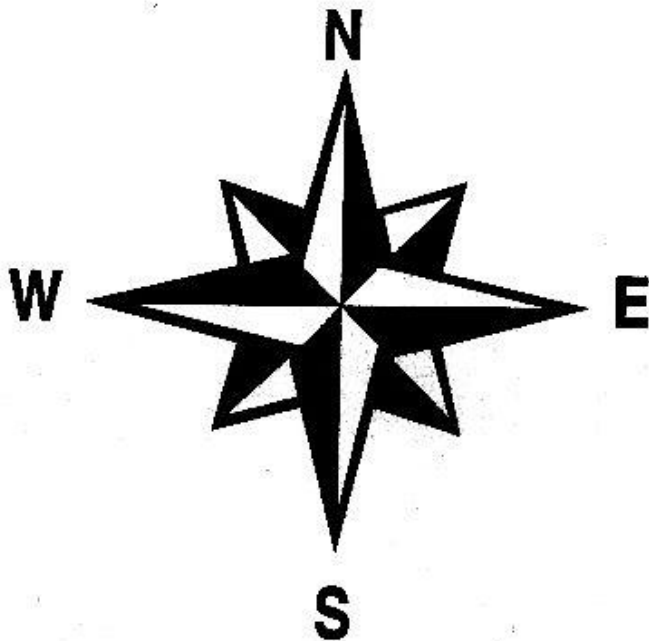


JANUARY – FEBRUARY 2002

# COMPASS POINTS



**ORIENTEERING: FOR PEOPLE WHO KNOW HOW TO GET THERE**

**COMPASS POINTS: JANUARY – FEBRUARY 2002**  
**HAWKE'S BAY ORIENTEERING CLUB COMMITTEE**

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HBOC Newsletter

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NAPIER

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**All other correspondence to:**

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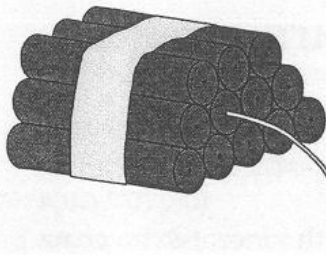
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# Black Green & White

## we are DYNAMITE!!

**W**ell the new orienteering year is starting to get underway, well for most of us anyway, for others that took part in the ANZ challenge early in the new year, they really hit the new year running.

**C**ongratulations to those who took part and especially those that covered themselves in glory. Quite a few club members featured in the top placings, especially in the juniors, a situation that bodes well for the future of the club. On top of all that New Zealand managed to beat the Aussies, which is always a good thing.

**T**he summer series is now all over, and a great success it was indeed, with all events well attended. Thanks to the course setters for their efforts in providing interesting courses on these smaller maps. I've even heard calls for making the series of longer duration, which sounds good in theory but would leave us with the problem of finding enough course setters to set all of the year's events.

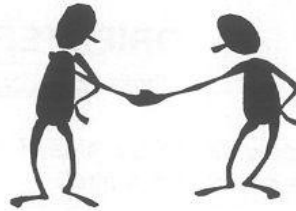
**T**he Junior camp was also held in January and was well attended by the younger members of the club. By all accounts this camp was a huge success with all the attendees gaining valuable knowledge, skills and confidence. Going by the feedback, the elites involved with the coaching were somewhat surprised and impressed with the skill level they encountered, especially considering the young age of some of the participants.

**S**pecial thanks must go to Geoff and his team for the effort they put into organising and running the camp – I'm sure it was largely due to their efforts that the camp was such a success and ran so smoothly. Hopefully we will reap some of the benefits when we all head to Taupo this weekend for the Night Relays.

**Y**ours in Orienteering,

**Terry**

President.



## NEW MEMBERS

We welcome the following new members to the club. We look forward to seeing you at future events.

- Wayne Hosking

## CANCELLATIONS

Occasionally, we decide to cancel events. This is usually when the weather is wet – so wet that even the keenest of members will think twice before coming. This may be for safety considerations – high streams, slippery hillsides or access tracks may be impassable. At times, it may just be more pleasant to postpone the event to the following weekend – at least more members might turn up and make the setter's efforts more worthwhile.

We have a club policy for cancellations – refer to page 11 of Preview 2002.

“In the event of bad weather, an event may be cancelled if it is considered unsafe for competitors. Cancellations will be advertised on Newstalk ZB (1278AM) or Classic Hits (89.5FM) or can be accessed from the Infone service – phone 834 0404 code 4488. Committee members will also attempt to telephone all club members.”

It is not always possible to contact everyone by telephone, so if you are ever in doubt about an event then use the excellent Infone system – phone 834 0404 code 4488. Cancellations will be posted on this service as early as possible.

## NORTH ISLAND SCHOOL ORIENTEERING CHAMPIONSHIPS APRIL 12 & 13, 2002

Our club is hosting this event in April. There are grades for all school students – primary, intermediate & secondary – so if you would like an entry form or more information then visit the event website – [www.nzorienteeing.com/nischools](http://www.nzorienteeing.com/nischools). If you are unable to access this website, then call Pamela Morrison (877 4870) for a copy of the entry form.

### *HELP!*

It is intended that the event be kept fairly low-key, however club members will still be required to help on the days of the events, with the start, finish, results, etc. If you are able to lend a hand then please let me know before March 25. Thanks.

Pamela

# ORIENTEERING GLOSSARY

from [www.orienteingunlimited.com](http://www.orienteingunlimited.com)

**Aiming Off** - to deliberately aim to one side of a control or feature so that you know which way to turn upon hitting the feature before seeing the control.

**Attack Point** - an obvious feature near the control point from which the control can be located by navigating carefully with map and compass.

**Bearing** - the direction of travel as indicated by the compass.

**Catching Feature** (also called a **Collecting Feature** or **Backstop**) - an obvious feature on the map and ground located beyond a control or other sought after feature which indicates that the target feature has been over-shot.

**Check Point** - an obvious feature on the map or ground which can be used to check that you are keeping to your chosen route.

**Contour** - a line on a topographic map that connects points of equal elevation.

**Control/Control Marker/Marker** - a trapezoid-shaped marker (usually orange or red and white) used to mark features on an orienteering course, usually with clipper or control punch attached to mark a control card as proof of arrival.

**Control Card** - a card carried by each participant, which is punched at each control feature to verify the visit.

**Control Circle** - a circle drawn around a feature on the map to indicate the location of a control marker. The feature should be in the exact center of the circle.

**Control Code** - letters (or numbers) on a control marker which enable participants to verify that it is the correct one.

**Control Description** - a list given to each participant which briefly describes each control feature in order. It also gives the control code.

**Control Feature** - a natural or man-made feature on or next to which the control is hung.

**Control Marker** - see control.

**Control Number** - a number drawn beside each control circle on a map. On a cross-country course, they indicate the order in which the controls must be visited. The top of the number should point to North.

**Control Punch** - a small plastic clipper with different designs of pins. Used to verify each control feature has been visited.

**Course** - a sequence of control points marked on the map which are to be visited by the orienteer.

**Cross Country Course** - the classic course used for all major competitions. Control features must be visited in the prescribed order.

**Dog-Leg** - positioning of a control which favours approaching and leaving a control by the same route, thereby leading other competitors to the control. Course design which results in a dog-leg should be avoided.

**Fine Orienteering** - precision navigation in detailed terrain usually demanding careful use of map, compass and pace counting, and usually involving short course legs.

**Folding the Map** - orienteers fold their maps to aid concentration on the leg being run, and to facilitate thumbing their position.

**Handrail** - A linear feature which closely parallels your route and acts as a handrail to the next control.

**Knoll** - a small hill.

**Leg** - a section of a course between two control points.

**Legend or Key** - a list of the symbols represented on the map.

**Linear Feature** - a feature that extends in one direction for some distance e.g., paths, fences, stonewalls, and streams. Used as handrails.

**Orienting the Map** - matching the orientation of the map to the features on the ground. This is one of the fundamental skills in orienteering, and leads to successful navigation. The map can be oriented either by comparing the map directly with the terrain or by using a compass to orient to north.

**Master Map** - a map displayed near the start from which competitors copy their courses onto their blank map. More experienced orienteers will copy the course onto their map while the clock is running. Novices should be allowed to do this before being given a start time. In bigger events, the courses are pre-printed on the maps.

**Pace Counting/ Pacing** - a system of counting double-paces (every time the left or right foot hits the ground) to measure distance covered. An orienteer would measure the distance between two points using the scale on the compass and then count his/her paces until the distance was covered. Pacing allows an orienteer to know when he or she has perhaps gone too far and missed the feature they were looking for.

**Point Feature** - a feature in the terrain that only occupies a small area. Frequently mapped examples are boulders, pits and mounds, stumps, and root mounds. They are not suitable as control sites for novice courses unless they are on a handrail.

**Precision Bearing** - some compasses can be used to take a precise bearing (direction clockwise from north) which can then be followed in the terrain.

**Punching** - the act of marking the control card with the punch.

**Re-entrant** - a small valley running down a hillside. A stream cut into a hillside would create a re-entrant-type feature. On a map, the contour lines which describe a re-entrant point uphill.

**Safety Bearing** - a compass bearing which, if followed, will bring a lost orienteer to a road or other major, recognizable feature. It may be added to the control description list as a safety measure.

**Safety Whistle** - a whistle which can be used if a participant is injured or lost. The International Distress Signal is six (6) short blasts repeated at one minute intervals.

**Score Event** - participants visit as many controls as possible within a fixed time, e.g., 30 minutes. More distant or difficult controls are often allotted a higher point value. Points are deducted for each amount of time the orienteer arrives after the allotted time is up, say 5 points for every minute. The person with the most points wins.

**Spur** - a small ridge.

**Start Symbol** - a triangle used to locate the start on the map. It should be centered exactly over the starting point, and one apex should point toward the first control.

**String Course** - a course marked with a continuous string line. These courses are often used with very young children to give them familiarity with the forest.

**Thumbing** - a technique for holding the map, using with your thumb to indicate your present location. To do this properly, it is often necessary to fold the map.

*Feel free to ask an experienced orienteer if you want clarification on any of these terms or techniques.*

**STONEY CREEK RANCH – 16 February 2002 (Night O)**

**Setter: Erica Hobbs Vetter: Richard Lynn**

**\* Accompanied**

**Orange Long**

Geoff Morrison	34.23
Ross Morrison	34.33
Chris Howell	36.22
Derek Morrison	41.28
Tom Fargher	48.08
Terry Russell	48.57
Peter Watson	49.13
Amber Morrison	51.54
Ken Holst	60.16
Ramon Steenson	64.00
Emma Watson	66.34
Pamela Morrison	67.31
Rob McDonald	68.33
Josie Boland	70.10
Faye McDonald	71.52
David Tait	74.20
Aiden Ellmers	DNF

**Orange Short**

Greg Bristow	50.57
Cara McDonald	53.16
Helen Watson	57.06
Kate Morrison	59.42
Erika Boland Bristow	78.23
Duncan Morrison	DSQ
James Watson	DNF

**Yellow**

Scott McDonald	24.28
Rachel Goodwin	35.22
Conal Boland Bristow	39.53
Ruth & Shams	44.33

**White**

Sophie Fargher	18.49
Sean Morrison	*24.00
Kristen Clothier	52.00

*Check out this great promotion of orienteering (not to mention of Emma Watson!) in a recent issue of the CHB Mail:*

20 The CHB Mail, Tuesday, January 29, 2002

# Orienteering

FOR the first time ever, New Zealand won both the relay and the individual competitions at the ANZ Challenge held near Levin recently, with a margin of 14 to nine grades in both.

Waipukurau's Emma Watson's three person women's 16 team was successful in the relay, but lost the individual.

Peter Watson's M45 team had a narrow 44 second win in the individual but lost the relay.

The next ANZ Challenge is in Bendigo, Australia, in October 2003.

## SPEAKING OF SPORT

A SPORTS PROFILE QUESTIONNAIRE  
(This is the first in a series conducted by Sarah Mills, Central Hawke's Bay co-ordinator for Sport Hawke's Bay).

**Name:** Emma Watson

**Age:** 13

**Sport:** Orienteering.

**Most recent sporting success:** In the New Zealand team competing against Australia in the ANZ 2002 Challenge.

**Greatest Sporting Moment:** Coming first in the W16 at 12 years old.

**Greatest sporting faux pas:** Was when I was running went completely the wrong way and finished 40 minutes behind the fastest time.

**In 10 years time I will be:** Hopefully W21E champion.

**My CHB Sporting Mentor is:** My mum and dad for supporting me always.



**HAVELOCK NORTH HIGH SCHOOL – 23 January 2002 (Summer Series #1)**

Setter: Nigel Field  
(\* Accompanied)

**LONG SCORE COURSE**

Karl Dravitzki	25.37
Stu Barr	27.17
Ross Morrison	28.35
Todd Oates	31.41
Geoff Morrison	32.26
Derek Morrison	32.27
Chris Howell	37.48
Richard Lynn	38.03
Faye McDonald	40.55
Brendan Brier	41.21
Josie Boland	44.01
Jenny Russell	44.41
Pamela Morrison	45.30
Alan Berry	45.36
Tim Wilkins	45.46
David Costigan	45.52
Ken Holst	45.56
David Fisher	46.09
Aari Barrett	46.40
Aiden Ellmers	48.32
Greg Bristow	51.55
Shelley	52.32
Colin Jones	53.48
Scott McDonald	55.09
David Tait	58.15
Hayley & Amber	62.31
Duncan Morrison	63.42
Conal Boland-Bristow	65.13
Erica Hobbs	75.26
Philip Baker	76.36

Jason Weeks	26.52
Kate & Rachel	29.50
Bob & Linda	30.17
Dave Smith	31.33
Daniel Weeks	31.50
Ruth Vincent	32.25
Grant Aplin	32.31
Leah Wilkins	34.04
Caroline Vincent	34.29
Helen Watson	34.57
Mark & Kelly	35.45
Sharon Mardon	37.00
Caitlyn MacKenzie	38.22
Paul Smith	41.06
Katie Brigham-Watson	45.33
Sue & Dave	47.12
Tanya Tait	48.17
Lyn Bowcock	51.19
Erika Boland Bristow	51.24

**WHITE COURSE**

Chris McDonald	14.33
Rossana Lynn	15.18
Lyn Bowcock	17.06
Rachael Ferguson	18.05
Cam Barrett	18.10*
Rosemary Wood	19.47
Jay Barrett	19.54
Jaime Goodwin	21.07
Kay Holst	24.22
Sean Morrison	24.22*
Nicholas Cox	25.39*
Sue & Dave	26.17

**SHORT SCORE COURSE**

Jack Vincent	22.31
Cara McDonald	26.19

**2002 NORTH ISLAND SCHOOLS  
ORIENTEERING CHAMPIONSHIPS**

Grades for

*Secondary (Y9-13), Intermediate (Y7&8), Primary (Y6 & below)*

**HAWKE'S BAY - April 12 & 13, 2002**

for information & entry forms visit [www.nzorienteering.com/nischools](http://www.nzorienteering.com/nischools)



## JUNIOR REPORT

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The ANZ challenge saw 4 juniors running in New Zealand colours, which would have been a proud moment for all of them. Ross kept the Australians at bay in the M18 grade, remaining undefeated throughout. Todd, Amber and Emma all had their moments, with the M18 and M20 teams winning the individual, and the W16 winning the relay.

Other juniors to do well at the event were Scott McDonald, who won the 3-day in M12, with Conal Boland-Bristow coming 5<sup>th</sup> and Chris McDonald 7<sup>th</sup>. Duncan Morrison finished 4<sup>th</sup> in M14, Ross 1<sup>st</sup> in M18, Todd Oates 6<sup>th</sup> in M20. Cara McDonald finished 1<sup>st</sup>, Helen Watson 2<sup>nd</sup>, and Kate Morrison 4<sup>th</sup> in W14; Amber Morrison 3<sup>rd</sup>, and Emma Watson 5<sup>th</sup> in W16; and Erika Boland-Bristow 1<sup>st</sup> in W16B. A feature was a dead heat for first between Cara and Helen on ANZ individual day.

The relays were an opportunity for our juniors to run as a club team, with Scott, Helen and Cara winning the junior 14 relay in a very close finish. Duncan, Conal and Chris just got run down in the junior 12 relay by last leg runner, Kate, running for a composite team.

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19 juniors took part in the camp held in the last week of the school holidays at Moore Road. Stu Barr and Karl Dravitzki were the coaches involved, and were very impressed with the standard of those taking part. It was also good to have Todd and Ross involved in the coaching, for they represent the highest level of junior orienteering within our club.

There was a mix of very talented, very young kids and the more 'normal' junior looking to step up a grade. Most were hoping to achieve a good orange level, and they definitely did that. There were a few who had been running at a white level, and are now very good yellow runners.

After a 'clash' with the 'country and western people' staying at Moore Road, we soon were under way at Horseshoe Bend with a 'shakedown' course done in pairs. The evening was spent having a course drawing relay, with the quickest with the least mistakes declared the winner. In a shock, the slowest team made the least mistakes to show that accuracy rules. This team included Elsa Vincent, who filled in the 20<sup>th</sup> spot.

Day 2 was contour work at Maraetotara, which included a map walk, line course and course. One could see the participants stepping up a level. The afternoon at the beach was a fine reward for a job well done. The evening was a time for night relays. Stu Barr put up a \$50 note for any team that could defeat his hand-chosen team of Pamela, Greg, Ross, Karl and Stu, and despite Karl putting Stu under a bit of pressure by doing a woefully slow time, his money was safe. Doubts were cast over Amber's winning team, but the main thing was that a tremendous amount of noise was created.



Day 3 saw efforts being put into attack points or stepping stones to make control location easy in the forest at Pukeora Hill. At this stage, it was obvious that the improving was continuing. A star relay was held around the hospital with Aari, Erika and Paul surprising by being the victors. Caroline Watson's offer of the use of their swimming pool was eagerly taken up and then it was home for the summer series on the new HNHS map.

The last day was the 'killer' event to test their skills on the Seafield Road map. Amber was the guideline, as she was the most skilled junior at the camp. The course was on the map with no fences and was a very hard orange course, bordering on red. The coaches were absolutely delighted with the performances by all, and seemed to have much satisfaction in seeing their efforts proving fruitful. I had the pleasure in seeing good results from juniors who, despite having shown little confidence on the yellow course, comfortably completed the course.

The things that impressed me most about the camp were:



1. The enthusiasm of all who took part;
2. Despite the large age-difference between the youngest and oldest, everyone got along fine;
3. The improvement in standards in just 4 days;
4. Stu Barr's coaching ability;
5. The parents who helped in transportation and at the camp;
6. Pamela's ability to feed the hordes;
7. Erika's ability in the rubber tyre.

Probably Jack Vincent summed up the success of the camp when he asked at the end "When is the next camp?"

### Participants:

Caitlyn McKenzie, Katie Bringham-Watson, Hayley Oates, Amber Morrison, Caroline Vincent, Erika Boland-Bristow, Cara McDonald, Helen Watson, Rachel Goodwin and Kate Morrison.

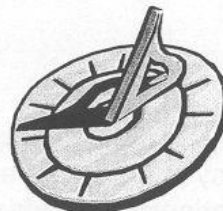
Jason Weeks, Aiden Ellmers, Paul Smith, Jack Vincent, Daniel Weeks, Conal Boland-Bristow, Aari Barrett, Scott McDonald and Duncan Morrison.

Elsa Vincent and Emma Watson also took part for a short period.

**Watch them go this year!**

## A Step Back In Time...

...to Hawke's Bay Orienteering Club 1990



**President:** Stewart Hyslop  
**Secretary:** David Fisher  
**Treasurer:** Peter Watson  
**Auditor:** Watson Blampied & Partners

### COMMITTEE

**Fixtures:** Stewart Hyslop  
**Equipment:** Sharon Mardon  
**Mapping:**  
**Scorer:** Dave Smith  
**Publicity:** Peter Watson  
**Editor:** Caroline Watson / Bruce Perry  
**Social:** Catherine Lee

### SUBSCRIPTIONS

HBOC	Full
Family	\$60.00
Senior	\$24.00
Junior	\$12.00

### MAP FEES

	1st Event	Extra Maps
Members	\$2.00	\$1.00
Non Members	\$4.00	\$1.00
Family max.		

### HIGHLIGHTS

- Life membership to Brian Crawford.
- New trophy - Watson Trophy donated by Peter & Caroline Watson.
- North Island APOC event dates changed to Dec 93 - Jan 94.
- February: 1st Macpac Kaweka Challenge.
- February: HBOC team wins Taupo Night relays.
- August: Coaching weekend at Omatua.
- November: Pukenui Station mini mountain marathon.

### MAPPING

- Show Grounds (b&w)
- Central (Waipukurau) (b&w)

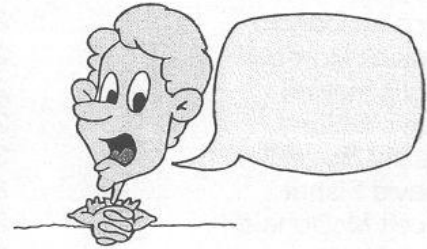
### EQUIPMENT

- Bought more control flags.

## EYE IN THE SKY

BY THE MAGPIE

- Richard had a dramatic exit during the ANZ challenge in January. By ambulance! Bravely he returned to the fray the next day and recorded a good result, but it was all too much, he spent the rest of the week in hospital.
- Talking of sick, Jack Vincent was really crook one day of the junior camp, but not only had he recovered in the evening to take part in the twilight event at HNHS, he actually won!
- The topic of conversation varies when travelling around Hawke's Bay, depending who you travel with. Inevitably airstrips are discussed when with Max McEwan, or road cambers when with Ken Holst, or areas to map when with Derek Morrison.
- Brian Crawford spotted two kids making off with one of our controls at Whitmore Park, so he leapt into his car and raced off in hot pursuit. As we all know, Brian doesn't hang around when he drives, so he didn't take long for him to bale the culprits up. One had the control standard down his tracksuit trouser leg, and the other had the flag tucked under his t-shirt.
- The lake at Windsor Park seemed attractive to some people. Nigel and Sue Field plunged in to cross as did several others, but Dave Fisher enjoyed it so much that he actually crossed it 4 times!
- Peter Watson thought he was running along a dry water-course at the night event at Stoney Creek until he plunged into a pond up to his waste. When he got back, he found that Helen had done exactly the same thing.
- Caroline Vincent had great pleasure in telling coach for the week and national Park O champ, Stu Barr, where one of his controls were at HNHS. It was the one up the steps.



- Alan Oates was taking Todd to Dunedin to start University, picking up Hazel in Wellington on the way down. Looking at his luggage in disbelief, she queried why he had packed the plastic bag full of clothes ready to go to the recycling.
- Cars are always parked in gear on the ferry, so when the Oates returned to theirs, that is how it was. Theirs was first off, right by the gang plank. Todd jumped into the driver's seat and started it. Of course, when in gear, it lurched forward. Unfortunately, between the car and gang plank, there was a cyclist, who had at that stage visions of being catapulted, bike and all, into the sea.

## ANDERSON PARK – 30 JANUARY 2002 (Summer Series #2)

Setter: Linda Patterson  
(\* Accompanied)

Vetter: Richard Lynn

<b>Long Score Course</b>		<b>Short Score Course</b>	
Todd Oates	20.27	Cara McDonald	21.28
Derek Morrison	22.12	Stewart Hyslop	27.28
Terry Russell	23.44	Caitlyn MacKenzie	28.13
Geoff Morrison	23.53	Sharon Mardon	29.18
Faye McDonald	25.47	Jack Vincent	29.18
Rob McDonald	25.50	Ruth Vincent	31.28
Amber Morrison	26.08	Nigel Field	31.41
Chris Howell	26.44	Paul Steeds	33.36
Josie Boland	27.53	Lyn Bowcock	38.30
Jenny Russell	30.44	Angus – Mark	38.36
David Fisher	32.52	Tanya Tait	39.59
Scott McDonald	32.53	Dave & Sue Halliday	43.42
Ken Holst	32.54	Deborah Turner	43.53
Jennie Barrett	33.15	Woods & Co	45.06
Erica Hobbs	33.20		
Colin Jones	33.49	<b>White Course</b>	
David Tait	34.43	Chris McDonald	15.27
Aari Barrett	36.07	Monica Dockary	17.56
Paul Smith	36.47	Vicky Field	18.12
Alan Oates	40.40	Ogier	19.12
Jason & Aaron	41.21	Jaime Goodwin	19.25
Bob Pocknall	41.56	Sue & Dave Halliday	21.52
Lyn Helliwell	42.14	Kay Holst	23.17
Mark, Kelly & Denbigh	44.04	Sean Morrison	24.31
Hayley Oates	46.40	Phillippe Grooby	24.49
Dave Smith	47.28	Brendon & Brian	24.57
Duncan Morrison	50.26	Cameron Helliwell	28.01
Lynne Anderson	59.25	Nicholas Cox	34.20
Graeme Barrett (1 short)	27.42	Taylors	35.15
Pamela Morrison (1 short)	28.26	Helen Howell	38.01
Kate Morrison (1 short)	37.18	Elsa Vincent	38.23

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### ANDERSON PARK – Summer Series Event #2

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I don't know about you but for me the street series always gives me something to look forward to after a hard day's work – and Anderson Park was no exception. This time I happened to find myself on the organising side of things rather than the "prance in the park" side. It's certainly an eye opener – there is more that goes into organising an event than I realised.

The courses themselves were well received, especially by Alan Oates who upon his arrival at the finish line with Todd discovered that he hadn't quite accomplished the magic number of controls. He dashed off on a mission to clip any missing control – I can only guess that judging by the time it took for him to come back that it wasn't the closest one on the map!

There were smiles all round in the McDonald car as it left the event. Chris and Cara both picked up first place in their respective courses – Cara with a lead of 6 minutes. Faye managed to get around the course just three seconds ahead of Rob. There was much disbelief and checking of times to make sure that I had added them up correctly by Rob – who allegedly thought of offering to pay for the addition of a minute to Faye's time!



Having the event set in such a public place also gave a good view to those passing by – one gentleman enquired about the upcoming events and fortunately there was a spare events calendar that we could give him.

Many thanks to Linda for organising the event and setting the course (with a lot of help from seasoned orienteers and course-setter Tim Jowett, who just happened to be staying with us on the previous weekend!). Thanks also to vetter Richard Lynn, whose experience and advice were invaluable, and to other club members who were able to help on the day. Well done everyone.

Bob Brown

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### WINDSOR PARK – Summer Series Event #3

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What a great turnout to Event Three in our Summer Series. In fact there were so many people that there were queues at the map tables! My apologies to those stuck there. I thought people would fill in their map in two minutes, but obviously not!



There were a few wet bodies at the end – and not just dripping with sweat. Several brave orienteers crossed the 'uncrossable river' in Windsor Park. It certainly improved their times. Nigel Field was so worried that his wife Sue would beat him when he saw her short-cutting through the river, that of course he felt he had to go through too.

Rumour has it that Dave Fisher crossed the river **three** times, but came to grief searching for a control on the wrong side of the road (so my spies tell me). Be careful copying those control sites!!!!

It was good to see new faces – at least 10 trying orienteering for the first time, and they all seem keen for more. It was also good to see some 'old faces' too that we haven't seen at club events for a while.

It was clear wins again to both Todd Oates on the long course and Cara McDonald on the short course. It's great to see the juniors leading the way.

Thanks to my family for all their help with the event, especially to Rob for vetting the course, Cara for all her work in the caravan and to Cara, Scott and Christopher who spent a long, boring Waitangi Day afternoon sitting in the car while Rob and I put out controls.

Faye McDonald

# WINDSOR PARK – 6 February 2002 (Summer Series #3)

Setter: Faye McDonald  
(\* Accompanied)

Vetter: Rob McDonald

## LONG (27 Controls, Any Order)

Todd Oates	40.10
Geoff Morrison	41.01
Ross Morrison	41.11
Derek Morrison	41.23
Chris Howell	45.34
Peter Watson	46.58
Tom Fargher	49.16
David Costigan	49.22
Richard Lynn	49.29
Pamela Morrison	50.43
Amber Morrison	56.22
Josie Boland	56.51
David Tait	57.22
Scott McDonald	58.39
Mark Cooper	61.54
Alan Oates	65.04
Graeme Barrett	66.54
Aari Barrett	68.13
Erica Hobbs	79.55
Philip Baker	83.31
Emma Watson & Lizzie McNutt	107.29
David Fisher	Missed 1 DNF
Ramon Steenson	Missed 2 DNF
Jeremy Jones	Missed 2 DNF
Bob Pocknall	DNF
Duncan Morrison	DNF

## SHORT (17 controls, any order)

Cara McDonald	27.50
Greg Tuohy	30.40
Jennie Barrett	30.41
Nigel Field	32.33
Lynn Bowcock	34.37
Paul Smith	34.51
Bob Brown & Linda Patterson	37.33
Laura Vernon	39.40
Hayley Oates	40.13
Sue Field	40.15
Caitlyn Mackenzie	40.16
Joshua Harkness	40.46
Helen Watson & Niki Rodda	41.15
Ruth Vincent	41.16
Kate Morrison	42.10
Rema Allen & Brendan Waayer	42.47
Sharon Mardon	43.19
Tanya Tait	44.27
Harkness Group	44.44
Clare & Maria	46.25
Jack Vincent	Missed 1 DNF
Vicky Field	DNF
Oliver Watson	DNF

## WHITE (18 controls)

Duncan Morrison	13.26
Rema Allen	16.15
Chris McDonald	16.28
Kelly Cooper	18.03
Niki Rodda	18.15
Clare & Maria	18.53
Sean Morrison	*18.54
Michael Rowlands	19.45
Jay Barrett	19.46
Tania Cooper & Kristen Clothier	20.01
Bevan Waayer	20.01
Lizzie McNutt & Emma Watson	20.41
Cam Barrett	*21.47
Phillipe Grooby	*21.59
Brendan & Brian Crawford	24.54
Nicholas Cox	*26.26
Stuart Field	28.11
Cameron Ogier	28.27
Hazlehurst Family	29.34
Daniel Gregory-Campbell	30.05
Rachael Ferguson	35.04
Helen Howell	*39.37
Elsa Vincent	41.09
Helanie Pocknall	47.36

## Equipment Notices

- Mitu size 7 grey sneakers have been left in the caravan – contact me if they belong to you.
- If you use the caravan for any reason, please check the tyre pressure. The tyres have deteriorated badly lately due to low pressure.
- When setting or helping with events, please don't stick things to the caravan – this can damage the paint. There is a large notice-board available for pinning notices to.

Richard Lynn

## WHITMORE PARK – 20 FEBRUARY 2002 (Summer Series #4)

Setter: Sharon Mardon  
(\* Accompanied)

### Long Score Course

Geoff Morrison	49.47
Josie Boland	50.12
Pamela Morrison	51.58
Rob McDonald	55.19
Ken Holst	61.30
Erica Hobbs	67.27
Colin Jones	75.49
David Tait	85.04

### Short Score Course

Cara McDonald	41.00
Jack Vincent	42.57
Nigel Field	50.53
Gwen & Paul	56.38
Lyn Bowcock	60.39
Johanna Frenkel	65.32

Sue Field	67.30
Ruth Vincent	67.39
Jaime Goodwin	*73.49
Tanya Tait	80.29
Gail & Trev	81.56
Greg & Ross	84.56
Hyslop Group	89.57

### White Course

Aari Barrett	25.08
Sean Morrison	*39.01
Caroline Vincent	39.20
Stuart Field	39.52
Rachael Ferguson	42.43
Vicky Field	43.27
Monica Dockary	45.32
Elsa Vincent	54.38

The *COACHING BONANZA* immediately after Easter is on again this year, albeit in a different format.

The 2002 version will start with a day long Conference in Timaru with speakers and sessions on assorted topics of interest and a Park Race in Centennial Park to stretch our legs. The speakers include a local Sport Psychologist who will talk on mental preparation for before and during events (the all important recovery from error!), and some of our own top coaches Wayne & Trish Aspin, and Ray Pratt. The day will be a 'must hear' for anyone serious about improving their own or others' performances.

There is no charge for the day, but you will need to register your interest by emailing me now.

Wednesday and Thursday is the YODA two day at Naseby - entries close very soon, so be in if you are keen.

Friday is a day off at this stage, although coaching can be arranged if there is enough interest (email me now).

Saturday and Sunday (6, 7 April) are the South Island Champs on new maps (Overton Forest, Goodwin Farm) in sunny Southland. Entry forms are available now.

Look forward to seeing you there!

Jan Davies, NZOF Coaching Director

1305 Tram Rd, RD1 Rangiora - Ph 03 312 6475



### CONGRATULATIONS

Well done to our NZ Orienteering Team who conquered Australia in the recent challenge, winning both Individual and Relay events, 14-9 and 13-10 respectively. Our thanks also to the clubs in the lower North Island who successfully organised the various events, especially Alan Horn and the Wellington club, and to John Doolan for stepping in at short notice to act as Team Manager.

### APPOINTMENTS

NZOF is pleased to announce the following appointments:

**Jan Davies** (PAPO), Coaching Director,  
**Lindsay & Evlynn Smith** (Dunedin), Editors, "New Zealand Orienteering",  
**Ray Pratt** (PAPO), Coaching Coordinator Development Squad,  
**Royce Mills** (Red Kiwis), Technical Committee,  
**Terje Moen** (North West), Technical Committee,  
**Annie Sanderson** (Egmont), JWOC 2002 Manager

Jan Davies contact details are: 1305 Tram Rd, RD 1, Rangiora;  
Ph (03) 312 6475; Email jan.ian@clear.net.nz

### VACANCIES

The following vacancy remains outstanding: **Development Squad Manager**.

Those interested in this position should contact the General Manager for a job description.

### PRIME MINISTER'S SCHOLARSHIPS

The NZOF Council congratulates the following on the award of sports scholarships for 2002: Stuart Barr (Wellington), Lisa Frith (North West), Rachel Smith (PAPO) and Rebecca Smith (Auckland).

### NZOF MEMBERSHIP

Total membership (social and affiliated) for 2001 increased for the third successive year and has now reached 1572. As from 1 January of this year, all club members will be full members of NZOF upon their club affiliating.

### SUBSCRIBING TO "NZ ORIENTEERING"

Clubs are asked to encourage members to subscribe to the national magazine. If your club intends to make subscription optional the subscription for four issues is \$12, plus an extra \$1.20 per issue to have it direct mailed to each member. An all-up annual subscription fee of \$16.80. No subscriptions, no magazine.

### COACHING BONANZA

The 2002 National Championships, as was the case this year, will be followed by a Coaching Bonanza, to be held in conjunction with two days of events at Naseby organised by Dunedin's YODA. Orienteers are invited to make a full week of their southern adventure: Nationals at Easter, Coaching Bonanza during the week and the South Island Championships at Southland on the following weekend.

### NATIONAL SQUAD

The squad for 2002 is as follows:

Elite, A, and B categories have been discontinued.

#### **WOMEN**

Jenni Adams (PAPO), Melissa Edwards (WACO), Lisa Frith (NW), Marquita Gelderman (NW), Tania Robinson (CM), Rachael Smith (PAPO), Rebecca Smith (Auckland) and Antonia Wood (HV).

#### **MEN**

Michael Adams (PAPO), Darren Ashmore (Auckland), Greg Barbour (Egmont – overseas), Stuart Barr (Wellington), Alistair Cory-Wright (PAPO), Karl Dravitzki (Egmont), Brent Edwards (Counties-Manukau), Greg Flynn (WACO), Michal Glowacki (WACO – overseas), Robert Jessop (Auckland), Neil Kerrison (Egmont), Alistair Landels (Auckland – overseas), Mark Lawson (NW), Jason Markham (PAPO), Aaron Prince (PAPO), James Stewart (PAPO) and Phil Wood (WACO).

### DEVELOPMENT SQUAD

Those invited to join the Squad for 2002 are as follows:

#### **MEN**

Keith Agmen (TOPS), James Bradshaw (Wellington), Bryn Davies (Red Kiwis), Robert Holdaway (Marlborough), Chris Ingham (Wellington), Dion Kennedy (Southland), Douglas Kwan (Auckland), Andrew McCarthy (Hutt Valley), Ross Morrison (Hawkes Bay), Todd Oates (Hawkes Bay), Martin Peat (Counties-Manukau), Tim Renton (Auckland), Michael Smithson (PAPO), David Stewart (Auckland), Bryan Stokes (PAPO), Michael Tagg (Dunedin), Ciaran Thayer (Dunedin), and Andrew Thompson (Wellington).

## **WOMEN**

Kate Bodger (PAPO), Marijke Currie (Auckland), Victoria Glover (Wellington), Amy Holden (Wellington), Penny Kane (Dunedin), Lise Moen (North West), Fiona Monks (Dunedin), Claire Paterson (Red Kiwis), Lara Prince (PAPO), Natalie Rouse (Counties-Manukau) and Jayne Shuker (Counties-Manukau).

## **ANNUAL GENERAL MEETING**

The 2002 Annual General Meeting of the NZOF will be held in conjunction with the National Championships on Good Friday, 29 March at Tekapo.

Nominations for President and Vice-President are invited. The incumbents are seeking re-election.

Clubs are also invited to make nominations for the following awards: Silva Service Award (for outstanding long-term services to orienteering by an individual), Silva Performance Award (for achievement by an individual in international competition in 2001) and the Silva Administrator Award (for outstanding achievement in administration by an individual in 2001).

Two remits to be discussed at the AGM have been received as follows:

1. The Taupo Orienteering Club proposes that Rule 2 of the Travel Equalisation Rules be amended to read:  
"2. For the AGM, all clubs must participate in the equalisation of travel costs. For other seminars, costs will be shared by those clubs with members present."

Explanation: Under the present Rule 2, clubs which do not have a delegate at and do not appoint a proxy to, the AGM are exempt from the equalisation of travel costs. This can act as a disincentive for clubs (especially those close to the AGM venue) to attend the AGM. The adoption of this remit would make it an incentive for clubs to have a delegate at the AGM.

2. The NZOF Rogaine Committee proposes that the Policy on Event Levies be qualified as follows:  
That the NZOF recognises that rogaining has a number of differences from traditional orienteering including lower expectations of the national federation; and that the event levy for rogaines be half of the level applied for traditional orienteering, which on current rates will be 12.5 percent. The remit to take effect from 1 May 2002.

Explanation:

Definition of a rogaîne: An event conducted under the NZ Rogaining Rules, when they are formed. Until then for practical purposes this means an endurance event of three hours or longer exclusively for teams of 2-5 persons, where teams navigate between fixed points on a given map and members travel together as a team at all times.

Derivation of the "half" factor: Rogainers do not receive or wish to receive the services of the NZOF coaching system, national team and squad selection, and a number of smaller items of NZOF expenditure. We think that these make up about 50% of NZOF expenditure although it is impossible to be precise about the calculation.

Consequence of Existing Levy: The majority of rogaîne participants are "pay and play". Orienteering has nurtured rogaining in its early years in NZ but this market could easily be served by a separate body or by private individuals, and there are examples of that already. Orienteering will benefit to keep rogaining "in the fold".

Other relevant principles:

- We want to encourage the development of the activity of rogaining.
- We want to encourage the development of the activity of orienteering.
- Neither activity should be adversely affected by the structures or policies set up by the other.
- We need to recognise that the two activities may have different cultures:
  - Different groups of participants (age, interests, team aspect etc)
  - Different emphasis on formal training and international competition
  - Varying range of formal rules and technical standards
  - Different expectations of services from the parent body – NZOF – (Publications, travel costs, formal meetings etc)
  - Different types of social activities
  - Different frequency of events
  - Different degree of "maturity" in the development of the two activities.
- People who want to participate in both activities should be encouraged to do so.
- Orienteering clubs should be encouraged to organise and promote rogaines.

## KAWEKA CHALLENGE – 24<sup>th</sup> February 2002

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It was hot, it was cold and it was WINDY for much of the weekend. Conditions were very difficult for competitors on Saturday, with horizontal sleet and people being blown off their feet as they struggled along on the open tops. Yet despite all that, new record times were set in several of the classes.

The thirteenth Kaweka Challenge was a great success. About 360 people competed, the highest number for many years. The trend towards solo – rather than pairs – entries has continued, with 52 starters in the 41 km solo course 1 on

Saturday and 82 in the 13 km solo course on Sunday. Over the years, the organising committees have tried to meet competitor demand by offering new courses and course combinations. The Sunday course is relatively new but has certainly proved to be very popular.

The Kaweka Challenge is a huge project each year and is a major income earner for the club. It is a joint venture with the Heretaunga Tramping Club and we are very much indebted to the organising committee, including our HBOC members Max Kerrison (event controller), Erica Hobbs (publications), Josie Boland (secretary), Doug Matheson (entries), Philip Mardon (equipment), Deborah Turner (publicity) and Ted Sapsford (sponsorship and general stirrer!). It takes about 60 people to operate the event over the weekend and our thanks also go to everyone who turned out to help, and especially to the tramping club members who spent all day at check points on the tops on Saturday, in ferocious weather conditions.

The full results are on the event website [www.ramhb.co.nz/kaweka](http://www.ramhb.co.nz/kaweka), (webmaster Ross Berry)

HBOC members did not break any records but the motto of the event has always been - *just to finish is to succeed*. That is what the Kaweka Challenge is all about. It is you against the mountains, you against your last year's time, your mind against your protesting body!



Our members put in some great performances though. Everyone succeeded but I will just mention Royce Mills (only woman on the 41km two day course 2); Mark Hudson (second, with Andrew Thompson, on the 30 km two day course 4); Derek Morrison, Norris Cox and Doug Matheson (3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> in the vets section of the 13 km Sunday course 5 – Norris and Doug must be hugely chuffed at keeping within 11 minutes of Derek); Ross Morrison (2<sup>nd</sup> fastest time on course 5); Amber Morrison and Erika Boland-Bristow (4<sup>th</sup> and 10<sup>th</sup> in the junior women on course 5); Brian Crawford (for once again completing course 5, in 4 hours 49 minutes); James Anderson (34<sup>th</sup> in the men's section of the 28 km course 3); Keith Vincent (16<sup>th</sup> vet on the gruelling 41km solo one day course 1); Josie Boland (19<sup>th</sup> vet on course 5); and Alan Berry (23<sup>rd</sup> vet on course 5).

Hey – I seem to have mentioned everyone. But they deserve it.

AB

*Fitness Training:  
Non-Physical Exercise*

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*Jumping to conclusions*

*Beating around the bush*

*Throwing your weight around*

*Pushing your luck*

*Making mountains out of molehills*

*Wading through paperwork*

*Jumping on the bandwagon*

*Passing the buck*

*Climbing the ladder of success*

*Swallowing your pride*

*Pulling out the stops*

## 2002 FIXTURES

Date	Event	Map	Type
17/03/2002	Club OY 1	Over The Hill	6 Courses
24/03/2002	Club	Seafield Road	Taupo Challenge
29-31/03/2002	Nationals	Tekepo etc	Classic/Short/Relay
6-7/04/2002	SI Champs	Southland	
12-13/04/2002	NI Sec Schools	Arborfield/Rochfort	Individual/Relays
14/04/2002	Club	Rochfort Road	5 Courses
21/04/2002	Frank Smith Trophy		Interclub
28/04/2002	Club Oy 2	The Slump	6 Courses
12/05/2002	Hb Schools	Over The Hill	Schools +Club
26/05/2002	Club OY 3	Rochfort Road	6 Courses
9/06/2002	Club OY 4	Maraetotara	6 Courses
23/06/2002	Club	Mangarara	R-Kiwis Challenge
7/07/2002	Club	Park Island	Points ?
28/07/2002	Club	Havelock Nth Hills	
11/08/2002	Club	Te Mata Park	Fun event-Points ?
25/08/2002	Club	Pukeora	Teams Event
8/09/2002	Club OY 5	Seafield Road	6 Courses
22/09/2002	Club	Tangoio	Club Points Champs
6/10/2002	Club	Smedley	Tom's Special
20/10/2002	Club OY 6	Rowe Road	6 Courses
26-27/10/2002	WOA Champs	WOC	Classic/Short O
3/11/2002	Club Champs	Arbofield	7 Courses
17/11/2002	WOA Relays	RKOC	Relays
24/11/2002	Club	Lower Tukituki	Xmas
7/12/2002	Rogaine		

### Eastbourne Rogaine

8 Hours

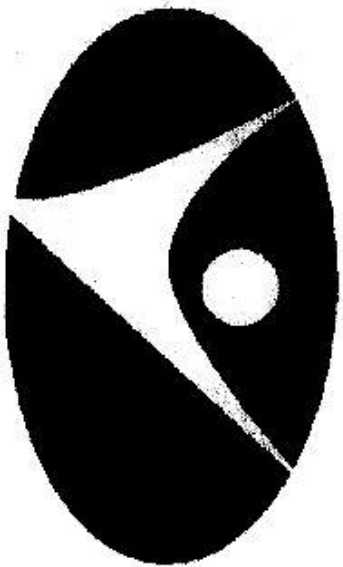
Native Bush

Close to Lower Hutt

13<sup>th</sup> April 2002

Contact Mike Sheridan on (04) 562 8839

Entries Close 5<sup>th</sup> April 2002



**Supporting sport**

**HILLARY  
COMMISSION**

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Hawke's Bay Orienteering Club wishes to thank the Hillary Commission for their support of our sport!

**ORIENTEERING ON THE WEB**

<http://www.nzorienteeing.com>