

# MARCH

"93" 

All correspondence and Club Newsletters to: The Secretary  
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**CONTENTS:**

Event results	page 2 - 8
Macpac Kaweka Reports	9 - 12
Coaching	13
Queens Birthday Event	15 - 16
Veterans Training Camp	17
APCC Update	18
Easter 3 Day Event	19
NZ Federation News	21 - 23
Coming Events	24



BBO SOCIAL AT PERNEL:

Once again we kicked off the 'O' year with a social event at Pernel Orchard. The children thoroughly enjoyed the swimming pool and the BBQ was enjoyed by all.

After last years problems with moving controls, I didn't put them out until the last minute. i.e. until the staff had finished work for the day. As darkness fell about 20 individuals and groups set off. After 30 minutes the fastest runner returned and I couldn't believe it. Two of the controls had gone - they couldn't be found! They turned up next morning but I have yet to find out who the culprit was!

In spite of the missing controls everyone seemed to enjoy themselves and next year I'll solve the problem by using no controls. We will have a question and answer course!!

Sharon Mardon



We say farewell to Pam and Geoff Morrison who are off overseas on a cycling tour of Japan and Europe, but not before they stop off at the Easter orienteering event in Perth. Thanks Pam for your great efforts as Publicity Officer!



1993 OY SERIES.

The committee reviews the OY classes every year or so to make sure that the courses and the age groupings still meet the club's needs. At the March committee meeting, the following grades and courses were agreed upon for 1993:

- A Course - M17 - 39A
- B Course - M40 + ; M17 - 39B;
- C Course - W17 - 39 ; W40 + ; M Open B (unrestricted age)
- D Course - W Open B (unrestricted age); M13-16
- E Course - W13 - 16
- F Course - W12; M12

We have introduced Open B (unrestricted age) courses for both men and women. The men will run on the C course, which will provide them with a technically difficult event but one which is not so arduous as the A or B courses. The women's Open B (unrestricted age) will cater for those who want something not so difficult physically or technically as the C course.



Booklets showing the International Orienteering Federation control symbols are available from the caravan at each event. Price \$2 a copy. The booklet shows all of the standard symbols and explains what they mean. It also includes a very useful series of examples showing just how the symbols are used, with sketches showing the correct relationship between the control flags and the descriptive symbols.

## STREET SERIES 1 - HAVELOCK NORTH 28 JANUARY 1993

A course 7.9km

D Morrison 34m, P Watson 40m, W Lee 43m

B Course 5.9km

T Barnsley 44m, R Spearman & M Fraser 47m, O'Shea & Walch 48m,  
D Fisher 53m, D Matheson 55m, J & M Glass 62m, P Mardon 72m,  
Weaver family 107m.

C course 4.0km

N Lawrence 32m, C Ruffell 34m, D Seow 35m, S Mardon 42m,  
J Cook 44m, A West 48m, B Walch & D Santo 48m, C & M Barnsley  
49m, Wardle & Mawley 53m, A & E Sapsford 55m, Green & Martin  
57m, A & C Lee 57m, A Farac 60m, K & C Berry 62m, B,P & B 63m.

D course 2.6km

S Hyslop 22m, A &amp; L Bansley 82m, Farac family 87m.

E course 1.0km

J &amp; M Storey 16m, D Smith 21m, Watson children 25m.



## STREET SERIES 2 - FRIMLEY 4 FEBRUARY 1993

A course

D Morrison 30m:51sec, N Lawrence 38:24, T Barnsley 39:24, W Lee  
39:30, A Berry 40:10, C Ruffell 40:30, D Fisher 46:45, Karen &  
Tony 48:56, D Seow 52:37, S Davis 56:35, M Glass 58:55, L Syme  
group 62:32, Weaver group 98:29.

B course

Christine Jeanine & Linda 25:10, A Riches 35:30, A Sapsford  
41:30, Martin & Green group 43:24, Hunt group 44:43, Julie &  
Feona 45:08, C & K Berry 47:42, A Farac 63:18.

C course

K Berry 19:34, C Lee 22:48, Anita 26:33, Chris & Michelle 32:48,  
Linda & Brendon group 34:46.

D course

Pattison group 24:10, J & M Storey 29:13, B Lee 42:25, Amanda and  
Louise 55:26.

Results Te Mata:C Course: 2.0km

Walch O'Shea	51.46	2nd Map
Alan Rick Toki	1.06.20	
Percy Family	1.11.00	
Kath Berry	1.16.10	
D Poulgrain	1.20.40	2nd Map
Ann Sapsford	1.23.40	
K & C Berry	1.24.30	
B.Hunt	1.24.50	
R.Morrison	1.30.00	2nd Map
R.Cardwell	1.36.00	
M.Glass	1.49.30	
Irving Family	2.42.00	
Foo Family	2.45.18	
Chan Family	2.50.18	
C.Lee	DNF	
C.Martin	DNF	

D Course: 1.2km

Walch O'Shea	31.30	
K.Vincent	31.50	
D.Smith	37.23	
G & D Lucas	48.18	
R.Morrison	51.34	
Chris, Rosie Amanda	55.05	
Stalker	55.52	
Ben & James	1.00.30	
D.Staples	1.00.40	
McKay Family	1.01.00	2nd Map
Toki Family	1.04.00	
L.Clothier	1.05.10	2nd Map
Snijders/Syme	1.09.27	
Muller & Sone	1.10.23	
MacFarlane Group	1.28.00	
Jackson Group	1.08.56	M1
M.Clarke	DNF	
Dames Family	DNF	

E Course: 1.0km

Snijders/Syme	14.07	2nd Map
D.Poulgrain	18.15	
J.Storey & R.Berry	25.07	
James, Emma, and		
Belinda	26.49	
L.Clothier	26.54	
Jackson Group	29.34	
McKay Family	31.57	
Gray/McCready	32.20	
Michelle & Janelle	39.22	
Carter Group	44.13	
Louise & Anna	48.44	
Nisbet Family	56.40	
Jesse & Gino	1.05.52	
Vithanage Group	1.25.00	

Memory/Score Event:

Peter Watson	+443
Geoff Morrison	+308
Wayne Lee	+140
Ted Sapsford	+136
Alan Berry	+135
Young/McEwan	+55
D.Seow	+8
Sharon Mardon	-5
Mac & Ngaire Fisher	-120
J & N Suttom	-220

Course-setters Report: Te Mata Park 7th February

Promotional Event:

Having agreed to set the first courses for the year, it became something of a challenge to cater for beginners as part of the promotion of the sport and at the same time provide a suitable test for the experienced members of the club.

With the willing support of sister-in-law Pam, Courses of C, D and E standard were designed. Initially we felt that a C Grade course was unnecessary, but later decided that there might be some beginners who may have wanted a greater challenge if they had handled the easier courses comfortably. This, in fact, proved to be the case with the Walch and O'Shea pair speeding around the D Course, then returning fastest time for the C Course as well.

Club members were all urged to try our patented memory/points event. This was designed to provide good practice in memorising map and route detail before the more important events later in the season. For the slower, less confident participants there was a built-in handicap bonus mechanism, hinted at in the instructions but not many took full advantage.

Points or time bonuses for various groupings of controls, four "Chance" controls (with more benefits available to the slower competitors than the faster), two "wild cards" (one positive, one negative) and all to be completed within one hour with time penalties for every minute over an hour.

Despite this daunting array of instructions and rules, it was gratifying to see ten starters testing their wits in this event.

Peter Watson completed the course with just one missed control and comfortably won. Geoff Morrison was second after having given sterling assistance all day to the many newcomers that took part. There was a close race for third with only 5 points separating Wayne Lee, Ted Sapsford and Alan Perry who finished in that order.

The promotional side of the day went well - we organised a sunny day (perhaps too sunny for some) and some 58 maps were attempted. It is pleasing to note that many of those "first-timers" have returned to later events.

However, the writer feels that for future "promotional" events, more club members should be asked to assist with the introductory work necessary to assist beginners, both before and after their courses are completed. Thanks to Brother Geoff and Alan Berry in this respect.

Derek Morrison

ORIENTEERING RESULTS: RARETU

Ag good attendance at euchre flat by visitors and members of the H B orienteering club who enjoyed a sunny day on various types of courses offered by course setter Dave Smith.

A course : Line Course 5.45km

Geoff Morrison	57.13
Eric Dunbar	62.50
Wayne Lee	67.54
Neil Mora	80.40
Carlton Ruffell	96.52
Peter Watson	63.09 M2
Derek Morrison	73.09 M3
A Team	83.00 M3
D.Poulgrain	83.37 M4

B Course: Line Course 3.8km

Dave Fisher	57.00
Peter Hill	66.10
Bob Harris	70.27
Pam Morrison	71.06
Neil Lawrence	58.01 M1
Catherine Lee	70.27 M1
Young-McEwan	124.34 M2
Tim Barnsley	49.03 M3
Ted Sapsford	64.10

FCB Course: Features Check Bearings

Peter Watson	10.48
Dave Fisher	13.19
Brian Crawford	20.50
Bob Harris	21.50
Tim Barnsley	22.00
Geoff Morrison	22.45
Christine Barnsley	31.10
Linley Clothier	DNF
Wayne Lee	DNF

S Course: Sight

Lynley Clothier	3.40
James Watson	3.54
Amber Morrison	4.00
Alice & Anna	4.00
Emma Watson	6.00

CB Course: Blank Map 2.14km

Scurr-Wardle Group	29.18
Chris Barnsley	63.10
Charles Martin	65.02

C Course: Cross Country 2.14km

Foo Family	28.17
Adele Farac	30.41
Chan Family	33.31
Ben Lee	35.00
Peter Cowley	35.58
Caroline Watson	37.20
Mac & Ngaire Fisher	37.46
Wardle-Mawley Group	40.54
Ann Sapsford	41.08
Bill Walch	42.04
M Glass	43.00
Ross Morrison	49.06
Ross Cardwell	49.24
Lynley Clothier	50.16
Lyn & Janene	54.35
Michele Barnsley	58.48
M.Pike Group	62.30
Vincent Group	87.20
Scurr-Wardle Group	17.08 2ndMap
Craig Milner	

P Course: Picture Map

Lynley Clothier	5.40
James Watson	6.07
Amanda Barnsley	6.36
Amber Morrison	7.50
Emma Watson	8.00
Alice & Anna	8.00



Dave Smith

SMEDLEY STATION OY1

<u>Course A</u>	M17-39A	7.1km		<u>Course C</u>	W17-39A	2.85km	
Peter Watson		70.55		Carolyn Watson		57.35	
Derek Morrison		80.57		Pamela Morrison		61.17	
Wayne Lee		108.56		Catherine Lee		70.38	
David Fisher		141.57		Diane Lucas		86.45	
Peter Smith		DNF					
<u>Course B</u>	M17-39B	3.9km		Eric Dunbar		43.40	2nd Map
Neil Lawrence		68.31		Bill Walch		109.45	
Tim Barnsley		80.35		Young-MacEwan		125.54	
Don Poulgrain		86.10		Charles Martin		145.10	
Derek Seow		86.38		<u>Course D</u>	W40	2.4km	
Doug Matheson		111.03		Kath Berry		46.09	
Bob Harris		159.46		Sharon Mardon		47.53	
Martin Glass		203.35	M1	Ann Sapsford		103.23	
				Chris Barnsley		110.11	
<u>M40</u>				<u>W17-39B</u>			
Maurice Lloyd		44.43		Adele Farac		72.37	
Eric Dunbar		72.13		David Cooke		51.42	
Peter Hill		96.38	M1	O'Shea-Walch		68.04	
				Andrew-James		77.14	
<u>M50</u>				Ross Morrison		78.10	2nd Map
Alan Berry		69.46		Lee-Hogg		85.32	
Brian Crawford		98.34		Ben Lee		55.31	2nd Map M1
Dave Smith		146.18					
Linda Lloyd		82.51		<u>W13-16</u>	1.8km		
Wardle-Scurr		118.44		Cathy Smith		38:56	
<u>Course F</u>	M12	1.3km		Anita Lloyd		39.04	
Ben Lee		15.11		Tracy Lucas		72.50	
Geoff Lucas		15.50		<u>M13-16</u>			
Anthony Lloyd		21.08		Michael White		49.50	
Ross Morrison		21.12		Tony Walch		18.14	2nd Map
Brendon Lloyd		26.19		Karen O'Shea		22.16	2nd Map
<u>W12</u>				Lynley Clothier		44.05	2nd Map
Louis Barnsley		27.14		Mawley-Wardle		59.36	
Lynley Clothier		28.25		Denise Santo		61.31	
Amanda Barnsley		36.22					
Amber Morrison		38.24					
Emma-James Watson		27.58					

The first OY of the year certainly brought people out in force with the caravan very busy throughout the day. This despite the fact that 7 or 8 regulars couldn't attend. Perhaps it was the pleasant a) day, b) location and c) course setters, that enticed the competitors into the fray!

Peter Watson showed he was ready to take on the Ockers when he dashed around the A course, winning by 10 minutes, though he will have to get a little bit fitter, because he was 55 seconds outside the course-setters estimated winning time!! Perhaps he is putting in too much time learning the words to the haka!! Unfortunately, most of his competition for one reason or the other were non starters, but hopefully this will be rectified by OY2.

It was a great day for the Watsons, with Carolyn proving that four kids are no barrier by winning the open women in her first serious attempt since Oliver. Look out when she gets fit.

The huge B Course field had a battle royal, and this looks the makings of a real dogfight during the year. The M17-39B have Neil Lawrence and Tim Barnsley looking over the shoulders because Don Poulgrain and Derek Seow are certainly putting the pressure on. The M50's are going to have a battle of their own but the M40's still couldn't take advantage of Eric Dunbars effort to do B Course after drawing A Course on his map.!!

The W40's had just over 1.5 minutes between the 1st two with Kath shading Sharon, and with the latter in Australia during the next OY, it'll certainly put the pressure on.

But if you thought that was close, the W13-16's were even closer with Cathy Smith edging out Anita Lloyd by a mere 8 seconds. With Tracy Lucas there and Michelle Barnsley, this has the makings of a very competitive class.

This brings the F Course where there was 10 starters and they all completed the course in excellent time. Ben Lee sizzled around this course to just beat Geoff Lucas in the boys, and Louise Barnsley beat Lynley Clothier by just over a minute in the girls.

Three of them enjoyed it so much they came back to do a second map!

It was good to see former club members David Cooke and Doug Matheson turning out, and hopefully they will put even more pressure on the current members to perform.

Thanks to Peter Watson & Hill (looking for that elusive control) Derek S, Pamela and Eric for picking up controls and as course-setters we hope that most people enjoyed the event.

Stuart Hyslop & Geoff Morrison (course-setters)



## O.Y.1 POINTS 1993

M17-39A	
Geoff Morrison	25.00
Peter Watson	25.00
Derek Morrison	21.90
Wayne Lee	16.28
Dave Fisher	12.49
Peter Smith	10.00

W17-39A	
Caroline Watson	25.00
Pamela Morrison	23.49
Catherine Lee	20.38
Diane Lucas	16.59

M40+	
Stewart Hyslop	25.00
Maurice Lloyd	25.00
Eric Dunbar	15.42
Linda Lloyd *	13.49
Peter Hill	10.00

W40+	
Kath Berry	25.00
Sharon Mardon	24.10
Anne Sapsford	11.16
Chris Barnsley	10.47

M50+	
Alan Berry	25.00
Brian Crawford	17.70
Dave Smith	11.92

M17-39B	
Neil Lawrence	25.00
Tim Barnsley	21.26
Don Poulgrain	19.88
Derek Seow	19.77
Doug Matheson	15.42
Bob Harris	10.72
Martin Glass	10.00

M13-16	
Michael White	25.00

W13-16	
Cathy Smith	25.00
Anita Lloyd	24.91
Tracy Lucas	13.36

M12	
Ben Lee	25.00
Anthony Lloyd	17.96
Ross Morrison	17.90
Brendon Lloyd	14.42

W12	
Louise Barnsley	25.00

## HANDICAP POINTS

M17-39A		
Wayne Lee	27.28	10.0
Derek Morrison	26.90	4.0
Geoff Morrison	25.00	8.0
Peter Watson	25.00	scr
Peter Smith	25.00	15.0
Dave Fisher	22.49	11.0

W17-39A		
Pamela Morrison	31.49	4.5
Diane Lucas	25.59	8.5
Caroline Watson	25.00	scr
Catherine Lee	24.88	4.5

M40+		
Stewart Hyslop	25.00	2.5
Maurice Lloyd	25.00	scr
Linda Lloyd *	23.49	10.5
Eric Dunbar	15.42	4.5
Peter Hill	14.00	4.0

W40+		
Sharon Mardon	29.10	2.5
Chris Barnsley	25.47	15.0
Kath Berry	25.00	scr
Anne Sapsford	20.66	11.5

M50+		
Dave Smith	25.92	13.5
Brian Crawford	25.70	7.5
Alan Berry	25.00	scr

M17-39B		
Tim Barnsley	28.76	5.5
Don Poulgrain	25.88	5.5
Derek Seow	25.77	5.5
Doug Matheson	25.42	9.5
Neil Lawrence	25.00	scr
Martin Glass	25.00	15.0
Bob Harris	21.22	12.5

M13-16		
Michael White	25.00	scr

W13-16		
Anita Lloyd	25.91	scr
Cathy Smith	25.00	scr
Tracy Lucas	13.86	6.0

M12		
Anthony Lloyd	25.96	7.5
Ross Morrison	25.90	7.5
Brendon Lloyd	25.42	11.0
Ben Lee	25.00	scr

W12		
Louise Barnsley	25.00	scr

24 March 1993

#### MACPAC KAWEKA CHALLENGE

Everyone was agreed. The Committee had put in twelve months of solid work, members of the three clubs had cut and marked tracks, modified and tested the radio network, organised the control site teams and briefed the seventy workers to a fine-tuned state of preparedness. The contestants were obviously keen as the entries were up on last year. All we now needed was a fine weekend. Just two measly days was all we asked for, so what did we get? Nothing short of 215mm of rain on the Friday and Saturday!

But despite everything the Macpac Kaweka Challenge again turned out to be a great success. It absolutely poured on Friday afternoon and the event controller decided on Friday night that both the contestants and the control teams would need to be kept off the highest part of the range. We had introduced the new solo one day event this year, a 54km course that took the runners right over the highest point in Hawke's Bay. Competitor safety is paramount and the risk of misadventure through hypothermia is much greater when the runner does not have the support of a mate. It would have been tough going for competitors on courses 1 and 2 as well, not to mention the control site teams who would have had to stick it out on the tops for up to twelve hours in the rain.

The courses were therefore modified late Friday night to avoid the tops north of Mackintosh Spur. Courses 0, 1 and 2 were re-routed down Mackintosh Spur, across the Donald and then to Makahu Hut along the face of the range. Philip's report will tell you something of the joys of the weekend at Mackintosh.

The first runners on course 0 disappeared into the rain and pitch darkness at 5a.m. on Saturday morning. The other course 0 contestants headed off at 6a.m., into a morning (night?) that was just as wet and black. Ted did his martyr bit at the crack of dawn on Saturday and confirmed our worst fears, that the Donald was definitely a "no go". This forced another very rapid change in course planning but even then we were unable to match the incredible speed of the first two runners on course 0. Pim de Monchy and Neil Jones were already through Mackintosh and the Lakes carpark before we were able to put a team into the carpark to direct them back over Kuripapango Hill to the finish line. They had received a brief verbal instruction at Mackintosh. Pim knew what the reference to "4100" meant so he steamed off up Kuripapango Hill, which is the name shown on the map. Neil Jones had never heard of "4100" and disappeared into the firebreak system at the base of Kuripapango Hill. Pim arrived home four minutes after Neil but as he had taken the much tougher option, we concluded that the only reasonable option was to regard them both as joint winners of course 0.

Courses 1 and 2 were also brought back through Mackintosh and across the 3-wire bridge. Course 1 was then taken over Kuripapango Hill and back to base while course 2 came back through the firebreak system. The course 1 runners found the second climb of Kuripapango Hill pretty shattering after having already run 28km and everyone was very happy to just have a short sprint of about 15km around the Lakes on Sunday.

Course 3 were left to their own devices and completed the two day course as programmed, spending a very soggy night camping out at Mackintosh.

Sunday morning dawned misty and overcast but the clouds soon cleared away and we all enjoyed a pleasant sunny day, in dramatic contrast to Saturday.

The awards and prizes were presented by Colin Hancock of Macpac at about 2p.m. and the competitors headed off home while the workers dismantled the base and cleaned up the site.

It was a remarkable weekend. Some of the local contestants were put off by the weather but those from outside the district came anyway. A few of the course 1 and 2 entrants packed it in at the end of the first day but the great majority of contestants saw the event right through to the end.

The Macpac Kaweka Challenge is a major mountain event, requiring a vast amount of organising and field work. It would simply not be possible without the willing support of members from the three clubs, the Hawke's Bay Orienteering Club, Heretaunga Tramping Club and the Amateur Radio Emergency Corps. Sharon Mardon, Ted Sapsford, Brian Crawford, Kath Berry and Alan Berry represented HBOC on the Kaweka Challenge committee. Our thanks go to all of those other members who helped to make the whole event possible.

Our congratulations also go to those intrepid members who braved the elements and took part in the event itself:

Course 0 (30km):	Derek Morrison	11 th in	5 hours	05 mins.	11/33
Course 2 (30km):	Pamela & Geoff Morrison	34th on day 1 in	8 hours	32 mins.	45/73
	Wayne Lee & Rone Gage		8 hours	32 mins	42/73
Course 3 (2 days; 29km)	Diane Lucas & Angela Damen	12 hours	26 mins		28/33



## REPORT ON MACPAC KAWEKA CHALLENGE - FEBRUARY 1993

Those of us who have lived around this area for all or most of our lives know that when a real dinkum easterly storm sets in you can write off around three days. When rain set in on the Thursday afternoon prior to the Kaweka Challenge we knew the chances of a very wet weekend were high. As it turned out we had about two days really wet. The sudden clearance on the Sunday morning was earlier than expected and certainly most welcome.

On the Friday afternoon and evening our phone was red hot with competitors ringing asking if the event was still on and if so what changes had been made. I was unable to give them much information other than that the event was still on but some courses might have to be modified. As far as I was aware all those scheduled to move into the check points were doing so.

The group I was to be with was stationed at McKintosh Hut. Ted Sapsford was in charge and he, Dave Fisher, one radio club man and two girls from the tramping club went in late Friday afternoon. No sooner had they arrived at the hut than Ted was directed to check out the Donald River crossing. Before he had returned to the hut darkness had fallen. Very early next morning he was back down again to the crossing meeting Russell Perry from the tramping club, who came down from the Makahu side. Together by voice across the now raging Donald they decided 'the stream' was now uncrossable. On his return to the hut Ted met the first course 0 runner at the McKintosh - Donald track junction redirecting him out via the three wire bridge. Dave Fisher was then stationed at that point to redirect the rest of the runners. I took over here later.

After a very busy time gear checking in our packing shed and a few short fitful hours trying to sleep whilst listening to the wind and rain lashing the house, I was up and away in the stormy dawn. Don Mudford (radio club man) and I arrived at McKintosh Hut just as the course 0 runners were coming along in force. We were soon made aware that a number of competitors had lost the track coming down McKintosh Spur. Away Ted went again with a roll of orange tape which he used to mark the area where he believed was causing the trouble. Unfortunately this extra tape did not stop some competitors going down the left side of the Spur into the gorge below. It seemed once several had gone off the rest followed the footsteps made in the muddy surfaces and forgot to look ahead to the next marker assuming those ahead knew where they were going.

Once again McKintosh was a hive of activity as all courses were directed through us. Wet bedraggled competitors passed through, most were cheerful and many who competed last year said conditions whilst wetter overall, were not as bad on the tops as last year as it was warmer with much less wind.

By early evening it was apparent we had one missing couple on course two. Three sweepers from Kiwi Saddle Hut ( Doug Matheson, Neil Mora and Doug Rusbatch ) came in with several stragglers in tow. They had



seen nothing of our missing pair so we assumed they had gone off the track coming down McIntosh Spur as they had been checked through Kalarahi. Later in the evening Doug and Neil retraced their steps part way back up the Spur, calling and whistling as they went but to no avail. It was pitch dark when they returned also. The missing couple were known to us, had done some orienteering with our club and had competed in the Kaweka Challenge three times before so we felt reasonably confident that they would have made camp for the night. Sure enough next morning shortly after we had sent the course three competitors on their way our missing pair strolled in. As we had suspected they had gone off the track coming down the Spur as in fact did 50% of the other competitors. As they were unable to find their way back they made camp for the night as darkness approached.

The track out to the three wire bridge showed evidence of a large number of hurrying feet passing by especially going down to the bridge and across the shingle slide which was by now almost a two lane highway. It was also a relief to discover that no one had fallen or been pushed off the three wire bridge. Our decision to send course three competitors away in groups of ten at five minute intervals had paid off. Doug Matheson, Pim de Monchy and others had kept order and assisted those who were faint of heart across.



All in all another eventful Challenge. The decision to restrict the courses was the correct one I believe. Risks involved keeping checkpoints manned on the high tops in extreme conditions as well as competitors safety must always be paramount. The organisers back at base were obviously aware of this and their concern for those in the field was appreciated.

Going on the law of averages, then surely next year Hughy will bless us with a nice calm coolish weekend. It certainly would be nice to see all courses run and completed as planned.

*Paul Mardon*

COACHING:

For a couple of years I've been mulling over in my mind how to do the job of Club Coach. I've even tried resigning.

The first couple of Club events, I went out with individuals. I learnt a great deal (not too sure about those I went with) but in effect I didn't reach many competitors.

I think the penny dropped when I heard the NZ Coach, Micheal Wood, making a point that there is not very much coaching content in Club magazines. Everybody reads it. Why not use it?

So, one way to coach is to write coaching tips. Here is one for starters.

Orienteering is a combination of several abilities. One is to control your thinking. Lets call that "concentration". On your next outing in an attempt to concentrate the whole time, I ask you to ignore everybody you see. You can usually do that if the people are not on your course, but what havoc they play with your concentration if they started five minutes before you, or five minutes after you, and they're on your course!!

In the first example you are so pleased you've caught them. In the second you're upset because they've caught you. Either way the emotions raised can effect your thought processes, and decision making a great deal.

The best attitude is to completely ignore them. Blank them out. Pretend they're not there. Beam them up "Scotty".

Give it a try. I'd like to hear how you get on.

Another way to coach is to delegate. Probably half the Club is capable of coaching. When two people get together to compare courses and route choices, they're coaching each other.

What I'd like to do is break the Club up into coaching cells. They could number anything from two to say six strong. The two could be of the same age and ability, the six could be one senior and a family of five. We all know youngsters will listen to others rather than their parents when it comes to this sort of learning. Cell numbers could arrange to meet at the event or talk to each other by phone in the week. Clearly not everyone would be interested, but I'm going to phone you within the next month to see if you are keen.

Please don't ignore me!!

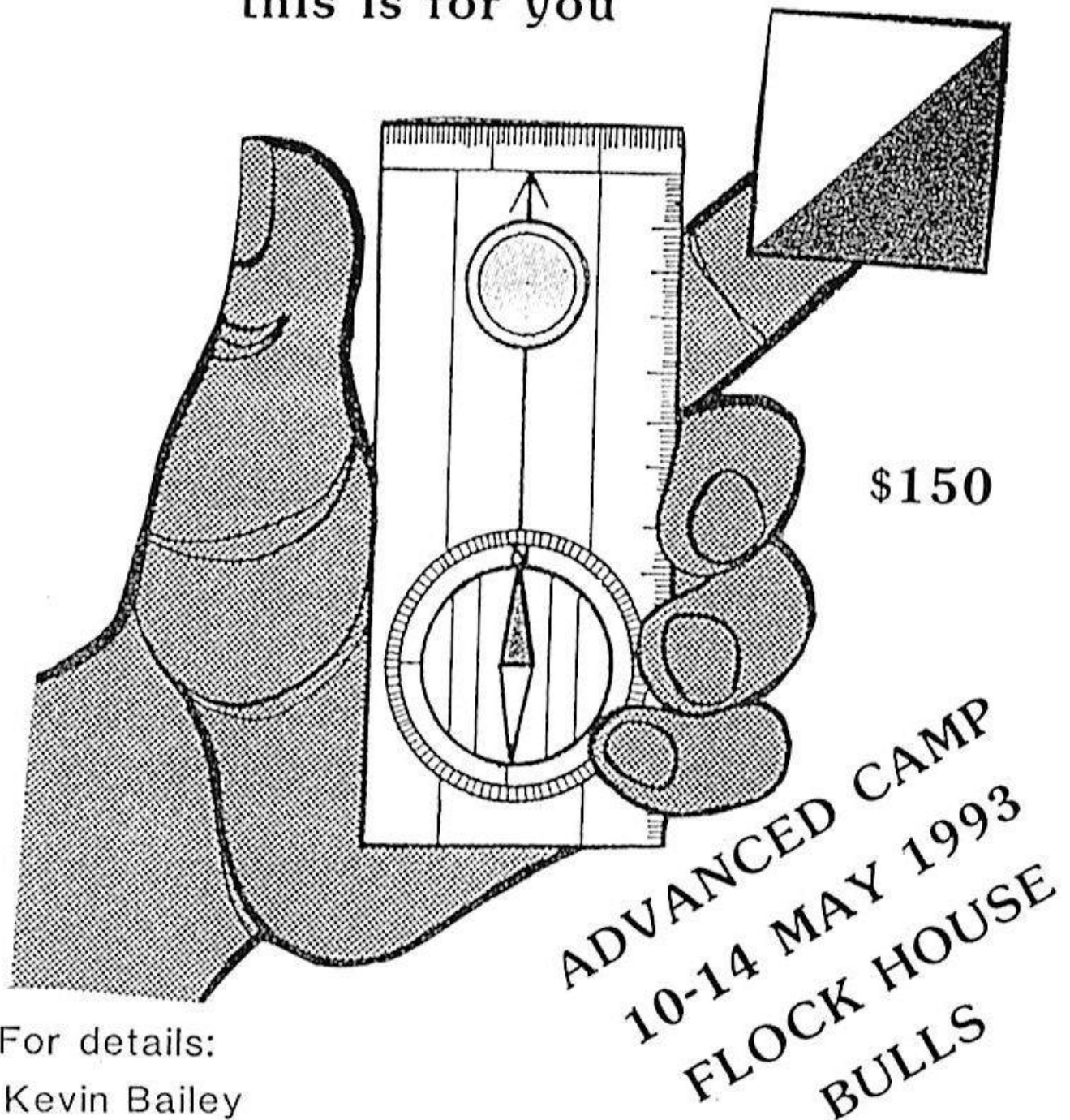
Stewart



# ATTENTION

14.

17 - 20 year olds  
who wish to improve their skills,  
this is for you



For details:

Kevin Bailey  
6 Kenmore St.,  
Newlands,  
Wellington

(04) 478 4552

or your club secretary

# Queen's Birthday Event

## 5-7 June 1993

### 3 Day Badge Event in Wellington / Horowhenua

Day 1	Saturday, 5 June
Map	NEW MAP !!! Whirokino
Terrain	Flat to rolling sand dunes. Farmland and radiata forest.
Scale	1:10,000
Location	Between Foxton and Levin, near Waitarere Beach.
Course planner	Barrie Eccles
Controller	John Doolan
Start times	from 10.30 am.
Course closure	3.00pm.
Day 2	Sunday, 6 June
Map	Duck Creek, previously used 1991 Wellington Champs, Easter 1992.
Terrain	Pine forest and farmland.
Scale	1:15,000 6m contours
Location	Between Paremata and Hutt Valley.
Course planner	Dave Evans
Start times	from 10.00 am.
Course closure	4.00pm.
Day 3	Monday, 7 June
Map	Muaupoko Stream, previously used for the 1992 Wellington Champs.
Terrain	Medium steep farm country with some substantial patches of native bush.
Scale	1:15,000 7.5m contours
Location	Between Waikanae and Paraparaumu.
Course planner	Rex Hayes
Start times	from 9.30 am.
Course closure	3.30pm.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Entries to: Allison Basire  
8 Anthony Grove  
Paraparaumu Beach

Tel: (04) 298 6127 (home)  
(04) 298 5158 (work)

Cheques payable to: Kapiti HAVOC





27 FEB 1993

6 Kenmore Street,  
Newlands,  
Wellington.

27 FEB 1993

ph. (04) 802 4600 wk  
(04) 478 4552 hm

26 February 1993

*Dave Fisher*  
26 Trent Street  
Ngauru  
New Gore

VETERANS TRAINING CAMP  
14 - 16 MAY 1993

A training camp for veteran orienteers is being organised at Flock House, Bulls on 14 - 16 May 1993.

The camp is for any veterans who wish to improve their technique in all facets of orienteering. It is planned to have the camp start in the afternoon of the 14th and conclude with a run through the Wairarapa Club's Hidden Lakes event on 16 May.

The cost for the camp has been set at \$100, this includes accommodation, all meals including the Saturday night dinner in the Flock House restaurant, maps and transport to the various training areas. Aerobics instruction and the use of the confidence course can be included at no extra charge provided we have sufficient numbers attending.

Please find enclosed some application forms for distribution. The cut off date for all applications is 19 April 1993. Any further details can be obtained by contacting me at the above address or phone numbers.

Kind regards,

*Kevin Bailey*  
Kevin Bailey  
Coaching Coordinator  
Wellington Orienteering Association



UPDATE \* \* \* UPDATE

#### CLOSING DATE

Don't forget the next cut-off date for discounted entry fees is 31 March 1993. Enter now and save yourself money.

#### HELP REQUIRED

If you are interested in being involved please contact Graham Teahan, Ph (06) 323 8987.

Sponsorship - We still have no major sponsor. If you can secure a sponsor we will consider payment on a commission basis.

Publicity - we require someone to make press releases, and reports for magazines, before and during the Carnival.

Desk Top Publishing - someone with desk top publishing facilities available to produce the programme booklet.

#### SEMINAR

Don't forget all those involved with APOC, and Club Chairmen, are invited to a Seminar on Saturday, 13th March, in Masterton (before 0Y1).

#### ENTRIES

90 people have entered to date with half of these coming from overseas. Entries have been received from Australia, England, Canada, Austria, and also the South Island.

#### PETER SNELL

Peter Snell has said during his recent re-enactment of his Cooks Gardens Sub 4 minute mile that he will be coming back to New Zealand to run a "real race", i.e. to participate in APOC.

#### MAPS

Progress on maps has been good with most having the fieldwork completed or part way completed.

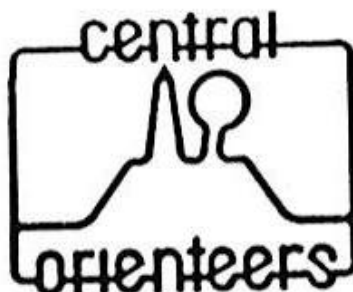
#### OUT OF BOUNDS AREAS

All areas that are to be part of APOC are out of bounds to all orienteers. This includes all of Santoft Forest North of Scotts Ferry map.

#### ACCOMMODATION

It is suggested to those requiring accommodation in any of the three event centres to book early and through Focus Travel in Masterton. Phone (06) 378 2455. Accommodation will be at a premium in some areas, such as Palmerston North where over 6,000 touch rugby players will be playing.

# ENTRY FORM



# EASTER 3 DAY 93

**ORIENTEERING APRIL 10TH — 12TH AUCKLAND**

CONTACT NAME ..... PHONE .....

POSTAL ADDRESS .....

SURNAME	FIRST NAME	GRADE	CLUB	YEAR OF BIRTH	DAYS <input checked="" type="checkbox"/>			FEE
					1	2	3	
<b>TOTAL</b>								

CUT AND POST THIS PART WITH PAYMENT



### COURSES & GRADES

- 1/2B M21E / W21E
- 2 M19-39A, M40-49A
- 3 W19-39A, M17-18A, M50A
- 4 W17A, M55A, W40-49A, M15A, M21B, M65A+
- 5 W50A+, W21B, W15A, M35B+
- 6 W35B+, M12-14A, W12-14A, M15-20B, W15-20B
- 7 M10, W10, W12-14B, M12-14B, KIWISPORT

**PAYMENT TO :** CENTRAL ORIENTEERING CLUB.  
**POST TO :** EASTER 3 DAY 93  
 PO BOX 58218  
 GREEN MOUNT  
 AUCKLAND

### EVENT FEES

SENIOR \$12 PER DAY  
 JUNIOR (UNDER 19) \$8 PER DAY  
 FAMILY \$32 PER DAY

**CLOSING DATE 20<sup>TH</sup> MARCH 93**  
**LATE ENTRIES 1<sup>ST</sup> APRIL 93**  
 (ADDITIONAL FEE)

**ENQUIRES TO : MIKE ASHMORE**  
 PH 09-5766850 (HOME)  
 PH 09-2744152 (BUS)  
 FAX 09-2748945 (BUS)

### EVENT FORMAT:

DAYS 1&2 - MULTI DAY CLASSIC COURSE LENGTHS.  
 DAY 3 - A SINGLE SHORTEND LENGTH COURSE WITH  
 TRUE CHASING START & FASTEST STARTS FIRST.  
 FIRST FINISHERS WIN 3 DAY EVENT OVERALL.

**EVENT AREA :** WOODHILL FOREST AND ADJACENT FARMLAND FOLLOW 'O'  
 SIGNS FROM THE RIMMER RD AND STATE HIGHWAY 16 JUNCTION.

**EVENT AREA TERRAIN :** DAYS 1&2 - 'TE HEKE' (NEW MAP) SAND DUNE,  
 MEDIUM TO STEEP FARMLAND, OPEN SCATTERED TREES, RUNNABLE BUSH.  
 DAY 3 - 'PAPAROA' MATURE PINE FOREST WITH AREAS OF MANUKA ON BOTH  
 INTRICATE AND ROLLING SAND DUNE TERRAIN.  
 NOTE: FARMLAND AREA ON 'PAPAROA' WILL NOT BE USED FOR THIS EVENT.

### COMPETITORS START TIMES:

FOR DAYS 1&2 REFER CLIP CARDS OR DISPLAYED LISTS  
 AT DAILY EVENT CENTRES. DAY 3 REFER DISPLAYED LISTS.

**REGISTRATION:** RACE PACKS AVAILABLE AT EVENT  
 CENTRE REGISTRATION ON DAY 1 FROM 8:00 am. RACE  
 PACKS WILL CONTAIN, CLIP CARDS (ALL 3 DAYS)  
 CONTROL DESCRIPTIONS (ALL 3 DAYS)

**NOTE:** PLEASE ENSURE EARLY ARRIVAL DAY 1 FOR RACE PACK COLLECTION. THERE WILL BE NO FURTHER INFORMATION SENT TO COMPETITORS. RESULTS WILL BE POSTED TO COMPETITORS. CERTIFICATES FOR PLACE GETTERS AND SPOT PRIZES WILL BE ISSUED ON DAY 3. THIS IS NOT A BADGE EVENT.

NEW ZEALAND ORIENTEERING FEDERATIONNEWSLETTERTRIALS FOR NZ 1994 A-NZ CHALLENGE TEAM.

Sep 05	CDOA Champs
Oct 23	NZ Individual Champs
Oct 30	Auckland Champs
Nov 13	Wellington Champs
Nov 20/21	South Island Champs

Competitors should compete in three (3) or more trials, but this will not be a criteria for selection. Those who go up a grade in 1994, should compete in their normal 1993 age grade during the trials.

NZOF AFFILIATIONS.

The first installment of affiliation fees for 1993, are due 30 APRIL 1993.

Seniors \$16 Juniors \$10 Families \$42

Please include the following information to be sent to the NZOF Treasurer, Barrie Foote, 71 McKerrow Street, Dunedin.

Name Address Phone Sex Birth Year

Notes on Fees:

- 1/ Payment for juniors is required for those born in or before 1980. All juniors likely to participate in badge events, should register (as part of a family if applicable) whether a fee is paid or not.
- 2/ Those born in or before 1974, pay the senior affiliation.
- 3/ Family memberships apply to parents plus children born in or after 1975.
- 4/ Full time university students in University Clubs, pay as for a junior affiliation; ie \$10 this year.

PRESS RELEASES.

Those clubs/groups issuing press releases; can you please also send a copy to the NZOF Secretary. This will help make his/her job easier to handal any enquiries they may receive.

OVERSEAS EVENTS.

I have entry forms/details of the following overseas event:

27-29 July 1993 French Championships

*Les Warren*

Les Warren  
NZOF Secretary



HILLARY COMMISSION  
*for sport, fitness and leisure*

The New Zealand Orienteering Federation acknowledges the support of the Hillary Commission.

# NEW ZEALAND ORIENTEERING FEDERATION

## NEWSLETTER

APRIL 1993



### NZOF FINANCIAL LIABILITY FOR EVENTS.

Following a legal ruling, it appears that for events sanctioned and/or under the auspicious of the NZOF (eg: NZ Champs), the NZOF is liable for any debts incurred if the organising club(s)/group becomes unable to meet it's financial obligations. Also, it appears that under this ruling, the NZOF will also be able to take possession of all remaining maps and any equipment bought for the event.

### NEW NZOF MANAGEMENT STRUCTURE.

Executive Committee ( President, Secretary and Treasurer).  
Attends the daily secretarial/financial matters of NZOF.

Management Committee (Executive plus the four NEW Area Rep's.)  
The Vice-President to be elected from the Area Rep's.  
This committee is the Policy body of the NZOF.

### Annual Conference/AGM

To be held in-conjunction with the Masters Games; alternating between Dunedin and Wanganui, in February each year.

Travel costs of committee members and delegates to the AGM, will be on an cost equalisation basis.

### PROMOTIONS CONFERENCE -- REMINDER!

There will be a Promotions Conference held at Iwitahi during the weekend of the 10/11 July 1993. Clubs are stongly urged to send a delegate. Funding CAN BE obtained from the Local Body Community Assistance Programme, through the City or County Councils.  
APPLY NOW AS CLOSE 31 MARCH 1993.

### OUTDOOR EDUCATION CENTRES.

Laurie Baxter is preparing a register of Outdoor Centres frequently used by schools and would appreciate names and addresses.  
This is stage one of the Promotions committee plans in setting up an acceptable set of orienteering resources at each centre. Please send the details to Laurie at 1 Gillespie Place, Mapara Road, RD 1, Taupo.

### 1993 COURSE SETTING COMPETITION.

There have been no takers yet! So, another plea to clubs to offer to run the 1993 competition. Please apply to NZOF Secretary by 30 April 1993.

Page 22.

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Applications are called for the position of

## NZOF COACHING DIRECTOR

for the period April 1993 to April 1994

The position is a combination of voluntary work and some paid employment. Budget allowance for the calendar year of 1993, with the generous support of the Hillary Commission, is \$12000. NZOF also contribute \$5000 from affiliations. About \$6000 of this budget allowance is available for remuneration of the Coaching Director.

Applications are sought for the position from those with an interest and experience in orienteering coaching. The current Coaching Director will be reapplying and this advertisement does not in any way indicate dissatisfaction with his services.

Conditions of employment will be negotiated with the successful applicant. Applications should describe:

- # Qualifications and experience
- # How orienteering would fit in with any other employment
- # A brief statement of what aspects of coaching the applicant sees important for the NZOF.

Applications close with the undersigned on 9 APRIL 1993.

*Les Warren*

Les Warren  
P. O. Box 19312  
HAMILTON,  
Ph 07-8391214

16 March 1993.



## C O M I N G E V E N T S

## TWILIGHT SERIES

Jan	28	Havelock North	Kath & Alan Berry	877 7223
Feb	4	Hastings Girls' High	Sharon Mardon	876 8558
	11	Bluff Hill, Botanical Gardens, Napier Tce	Rosalie Adlam	843 5557
	18	Anderson Park - Islington Place, Tamatea	Tim Barnsley	844 1233
	25	Flaxmere - Shopping Centre	Ted Sapsford	879 8993
			Peter Hill	879 8739

These are fun/promotional events so encourage friends, colleagues, enemies, etc. along.

## CLUB EVENTS, 1993

Jan	31	Pernel Orchard - BBQ/Social		Sharon Mardon
Feb	7	Te Mata Peak - "Bring a Friend" event		Derek Morrison
	14	Macpac - Working Bee		
	20-21	Macpac Kaweka Challenge		
	28	Raretu/Euchre Flats (bring togs/BBQ)		Dave Fisher
Mar	7	Central	Waipukurau	Eric Dunbar
	6-7	Night Relay	Taupo	
	14	OY1	Smedley	Stewart Hyslop & Geoff Morrison
	28	Tukituki		Dave Smith
Apr	11	Te Mata Peak - (setter - volunteers??)		
	10-13	Easter Multiday		
	25	OY2	Seafield Rd	Ted Sapsford & Alan Berry/ Kath Berry
May	9	Short-O 1	Gwavas	Peter Watson
	23	Raretu		Wayne Lee
June	6	Bluff Hill		Rosalie Adlam
	20	Te Mata		Sharon Mardon
July	3	OY3 (Saturday	McNeil	David Fisher & Tim Barnsley
	4	Camp over at "Omatua" for coaching/ socialising, etc. (Find out where you went wrong on Saturday).		
	18	OY4	Granules	Peter Watson
Aug	1	Short-O 2	Whirinaki	David Fisher
	14-15	Night/day relay	Te Mata Park	Wayne Lee
	29	Pukeora		Alan Berry
Sep	12	?		
	26	OY5	Gwavas	Bruce Perry
Oct	10	Short-O 3	Esk	Maurice Lloyd & Tim Barnsley
	24	Tomoana ??		
Nov	7	OY6/Club Champs,	Mangarara	Maurice Lloyd
	21	Smedley		
	23	AGM		
Dec	5	Christmas Event - (that year went quickly)		

- 1 Hang this list of events on your fridge. Changes are not expected but may just occur.
- 2 Club events - expect more variety such as score events, memory, relay etc.
- 3 Short-O series - Three events, best two count for 1993 club Short-O championships.

Event Co-ordinator

Bill Walch 844 7715



ORIENTEERING. THE THOUGHT SPORT

MARCH 1993