the rather long times in some courses were due to the length rather than the difficultness of the courses
Results were:

COURSE A. 7.8 km

1.	M. Lloyd	77.46
2.	a. Smith	82.27
3.	D. Whitiker	96.00
4.	R. Nicholson	98.27
5.	D. Cooke	101.24
6.	P. Frechtling	102.15
7.	P. Watson	106.29
8.	J. Watson	109.12
9.	C. Smith	119.00
10.	D. Matheson	179.15
	T. Pluymers	D.N.F.
	W. Edgar	D.N.F.

COURSE B. 5.9

S.	Hyslop	82.32
B.	Crawford	98.27
T.	Sapsford	125.53
D.	Smith	135.24

COURSE C. 3.6

1.	A. Whitiker	42.22
2.	L. Lloyd	48.51
3.	M. Hyslop	50.13
4.	Blair Family	54.41
5.	Fisher Group	54.52
6.	J. Mardon	60.47
7.	J. Watson	65.51
8.	J. Edgar	77.13
9.	Gentry Family	77.28

Esk results Cont'

COURSE C.

10. H. Mardon	85.23
11. S. Mardon	85.02
12. A. Sapsford	91.53
13. C. Allen and R. Plummer	145.25

J. Cooke	D.N.F.
R. Munday	17.32
(second course)	

COURSE D. 2.1

1. J. Whitiker	32.07
2. G. Whitiker	36.28
3. Frechtling G	56.18
4. C. Watson	81.15
I. Mardon	D.N.F.

Wayfarers	1.39 km
1. H&J Whitiker	51.53
2. Munday Group	66.13
3. R&T Cooke	69.54
Gentry Family	D.N.F.
J. Cooke	D.N.F.

*- no points awarded
due to a protest.

OY update

M-12	I.Mardon	5	5	10
M13-16	R.Mardon	25	-	25
	M.Bron	5	-	5
M17-39	M.Lloyd	25	25	50
	J.Watson	23.50	17.75	41.25
	R.Nicholson	15.68	19.71	35.39
	P.Watson	18.56	18.22	29.78
	P.Frechtling	5	18.96	23.96
	A.Smith	-	23.54	23.54
	R.Bee	22.62	-	22.62
	C.Smith	-	16.27	16.27
	D.Matheson	5	10.81	15.81
	W.Edgar	-	5	5
M40	P.Mardon	13.59	-	13.59
	B.Crawford	25	*	25
	S.Hyslop	23.38	*	23.38
	K.Ross	13.62	*	13.62
W13-16	F.crawford	25	-	25
	H.Mardon	-	25	25
W17-39	S.Mardon	21.96	14.11	46.07
	J.Edgar	23.95	15.61	39.56
	J.Watson	17.96	18.38	35.34
	L.Lloyd	-	25	25
	L.Nicholson	25	-	25
	W.Bee	22.83	-	22.83
	J.Mardon	-	19.91	19.91
W40	B.Tait	25	-	25
	A.Sapsford	-	25	25

OY 1

OY 2



WOC 85

Although the actual area that the World Orienteering Championships will be held on is a close kept secret areas that are being considered have been embargoed. The areas included are the Western half of Victoria and a small patch on the Eastern Border of Victoria and New South Wales.

WOC will be held on the 1st week in September 2-6 with a great many events leading up to and falling away from this date. They include:

24-25 Aug	Victoria Champs	Victoria
31-1	Badge events	Victoria
2-6 Sep	<u>W.O.C.</u>	Victoria
7 Sep	Australia Champs	Victoria
8 Sep	Aus Club Relay	Victoria
22 Sep	Western AUS Champs	Wes.Aus
28-29 Sep	Tasmania Champs	Tas.

TERRAIN

Australian ground is typically hard underfoot often with stones amongst the undergrowth. This can lead to blistered feet and twisted ankles unless runners have carefully prepared themselves. Fallen trees are very common in all Australian terrains. In thick areas where there is undergrowth and fallen timber it is extremely difficult to maintain an even running speed and direction. Areas of thick undergrowth in Australia often include sharp sticks and thorns. Full body cover is strongly recommended.

If you wish to gain some appreciation of Australian Orienteering maps, the OFA has compiled a set of 16 maps for 17 Aus dollars. Also WOC bulletins are available at 4 Aus dollars. There will be another 4 editions as the event draws closer.

If you want any of these items then write to
 1985 World Orienteering Championships,
 P.O. Box 16,
 Abbotsford, Victoria 3067,
 AUSTRALIA.

South Island Chan ps

Eskvale a pleasant farm map with a bit of everything; "electric fences" too.

Orienteering down south certainly has a different flavour of its own unlike the north.

Individually we didn't perform to well at all even though Jenny Mardon did win her grade after she lost her clip card part way round and decided to go back to the first control and clip onto the map - a brave decision.

The fettes from North West came south with a mission to win and win they did with ease. Robert Sinclair of Kapiti Havoc enjoyed himself also taking a South Island Title.

Bottle Lake Forest was the venue for the relays. It was a lovely clear morning with the frost still on the ground but this didn't deter us from performing well in the mixed grade, we were highly surprised and surprised with our second placing.

Ray and Liz Nicholson

APOC 86

Like many other H.B. members I was fortunate enough to make the pilgrimage to A.P.O.C. (Asian and Pacific Orienteering Carnival) held at Naseby in January of this year and was swept away in the magic of the atmosphere of competing against many other countries.

Apoc is held every two years and organisers have sent the first bulletin. It will be held in Hong Kong. No not a street event but in the land north of Tai mona Tsai and includes two country parks, Sai Kung east and Sai Kung west.

If your planning a trip to H.K to buy tape decks and microwaves then the dates to go are January 3rd - 5th 1986.

Club Coaches

Four members have been appointed coaches for our club. All or several will be on hand at events to give guidance to new members. They have been chosen for their Orienteering knowledge and experience but are by no means the only people who can do this job. If you see a new member or visitors bewildered by this strange and new sport offer assistance, if you find that you are unable to, then call over one of these coaches. They are Roger Bee, Brian Crawford, Maurice Lloyd and Colin Tait.

I am sure that someone out there disagrees with the contents of this magazine. This can only be what the club members put into it, so here is your chance to do something about it. This space could have had your article printed on it voicing your views.

Don't delay, send your article to me and I will forward it to the next club editor.

Trevor Carswell
28 Birkenhead cres
Flamere. Ph 799-689

Aug. 1984