

HAWKES BAY ORIENTEERING CLUB

PREVIEW 1999

MEET YOUR COMMITTEE

President/Coaching	Geoff Morrison	(06)877 4870
Secretary/Publicity	Pamela Morrison	(06)877 4870
Treasurer	Alan Berry	(06)877 7223
Committee-		
Fixtures	Derek Morrison	(06)877 8261
Mapping	Ken Holst	(06)879 5046
Equipment	Richard Lynn	(06)843 4076
Statistician	Tim Jewett	(06)835 3765
Magazine	Terry Russell	(06)873 4138

Please send any correspondence to: The Secretary, 27 Margaret Avenue, Havelock North.

SUBS

Subs for 1999 are made up as follows -

- HBOC membership - this fee is \$15 per family.
- NZOF affiliation - this is an optional fee which must be paid if you wish to compete in badge events - senior \$18, junior (age 18 or under) \$11, family \$47.
- 'NZ Orienteering' magazine - the optional subscription to the national magazine is \$15.50 (including direct postage). The magazine is highly recommended for information on the NZ orienteering scene.

MAP FEES

The fees for maps for all local events have been set as follows -

Members	\$4 per map \$10 family maximum
Non members	\$7 per map \$14 family maximum
Black & white maps	\$1 per map

CLUB FIXTURES

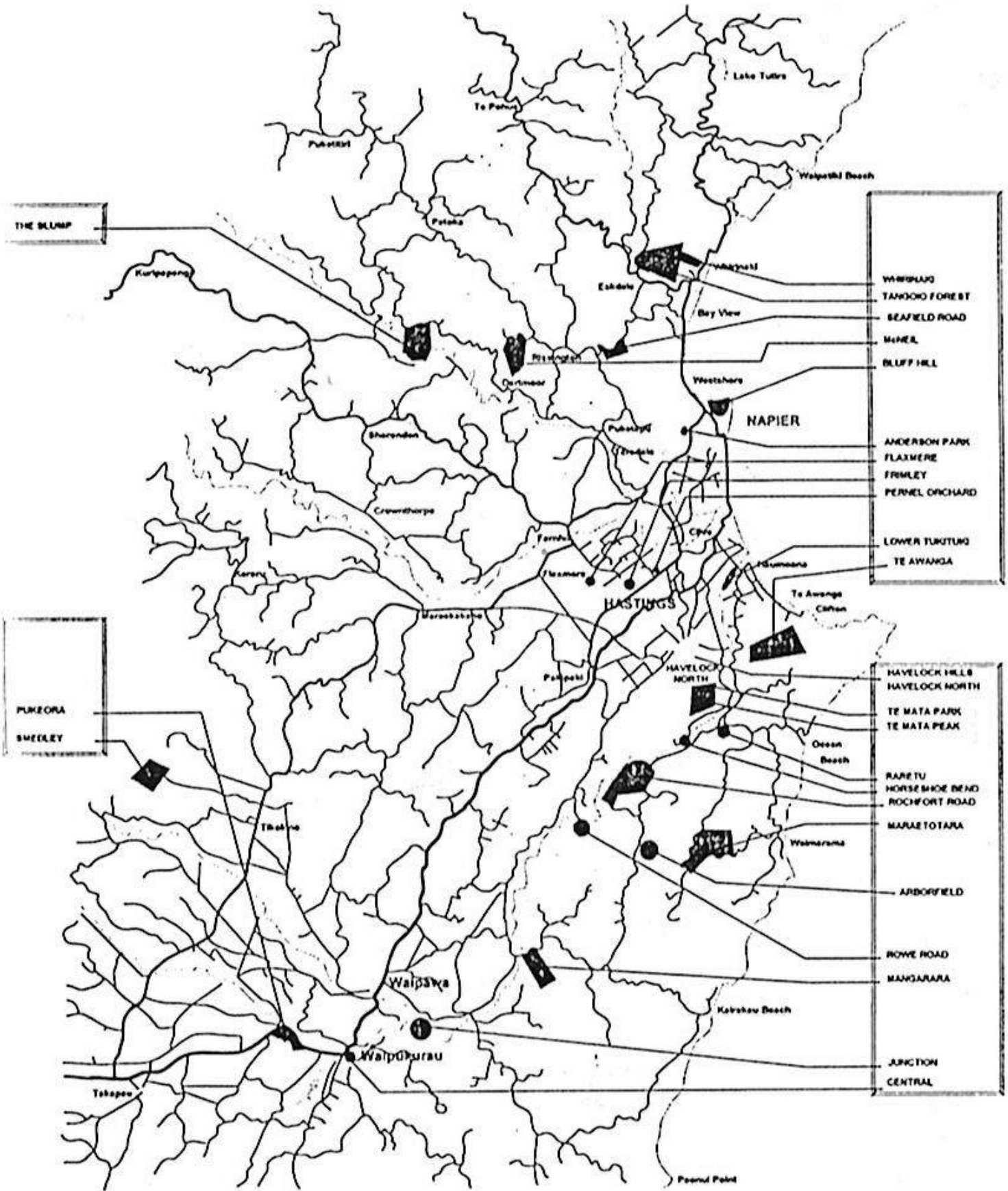
This list is subject to change - please refer to our latest club magazine for confirmation of these events.

Date	Event	Map
1999		
7-Feb	Club	Rowe Rd
14-Feb	Kaweka Challenge Working Bee	
17-Feb	Street Series	Frimley
20/21 Feb	Kaweka Challenge	
24-Feb	Street Series	Anderson Park, Napier
27-Feb	Taupo Night Relays	Taurewa
3-Mar	Street Series	Flaxmere
7-Mar	Club	Te Mata
10-Mar	Street Series	Havelock North
17-Mar	Street Series	Hastings
21-Mar	Club OY1	Smedley
11-Apr	Club OY2	The Slump
	WAOY2	
25-Apr	Club/HB Schools Champs	Horseshoe Bend
9-May	Club OY3	Seaford Road
23-May	Club	Te Mata Park
5-Jun	QB 3- Day/WOA Champs Classic	Te Awanga
6-Jun	QB 3-Day/WOA Champs Short-O	Maraetotara
7-Jun	QB 3-Day Classic	Rochfort Road
20-Jun	Club	McNeil
4-Jul	Club OY4	Mangarara
25-Jul	Club Teams Event	Havelock Hills
8-Aug	Club	Bluff Hill
22-Aug	Club	Whirinaki
29-Aug	Club	Te Mata Park
12-Sep	Club OY5	Tangoio
26-Sep	Club	Pukeora
2-Oct	WOA Relays	Hydrabad
17-Oct	WOA Frank Smith Trophy	Riverside
31-Oct	Club OY6	Maraetotara
14-Nov	Club Champs	Rochfort Road
28-Nov	Club	Surprisel
4-Dec	6,12hour Rogaine	Central HB
7-Dec	Club AGM	

You can start anytime between 10.30am and 1.30pm at these events. The courses will close at 3.00pm, which means controls will be removed from this time. If still on your course, please return to the finish.

SEE PAGES 13 & 14 FOR A COMPLETE FIXTURES LIST.

LOCAL ORIENTEERING MAP LOCATIONS



COURSE DESCRIPTIONS - what do those colours mean???

White course

Courses must follow drawn linear features (tracks, fences, etc). A control site is needed at every decision point (for example, a turning point, or a change in the type of linear feature - like from following a track to following a stream). All control markers must be visible from the approach side. Where a course has to deviate from the handrail feature (for example, to cross a forest block), the route must be marked all the way until a new handrail feature is reached. The start triangle should be on a linear feature. In forested areas, if no such feature is available, then there must be a taped route all the way from the start triangle to a linear feature (that is, the first control). Compass, if used, is limited to map orientation only. No route choice is offered. Doglegs are permitted.

Used for: M/W -12A, M/W -14B

Yellow course

Control sites must be on or near (less than 50m) drawn linear man-made or water features, but preferably not at turning points. This gives the opportunity to follow handrails or to cut across country (limited route choice). Control sites should be visible from the approach side by any reasonable route. Limited compass use for rough direction only.

Used for: M/W-14A, M/W-16B, adult C grades

Orange course

Course should have route choice with BIG attack points near the control sites and/or catching features less than 100m behind. Control sites may be fairly small point features and the control markers need not necessarily be visible from the attack point. Exit from the control should not be the same as the entry (no doglegs permitted). Simple navigation by contours and rough compass with limited pace counting required. Use of a chain of prominent features as "stepping stones" to complete a leg is permitted.

Used for: M/W-16A, M/W17-20B, adult B grades

Red course

Navigation should be as difficult as possible with small contour and point features as preferred control sites (no obvious attack points, no handrails etc). Control sites should be placed in areas rich in detail, and before, and not close to, a large catching feature. Route choice should be an important element in most legs. No doglegs permitted.

Used for: All other A grades including and above M/W18A (includes both long and short courses), also elite grades.

Coming soon.....

STREET SERIES

Feb 17	Frimley
Feb 24	Anderson Park
Mar 3	Flaxmere
Mar 10	Havelock North
Mar 17	Hastings

Start 5.30pm - 6.30pm

Maps \$3, family max. \$8

(Proceeds to assist students travelling, in April, to NZ Secondary School Champs in Otago)

Enquiries to Terry Russell (06) 873 4138

OY SERIES

This is a series of 6 races over the year to find the 'Orienteer of the Year'. The best 5 performances count and the person in your grade with the most points wins. A win is worth 25 points with other competitors points determined by their finish time compared with the winner. If you set an OY event you will be awarded the points equivalent to your best performance during the year.

There are also opportunities to compete in the OY competitions held in other areas during the year - e.g. Wellington(WOA) or Central Districts (CD).

EVERYONE, who is a member of the club can participate in the OY series. It is important that, at the first OY you attend, you select the appropriate course you will run for the year and that you continue to run on this course at OY events during the year. Once you have run two events in one grade, this becomes the only grade in which you can score points.

There is no age grade competition on each course. You simply choose the course you wish to run on and compete against everyone of your gender on that course. The following courses will be offered -

Course	Estimated winning time(EWT) (minutes)
Red long	70
Red medium	50
Red short	40
Orange	45
Yellow	35
White	25

This years OY competition is being held on the following dates:

21 March	Smedley
11 April	The Slump
9 May	Seafield Road
4 July	Mangarara
12 September	Tangoio
31 October	Maraetotara

HAWKES BAY CLUB CHAMPS

This is the most important club event of the year and is open to all our members, in a grade of their choice. It is the day that, whether you are M16 or W open B, M open or W12, you can win the Championship for your grade.

Courses and grades for this year's Club Championships will be -

Course	EWT(minutes)	Grades
Red long	70	M open
Red medium	50	W open, M40
Red short	40	M50+, W40, W50+
Orange long	45	M open B, M16, M50+B
Orange short	40	W open B, W16
Yellow	35	M14, W14
White	25	M12, W12

Club Champs this year are on November 14 at Rochfort Road.

NIGHT CLASSES

"AN INTRODUCTION TO ORIENTEERING"

WHEN: from Tuesday, March 2, for 8 weeks, 7 - 9pm
WHERE: Hastings Boys High School
COST: \$35

The course will be aimed at newcomers to the sport and will cover all aspects of orienteering. It will also be linked to our club events during this period.

If you're new to the club here's an opportunity to learn some new skills.

If you're not so new, spread the word and get a friend along - we need 10 "students" for the course to be viable.

Any enquiries to Stewart Hyslop (06)879 8078 or fax (06)879 8076.

MACPAC KAWEKA CHALLENGE

This a mountain race, offering 5 different courses, held annually on the 3rd weekend in February, in the Kaweka Ranges. It is jointly organised by this club and the Tramping Club. This year is the 10th running of this event.

The organisation is on a large scale and assistance from members of this club is always required, particularly during the running of the event. Because it is such a high altitude race, in a rugged area, safety conditions have to be met so personnel are required to man checkpoints, help at the finish, etc.

Max Kerrison is organising personnel from this club - if you are available to assist, whether it be gear-checking on Friday evening or at the base at Kuripapango on Saturday or Sunday - please contact him at (06)844 9326

This event is a major fundraiser for the club - please make yourself available.

KATOA PO - ALL NIGHT RELAYS

This is the annual night relays event hosted by the Taupo Club. There are two competitions involving 7 or 5 man teams, with legs suitable for various ages and abilities.

There is camping available at the event centre and with a big camp fire burning it is a real social occasion. Spotting the approaching lights, bobbing in the distance, hoping it is your next runner, adds to the excitement of the event.

This year the relays are on Saturday, February 27, and there will be a prize awarded for the club which shows the best team spirit THROUGHOUT the night. The next day, or the same day for some, there is a CDOY on the same map.

ENTER NOW!! ENTER NOW!! ENTER NOW!!

IF YOU WOULD LIKE TO TAKE PART IN THIS EXCELLENT EVENT PLEASE CONTACT GEOFF MORRISON (06)8774 870, BY FEBRUARY 14.

RED KIWIS CHALLENGE

Every year we have an inter-club challenge against the Red Kiwis Club from Palmerston North. A good club turn out is essential, as all finishers count for points and all grades are catered for.

After your run a picnic atmosphere will be enjoyed while the mathematicians calculate the results. So, bring your hampers, your running shoes, and enjoy the day.

FRANK SMITH TROPHY

This is an inter-club event involving all clubs in the WOA (Wellington Orienteering Association) - Wellington, Hutt Valley, Wairarapa, Kapiti Havoc, Red Kiwis and Hawkes Bay. This once again requires a healthy club turn out and as we have to defend the trophy this year, let's make sure we can give it our best shot by having a maximum attendance. All levels of orienteer are also catered for at this event.

This year the event is being held on October 17, at Wairarapa.

BADGE EVENTS

These are the major events on the national calendar and you must be affiliated to the NZOF to take part. They are often run on new maps or on very good older maps. Orienteers come from all over the country to participate in these events and it is an opportunity to pit yourself against some of the best in your grade.

It is necessary to pre-enter and entry forms are always available from the club secretary. Closing dates are normally about 3 weeks prior to an event, although it is possible to enter later by paying a late entry fee. Courses are pre-marked on the maps and your start times are pre-determined.

Your performance will determine the badge credit that you receive, with gold, silver, bronze and iron credits on offer.

Badge events this year are at the National Champs at Labour Weekend (Auckland), Easter 4-Day (Auckland), Queens Birthday 3 Day/Wellington Champs(Hawkes Bay), Auckland, Central Districts (Taupo) and South Island Champs.

Consider these reasons for affiliating in 1999 -

1. A 3-day event here in Hawkes Bay.
2. Central Districts Champs in Taupo.
3. Support the development of orienteering in New Zealand.

SECONDARY SCHOOL ORIENTEERING

This year the National Champs are being hosted by the Dunedin Club. This is a 2 Day event comprising an individual competition and relays, being held on April 17th and 18th.

For all those students in the club, there are a number of events on the Secondary Schools calendar leading up to the nationals in July.

April 17 & 18

April 25

July 9 & 10

New Zealand Champs(Dunedin)

Hawkes Bay Champs (Horseshoe Bend)

North Island Champs (Auckland)

JUNIOR SQUAD

The Club holds training sessions specifically for its junior members. There will be three of these training days this year.

The sessions are usually short (2 hours), starting at 10.30am and are designed to practise basic skills. Everyone is welcome to attend, either to take part in the exercises or to assist with the coaching.

Our main aim for the year will be to win the Blossom Trophy, which Wellington will be defending at Queens Birthday weekend.

Coaching sessions this year will be held on the following dates -

March 28	Te Mata Park
May 2	Rowe Road
August 1	Havelock Hills

TRAINING & COACHING

NEW FOR 1999

HBOC TRAINING DIARIES

GET YOURS NOW!!!

These have been designed specifically for planning and recording your orienteering training, in addition to analysing your orienteering performances. The diary includes a special section on how to plan your training, so that you peak for that big event.

If you're serious about improving your orienteering performances in 1999 then this will be an invaluable tool. Get your copy NOW, orders to Geoff Morrison (06)877 4870 - ONLY \$2 each.

CLUB O-TOPS

Anyone wishing to purchase one of those distinguishable HB tops (in flouro green, black & white) should contact Rosalie Adlam (phone 843 5557) for price and sizes. The club will pay for the printing of 'Hawkes Bay' on the back.

INTERNATIONAL SYMBOLS

These are the symbols which are used to describe control sites. So wherever you orienteer in the world, these symbols will be used and there is no need to know the local language to compete.

Booklets of these symbols and examples of control site descriptions are available at the caravan for \$2. The booklet also contains a glossary of orienteering terms - words like re-entrant, spur, knoll, thicket, etc. which frequently come up in orienteering conversation.

Before you start an event always check out any terms or symbols that you are unsure of, as this vital piece of information may make finding the control a little easier.

PUBLICITY & CANCELLATIONS

All club events are advertised in the Hastings Leader & Napier Courier, in the 'Happenings' column. Often they are also included in the 'Sports Draws' column on a Wednesday night in the Herald-Tribune and Daily Telegraph.

Cancellations are available on the Bayline Cancellation Service, by calling 844 1988.

LIBRARY

The Club has a good range of books available on all facets of the sport. Kath Berry is the librarian and the books are always available for loan to club members.

TYPES OF EVENTS

Besides the usual 'classic' event, where the aim is to navigate around a course in the fastest possible time, there are other types of orienteering events.

Short O - the course are shorter than normal and two courses are contested to determine the winner, usually one in the morning and one in the afternoon. The person with the fastest accumulated time is the winner and often there is a chasing start, with the person with the fastest time after the first run leading the chase on the second run.

Score - points values are allocated to controls and the object is to obtain the highest score in the time allotted.

Street - these events are run on street maps, without street names. The control points are usually clues which you have to write the answer to, e.g. what colour roof at No. 27?

Relays - orienteering as part of a team, usually with each person running a different leg, which is usually a different course.

Rogaine - this is a form of score event, done in teams of 2 - 5. It is normally held on a 1:50,000 scale map and is over a time period, up to 24 hours.

Memory - this type of event usually involves navigating between the controls, without a map. Usually a piece of map is attached to each control, so all your route planning to reach the next control must be done before you move away. If you forget where the next control is, then you must remember where the last one was, so that you can return to check the map again.

HEALTH AND SAFETY POLICY

Hawkes Bay Orienteering Club is committed to providing an enjoyable and safe environment to all participants at every orienteering event.

Club responsibility:

- Ensure all participants are aware of any significant hazards that they can be expected to encounter while taking part during the event (refer to the Hazard ID form which is displayed on the noticeboard beside the caravan window)
- Have procedures in place that can be followed in the case of injury and illness (refer Emergency Procedures form displayed in the caravan)
- Have procedures in place that can be followed in the case of a participant becoming lost or missing (refer Search and Rescue form displayed in the caravan)
- Ensure that all Organisers and Controllers are aware of the above procedures

Participants responsibility:

- Read all notices concerning the special hazards that may be associated with the event
- Obey all instructions and warnings
- Keep clear of any plant or equipment
- Keep clear of any unauthorised areas or farm buildings
- Avoid disturbing livestock and keep away from all work activities
- Not allow children to wander unsupervised
- Carry a whistle
- Notify the organisers of any health problems. eg diabetes, asthma, angina etc

Landowners responsibility:

Landowners are not responsible for the natural hazards and risks associated with orienteering and attendant activities.

WE ARE DEPENDENT ON THE GOODWILL OF OUR LAND-OWNERS, SO PLEASE TAKE YOUR RESPONSIBILITIES AS A PARTICIPANT SERIOUSLY.

FIXTURES LIST

Date	Event	Map	Club
1999			
7-Feb	Club	Rowe Rd	
6/7 Feb	NZ Masters	Sandhills/Heaton Park	Red Kiwis
17-Feb	Street Series	Frimley	
20/21 Feb	Kaweka	Kaweka	
24-Feb	Street Series	Anderson Park, Napier	
27-Feb	Katoa Po Night Relays	Taurewa	Taupo
28-Feb	CDOY1	Taurewa	Taupo
3-Mar	Street Series	Flaxmere	
7-Mar	Club	Te Mata	
10-Mar	Street Series	Havelock North	
14-Mar	WAOY1	QEII Park	Kapiti-Havoc
14-Mar	CDOY2		Rotorua
17-Mar	Street Series	Hastings	
21-Mar	Club OY1	Smedley	
3/4/5/6 Apr	Easter Multi Day	Auckland	National Squad
11-Apr	Club OY2	The Slump	
	WAOY2		
17/18 Apr	NZ Sec School Champs		Dunedin
18-Apr	RK Club	Whirokino	Red Kiwis
25-Apr	HB Schools Champs	Horseshoe Bend	
9-May	Club OY3	Seafield Road	
15/16 May	CDOY 3&4	Piopio	Hamilton/Egmont
16-May	WAOY3	Taueru	Wairarapa
23-May	Club	Te Mata Park	
5-Jun	WOA	Te Awanga	
6-Jun	WOA	Maraetotara	
7-Jun	WOA	Rochfort Road	
13-Jun	WAOY4	Mill Creek	Wellington
13-Jun	CDOY5		Pinelands
20-Jun	Club	McNeil	
27-Jun	WAOY5	Wanganui	Red Kiwis
4-Jul	Club OY4	Mangarara	
9/10 Jul	NI Sec School Champs		Auckland
11-Jul	RK Club	Whirokino	Red Kiwis
18-Jul	Winter Classic		Wairarapa
25-Jul	Club	Havelock Hills	
8-Aug	Club	Bluff Hill	
15-Aug	RK Club	Lake Vipan	Red Kiwis
22-Aug	Club	Whirinaki	
29-Aug	Club	Te Mata Park	
5-Sep	Taupo Club	Opepe West	Taupo
12-Sep	HBOY5	Tangoio	
19-Sep	WAOY6	Gordon Kear	Red Kiwis
19-Sep	CDOY6		Hamilton
26-Sep	Club	Pukeora	
26-Sep	Auckland Champs		Auckland
2-Oct	WOA Relays	Hydrabad	Kapiti Havoc
3-Oct	WAOY7	Kaikokopu	Wellington

10-Oct CD Champs		Taupo
17-Oct WOA Frank Smith Trophy	Riverside	Wairarapa
23/24/25 Oct NZ Champs		Auckland
31-Oct Club OY6	Maraetotara	
14-Nov Club Champs	Rochfort Road	
28-Nov Club	Surprise!	
4-Dec 6,12hour	Central HB	
5-Dec RK Club	Olawhao	Red Kiwis
11/12 Dec 2 Day Event	Wanda/Watchtower	Hutt Valley
19-Dec RK Club	Pukepuke	Red Kiwis
28-Dec WMOC Warm-up		Auckland
29-Dec WMOC Warm-up		Taupo
2000		
1-Jan Millennium event		Feilding
2-Jan Public Race WMOC		Manawatu
3-Jan Model Event & Opening WMOC		Manawatu
4-Jan WMOC Qualifying#1		Manawatu
5-Jan WMOC Qualifying#2		Manawatu
7-Jan WMOC Finals A,B&C		Manawatu

HBOC APPLICATION FOR MEMBERSHIP

CONTACT NAME:

ADDRESS:

TELEPHONE NO:

MEMBERS' NAMES	DATE OF BIRTH

	No.	\$
HBOC membership		= 15.00
NZOF affiliation senior @ \$18	=
junior @ \$11	=
family @ \$47	=
"NZ Orienteering" subscription @ \$15.50	=
		\$

Privacy Act 1993

I acknowledge my right to access and correction of this information. This consent is given in accordance with the Privacy Act 1993.

Signed: _____

Date: _____

Send to: The Treasurer
 HB Orienteering Club
 12 Woodford Heights
 HAVELOCK NORTH

Page 16

Back cover - blank.