

**HAWKES BAY ORIENTEERING CLUB**

***PREVIEW 2000***

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# HAWKES BAY ORIENTEERING CLUB

## PREVIEW 2000

### MEET YOUR COMMITTEE

President/Landowner Liaison	Alan Berry	(06)877 7223
Secretary	Rob McDonald	(06)876 0146
Treasurer/Publicity	Pamela Morrison	(06)877 4870
Committee-		
Club Captain	Geoff Morrison	(06)877 4870
Fixtures	Derek Morrison	(06)877 8261
Mapping	Ken Holst	(06)845 2686
Equipment/Deputy Club Captain	Richard Lynn	(06)843 7511
Statistician	Tim Jowett	(06)835 4498
Magazine	Terry Russell	(06)873 4138

Please send any correspondence to: The Secretary, 907 Ebbett Street, Hastings

### SUBSCRIPTIONS (see Page 15 for an "Application for Membership" form)

Subscriptions for 2000 are made up as follows -

- HBOC membership - this fee is \$15 per family. Club membership entitles you to: members' rates at local events, receive our 2-monthly magazine "Compass Points", participate in inter-club competitions, widen your orienteering experience with opportunities for coaching, course-setting, mapping and much more!
- NZOF affiliation - this is an optional fee which must be paid if you wish to compete in major events - senior \$18, junior (age 18 or under) \$11, family \$47. (There is provision for a 50% discount for first year affiliation.)
- 'NZ Orienteering' magazine - the optional subscription to the national magazine is \$15.50 (including direct postage). The magazine is highly recommended for information on the NZ orienteering scene.

### MAP FEES

The fees for maps for all local events have been set as follows -

Members	\$4 per map \$10 family maximum
Non members	\$7 per map \$14 family maximum
Black & white maps	\$1 per map

## **CLUB FIXTURES**

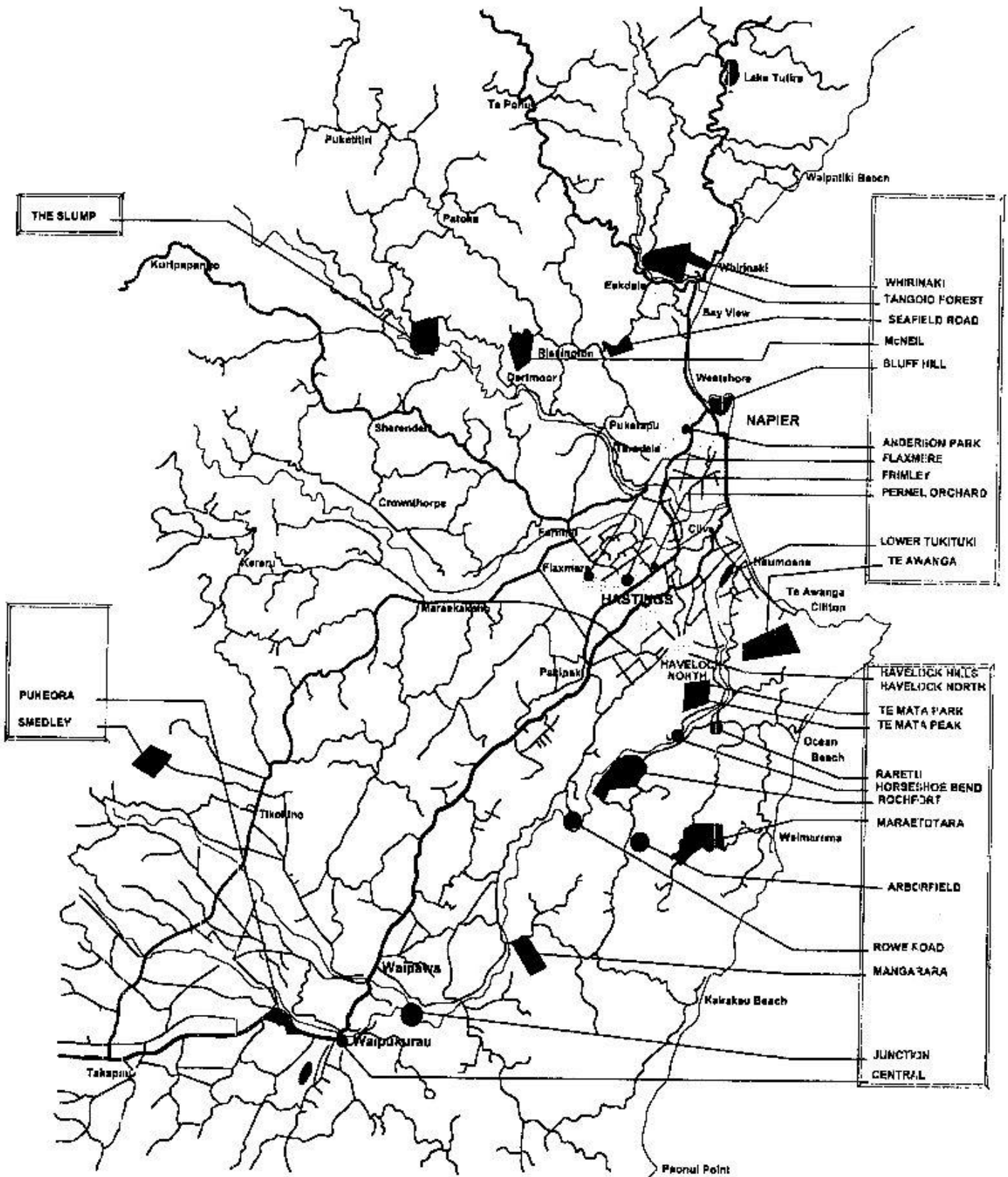
This list is subject to change - please refer to our latest club magazine for confirmation of these events.

<b>Date</b>	<b>Event</b>	<b>Map</b>
2-Feb	Street Series	Frimley
9-Feb	Street Series	Anderson Park
13-Feb	Club	Te Mata
16-Feb	Street Series	Havelock North
19,20-Feb	Kaweka Challenge	Kuripapango
23-Feb	Street Series	Hastings East
27-Feb	Club	Horseshoe Bend
1-Mar	Street Series	Bluff Hill
5-Mar	ClubOY1	Mangarara
26-Mar	Club	Pukeora
2-Apr	Club	Smedley
16-Apr	ClubOY2	Seafield Road
7-May	HB School Champs	McNeil
21-May	ClubOY3	Maraetotara
4-Jun	Club	Rowe Rd
18-Jun	ClubOY4	Rochfort
2-Jul	Club	Te Mata Park
23-Jul	Club	Bluff Hill
6-Aug	Club	Merriwa Forest
20-Aug	Club	Havelock Hills
3-Sep	Club OY5	Tangoio
17-Sep	Club	Whirinaki
1-Oct	Club OY6	Te Awanga
15-Oct	Teams Event	Te Mata Park
29-Oct	Score Champs	Horseshoe Bend
12-Nov	Club Champs	The Slump
3-Dec	Club	Smedley

You can start anytime between 10.30am and 1.30pm at these events. The courses will close at 3.00pm, which means controls will be removed from this time. If still on your course, please return to the finish.

SEE PAGES 13 FOR A COMPLETE FIXTURES LIST.

# LOCAL ORIENTEERING MAP LOCATIONS



## **COURSE DESCRIPTIONS**

At all events we offer a range of courses which vary in length and difficulty. The difficulty level is described by a "colour", which is a national standard for that level of course.

What do those "colours" mean?

### **White course**

Courses **must** follow drawn linear features (tracks, fences, etc). A control site is needed at every decision point (for example, a turning point, or a change in the type of linear feature - like from following a track to following a stream). All control markers must be visible from the approach side. Where a course has to deviate from the handrail feature (for example, to cross a forest block), the route **must be marked all the way** until a new handrail feature is reached. The start triangle should be on a linear feature. In forested areas, if no such feature is available, then there must be a taped route all the way from the start triangle to a linear feature (that is, the first control). Compass, if used, is limited to map orientation only. **No route choice** is offered. Doglegs are permitted.

Used for: M/W -12A, M/W -14B

### **Yellow course**

Control sites must be on or near (less than 50m) drawn linear man-made or water features, but preferably not at turning points. This gives the opportunity to follow handrails or to cut across country (**limited** route choice). Control sites should be visible from the approach side by any reasonable route. **Limited** compass use for rough direction only.

Used for: M/W-14A, M/W-16B, adult C grades

### **Orange course**

Course should have route choice with BIG attack points near the control sites and/or catching features less than 100m behind. Control sites may be fairly small point features and the control markers need not necessarily be visible from the attack point. Exit from the control should not be the same as the entry (no doglegs permitted). Simple navigation by contours and rough compass with limited pace counting required. Use of a chain of prominent features as "stepping stones" to complete a leg is permitted.

Used for: M/W-16A, M/W17-20B, adult B grades

### **Red course**

Navigation should be as difficult as possible with small contour and point features as preferred control sites (no obvious attack points, no handrails etc). Control sites should be placed in areas rich in detail, and before, and not close to, a large catching feature. Route choice should be an important element in most legs. No doglegs permitted.

Used for: All other A grades including and above M/W18A (includes both long and short courses), also elite grades.

## ***STREET SERIES***

This is an opportunity for some early season training, with a map in your hand. There will be courses for everyone, including a white course.

This series was a lot of fun last year, so come along and give it a try this year.

Feb 2	Frimley
Feb 9	Anderson Park
Feb 16	Havelock North
Feb 23	Hastings East
Feb 30	Bluff Hill

Start 6.00pm - 7.00pm. Enquiries to Terry Russell (06)873 4138.

## ***MACPAC KAWEKA CHALLENGE***

This a mountain race, offering 5 different courses, held annually on the 3<sup>rd</sup> weekend in February, in the Kaweka Ranges. It is jointly organised by this club and the Tramping Club. This year is the 10th running of this event.

The organisation is on a large scale and assistance from members of this club is always required, particularly during the running of the event. Because it is such a high altitude race, in a rugged area, safety conditions have to be met so personnel are required to man checkpoints, help at the finish, etc.

Doug Matheson is organising personnel from this club - if you are available to assist, whether it be gear-checking on Friday evening or at the base at Kuripapango on Saturday or Sunday - please contact him at (06)835 6093.

**This event is a major fundraiser for the club - please make yourself available.**

## ***NIGHT CLASSES***

### **"AN INTRODUCTION TO ORIENTEERING"**

WHEN: from Tuesday, February 29, for 5 weeks, 7 - 9pm  
WHERE: Hastings Boys High School  
COST: \$15

The course will be aimed at newcomers to the sport but will cover all aspects of orienteering. It will also be linked to our club events during this period.

If you're new to the club here's an opportunity to learn some new skills. There was an impression that last years students performed really well at subsequent events.

If you're not so new, spread the word and get a friend along - we need 10 "students" for the course to be viable.

Any enquiries to Stewart Hyslop (06)879 8078, fax (06)879 8076  
or email [hyslops@hotmail.com](mailto:hyslops@hotmail.com)

## OY SERIES

This is a series of 6 races over the year to find the 'Orienteer of the Year'. The best 5 performances count and the person in your grade with the most points wins. A win is worth 25 points with other competitors points determined by their finish time compared with the winner. If you set an OY event you will be awarded the points equivalent to your best performance during the year.

There are also opportunities to compete in the OY competitions held in other areas during the year - e.g. Wellington(WOA) or Central Districts (CDOA).

**EVERYONE, who is a member of the club can participate in the OY series. It is important that, at the first OY you attend, you select the appropriate course you will run for the year and that you continue to run on this course at OY events during the year. Once you have run two events in one grade, this becomes the only grade in which you can score points.**

There is no age grade competition on each course. You simply choose the course you wish to run on and compete against everyone of your gender on that course. The following courses will be offered -

Course	Estimated winning time(EWT) (minutes)
Red long	70
Red medium	50
Red short	40
Orange	45
Yellow	35
White	25

This years OY competition is being held on the following dates:

5 March	Mangarara
16 April	Seafield Road
21 May	Maraetotara
18 June	Rochfort
3 September	Tangoio
1 October	Te Awanga

## HAWKES BAY CLUB CHAMPS

This is the most important club event of the year and is open to all our members, in a grade of their choice. It is the day that, whether you are M16 or W open B, M open or W12, you can win the Championship for your grade.

Courses and grades for this year's Club Championships will be -

Course	EWT(minutes)	Grades
Red long	70	M open
Red medium	50	W open, M40
Red short	40	M55+, W40, W55+
Orange long	45	M open B, M16
Orange short	40	W open B, W16
Yellow	35	M14, W14
White	25	M12, W12

Club Champs this year are on November 12 at The Slump.



## **KATOA PO - ALL NIGHT RELAYS**

This is the annual night relays event hosted by the Taupo Club. There are two competitions involving 7 or 5 man teams, with legs suitable for various ages and abilities.

There is camping available at the event centre and with a big camp fire burning it is a real social occasion. Spotting the approaching lights, bobbing in the distance, hoping it is your next runner, adds to the excitement of the event.

This year the relays are on Saturday, March 18, and there will be a prize awarded for the club which shows the best team spirit THROUGHOUT the night. The next day, or the same day for some, there is a CDOY somewhere nearby.

**ENTER NOW!! ENTER NOW!! ENTER NOW!!**

**IF YOU WOULD LIKE TO TAKE PART IN THIS EXCELLENT EVENT PLEASE CONTACT  
GEOFF MORRISON (06)877 4870, BY FEBRUARY 27.**

## **RED KIWIS CHALLENGE**

Every year we have an inter-club challenge against the Red Kiwis Club from Palmerston North. A good club turn out is essential, as all finishers count for points and all grades are catered for. This year is the 20<sup>th</sup> inter-club challenge, so with the home advantage we will be looking for a strong turnout to win back the trophy, which was lost last year.

After your run a picnic atmosphere will be enjoyed while the mathematicians calculate the results. So, bring your hampers, your running shoes, and enjoy the day.

## **FRANK SMITH TROPHY**

This is an inter-club event involving all clubs in the WOA (Wellington Orienteering Association) - Wellington, Hutt Valley, Wairarapa, Kapiti Havoc, Red Kiwis and Hawkes Bay. This also requires a healthy club turn out and as we have to defend the trophy this year, let's make sure we can give it our best shot by having a maximum attendance. All levels of orienteer are also catered for at this event.

This year the event is being held on November 26, near Himatangi.

## **MAJOR EVENTS**

These are events on the national calendar which require you to be affiliated to the NZOF to take part. They are often run on new maps or on very good older maps. Orienteers come from all over the country to participate in these events and it is an opportunity to pit yourself against some of the best in your grade.

It is necessary to pre-enter and entry forms are always published in the club magazine. Closing dates are normally about 3 weeks prior to an event, although it is possible to enter later by paying a late entry fee. Courses are pre-marked on the maps and your start times are pre-determined.

Your performance will determine the badge credit that you receive, with gold, silver, bronze and iron credits on offer.

Badge events this year are at the National Champs at Easter (Wairarapa), Queens Birthday 3 Day (Auckland), Auckland, Wellington, Central Districts (Hamilton/Rotorua) and South Island Champs (Nelson).

## **SECONDARY SCHOOL ORIENTEERING**

This year the National Champs are being hosted by the North-West Club (Auckland). This is a 2 Day event comprising an individual competition and relays, being held on July 15 & 16.

For all those students in the club, there are a number of events on the Secondary Schools calendar leading up to the nationals in July.

April 8 & 9	North Island Champs (Palmerston North)
May 7	Hawkes Bay Champs
July 9 & 10	New Zealand Champs(Auckland)

## **JUNIOR SQUAD**

The Club holds training sessions specifically for its junior members. This year these will be held in conjunction with the following club events:

February 27	Horseshoe Bend
April 2	Smedley
August 20	Havelock Hills
September 17	Whirinaki

The sessions will commence at 10.00am and will highlight basic skills to be practised on the courses available.

## **TRAINING & COACHING**

A club coaching weekend is being planned for the early part of this year and details will be forwarded to members once arrangements are finalised.

For those who wish to improve their orienteering, the importance of using club events for practising techniques cannot be under-estimated. If you need assistance, please contact Club Captain, Geoff Morrison.

For those who are serious about their orienteering training, there are Club training diaries available, which have been designed specifically for planning and recording your orienteering training, in addition to analysing your orienteering performances. The diary includes a special section on how to plan your training, so that you peak for that big event. Get your copy NOW, orders to Geoff Morrison (06)877 4870 - **ONLY \$2 each.**

## **CLUB O-TOPS**

Would you like to purchase one of those distinguishable HB tops in flouro green, black & white? Then contact Richard Lynn (phone (06)843 7511), with your order. The club will pay for the printing of 'HAWKES BAY' on the back.

## **LIBRARY**

The Club has a good range of books available on all facets of the sport. The library case is stored in the caravan and the books are always available for loan to club members.

## **INTERNATIONAL SYMBOLS**

These are the symbols which are used to describe control sites. So wherever you orienteer in the world, these symbols will be used and there is no need to know the local language to compete.

Booklets of these symbols and examples of control site descriptions are available at the caravan for \$2. The booklet also contains a glossary of orienteering terms - words like re-entrant, spur, knoll, thicket, etc. which frequently come up in orienteering conversation.

Before you start an event always check out any terms or symbols that you are unsure of, as this vital piece of information may make finding the control a little easier.

## **PUBLICITY & CANCELLATIONS**

All club events are advertised in the Hastings Leader & Napier Courier, in the 'Happenings' column and in the 'Sports Draws' column on the Wednesday night prior to events, in the HB Today. Results are sent to HB Today on the Sunday evening following an event, for publishing.

An email service also operates for club members, advising coming events and results following events. If you would like to be added to this distribution list, please forward your email address to Pamela Morrison (pamela.m@xtra.co.nz).

## **TYPES OF EVENTS**

Besides the usual 'classic' event, where the aim is to navigate around a course in the fastest possible time, there are other types of orienteering events.

Short O - the course are shorter than normal and two courses are contested to determine the winner, usually one in the morning and one in the afternoon. The person with the fastest accumulated time is the winner and often there is a chasing start, with the person with the fastest time after the first run leading the chase on the second run.

Score - points values are allocated to controls and the object is to obtain the highest score in the time allotted.

Street - these events are run on street maps, without street names. The control points are usually clues which you have to write the answer to, e.g. what colour roof at No. 27?

Relays - orienteering as part of a team, usually with each person running a different leg, which is usually a different course.

Rogaine - this is a form of score event, done in teams of 2 - 5. It is normally held on a 1:50,000 scale map and is over a time period, up to 24 hours.

Memory - this type of event usually involves navigating between the controls, without a map. Usually a piece of map is attached to each control, so all your route planning to reach the next control must be done before you move away. If you forget where the next control is, then you must remember where the last one was, so that you can return to check the map again.

## **HEALTH AND SAFETY POLICY**

**Hawkes Bay Orienteering Club is committed to providing an enjoyable and safe environment to all participants at every orienteering event.**

### **Club responsibility:**

- Ensure all participants are aware of any significant hazards that they can be expected to encounter while taking part during the event (refer to the Hazard ID form which is displayed on the noticeboard beside the caravan window)
- Have procedures in place that can be followed in the case of injury and illness (refer Emergency Procedures form displayed in the caravan)
- Have procedures in place that can be followed in the case of a participant becoming lost or missing (refer Search and Rescue form displayed in the caravan)
- Ensure that all Organisers and Controllers are aware of the above procedures

### **Participants responsibility:**

- Read all notices concerning the special hazards that may be associated with the event
- Obey all instructions and warnings
- Keep clear of any plant or equipment
- Keep clear of any unauthorised areas or farm buildings
- Avoid disturbing livestock and keep away from all work activities
- Not allow children to wander unsupervised
- Carry a whistle
- Notify the organisers of any health problems. eg diabetes, asthma, angina etc

### **Landowners responsibility:**

Landowners are not responsible for the natural hazards and risks associated with orienteering and attendant activities.

**WE ARE DEPENDENT ON THE GOODWILL OF OUR LAND-OWNERS, SO PLEASE TAKE YOUR RESPONSIBILITIES AS A PARTICIPANT SERIOUSLY.**

## 2000 FIXTURES LIST

Date	Event	Map	Club
2-Feb	Street Series	Frimley	
9-Feb	Street Series	Anderson Park, Napier	
13-Feb	Club	Te Mata	
16-Feb	Street Series	Havelock North	
19,20-Feb	Kaweka Challenge	Kaweka	
20-Feb	WOA OY1	Hydrabad	Kapiti Havoc
23-Feb	Street Series	Bluff Hill	
27-Feb	Club	Horseshoe Bend	
1-Mar	Street Series	Hastings East	
5-Mar	Club OY1	Mangarara	
11-Mar	WOA Night Champs	Otawhao	Red Kiwis
12-Mar	WOA OY2	Otawhao	Red Kiwis
18-Mar	Katoa Po Night Relays	Tauhara	Taupo
19-Mar	CDOY 1	99 Hills	Taupo
25,26-Mar	South Is. Champs		Nelson
26-Mar	Club	Pukeora	
2-Apr	Club	Smedley	
2-Apr	WOA OY3	Judgeford	Wellington
8,9-Apr	NI Sec School Champs	Lakeland	Red Kiwis
16-Apr	Club OY2	Seafield Road	
21-24 Apr	NZ Champs		Wairarapa
7-May	HB Schools Champs	McNeil	
14-May	WOA OY4	Forest Hill	Red Kiwis
21-May	Club OY3	Maraetotara	
3,4,5-Jun	QB 3 Day	NorthWestOC	Auckland
4-Jun	Club	Rowe Rd	
18-Jun	Club OY4	Rochfort	
25-Jun	WOA OY5		Wairarapa
1-9 Jul	Australia Champs,APOC,ANZ		
2-Jul	Club	Te Mata Park	
14,15 Jul	NZ Sec School Champs		Auckland
16-Jul	Winter Classic		Wairarapa
23-Jul	Club	Bluff Hill	
6-Aug	Club	Merriva	
20-Aug	Club	Havelock Hills	
3-Sep	Club OY5	Tangoio	
10-Sep	WOA OY6	Glenroy	Wairarapa
17-Sep	Club	Whirinaki	
23-Sep	CDOY	Karapiti	Pinelands
24-Sep	CDOY	99 Hills	Taupo
1-Oct	Club OY6	Te Awanga	
7,8-Oct	Auckland Champs		Auckland
15-Oct	Club Teams Eventzx	Te Mata Park	
15-Oct	WOA OY7	Spicer Forest	Wellington
21,22,23-Oct	CD Champs		Hamilton
29-Oct	Club Score Champs	Horseshoe Bend	
4,5-Nov	Wellington Champs		Red Kiwis
12-Nov	Club Champs	The Slump	
25-Nov	WOA Relays	Waitarere	Hutt Valley
26-Nov	WOA Frank Smith Trophy	Kaikokopu	Wellington
3-Dec	Club	Smedley	Xmas Event



# HAWKES BAY ORIENTEERING CLUB

## APPLICATION FOR MEMBERSHIP

**CONTACT NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**TELEPHONE NO:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

MEMBERS' NAMES	YEAR OF BIRTH	AFFILIATE (✓ OR ✗)

	No.			\$
HBOC membership (family)		=	15.00	
NZOF affiliation senior	.....	@ \$18	=	.....
junior	.....	@ \$11	=	.....
family	.....	@ \$47	=	.....
<small>(NB There is a provision for 50% discount for first year affiliation)</small>				
"NZ Orienteering" subscription	.....	@ \$15.50	=	.....
				<b>\$</b>

Privacy Act 1993  
 I acknowledge my right to access and correction of this information. This consent is given in accordance with the Privacy Act 1993.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Send to:     The Treasurer  
               HB Orienteering Club  
               27 Margaret Avenue  
               HAVELOCK NORTH

