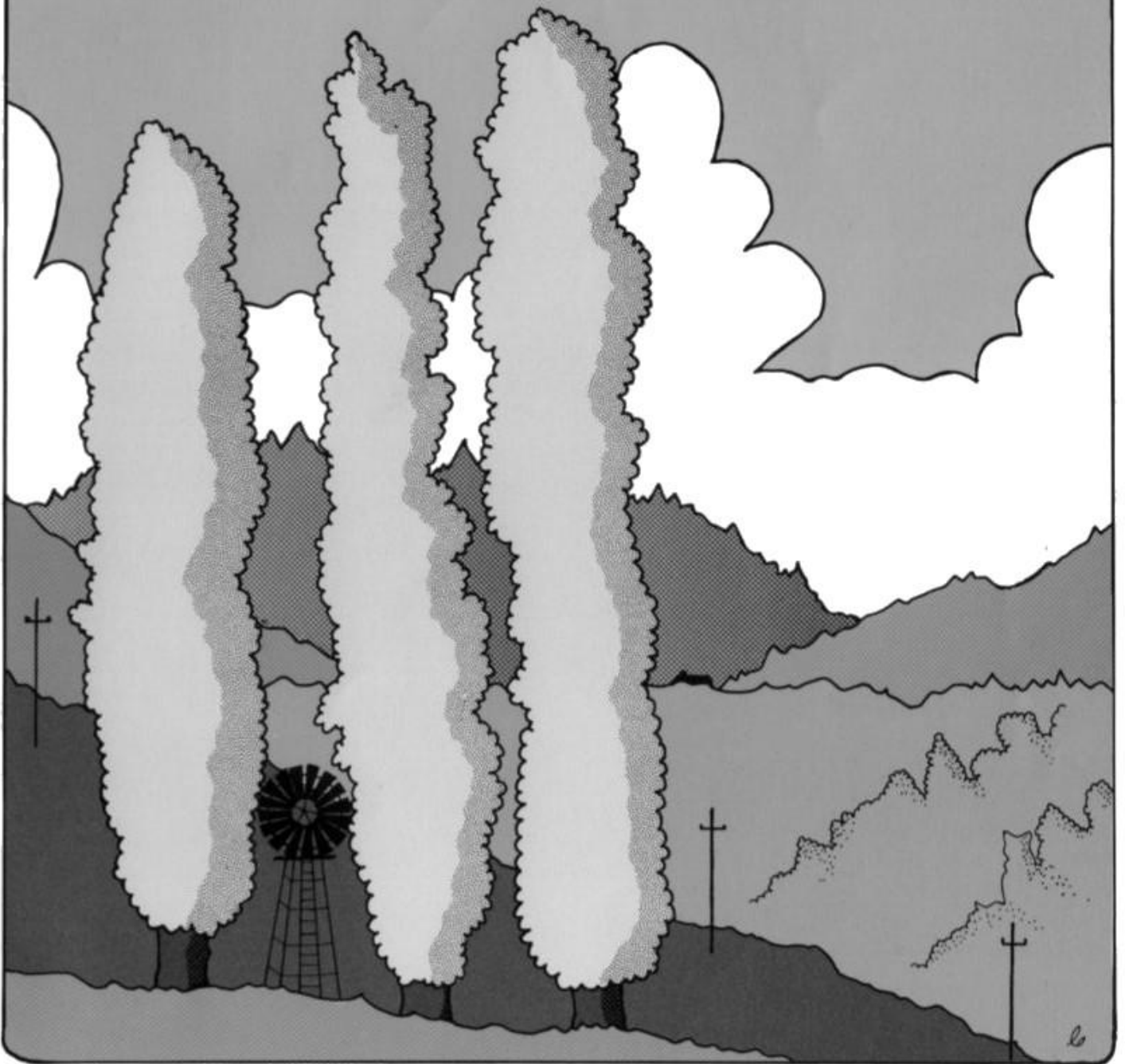




# COMPASS POINTS



V O L U M E 6 - A P R I L 1996

PRESIDENT: Peter Watson  
SECRETARY: David Fisher  
TREASURER: Alan Berry

COMMITTEE: Ted Sapsford Fixtures  
Pamela Morrison Publicity & Promotion  
Brian Crawford Mapping  
Derek Morrison Coaching

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Please send all correspondence and club newsletters to:  
Secretary HBOC, 26 Trent Street, Taradale, Napier.

PRESIDENT'S REPORT 14/4/96

Firstly, my thanks to Dianne for editing this issue of the magazine. If you would like to volunteer to edit future issues on:-

23rd June 1996  
18th August 1996  
13th October 1996  
15th December 1996

please contact me, or Dave Fisher. Please note both Dave and I will help you co-ordinate the material.

Although it is only April we have already had many events with the Elite series, Macpac Kaweka Challenge, two Wellington OY's and two of our own OY's, as well as the National Championships.

My thanks to Alan and Kath Berry, Brian Crawford, Wayne Lee, Sharon Mardon, Ted Sapsford and those of you who assisted with the running of the 1996 Macpac Kaweka Challenge. This event owes its success and continuing existence to the voluntary time put in by club members.

The club had its most successful Nationals with nine titles being won. Alan Berry, M60A, Amber Morrison W12A and Val Morrison W40B won their grades in the Classic and Catherine Lee W40A Short, Amber Morrison W12A, Derek Morrison M45A, Pamela Morrison W21A, Ross Morrison M16A and Peter Watson M35A won their grades in the Short 'O' event. This was capped off by the club finishing 3rd in the National Relays. This was an excellent performance from a club with no Elite runners and a 25 year gap between our oldest youngest competitor and our youngest oldest competitor.

For those of you who have not travelled away as yet you should consider entering the Queen's Birthday event to be held in Woodhill Forest north of Auckland. Alan and Kath Berry can assist you with accommodation and you will find it a good social event.

Peter Watson

## EYE IN THE SKY BY MAGPIE

Dave Edmond opted out of the night relay team because he was 'captaining' a Red Kiwis outfit. To make matters worse, he still wore his HB O top.

Light-headed ! That's what Derek must've been when he turned down an offer to use a super-powerful headlamp. The microlite was no match for the Polish express, Pawel Moskowicz, who thundered by to the fastest time wearing, you guessed it, that headlamp.

Fancy HBOC postponing an event - we must be getting soft. The relay team rolled up after 3 or 4 hours sleep and a trip from Taupo, all to no avail.

It's good to see our President leading from the front. Full steam into the Whirinaki blackberries - topless. Left nice tats too.

Novel approach to fast orienteering. Daylight saving, don't put your watch back. Put your watch time on your clipcard, tell the person in the caravan you're going immediately, so he writes the proper time on his start list, and bingo, what a great time !! Good try Brian W.

Some long grass proved a boon at the OY at Mangarara. It enabled an orange long course competitor to slide past his opposition to the control without being seen. Tactics like these could see the advent of khaki O gear.

Hope all our new club members are as keen as Brett Taylor. Orange, yellow, white, and string courses - all in one day, with still time to pick up controls afterwards.

Alan kindly took the caravan to Mangarara for Pamela. Only one problem - the key was still on the kitchen table, some 45 minutes away. Great things, claw hammers.

Diane was dynamic at the Nationals. Was 2nd in her grade in the short 'o' whilst comfortably relaxing in her home, some 300 km away, and she has a certificate to prove it !!

Brian C has been watching too much TV lately. He thought he'd be able to leave his fieldwork on top of his car, just like the guy with his wallet. The outcome was different.

Looks as if to be competitive in the M40 grade in our OY's, you have to be a crock. Ray and Eric having hernia op's, and Bruce with his back.

Good to see so much spirit shown by HB at the Nationals. Got us to 8 titles. As Amber mused about our rattler, "it tells us to get a rattle on".

Well done to especially Amber for the double, also Alan, Peter, Derek, Ross, Pamela, and the one with the biggest smile of all at the prize giving, Catherine. We were within a minute of another 2 titles, as well as 3rd in the relays. The flag was flown high, and the magpie was proud of you all.

# NEW MEMBERS

HB Orienteering Club welcomes the following new members:

Rick Bowker and Jan Hawke have been to the odd event over the years and this year decided to join the club. Rick and Jan both work with Ted at the Power Board (that explains the chewed ears) so obviously they've finally been convinced to give orienteering a go. Their involvement with the Tramping Club means that the use of maps and compasses should be second nature, although the scale of maps will probably take a bit of getting used to.

Brett Taylor is a welcome arrival from the Hutt Valley. A student at Tamatea HS, he'd previously been exposed to the sport in the Hutt. Eligible to run in M16, he helps fill a gap in our age group classes. Brett will be looking for a lift to events, so if people can help out, it will be appreciated. His efforts on his first day at Mangarara, running 4 courses, lifting controls and helping at the caravan will make him a valuable addition.

Describing himself as "not into sport" the idea of a thinking sport was what appealed to him when he took up orienteering.

Liz and Ray Nicholson don't need any introduction, but they've renewed their affiliation with the HB club to compete in (and win) our OY series. We don't mind, as we like seeing their smiling faces! Congratulations to Ray for winning the M40AS grade at the Nationals.



## 'O' SHIRTS in Hawke's Bay Club Colours



Make sure your new seasons "O" shirt is in the Club colours.

**Order Now!**



The colours are Fluoro Green with Black and White.

I am making these to individual order but prefer to do batches of at least four shirts. The sooner you place your order, the sooner you will be able to wear these **DYNAMIC** colours and be part of the **SPIRIT** of the Hawke's Bay Orienteering Club.

**Cost** - Adult shirts \$30.00 each. Price for little people is negotiable.

**Contact** Rosalie to place your order. Phone 843-5557

## HAWKES BAY JUNIOR ORIENTEERING SQUAD

With the number of juniors coming to club events, the club has decided to form a squad to encourage them to continue in the sport. Coaching sessions will be held once a month until the end of the season. It is hoped parents will see the benefits of such a concentrated programme, and allow their offspring to partake. At the moment, we have quite a few very good young orienteers in the club, so with this base, it gives us something to build on.

- AIMS
- 1) coach and encourage them to achieve to the best of their abilities.
  - 2) promote orienteering as a serious sport, with National representation possible.
  - 3) build a strong club base.
  - 4) non-orienteering family juniors can continue and progress in the sport.
  - 5) depth of numbers in all age groups, ie MW 18, 16, 14, 12, 10.
  - 6) compete successfully in various national 'badge' events.
  - 7) large turnout at our Blossom 3 day at Labour Weekend.
  - 8) Schools competing at the NZSS champs in HB - 1997.

COACHING:- held monthly, on various handy maps, on non club fixture weekends. A session will last from 10.30-12.00 on a Sunday. Senior club members will be asked to assist from time to time. The squad will be divided into 4 or 5 cells, each cell working with a coach, from a white level, up to red. Transport will hopefully, be a car pool system, allowing all juniors to attend, even if parents or transport (own) are unavailable.

COST:- coaching sessions are free. If you are born 1983 or before, and want to affiliate to the NZOF the cost is \$11. This enables you to compete in National and Regional events. Membership of the HBOC is \$13 per family. a HB O top can also be purchased for \$30, although this is not necessary.

### PROPOSED COACHING DATES:-

21 April	Rowe Road
19 May	Pukeora Hill
30 June	Napier
28 July	Hastings
25 August	Te Mata
15 September	Waipukurau
20 October	Napier

For further information regarding transport etc do not be afraid to contact Geoff Morrison (06)8774 870

## ELITE SERIES 13-31 JANUARY 1996

I often wonder why orienteering needs to call its open grades by the hyperbolic "elite" label. To me, the main grade in any sport is the senior or open grade. 21A really means "B" grade doesn't it? I am sure the use of simpler terms would help to demystify what appears to a newcomer to be a complex sport.

However, I digress. Certainly the use of that "elite" word had some merit as the NZ "O" Squad sought to attract leading overseas runners to NZ in the Northern Hemisphere "off" season.

The squad was moderately successful in that respect. 32 overseas entrants competed during the latter half of January on some of the better North Island maps. The best known of these competitors was Carsten Jorgensen (Denmark) with a world ranking at the start of the year of 3rd. Carsten was able to demonstrate his all-round abilities by taking breaks in the series to run in the televised Smoke Free Athletics meeting in Auckland (5th in the 5,000 metres to my recollection) and in the Mt Holdsworth mountain race (1st in record time). Unfortunately no Australians were seen, but most of the top NZ orienteers put in an appearance in a relaxed but competitive holiday programme.

How, you may ask, does an elite series help Hawkes Bay, with no runner of that lofty description?

I believe HB was helped in two regards. Firstly, the races generated excellent publicity (with the international flavour), thus lifting the profile of orienteering generally. This was chiefly due to the efforts of Kathy Farquhar from Rotorua and Ralph King (Auckland) keeping the Press informed. Secondly, by participating, the 8 HB entrants gained invaluable experience and practice against top competition on good courses.

Like many, we were sceptical and did not think an elite series was for us, especially with just red courses-(long, medium and short)- little family involvement.

However, the thought of combining a holiday with days of orienteering thrown in was too much to resist for the Morrison and Watson families. Ross was keen to try the red level, and Peter W and brother Geoff had entered Course 1, which left the writer (DM) no option! Alan Berry and Norris also sampled the event at convenient places.

The races were held either late in the afternoon or in the morning to avoid the summer heat. No problem with heat on days 1 and 3 at Woodhill. It rained on and off for the first 5 days of our holiday! Peter and DM struggled to come to grips with the soggy native forest on Day 1 (where the World Cup event was held) though DM improved on Day 3 at Paparoa, narrowly missing the 100 minute target. Peter spent an hour or so searching fruitlessly for a single contact lens in the depths of the dripping forest with infinitely better odds of winning Lotto. The miracles of telephone, neighbours, and air transport saw his spare pair make the journey from Waipukurau in time for the second Woodhill event.

In between times, Peter tackled the Volcanic Traverse in Auckland (all 13 km of it!), up One Tree Hill, Mt Eden, Mt Hobson and Mt St John (I think). He says it was good fun?

Meanwhile Ross came 6th on the first day despite heading a long way up the wrong track (or the wrong way up a long track) but made up for it by winning at Paparoa.

The next venue was east from Wellsford at Slipper Lake (fast pine forest) with a long red course of 10.9 km! Thank goodness for the adjacent beach. Peter went 2-1 up in the private series with DM, with a time of 98.5 minutes. Caroline had a great run for 3rd in Red Short while Ross repeated his win.

Waiuku was next, with DM making a huge blunder of 30 minutes in the wrong part of the forest letting Peter go 3-1 up. Caroline and Ross both 4th.

From there the caravan moved south to the Rotorua area. Kallarney Lake, Mamaku, Waipapa, Okawa Bay and Ngamotu followed. Peter pipped DM by just 2 seconds at Kallarney Lake but DM got revenge at Mamaku for the first time (what a great map). Peter led again at Waipapa, but Caroline faded during this section. Ross improved to 3rd then 2nd then 1st again before heading back to school, how sad.

The highlight for DM during the Rotorua stay was at Waipapa, perhaps ranking with other sporting deeds such as seeing off the new ball against Richard Hadlee, or scoring a try against Sydney. Yes, DM beat the great Carsten Jorgensen from control 4 to control 5. Forget that Carsten had stormed past on leg 4 and streaked into the distance on leg 6, DM actually gained all of 8 seconds on

leg 5 by means of superior route choice. Take my word for it! I won't bore you with the details but it proves that these top guys make the same sort of decisions as us mere mortals and don't always get it right.

We all skipped the Taranaki segment.

Finally the troupe moved to the Manawatu for Knottingley (Bulls) and Gordon Kear (used for the Wellington Champs in Nov.) With a reduced field, DM had his best run at Gordon Kear for a 6th placing, Peter winning the duel 5-3 (though with a slightly greater elapsed time). Caroline won her course impressively ahead of Royce Mills for a satisfying conclusion. Interestingly, all HB competitors showed improved performances as the series progressed. Alan had a 7th at Ngamotu, while Pam Morrison was 3rd there. Geoff was also on target for a good result but for a late problem control.

The wins in Course 1 were shared around with Jorgensen winning 3, Darren Ashmore 3, Shaun Collins 2, Bruce McLeod 1 (and four 2nds), Thomas Jensen (Denmark), Pavel Moszkowicz (Poland) and Patrick Kunz.

Of the elite women, Tania Robinson won 7, Jenny Borgstrom (Sweden) 3, and Marquita Gelderman 1.

The event at Okawa Bay was novel in that there was a mass start, with split controls, similar to a relay format. This provided good training for those who find difficulty in navigating accurately with so many people around, and because of the pace of the event, maintaining concentration while in oxygen debt (i.e. knackered).

In retrospect, the benefit of this series showed out in the results at the Nationals at Easter - of the 8 HB participants in these events, 5 won National titles in their grade.

The series is to be repeated in a shortened format in 1998. Credit must be given to those who did the organisation and set the courses for all of us to enjoy. Thank you, and thank you Val for sharing our holiday with orienteering.

Derek Morrison

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#### CANCELLATION OF EVENTS

This is rare in orienteering but on occasions it is necessary.

O Y or Championship events are not subject to cancellation for anything less than armageddon.

Club or family events may be cancelled if the Fixtures officer and the Course Setter agree that the severity of prevailing weather conditions make it pointless to continue with the event.

The decision to cancel must be made prior to 8 am on the day of the event.

The Fixtures officer will notify the following local radio stations;  
More 93FM  
Bay City  
Newstalk ZB(HB)

The cancellation notice will be broadcast just after 8 am and 9 am on those stations.

If you are in doubt as to whether the event will be held. Listen to the radio at those times or contact Ted Sapsford at 8798 993.



## TE MATA PARK

Max McEwan assisted placing controls and water aplenty (additional 2 controls unannounced had water with the heat so oppressive needing compensating for.)

The Memory Controls initially went out without their attached maps; rectified by Max - with the introduction of 'Max' Cricket. Someday, perhaps Max can introduce us to the new 'Max' Orienteering?

Te Mata Park proved to be a popular place to be apart from an unfortunate error of placement of Control 2 on the C Course which was, by my count, 25 paces to the south of an imaginery extension of the northern boundary fence of the out of bounds area - whereas being on the imaginary line would have been more correct! My apology is tendered and also to those on the score course which had this control.

Congratulations to the four who successfully negotiated the "Combination A Course which included Blank Map Orienteering and Window, Corridor, Memory, Score, Cross Country and Line variations of our sport.

Welcome back Fiona! Young Danny Blair impressed with his wins on the D & E Courses in scorching times. He will be one to watch this year. The record on the Taped Course continued to be broken during the day 5 minutes gradually shrinking to 2 minutes 13 seconds. Sophie Fargher had the most tries.

Thank you to the three competitors who put their grade in the box. This is a big help to the scorekeeper, especially at the start of a new year - ages are as at the 31st December 1996 for this year.

Dave Smith

A COURSE "COMBINATION" 2.55km

Geoff Morrison	33.40
Norris Cox	41.17
Wayne Lee	45.10
Fiona Giles	48.23

B COURSE "SCORE"

Tom Fargher	89.48
Brian Wardle	104.07

C COURSE "CROSS COUNTRY" 1.58km

Caroline Watson	35.31
Brian Crawford	40.15
Dave Fisher	56.36
Diane Lucas	58.15
Catherine Lee	61.01
Anne Sapsford	67.01
Charles Martin	108.05
Ben Lee	DNF

D COURSE 865m

Danny Blair	22.32
Gemma Lucas	27.25
James Watson	33.16
Lynley Clothier	36.09
Jessica & Hayley	53.24

E COURSE 425m

Danny Blair	7.38
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TAPE COURSE (Best times recorded only)

Lynley Clothier	2.13
James Watson	2.23
Jessica Fargher	2.26
Hayley Patterson	2.30
Emma Watson	2.59
Sophie Fargher	3.25
Helen Watson	6.57
Oliver Watson	9.01

## MACPAC KAWEKA CHALLENGE : 17 - 18 February 1996

Another great Macpac Kaweka Challenge. We really got lucky with the weather, in the middle of a pretty indifferent spell during February. Saturday dawned clear and cool, ideal conditions for the superfit course 0 starters as they headed off up Kuripapango Hill just before daybreak, with the daunting prospect of 55 kms and 3440 metres of climb before they saw the event centre again later in the day.

The 52 starters for the new 28km solo one day course 4 were next away, at 9 am, followed by courses 1, 2 and 3.

Once the 273 starters were on their way, the action moved from the event centre to the field. The time of every competitor is recorded through each checkpoint and radioed to the event centre, so that we have a pretty fair idea of just where every contestant is at any given time. Once the event centre has verified that all competitors have passed through a checkpoint, authority is given for that site to close down. Sweepers from that checkpoint then follow along behind the last of the competitors, just to make sure that they do indeed get to the next checkpoint. And so it goes throughout the weekend, with a complex but effective monitoring process rolling along behind the competitors as they make their way around the courses. We can do without people getting lost or broken but it does happen, like every year until this year. The whole event is geared towards safety and we have about 30 experienced Search and Rescue people in the field just in case someone comes unstuck.

First across the finishing line on Saturday afternoon was Edgecumbe runner Chris Morrissey, who sprinted around course 4 in 4 hrs 20 mins. Hard on his heels came Waikanae extremo Colin Rolfe, scarcely breathing heavily after having burned up the 55 kms of course 0 in 7 hrs 40, just 12 minutes outside the course record set by Harlan Smart in 1994. And so it went on, throughout the rest of Saturday afternoon and through Sunday. Some full of running still, some hobbling, some completely stuffed. But almost without exception - they finished. The Kaweka Challenge is not intended to be easy. Most who enter have no prospect of winning and for them, just completing the course and overcoming the challenge of the mountains is their reward.

Once again, orienteers did well, with Antonia Wood first woman home on course 1, and Royce Mills and Rosemary Gatland first women on course 2. Neil Kerrison and Karl Dravitzki were second fastest on course 2, as well as first juniors. Annie Sanderson and Jay Paterson were first women on course 3, Brent Edwards and Stuart Barr first in the open men class and Fraser Mills and Ben Boccock first juniors. Gillian Ingham was the first woman on course 4 and Malcolm Ingham first veteran.

Hawkes Bay O Club results:

Course 1 - Geoff Morrison	13 hours 38 mins,	12th
Course 3 - David Fisher and Norris Cox	8 hours 12 mins,	18th
Doug Matheson and Paul Hipken	10 hours 42 mins,	40th
Course 4 - Pamela Morrison	6 hours 40 mins,	30th

The annual Macpac Kaweka Challenge is a massive operation, organised jointly by the HB Orienteering Club and the Heretaunga Tramping Club, with communications provided by the Hastings and Napier Amateur Radio Clubs. It takes 60 people to run the event during the weekend.

Most members of the club were involved at some stage and to you all I say - "thank you". I shall mention only one person by name. My special thanks to Ted Sapsford, father of the Kaweka Challenge and without whose knowledge of everything that is worth knowing about the event, I would have been lost.

Alan Berry, event controller.

## KATOA PO NIGHT RELAYS - 2 MARCH 1996

"That must be something of a record" was Jim Lewis' comment on our initial entry of four teams. However, we arrived on Saturday night with one team less, after a few 'possibles' became unavailable.

Our attendance took on a real HB theme - with teams named after apple varieties and runners coming up the finish chute to the clatter of a sheep rattle (our contribution to a bit of relay atmosphere - and someone had to compete with the Taranaki cow bell!).

At 8.09pm, with daylight rapidly disappearing, Anthony Lloyd, Grant Bicknell, Amber Morrison and Gemma Lucas all took the start line for the Royal Galas, Granny Smiths and Pink Ladies. These youngsters all did extremely well to complete their yellow courses, without help, in the darkness.

Our 7 person team (Royal Galas) finished the night 6th overall, after lying 4th at one stage. The battle of the 5 person teams saw the Pink Ladies pip the Granny Smiths into 3rd place.

Hopefully everyone who participated enjoyed the challenge of 'Katoa Po' and will be keen to take part next year.

### RESULTS:

1.	WACO Pish for thee Iceland Dog	343.52
2.	WACO Thou Prickeared Cur of Iceland	345.59
3.	Taranaki Turkeys	365.56
4.	North West 1	386.55
5.	Our Turn - Central	414.47
6.	Royal Galas - Hawkes Bay	417.50
7.	The Lunartics - Red Kiwis	522.35
8.	Hamilton Hydrocephalics	644.26
9.	Hamilton Headlands	552.44
10.	Spotted Cobras - Taupo	599.20
11.	WHO Cares - Whangarei	636.07
12.	Pinelands Panthers	613.25
13.	Rotorua X	628.59
14.	Rotorua Y	639.57
15.	OPC - Taupo	651.32
16.	North West 2	754.23
17.	Rotorua Z	774.54

A record turnout!!

## FIVE PERSON TEAMS

1.	New Plymouth Numbats	282.25
2.	Egmont Eagles	277.12
3.	Pink Ladies - Hawkes Bay	368.32
4.	Granny Smiths - Hawkes Bay	377.07
5.	Constellations - Red Kiwis	380.56
6.	The Comets - Red Kiwis	415.03

### **6th. Royal Galas**

1.	Anthony Lloyd	31.40	31.40
2.	Alan Berry	42.09	73.49
3.	Ross Morrison	48.02	121.59
4.	Geoff Morrison	50.08	171.59
5.	Ken Holst	67.41	239.40
6.	Maurice Lloyd	86.09	325.49
7.	Derek Morrison	92.01	417.50

### **3rd. Pink Ladies**

1.	Amber Morrison & Gemma Lucas	37.16	37.16
2.	Anita Lloyd	52.49	90.05
3.	Diane Lucas	83.52	173.57
4.	Norris Cox	95.03	269.00
5.	Pamela Morrison	99.32	368.32

### **4th. Granny Smiths**

1.	Grant Bicknell	37.09	37.09
2.	Kath Berry	53.40	90.49
3.	Brian Crawford	83.09	173.58
4.	Alan Berry	89.26	263.24
5.	Dave Fisher	113.43	377.07

## **ORIENT-EERING EXPRESS - 17\18 FEBRUARY**

While the hardier members of the club were engaged in the MacPac Challenge in the Kawekas, another Orienteering event of a completely different nature was being held on Bluff Hill. This was the Orient-eering Express Art Deco event held as part of the Art Deco Weekends' entertainment.

There were a few mere constraints put on the course by the Art Deco advisers. I had to restrain my impulses to have the competitors go right to the top of Bluff Hill and down to the bottom of Sturms Gully - no real hard work!!

The courses had to start at the Municipal Theatre and last for no more than 1.5 hours as the competitors had to move onto another event. The clues had to be based around Art Deco buildings or features or alternately be sited where there was a view to be had.

To make the course more interesting for the participants, when there was a particular Art Deco feature or a good view to be seen then a note was attached with the course information.

Although the event was not well patronised, the participants all thought that the course was an enjoyable experience.

I must say that I enjoyed setting the course as it was a very different challenge from normal courses on Bluff Hill.

Charles Martin

P.S. Copies of the event are available for your perusal.

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### **1996 QUEENS BIRTHDAY WEEKEND - 3 DAY EVENT**

Woodhill Forest - 60 minutes NW of Auckland  
Entries close 10th May. Late entries up to 24th May.

For further info and entry forms please contact  
Pamela: ph 877 4870

# WHIRINAKI - 9th MARCH

## COURSE SETTERS REPORT : ???

Once again Norris has managed to leave the country without doing a course setters report. On his behalf, thanks to all those who competed (or should that be completed) as it was a Saturday event and to everyone who stayed to retrieve controls.

### Course setter: Norris Cox

#### Red Long 4.9km

Derek Morrison	61.28
Geoff Morrison	74.44
Peter Watson	74.51
Wayne Lee	94.40
Dave Fisher	105.56
Pamela Morrison	117.00
Caroline Watson	122.04

#### Red Short 2.9km

Ross Morrison	65.20
Brian Crawford	75.24
Sharon Mardon	81.56
Catherine Lee	128.24
Max McEwan	164.00
Charles Martin	DNF

#### Orange Long 3.9km

Ben Lee	74.20
Ted Sapsford	123.57
Rick Baulker, Jan Hawke	137.15
Brian Wardle	DNF

#### Orange Short 2.6km

Mac & Ngaire Fisher	115.23
Anne Sapsford	140.12
Lyn Feather	DNF

#### Yellow 1.7km

Jessica Fargher	40.13
Gemma Lucas	49.43

#### White 900m

Gemma & Emma	13.06
Amber Morrison	13.16
James Watson	16.47
Joanne Wright	17.19

#### String

Gemma Lucas	4.59
James Watson	6.14
Emma Watson	7.00
Helen Watson	8.22
Sophie Fargher	10.00
Katie Morrison	16.18
Duncan Morrison	18.00
Oliver Watson	18.27



## SEAFIELD ROAD OY1

The start line to the car clubs hill climb was my intended start/finish area. I found this out, a week before the event. Shame the map didn't cross the road, could've made for interesting route choices. Dodging Ferrari's would've been less hazardous than some of those man-eating electric fences. So the OY was moved! We're so flexible, us orienteers. It made arriving at the event interesting too, descending the hill! Peter was like a pig with 2 troughs, not sure which event he'd rather be in.

After the usual amount of whinging and abuse from arriving punters, things started to move along nicely. The roar of engines, and the squealing of tyres, competing against the well oiled, finely tuned athletic orienteers of the HBOC.

Seafield Road is such a nice forest area, grassy and clean underneath, shame about the contours. It was with great confidence I waved goodbye to these wonderful athletes, knowing that the courses had been well set, with no tight controls, no climb, no fight, and no controls in the wrong place. Actually, I'd even gone as far as giving you that extra bit of fitness work before the Nationals by extending your courses a little!

It was nice to be complimented by Catherine and Brian on their course, though any conceit was quickly wiped when I was told my course was a load of rubbish. Oh well, at least the weather was good.

At least I can take some pleasure, at seeing some of these great athletes make mistakes of the most fundamental nature. Examples of these follow. Marking the wrong course on their map (even though maps were headed in large letters), a red medium runner marking out a red short control description list and vice versa, even though all courses and grades were all carefully written out on a blackboard, a finisher arriving at the finish at an acute angle, then finding he hadn't marked his last control on his map, even though he had it on his control descriptions, and EXPERIENCED orienteers starting their course without going to the triangle!!

Thanks to Paul, my vetter, who puffed and panted all over those hills on Saturday, putting out controls, some that took 15 minutes to get exactly right at times. He also towed the caravan out, helped newcomers, and collected controls afterwards, hopefully appreciating the time put into running an event. Thanks to Pamela for her help, Alan for towing the caravan away and all those people who faced those hills again to collect controls.

Indeed, we are very fortunate that our club has learnt to run events on the bare minimum of staff, i.e. one or two! The reason is that other members willingly help out without fuss. How many other clubs run 27 events in a year including 6 OY's, short o, 3 day badge event, rogaine, and relays. Just another quiet year!! Perhaps we go to away events so we don't have to do anything for a change.

Geoff Morrison

**SEAFIELD ROAD - O.Y.1**  
=====

17 March 1996

Setter: Geoff Morrison

Vetter: Paul Plowright

Red Long 6.8km

Mens Open A

Peter Watson	81.37
Maurice Lloyd	82.54
Derek Morrison	84.11
Norris Cox	105.31
Ken Holst	121.15

Orange Long 3.5km

Mens Open B

Tom Fargher	62.42
Jimmy	73.42
Ben Lee	87.17
Stuart Edwards	124.20
Adam Wallace	127.20
Brian Wardle	137.35
Richard Lynn (m3)	92.00

Red Medium 4.6km

M40+, Womens Open A

Ray Nicholson	74.43
Eric Dunbar	76.39
David Fisher	80.55
Liz Nicholson	85.38
Pamela Morrison	90.45
Caroline Watson	94.12
Alan Berry	95.15
Wayne Lee	110.55
Kyle Brennan	112.28
Diane Lucas	138.14

Orange Short 2.4km

M13-16, W13-16, Womens Open B

Anita Lloyd	107.00
Pike Group	DNF
Tracy & Charles	DNF

Yellow 2.4km

M12, W12	
Kay Holst	65.35
Gemma Lucas	68.56
Alan Smith & Julie Cornelisse	74.33

Red Short 3.1km

Mens Open Short, W 40+

Ross Morrison	43.12
Brian Crawford	61.48
Linda Lloyd	65.55
Sharon Mardon	70.52
Catherine Lee	72.45
Kath Berry	80.20
Dave Edmond	94.57
Andrew & Kerry Dunbar	101.36
Mac Fisher	118.07
Max McEwan	123.07
Charles Martin	198.47

White 1.8km

M10, W10

Kyle & Madelein	19.28
Stuart, James & Adam	22.28
James Watson	30.23
Jessica Fargher	32.08
Emma Watson	34.15
Amber Morrison	36.40
Hugh & Thomas	39.11
Brendon Lloyd	39.41
Mark Pimm	58.31

## MANGARARA OY 2 - 24 MARCH 1996

Thanks Ted for the opportunity to set an OY - I thoroughly enjoyed the challenge. After quite a few hours poring over the map - adjusting and readjusting the courses and visiting Mangarara twice, everything was ready to go.

Unfortunately, my helper became unavailable, but with a bit of organisation I managed to get all the controls out on Saturday, before darkness fell - just!

Fortunately, on Sunday, the weather stayed fine and the crowds turned out - with visitors from Wairarapa and Red Kiwis helping to swell numbers. Thanks to everyone who made the effort to travel to the event.

There was some close racing in all grades with Derek Morrison, Liz Nicholson and Ross Morrison all winning their courses and showing good form prior to the Nationals.

Thanks to the caravan towers - Alan & Kath Berry and Dave Fisher. The only drama of the day was when the Berrys arrived with the caravan and discovered they'd left the key at home. The problem was soon overcome though, with the help of a claw hammer!

During the day, young Brett Taylor, a new club member, provided some enthusiastic assistance at the caravan and afterwards with control collection. Thanks also to Alan, Dave, Derek and Geoff for collecting controls.

Pamela Morrison

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**CONGRATULATIONS** to Ben Lee who came 1st in the North Island Secondary School Championships at Whirokino (Palmerston North) on the 12/13th April. **GREAT EFFORT BEN!**

MANGARARA - O.Y.2

=====

Setter: Pamela Morrison

24 March 1996

Red Long 7.0km  
Mens Open A

Derek Morrison	66.29
Dominic Teahen	67.44
Maurice Lloyd	73.42
Geoff Morrison	75.42
Peter Watson	77.08
Graeme Teahen	83.33
Ken Holst	89.21
Norris Cox	99.03

Red Medium 5.0km  
M40+, Womens Open A

Liz Nicholson	52.10
Ray Nicholson	57.45
Bruce Perry	64.06
David Fisher	64.28
Caroline Watson	68.27
Eric Dunbar	72.46
George Davies	74.22
Wayne Lee	76.43
Alan Berry	81.57
Diane Lucas	103.16
Robin Davidson	109.49

Red Short 2.7km  
Mens Open Short, W40+

Ross Morrison	32.38
Andrew Dunbar	42.16
David Edmond	45.24
Kath Berry	47.06
Sharon Mardon	50.21
Catherine Lee	62.58
Max McEwan	84.04
Anne Sapsford	94.38

String Course

Danny Blair  
Gemma Lucas  
Brett Taylor  
Courtney Jenkins  
Anneka & Lottie Perry  
Duncan Morrison  
Helen Watson  
Aaron Avery

Orange Long 4.1km  
Mens Open B

Paul Plowright	56.57
Ben Lee	57.36
Brian Wardle	118.43 ml

Orange Short 2.1km  
M13-16, W13-16, Womens Open B

Anthony Lloyd	39.38
David Smith	41.43
James Watson	45.54
A Riches, W Goodman	48.22
Mac Fisher	63.48
Kerry & Fiona Dunbar	114.44
Brett Taylor	41.00 ml
Charles Martin	DNF

Yellow 2.5km  
M12, W12

A Riches, W Goodman	56.08
David Cronin	71.48
Gemma Lucas & Courtney Jenkins	86.54
Brett Taylor	28.56 3rd
Bryn Davies	37.53 ml

White 2.3km  
M10, W10

Danny Blair	33.38
Amber Morrison	34.02
Paul Brown	34.24
Emma Watson	39.04
Jo Tripp	53.50
Sue Pike	53.50
Christopher Pike	54.41
Anneka Perry	68.27
Brett Taylor	26.34 2nd

## SHORT 'O' CHAMPIONSHIPS - 7TH APRIL 1996

The number of Short O's H B runs produced outstanding results for the club at the championships . Notable performances came from Catherine Lee in the Women's 40A Short grade. After finishing 11th in the Classic, 24 minutes down on the winner, Catherine came back to comfortably win the Short 'O' Championship by six minutes. Ross Morrison, at the age of 11, also won the M16A grade.

My form entering the championships had been patchy and I was not race fit due to work pressures severely curtailing training time. I was lucky in the morning in that I started four minutes behind Mark McKenna and caught up to him a third of the way into the course. Mark had won the Classic the day before and I thought he would finish stronger than me. To my relief he was taking it easy and we matched each other over the remainder of the course. At one stage I thought we might not be going fast enough, relative to the other competitors but I consoled myself knowing that by finishing in front, I would have at least a four minute gap over Mark.

The result of the morning run was that I was left with a 2.21 minute lead over Gerald Crawford and over 4 minutes over Mark and Rick McGregor. Before the start of the second run I really enjoyed the adrenaline rush from the thought of being chased and having to find the controls under pressure.

In the second run I nailed the first control, and as a consequence immediately relaxed. This meant that I was a bit casual going into number 2 and made at least a two minute error. I immediately thought 'Where is Gerald?' and that with my error I had brought it back to a race. I kept looking over my shoulder and saw Gerald clip 4 only 20 metres downhill from me. So much for my strategy of calmly running around the course. Despite being so close Gerald didn't appear to get onto me and I slowed down to ensure I spiked Control 5 cleanly. In the open farmland I glanced back at the rocks surrounding the control site and saw no sign of Gerald but Rick and Mark were charging down the hillside to the control area. I had visions of fading from first to fourth and with little leg power left I was forced to walk up a farm track towards the next control site. I was a bit hairy on 6 and 7 and could see all three within whistling distance of me.

In my next leg my penchant for control route errors was almost my undoing as my choice of going round the valley instead of up and down meant that as I clipped No 8 Rick was less than 20 metres away with Mark and Gerald close behind. I thought to myself how could I be so stupid and this spurred me on to really dig it in. I started to get very nervous as I went over the hill to No 9. I couldn't see the pack chasing me which meant I didn't know how long I had to locate the control before they got onto me or in fact if they were in front of me. I forced myself to stop and read the map and jogged up to the control with immense relief. I ran hard into the finish prepared for disappointment but couldn't see any of the pack in the crowd and turned to see Rick, Mark and Gerald finish behind me. Due to the uncertainty of the finish I felt more relieved than elated.

I appreciated the competitors who congratulated me, especially Geoff Morrison who must have been disappointed to lose his M40A title after leading after the morning run. Geoff was still his usual cheery self and had a good joke about what had happened.

Hawkes Bay capped off a good weekend by finishing 3rd in the Relays. It may have been one place higher other than my poor finish.

The placegetters were as follows:-

CLASSIC

FIRST

Alan Berry M60A  
Val Morrison W40B  
Amber Morrison W12A

SECOND

Derek Morrison M45A  
Brian Crawford M65A  
Ross Morrison M16A  
Brendon Lloyd M12A

THIRD

Peter Watson M35A

SHORT 'O'

Peter Watson M35A  
Derek Morrison M45A  
Pamela Morrison W21A  
Catherine Lee W40AS  
Ross Morrison M16A  
Amber Morrison W12A

James Watson M12A

Alan Berry M60A  
Brian Crawford M65A  
Kath Berry W60A

Peter Watson

## O. Y. SERIES 1996

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	O.Y.1	O.Y.2	TOTAL
<u>M17-39</u>			
Derek Morrison	24.24	25.00	49.24
Maurice Lloyd	24.61	22.55	47.16
Peter Watson	25.00	21.55	46.55
Geoff Morrison *	21.96	21.96	43.92
Norris Cox	19.34	16.78	36.12
Ken Holst	16.83	18.60	35.43
<u>W17-39</u>			
Liz Nicholson	25.00	25.00	50.00
Pam Morrison *	23.59	23.59	47.18
Caroline Watson	22.73	19.05	41.78
Diane Lucas	15.49	12.63	28.12
<u>M40+</u>			
Ray Nicholson	25.00	25.00	50.00
David Fisher	23.08	22.40	45.48
Eric Dunbar	24.37	19.84	44.21
Alan Berry	19.61	17.62	37.23
Wayne Lee	16.85	18.82	35.67
Bruce Perry		22.52	22.52
<u>W40+</u>			
Sharon Mardon	23.25	23.39	46.64
Kath Berry	20.51	25.00	45.51
Catherine Lee	22.65	18.70	41.35
Linda Lloyd	25.00		25.00
Anne Sapsford		12.44	12.44
<u>M Open Short</u>			
Ross Morrison	25.00	25.00	50.00
Dave Edmond	11.37	17.97	29.34
Max McEwan	10.00	10.00	20.00
Andrew Dunbar		19.30	19.30
Brian Crawford	17.48		17.48
Charles Martin	10.00		10.00
<u>Mens Open B</u>			
Paul Plowright *	25.00	25.00	50.00
Ben Lee	17.96	24.72	42.68
Tom Fargher	25.00		25.00
Brian Wardle	11.39	10.00	21.39
<u>M13-16</u>			
Anthony Lloyd		25.00	25.00
James Watson		21.59	21.59
<u>W13-16</u>			
Anita Lloyd	25.00		25.00
<u>W12</u>			
Gemma Lucas	25.00		25.00
<u>M10</u>			
James Watson	25.00		25.00
Brendon Lloyd	19.14		19.14
<u>W10</u>			
Amber Morrison	23.35	25.00	48.35
Emma Watson	25.00	21.78	46.78

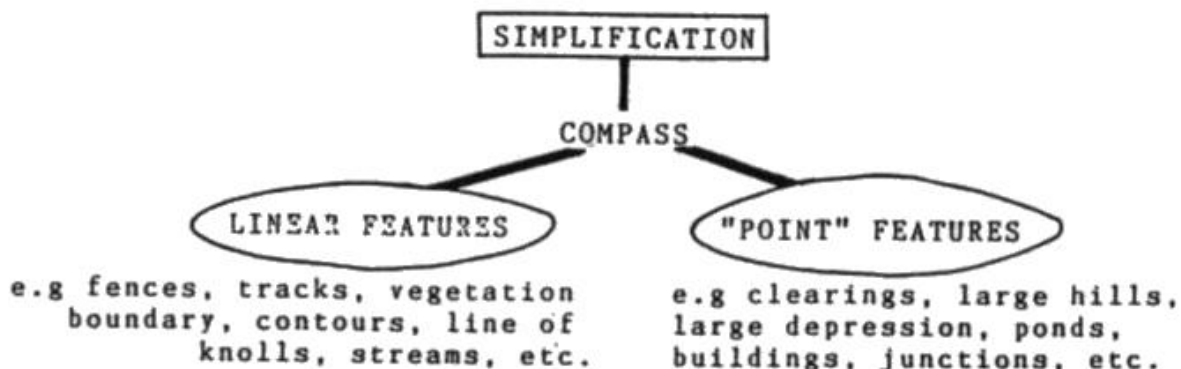
# BACK TO BASICS

PART 3:

SIM-PLI-FI-CA-TION

One major difference between poorer and better orienteers is the ability to "simplify". All orienteers use too many features to find a control. This takes time and slows you down.

The technique can basically be split into two categories.



## LINEAR FEATURES

These are used to place you as near to the control as quickly as possible with a minimum of map reading. (See "Handrails", May Issue pg 28). They can be used directly e.g running along a track, or indirectly as a catching feature. (See "Aiming Off", May Issue pg 29). Recognising a linear feature in complex terrain can save much time. The following are examples of how to recognise and use easy and hard linear features.



1-2 shows the simplest linear feature, a track.

2-3 is simplified by following the linear hill.

The compass is always used to ensure you are following the correct linear feature.

4-5 initially may look difficult. However, by recognising the large depression leading into the long re-entrant the leg can be simplified and much detail can be ignored.





## POINT FEATURES

When linear features are unavailable, a step by step approach using point features is necessary. The most obvious features on the map will stand out on the ground and vice versa. Take each leg in small parts from obvious point to obvious point, with a compass bearing for direction.



Leg 1-2 uses three easy "points" to get near the control. There is no line feature.

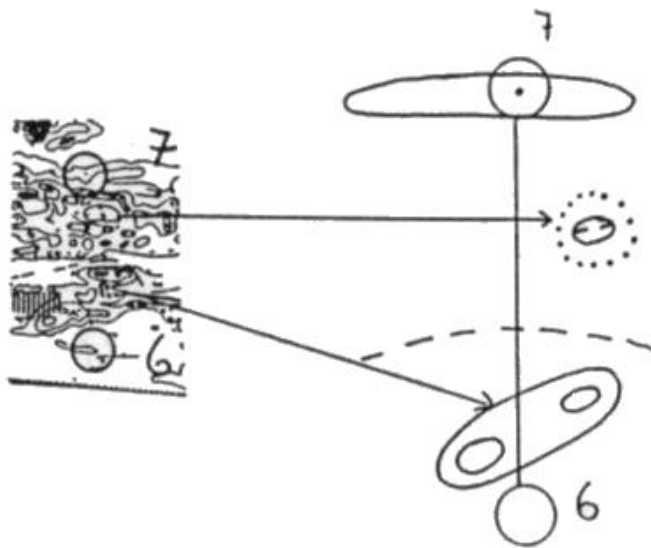
A = clearing/track junction.

B = large depression.

C = Hill top.

Advanced recognition of obvious point features can simplify broken, complex terrain such as sand-dunes.

Leg 6-7 looks complex but can be simplified to look something like this diagram.



Much of the confusing detail is ignored. A compass bearing ensures the correct direction.

## PUTTING IT ALL TOGETHER

In reality, a combination of these ideas is used to locate controls.



From 8-9 section 'A' is a track used as linear feature.

'B' is a hill top "point" feature.

'C' is an obvious clearing.

'D' is a linear feature acting as a catching feature.

A compass bearing is necessary from the track junction.

## POINTS TO REMEMBER

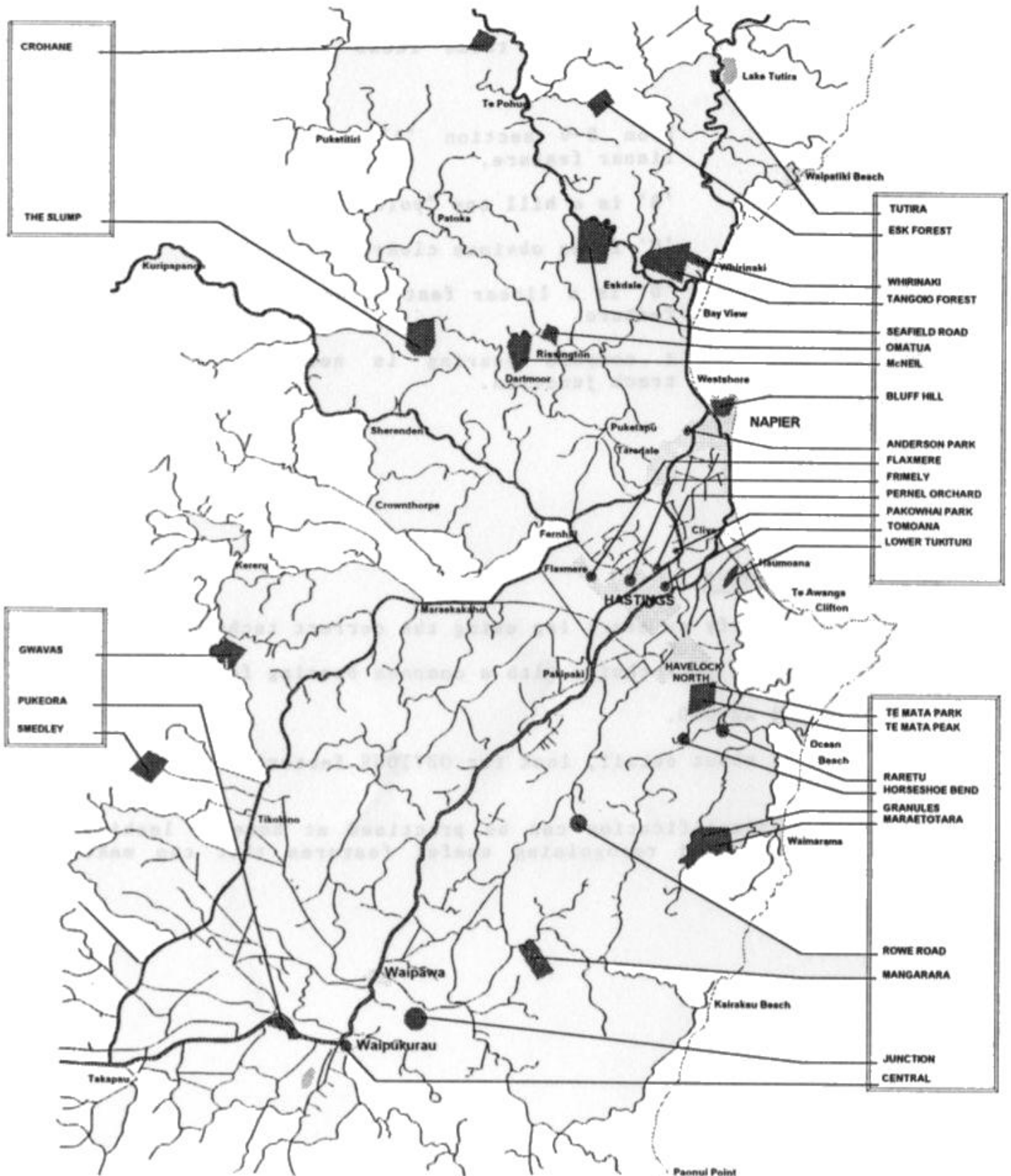
- \* Look to simplify on every leg using the correct technique.
- \* Always support your choice with a compass bearing for direction.
- \* LOOK UP and AROUND.
- \* Don't worry about detail, look for OBVIOUS features.

The idea of simplification can be practised at home by looking at old courses and recognising useful features that can make legs simple.

Rob Jessop.

# H.B. ORIENTEERING CLUB

HBMAP10A.0CD  
 (No rivers version)  
 13TH APRIL 1986



Hawkes Bay Orienteering Club - Orienteering Map Locations

If you want to know more about the Hawkes Bay Orienteering Club contact ...

President:	Peter Watson	Waipukurau	858 8208
Treasurer:	Alan Berry	Havelock North	877 7223
Secretary:	David Fisher	Napier	844 8282
Fixtures:	Ted Sapsford	Hastings	879 8993
Mapping:	Brian Crawford	Napier	844 6125
Promotions:	Pamela Morrison	Hastings	877 4870
Library:	Kath Berry	Havelock North	877 7223

The club caravan and most of the equipment is stored at Philip and Sharon Mardons place, 'Pernel Orchard', 24 Evenden Road, Hastings. But don't rush around their without getting a key from either Sharon Mardon or David Fisher.

Some maps are kept in the shed at the Mardons' place but the bulk of the maps are stored in the vaults of NZAM. Contact the Secretary of Fixtures Officer if there aren't enough maps in the shed.

There are 'other' places from which additional club equipment miraculously appears when we run major events. If you need any of this just ask somebody who knows !

Map fees for 1996 events are:

Members	First Map	\$4 (Family max. \$12)	Next Maps	\$2 each
Non-Members	First Map	\$7 (No Family max.)	Next Maps	\$2 each

(Non-Members, Orienteering for the first time are given a card entitling them to one free map at the next event that they come to.)

# HB Orienteering Club 1996 Fixtures

DATE	CLUB	EVENT / MAP	COURSESETTER/CONTACT
April 28	HB	OY 3, The Slump	Derek Morrison
April 28	WOA	OY 3, Kaukau	
May 12	HB	Club, Te Mata Peak	Brian Wardle/Martin Glass
May 12	WOA	OY 4, Muaupoko Stream	
May 19	CDOA	OY 2, Ngamotu, Rotorua	
May 24	CDOA	Sec Sch Champs, Karapiti, Taupo	
May 26	HB	OY 4, Horseshoe Bend	Peter Hill/Ken Holst
June 1 - 3	NW	QB 3 Day, Woodhill	Stan Foster (09) 4167 106
June 9	HB	Club, Maraetotara	Ken Holst
June 9	WOA	OY 5, Knottingley	
June 9	CDOA	OY 3, Kairangi, Hamilton	
June 23	HB	Club	Brian Crawford
July 7	HB	OY 5, Smedley Station	Peter Watson
	WOA	OY 6, Smedley Station	
	HB/RK	Interclub Challenge, Smedley Station	
July 12 - 13		Nat Sec Sch Champs, Egmont	
July 14	CDOA	OY 4, Rotorua	
July 21	HB	Club, McNeil	Sharon Mardon
July 21	Wai	Winter Classic, Glenroy	
Aug 4	HB	Relays, Rowe Road	Dave Fisher
Aug 11	CDOA	OY 5, Taupo	
Aug 18	HB	Club, Bluff Hill	Charles Martin
Sep 1	HB	Club Promotion, Hastings	
Sep 1	WOA	OY 7	
Sep 8	HB	Club Promotion, Napier	
Sep 8	CDOA	OY 6, Mt Eliza, Hamilton	
Sep 15	HB	Club Promotion, Pukeora Hill	Eric Dunbar
Sep 22	HB	Club Promotion	Dave Fisher
Sep 22	WOA	OY 8	
Sep 29	HB	Club Promotion, Te Mata Peak	Ted Sapsford
Sep 6	WOA	Relays	
Oct 13	HB	Short O Champs, McNeil	Maurice Lloyd
Oct 13	CDOA	OY 7, Taupo	
Oct 19 - 20	Auck	Champs & Trials, Harkers Reserve &	Four Seasons
Oct 26	HB	Blossom 3 Day, Tangoio	Brian Crawford
Oct 27	HB	Blossom 3 Day, Maraetotara	Alan Berry
Oct 28	HB	Blossom 3 Day, The Slump	Derek Morrison
Nov 10	HB	Score, Te Mata Park	Ross Berry
Nov 3	WOA	Frank Smith Trophy	
Nov 9 - 10	CDOA	Champs, Egmont	
Nov 17	HB	OY 6 / Club Champs, Tangoio	Alan Berry
Nov 23 - 24	WOA	Champs	
Dec 1	HB	Rogaine, Smedley Station	Peter Watson
Dec 3	HB	AGM	
Dec 15	HB	Christmas Event, Horseshoe Bend	Ken Holst
Dec 29 - Jan 6	PAPO	Southern Summer Series / ANZ Challenge	

HB = Hawkes Bay, WOA = Wellington, CDOA = Central Districts, PAPO = Christchurch

For further details see the "Happenings" column in 'The Sun', the Thursday prior to an event.

HB Orienteering Club contacts - Pamela & Geoff Morrison (06) 8774 870



ORIENTEERING, THE THOUGHT SPORT

Secretary

APRIL 1996