

MARCH-APRIL 2002

COMPASS POINTS



*Compass Points is the bimonthly magazine of the
Hawke's Bay Orienteering Club Incorporated*

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Editorial

Many thanks to all the contributors to this edition of the magazine. All the wonderful copy makes our jobs so much easier. One section we hope you will be willing to help us with is 'PrOfiles'. Our intention is to produce a brief profile of three club members each edition as a means of letting members know something about the various faces we see at events so don't head for the hills if we approach you. The OY Points table will be updated each edition. Remember you can drop your worst result. The seconds have been decimalised for ease of calculation. If you spot any errors please let us know.

PRESIDENT'S REPORT APRIL 2003

For me, these last couple of months just roll by in a blur with little else on my mind except for apples but now they're nearly all gone for another year and I can think about other things as well.

Since the last magazine a contingent of HB Orienteers ventured up to Taupo for the annual Katoa Po night relays and as usual the Taupo club put on a great event. Despite the weather forecast the weather was great and a good time was had by all. Our theme this year was 'Hawaiian Beach Party' and that beach mood must really suit Hawkes Bay as the 'Hawaii 5-0' team came in FIRST in the 5 man event. Go Hawkes Bay!

Another intrepid band of the club again ventured to Taupo on the 6th April to participate in the Mohaka Challenge, the annual interclub challenge between HBOC and TOC. This time they had to brave not so friendly weather but fortunately we managed to retain the trophy. Thanks to Taupo for putting on a great event and we look forward to seeing them down here for the return challenge next year.

The North Island Secondary School Champs were also held up near Hamilton and Hawke's Bay schools featured in the results (I assume results will feature elsewhere in the Magazine) I would just like to take a moment to thank Derek Morrison who single handedly organized 51 students from at least two schools to participate in this event. A major task involving 5 minivans, and can you imagine trying to organize 51 teenagers to get to the start at their time, let alone formulating them into relay teams. Our sincere appreciation for your efforts Derek, I think you deserve a medal.

Many thanks to all the others who provided help and support to get our local students to participate in this event.

As I write this a number of our members will be away at the Easter carnival which includes the Nationals, and just scanning the results there are a few Hawke's Bay names featuring already. Well done to those people, particularly Cara McDonald, 1st in the classic W14, and Duncan Morrison 1st in both the classic and the short course, M12.

For those of us having to stick to things local, the OY series has kicked off for the year with two good events under our belt, the old rivalries will be starting to hot up and even some new ones with the younger set moving up a grade. We also have the school champs coming up on the 25th May, this is one of the major events for the club and some extra help is required so don't be afraid to put your hand up.

Well I think I've bored you enough for now, so get on with reading the good bits and remember- have fun out there.

Terry

COMMITTEE NEWS

1. A setters training evening is coming up. Check the notice board for more details.
2. HB School champs are fast approaching. 25th May. For those planning on encouraging new members to the HB Schools event, there is a training day on 18th May. Talk with Geoff for more details.
3. Planning for the WOA Champs event in Nov is well underway with the Smedley map being further extended by new fieldwork and mapping.
4. Congratulations to all those juniors who represented their schools and HB at the recent NI Champs. I hear there were some unexpected outcomes.
5. The long-term future of the caravan, which is rusting slowly on its underbelly, was discussed. Any alternatives or suggestions would be appreciated.



COMING EVENTS MAY– JUNE 2003



MARK YOUR CALENDARS NOW

MAY

- 7th Last day to enter the Autumn Mist Rogaine
- 11th Rochfort, HB OY 3.
- 16th Closing date for entries for the Queen's Birthday events in Wairarapa.
- 23rd Entries close for the 'Heights of Winter' Rogaine.
- 25th HB School Champs plus a club event to follow. Schools should have entry forms and information. Te Awanga.
- 31st Queen's Birthday, Wairarapa. Park/sprint event.

June

- 1st/2nd Queen's Birthday events, Wairarapa.
- 8th Mission, HB OY 4. NEW MAP.
- 14th 'Heights of Winter' Rogaine, North Canterbury.
- 22nd HB Club Points Champs, Mangarara.

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NZOF NEWS – APRIL 2003

NEW NZOF COUNCILLOR

The NZOF Council welcomes Ingrid Perols (Hamilton) as the new Central Districts representative. Ingrid replaces Rob Newbrook and the NZOF thanks Rob for his term on the Council.

JWOC 2003: FINAL TEAM

Congratulations to the following selected for the Junior World Championships to be held in Estonia during July: Claire Paterson (RK), Bryn Davies (RK), Todd Oates (HB) and Tim Renton (A). Ross Morrison (HB) was also selected but unfortunately has had to withdraw.

PRIME MINISTER'S COACH SCHOLARSHIP

Congratulations to Wayne Aspin, who has been awarded a 2003 Prime Minister's Coach Scholarship through the New Zealand Academy of Sport. Wayne will accompany the NZ team at the inaugural Australia-NZ Elite Test Series to be held near Adelaide, 24/25 May, and also attend the ACT Academy of Sport.

DEVELOPMENT FUNDING

The NZOF Council has approved a grant of \$400 to the Nelson Orienteering Club, under its SILVA development programme for new forms of orienteering. The grant will assist the Nelson club with the introduction of mountain bike orienteering and rogaining.

NZ MTBO CHAMPIONSHIPS – CAN YOU HELP?

Following the inaugural championships in 2000, the NZOF had hoped that these championships would be held annually and in each of the four areas in rotation. While 2003 is therefore the turn of the Central Districts Area, because MTBO is not advanced enough in the CD clubs, the likelihood is the championships will have to go elsewhere. If you or your club is interested please contact Andy Clayton, ph: (03) 315 7383 or email: outdoors@clear.net.nz as soon as possible.

BIG BROTHER HAS BEEN WATCHING YOU

Well maybe not Big Brother, but NZOF Statistician Bryan Teahan has.

A Results Database is nearly complete. With data entry assistance from Janet Downs, some 350 events have already been entered with another 50 events still to go. What can it tell you?

- Your personal results for any of the major events included
- Elite New Zealand results
- Awards list, including life members
- Ranking List
- List of organizers, course details and distances
- Fastest Kilometre lists
- Badge statistics
- Other interesting lists including a 'Hall of Fame', multiple NZ champs winners, multiple major events winners, Orienteers who have attended over 100 events
- New Zealand results at WOC
- You can peruse the database on <http://bteahan.www1.dotnetplayground.com/Orienteering> and/or buy a CD copy.

Bryan is also trying to find missing results for several events (mainly before 1978). If you can help please contact him.

SUPERSERIES

Last year, Mapsport Services (represented by Michael wood) was contracted by the NZOF to further develop and improve the SuperSeries competition for our elites and others. A nine-race programme for 2003 is now in place and is designed to also serve as a build-up for the World Championships in Switzerland in early August. The series, including five races at the Easter-Anzac Carnival, begins with the Canterbury Champs at Craigmore on 5 April and concludes with the Winter Classic at Wairarapa on 1 June. The series for 2003 will be managed by Mapsport Services.

EXCITING NEW VACANCY

Applications are invited for the new position of NZOF Development Officer. The position is a one-year contract and is remunerated.

The role of the Development Officer is to assist affiliated clubs to develop strategies to increase participation in orienteering and strengthen club membership, as well as actively managing the implementation of strategies developed. The position requires an experienced orienteer with sufficient time to devote to the role, and will require travel within New Zealand, including staying in regions for a period of one to three weeks.

An understanding of orienteering development and administration is essential. As the role requires significant contact with orienteering clubs, schools and other organisations associated with sport development, excellent communication skills are required as well as an ability to develop strong relationships. An ability to comprehend, evaluate and analyse information is also essential. Applications close 15 April. A full job description is available from the NZOF General Manager.

OTHER VACANCIES

The following also remain vacant for 2003 (Job descriptions available from the General Manager):

- Primary School Coordinator. The main role of this position is to foster and promote the Kiwisport orienteering programme in primary and intermediate schools. The emphasis is on establishing and maintaining a network of people who will train teachers to implement the programme.
- Technical Committee. One position, in lieu of David Nevin. Communication is by email and applicant is required to be nominated by a club.

NZOF MEMBERSHIP

For the fourth year in succession, NZOF membership increased, reaching 1613 as at December 2002. The increase, up from 1597 the year before, occurred in spite of the ending of social membership.

AGM 2003

The NZOF Annual General Meeting will be held on Friday 18 April at 4pm at Helensville Primary School, Rata Street, Helensville (Auckland). The AGM will be preceded by a Council meeting, beginning 9am at the same venue.

NZOF NEWS - MAY 2003

A SUCCESSFUL NATIONALS

Well done to the Auckland and North West clubs for a successful Easter-ANZAC Carnival, including Nationals 2003. And also for the permanent introduction to New Zealand of electronic punching.

And congratulations to our 2003 national open champions:

Long distance (classic): Rob Jessop (Auckland) and Penny Kane (Dunedin)

Medium distance (short-O): Rob Jessop (A) and Tania Robinson (Counties Manukau)

Sprint: Chris Forne (PAPO) and jointly, Tania Robinson (CM) and Rachel Smith (PAPO). Fastest times in this event, however, were recorded by non-NZ nationals Carsten Jorgensen (PAPO) and Magdalena Danielsson (Wellington).

LIFE MEMBERS

Four new life memberships were conferred at the NZOF AGM held on 18 April. Congratulations therefore to the following: Bruce Collins (Dunedin), John Robinson (Red Kiwi), Graham Teahan (Red Kiwi) and Michael Wood (Hutt Valley).

ANNUAL AWARD WINNERS

Congratulations also to the winners of the annual awards announced at the AGM. These were as follows:

- Silva Service Award: Val Robinson (Counties Manukau) for her lengthy service to orienteering in NZ, beginning many years ago with the Pinelands club.
- Silva International Performance of the Year: Marquita Gelderman (North West), winner of W35A at the 2002 World Masters Championships.
- Silva Administrator of the Year: Bryan Teahan (Wairarapa), NZOF Statistician, for his development of a comprehensive on-line database of historical results and other statistics.
- Ampro Sales Compass Award for club growth/development: Rotorua, for significantly increasing membership for the fourth year in a row and for development work with secondary schools.
- Silva Coach of the Year: Derek Morrison (Hawkes Bay).
- Silva Magazine of the Year: *DOCument*, editors Jennifer Hudson & Jane Forsyth.

The NZOF thanks SILVA, through Ampro Sales, for the ongoing sponsorship of these awards.

The President's Award for outstanding volunteer contribution at club level went to Bert Chapman (North West) and the Brighthouse Trophy for the best performance at the 2002 Nationals and Area Championships went to Derek Morrison (Hawkes Bay) in the M50A grade.

OTHER AGM NEWS

Rob Crawford and Pamela Morrison were re-elected as President and Vice-President respectively.

The remit on capping event levies for major events was lost, while the revised constitution was adopted without the proposed amendments regarding the approval of budgets and competition rules.

APPOINTMENTS

The NZOF is pleased to announce the following appointments, made at the Council meeting in April.

Coaching Director: Jamie Stewart (Dunedin)

Development Officer: Robyn Davidson (Red Kiwi).

The NZOF thanks Jan Davies for her term as Coaching Director.

A-NZ TEST TEAM ANNOUNCED

The New Zealand team to contest the inaugural (elite) Australia-New Zealand Test Match in Australia, 24-25 May is:

Men: James Bradshaw (Wellington), Alistair Cory-Wright (PAPO), Chris Forne (PAPO), Rob Jessop (Auckland), Jason Markham (PAPO), Jamie Stewart (Dunedin).

Women: Lisa Frith (North West), Penny Kane (Dunedin), Lara Prince (PAPO), Tania Robinson (Counties Manukau), Rachel Smith (PAPO), Rebecca Smith (Auckland).

Manager: Tricia Aspin (CM), Coach: Wayne Aspin (CM).



EYE IN THE SKY
BY THE MAGPIE



- The novel excuses came out at the night relays. Erica said she lost time because she had to go back at one stage on her course to find her lei. Pauline said she had spent 2 or 3 minutes helping an old lady find her contact lenses in the dark.
- Our two most experienced orienteers were doing the same leg of the night relays. Ken and Derek arrived at the same control from different directions at the same time. The fact that it wasn't their control was not unusual. But what was, was the fact that they were both looking for a different control, but not the same as each other.
- Havelock North HS student, Alex Hazlehurst, finished her course at Maraetotara in her socks. Apparently she had lost her shoes in a bog. Jon Eames headed off with his spade and managed to dig out one, but the other is history.
- Former member, Eric Dunbar, rolled up at Maraetotara. He had been talking to his son, who teaches English in South Korea that morning and had mentioned that he was going orienteering that day. "You lucky bugger", was the reply.
- Stephen Dodd and George MacMillan put their farming skills to the test when they attempted to disentangle a cattle beast from the fence at Maraetotara. It was a noble effort, sacrificing their runs to try to free the animal. Though unsuccessful, they will be pleased to know that the beast had gone when checked on later, though a fence post had been demolished and there was plenty of hair lying around.
- Richard went back to the motel after the Short O, had a shower and prepared himself to go off and watch the Ultrashort race at the Nationals. It wasn't till he went to unlock his car door that he realised he had no keys. They were in the Oates' car, in Auckland already! Luckily Alan Berry was just about to leave the motel to go to the same venue.
- Aari and Jay Barrett went for the Hawkes Bay OC look at the Nationals. Even so far as changing the colour of their hair to green.
- Val Morrison supported many people at the start of the Classic at the Nationals. Having a late start, she wandered back to the van to get ready for her course but she stopped and nattered to quite a few people she hadn't seen for a while as she went. Consequently, you guessed it, she didn't make her own start!
- Here is one for the record books. When Napier GHS won the senior relay at the NISS champs, both the leg 2 runner and leg 3 runner were both involved in their respective mass starts, some 45 minutes apart. But not only did they end up winning the relay, but their 3rd leg runner finished in front of their 2nd leg runner!

PrOfile

Aiden Ellmers

School *Central Hawkes Bay College*

Grade Run *M16*

Other Sports/Hobbies *Hockey, Tennis, Squash*

Years Orienteering *3*

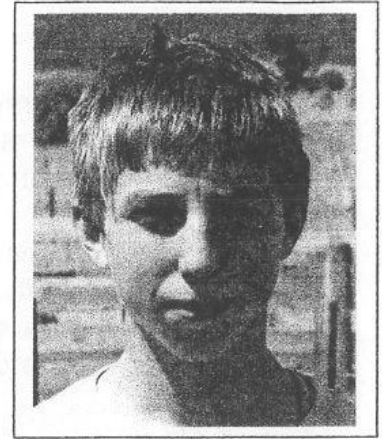
Best Result *1st OY 2001 Yellow Course*

How Started *Through my friend, James Watson*

What You Like About the Sport? *I enjoy the competition*

Favourite Map? *The Manawatu sandhill-forest map "Watchtower"*

If there was one thing I could improve *Concentrating on what I am doing and not getting distracted by others.*



PrOfile

Alan Oates

Occupation *Manager of outdoor education for Workforce*

Grade Run *Red Medium*

Other Sports/Hobbies *Kayaking, Climbing, Caving*

Years Orienteering *4*

Positions *Committee member*

Best Result *Winning the Club Champs (Orange), 2001*

How Started *Went along with my son Todd when he got involved in the sport*

What You Like About the Sport? *Gets me to different places I wouldn't ordinarily get to.*

Favourite Map? *Maraetotara*

Worst Experience? *Spending over two hours on and off the Himitungi map.*

If there was one thing I could improve *My consistency*



PrOfile

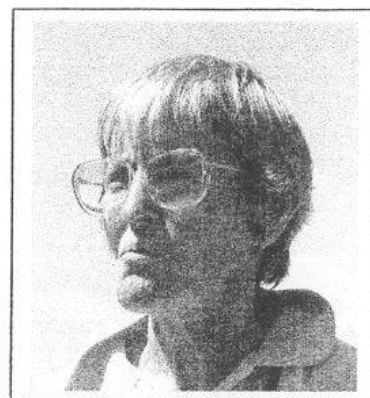
Sharon Mardon

Occupation *Orchard office work, gardner, etc*

Grade Run *Red Short*

Other Sports/Hobbies *Tennis, Gym, Cross-stitch embroidery*

Years Orienteering *24-25 years*



Positions *Committee for 10 years, looked after caravan for many years, Kaweka Challenge entries for more than 11 years.*

Best Result *Won W35B at the National Champs at Scott's Ferry in the Manawatu.*

How Started *Saw a display from the club in the foyer at the movies. First event was at Pakowhai Park.*

What You Like About the Sport? *Get out into the countryside to great places such as Smedley Station. Each course provides a different challenge.*

Favourite Map? *Maraetotara and The Slump are technical maps and provide the biggest challenge. Gwavas was an interesting older map.*

Worst Experience? *Breaking my ankle and therefore missing the World Masters Champs in New Zealand.*

If there was one thing I could improve *Keeping my concentration, getting fitter*

Necro Orienteering

from Doug Matheson, British Correspondent

If you are ever in Paris here is a little orienteering exercise you might want to try. At the Pere Lachaise cemetery there are many famous people buried there but finding their graves can be difficult as it is very crowded. At the office they give you a map showing the different sections of the 104 acre cemetery but it doesn't have any grave sites marked on it. To get this information you have to look at the large plan (master map) at the main entrance. Here you can mark on the grave positions (control sites) of such famous interred as Edith Piaf, Chopin, Abelard and Heloise, Oscar Wilde, and of course Jim Morrison, the most famous resident. Finding the graves is not too difficult once you are within 20 metres as the more famous ones have people around them and often as in Jims case, covered in flowers and other memorabilia. I had no trouble finding all the tombs I marked although it took me a little longer to find Chopin as I had miss marked his grave on my map by 50 metres. You can also do the same exercise at Cimetiére Monparnasse, the other large cemetery in Paris where you will find John-Paul Sarte, Serge Gainsborg, and May Ray.

HBOC; 20 Years Ago

Katoa Po Night Relay 1982 (one of the earliest)

The night event this year was held at Acacia Bay, Taupo and orienteers from throughout the country camped down for the night amidst the noise of enraged bulls and other anxious orienteers.... The Hawkes Bay team was Fiona Crawford, Maree Atkins, Roger Bee, Linda Lloyd, Michael Alexander, Maurice Lloyd and Bob Lester. All performed with distinction in the testing conditions – marathon type courses, long grass, excited cows and bulls, unmapped tomos. Maree Atkins will not forget the unmarked cow she located in the unmarked tomo

Ever wondered about the caravan?

Following the special Christmas Newssheet announcing the acquisition of our own club caravan, a terrific response from you, the members, resulted in \$190.20 received (so far) ... This added to the \$100 grant from the Napier City Council's Sports and Recreation Fund, means that the Club has now accrued more than half of the \$500 cost of the caravan.

Hopefully ... more members will be able to add their donations ... and the club will be able to reimburse Ken Ross for the purchase of the van. Had Ken not been on the spot at the right time (and with the necessary funds in his bank account!!!) we would still be waiting for trailer

March 1981

COACHING CORNER - MISTAKES

Sooner or later, at some point while out on the course, every orienteer will experience the eerie feeling that something has gone wrong. You see a big re-entrant in front of you, but the route you are following goes over a plateau. Strange! Or you are homing in on a control, and you tell yourself that you are at the feature, but there is no flag in sight. Odd! Mistake. And it won't work to say the mapper or the course setter blew it – no, chances are you did! What do you do?

Rethink. The best thing for you to do is **stop** and **think!** Don't just continue on or run around in the hope that you will find the control. Look at your map, look around, observe, you might just pick out a feature that you can relate to. Question yourself. Where were you the last time you knew precisely where you were on the map? What significant features have you passed since then? Did good running terrain divert you somewhere along your route for a longer stretch than intended? What good features can you see right now? After having gone through these questions, you should be able to figure out just about where you are. Maybe you might have to check one of the features near-by to verify your position or even back track to the most recent one that you have passed to get back on track. But a word of warning, it isn't always that easy. If you are able to correct your mistake this simply, the club championship title beckons you. All orienteers make mistakes, but the best ones are the ones who identify and rectify the problem the quickest.

Relocate. If this mostly mental retracing doesn't give you any clue, you will have to find a feature you can positively identify. Take a look around where you are standing now. If the immediate area is too indistinct or cluttered to help you relocate yourself, check your map then run to the next major collecting or handrail feature. The sooner the better is the rule most of the time. Running around in circles just makes the mistake bigger and bigger.

Staying on track.

The best way to avoid mistakes is stay on track. Always know where you are and you will eliminate those mistakes. It is not always an easy task if you are trying to make good time, but the following routines will help;

1. Modify your navigation techniques according to the size of your destination. Traffic lighting is the best method. Green for fast when going to a major attack point, orange for caution when nearing a control site, or red for slow when you are in a technical area, close to the flag. Remember, only run as fast as you comprehend the map.
2. Remember distinct features on your route and the distance to them.
3. Watch out for subtle course diversions, sometimes followed because of especially good footing.
4. Watch out for parallel errors. Parallel error is one type of mistake that is very hard to recognise. In some areas, often the same type of features are found next to each other; eg. ridges or valleys. It sometimes doesn't take much imagination to make one area fit another one, and you can spend an incredible amount of time looking for a control in the wrong area. Be very critical and carefully check the map again if something doesn't quite seem to fit.
5. Take it easy to the first control. Mappers often have different styles. By taking it easy over the initial part of your course, you adapt to their interpretations and methods. Once comfortable, you will speed up naturally.

One last hint.

After making a mistake, then finding the control, the temptation is to try and make up for lost time. But chances are that tempo may be above your normal orienteering skill level and will only result in a new mistake at the next control. It is better to 'cool it' for a while and try and regain momentum.

The Superseries is On Again!

The orienteering Superseries was invented last year by the national squad to provide more competition within New Zealand.

With the majority of international competitions in Europe or Scandinavia, and the World Championship moving from a 2-yearly to an annual basis, it is clear that we can't contest every World Championship. We have to use competition in Australia to a greater extent, and build up local competition.

First up is a transition Superseries which will run from April to June. This prepares the way for a spring-through-autumn system which better fits the elite preparation cycle, and the likely suitable events. The 2003 transition series will consist of:

- Round 1 Apr 5-6 Canterbury Champs Craigmore and SI Challenge #4 Tekapo
- Round 2 April 18-27 New Zealand Champs Classic, Short and Park; Anzac Day 1 and Anzac overall result; all near Auckland
- Round 3 May 31-Jun 1 Park Race Masterton and Winter Classic long, multi-loop race Wairarapa.

A simplified points system will be used based only on placing and will allow instant update of the points table. In this scale, a win and a third is worth more than two seconds, placing a premium on the orienteer who can pull something out of the bag when it counts. Competitors can drop the worst two of their 9 scores.

And in a new development there will be a concurrent regional competition based on the points of the top four men and two women from each region. The regions for this purpose will be based on Auckland, Wellington and the South Island, with team members expected to come up with exciting-sounding names. The line between the Auckland and Wellington regions is E-W through the middle of Lake Taupo.

While team results have been heavily weighted towards the "home" region, travel assistance is expected to bolster numbers. Last year the South Island predictably would have won the rounds held at the National and Canterbury Champs, Auckland the QB and Auckland Champs rounds, and at Labour Weekend (Manawatu) the honours would have been split. Overall Auckland would have won by just 4 points out of 530. However the rumoured move of key performers Jason Markham and Rachel Smith to Wellington might bring the southern North Island into contention, and of course new players are advancing from the junior ranks all the time.

Rachel Smith was last year's womens winner by a huge margin, although she didn't have it her own way especially during the early rounds in the Mackenzie Country, when she was beaten by Penny Kane and Marquita Gelderman. Although not in the national squad, Gelderman is still capable of pushing others down the score table. So is Tania Robinson, who didn't run any of the Superseries but showed at the CD Champs that she is as capable as ever. Unfortunately Wellington doesn't have any elite women at present, with Kane studying at Otago Uni and Antonia Wood still affected by a chronic fatigue problem.

Karl Dravitzki was run a close race in 2002 by Mark Lawson, in fact under the new points system Lawson would have won. But in the larger mens fields there are a number of other runners who will be a threat: Stu Barr for example (who was third), Bruce McLeod if he chooses to run any of the races, or Danish star Carsten Jorgensen if he is in the country. Jason Markham missed most of the events while overseas and will make an impact, and three-times Irish rep Bill Edwards is still competitive in elite. The series is open to all M and W21E entrants whether in the national squad or not.

The inclusion of two sprint-length park races as well as the short-distance could bring up some new stars from the younger elites. Bryn Davies and Ross Morrison, who are still juniors, were 8th and 9th last year for example. And with the final a long-distance Winter Classic which is traditionally on the rugged side there's a chance for an older orienteer with endurance and experience to pick up points.

The competition website will have links from the NZ website, Maptalk and MAPsport so you can keep up with progress even if you're not there. There will be information about the athletes as well as the competition. The series will be supported by NZ Endurance Magazine and NZ Orienteering, and coordinated by MAPsport Services under the federation's Silva Development Programme. Watch this space!

2002 Superseries Results Simulation (Using the New Points System and discarding the worst 2)			
	Men	Women	Regions
1	Mark Lawson 96 (actual place 2 nd)	Rachel Smith 132	Auckland 530
2	Karl Dravitzki 91 (actual place 1 st)	Penny Kane 74 (actual place 4 th)	South Island 526
3	Stu Barr 62	Lisa Frith 71 (actual place 2 nd)	Wellington 284

MICHAEL WOOD

ORIENTEERING STORIES

I am going to attempt to write a series of anecdotes for "Compass Points" based on the earlier days of the club, with the thought at the back of my mind that they could give an insight to the past, and could be filed with the factual history of the club that Dave Fisher [Club Historian] has so painstakingly compiled.

As Dave said when being complemented on his achievement "Yes, but it is like a skeleton. It needs some flesh. It needs some padding to give it life". Or words to that effect.

The subject matter will be just as it occurs to me. Totally random. Sometimes humorous, sometimes straight, but hopefully always interesting. I may not write the story myself. If a member who was more directly concerned with the chosen subject would prefer to present it they would be most welcome. I thought Brian Crawford's recent article about our Club's Founder fitted these guidelines perfectly. So if there are any bright ideas out there, I would love to hear from you.

Stewart

Orienteering Diseases

(Courtesy of NWOC newsletter, 1981)

Anoxic Orienteering Error (AOE) This is the commonest orienteering disease and is recognised by the fact that the orienteer makes a major and totally ridiculous mistake. It is due to a lack of oxygen in the brain, all available blood supply having been used up by the leg. AOE takes many forms, common ones being –

Back-Bearing Syndrome: also called “a touch of the 180’s”. The orienteer reaches a control and then, flushed with success or conscious of another runner close behind him, glances at his compass and takes off at high speed in a direction directly opposite to the correct one.

Straight-Stretch Hypnosis: The orienteer realises that he has to run a long way along a straight track, and works out that it should be 400 double paces. Setting down to a hard slog, he becomes bemused by the rhythm of his movement and only wakes up 20 minutes later, when he has reached a count of 924. By this time, he may have run off the map altogether, in which case the disease is usually incurable.

Control Blindness: The orienteer approaches the control with consummate skill, and then runs right passed it. He may do this several times, and one is known to have actually sat on a control for a rest without seeing it.

Punch Palsy: This is due to exhaustion, cold and wet. The orienteer’s hands are so weak that he cannot punch his card with one hand. He tries with both hands and drops his map in the mud. He tries again and punches his card in the wrong place. One is known to have ended by ineradicably punching the letter “N” on his thumb.

Eyebrow Failure: Occurs on hot days. The natural function of the eyebrows is to keep sweat out of the eyes, but excessive sweating causes this protective mechanism to fail and the eyes are suddenly filled with salt. This causes the orienteer to fall off the knoll or wall, into a gully, depression or ditch.

Psychiatric Diseases: These fall into two categories, depression and paranoia. Depression usually occurs after the event, when the orienteer has seen his time. He sits in a hunched position, staring fixedly at his map, refusing to talk to anyone and muttering. One form called “Wood Loneliness” occurs during the event and afflicts the late starter. Having difficulty in finding a control, he suddenly realises that he has not seen another human being for over half an hour and begins to believe that everyone else has finished and the organisers have packed up and gone home. A W21 once was so severely affected that she rushed out onto a motorway, kissed a traffic cop and burst into tears.

Orienteering Paranoia: Is seen in the orienteer who, having made a totally stupid error, places the blame on the planner, the mapper, the controller, or the manufacturer of his O-suit. At the finish he rushes up to the other competitors crying “Number 12 was unfair, it was marked as 25 metres from the stream, but when I paced it out it was only 24½ metres. No wonder it took me 30 minutes to find it!” The discovery that everyone else thought that number 12 was the easiest of all only increases his sense of injustice.

Curiously enough, though orienteering diseases are often severe, treatment is easy and they nearly all clear up with rest, beer and discussion. We have yet to see a case which has not fully recovered by the time of the next event.

A WEEK IN WANGANUI

Scoutlands at Kaitoke, just south of Wanganui, was the venue for the 2003 NZOF Junior Training Camp. The camp was to last a week from the 15th of December to the 20th of December. It was to be a week without parents... a week of paradise... or so we thought.

For me, the camp began about a month or so beforehand. I decided that I better do a bit of fitness work to make best use of the exercises that I would be doing. It did pay off in the end, because I wasn't too exhausted at the end of the week.

Places for the camp were in high demand, with quite a few people turned down because there wasn't enough room. Fortunately, five HBOC juniors were able to attend. Erika BB, Hayley Oates, Caroline Vincent, and myself travelled to Wanganui with Greg Bristow; Emma Watson went with her father. The journey to Wanganui was rather uneventful, except for Caroline being a little carsick.

We arrived in Wanganui at about 4pm. We set about finding a place to sleep for the week. The girls slept in one large building, affectionately known as the A-frame (yes, very imaginative). The guys, however, slept in bunkrooms – four bunks in each. Not knowing anyone besides the people from HB, I set about introducing myself, and also trying to find a room. It was surprising how kind most people were, and I found a room with a few guys from Wellington.

After playing a couple of games of hacki, we were rounded up for dinner. The miniscule amount of chicken and bacon was (sort-of) made up for by the delicious cheesecake. Then we went up to the 'common room' and 'discussed' orienteering. We were separated into groups (Leopards, Lions, Cheetahs) and then broken up into smaller groups, each with an individual coach, and then told basically what was going to be happening during the week. Then we meet a man. A man called Malcolm. Malcolm Ingham. It was now clear that it was not going to be a week in paradise, like I mentioned before; but rather a week of strict enforcement and brutal punishment. (I'm exaggerating here, of course). There were a few rules, but necessary to run the camp smoothly. There was one rule, however, that upset most people and that was bed at ten o'clock. Yes, that's right, ten o'clock! In hearing that, I was rather upset, but I later realized that it was to our benefit.

On Monday, I was woken to the crow of the camp rooster. I got dressed and proudly wore my green, black and white club top to breakfast. Breakfast each day was what you would expect in a camp situation, so I had no qualms about that. I think I had cornflakes and Jam Toast. We were then told to get ready for the day ahead. I didn't have a pair of gaiters, so I was given a pair of O Pants. They would have looked very good on a clown, because of their size and the various patching. They were necessary though, because of the undergrowth on the Jailhouse Dunes, which was to be the map for today's exercise. We walked to the map, passing the local Kaitoke Prison. The first exercise was a line course to find out our contour reading ability. The first thing I learned at the camp was to draw your map correctly. After correcting my map from my coach, James Bradshaw, the exercise ran smoothly. Following the exercise, we returned to camp for lunch, where we made rolls with luncheon about 1cm thick. Then it was up to the common room, to play 'fruit salad' and the 'ladle game' so we could learn everyone's name. It was rather childish, nonetheless enjoyable. We then went into our camp groups to play soccer. I started our team off well by kicking the ball in the goal from three-quarters of the way back. After that, we did a park-o around camp.

On, Tuesday we rose early, had breakfast, and then went out to the Harakeke map. Today we focused on choosing attack points, using compass bearings, and route choice. I found the compass bearing exercise particularly difficult, because I would stray off track and end up in completely the wrong place. What made this even harder was that the forest was 'green' with very low visibility. In the route choice exercise, we were divided up into groups of three, to do a course consisting of three controls. On each leg, one person would take a bearing and run along that to the control, another person would take a route going along the left and then veering in, and the other person would go to the right. After each leg, we would rotate, so you did one leg on a bearing, another to the left, and the other to the right. I was very lucky, and had the fastest, and probably the easiest route each time. After the exercises, we returned back to camp and were told that we'd be going into the big city of Wanganui to play a round or two of mini-golf. After sprucing ourselves up, and driving a good 30 minutes, we arrived at the mini-golf. And what do you know? It's closed! So after a bit a persuasion, Malcolm let us loose. There wasn't much to get loose in (did that come out right?), because for those of you who have actually been to Wanganui, you will know that there's only a few shops, and very little of any interest to us teenagers. Anyway, there was one thing... It was good ol' 'Countdown', there to save us in our time of need.

We stocked up on as much junk food as our wallets would allow, to prepare for the week ahead. (After the amount of food so far, we were anticipating being rather hungry). By the time we had to go back to camp, it had started raining, but that didn't stop a few of us hearty-souls playing a bit of cricket. That night we had meatloaf for tea. After that, one of the coaches talked to us about JWOC.

My favourite orienteering exercise of the week was on Wednesday, again on the Harakeke map. It was called 'right and wrong controls', or something along those lines. We copied the map down, but we would only clip the control if it was in the right place. For example, there was one control on a knoll, but the control description was a re-entrant, and the map was marked as a re-entrant, so you didn't clip it. At one of the control sites, there were three controls, and you had to decide which one was in the right place. In the end, I clipped about seven controls, when in fact only two were in the right place. After that we did a 'sprint-o' on an unused part of the map. There were five loops, ranging in length and difficulty. Each person did two loops. It ended up being a 'short-o times two'. That night, we had a quiz set with questions ranging from 'who is the M & W16 champion?' to 'how many brothers and sisters does Steve Holden have?' In fact, there was a whole round dedicated to Steve Holden.

On Thursday, we practised relocation on the Mangarai Map. We would lead our partner into a big dotted circle. They would then try to figure out where they were on the map, and then lead you to the nearest control circle on the map. The top group, the Cheetahs, had chunks of their maps missing because the 'printers ran out of ink' so they had to rely on compass bearings to get them around. After that we had a three-man relay. In my team I had Lizzie Ingham running the first leg (a red course), myself on the second leg (an orange course), and a little dude from Christchurch called Robbie McGowan on the final leg running a yellow course. Each course had two loops (those Wellington people love their loops). Lizzie was in a good position after the first loop, but then ran off the map in the second. I think we were in tenth place when she got back. I had a good run and pulled us back to sixth, and Robbie had an amazing run and we came fourth. Five of the teams had coaches in their teams running the final leg, so I thought this was a good as effort on our behalf. After that we returned back to camp. We were informed that we would be going to see LOTR: The Two Towers, and believe it or not, it was on the premiere day. The movie was great, although many did find it a tad long. We eventually arrived back at camp at 7.30, and had our tea (a wonderful selection of lettuce, tomato, cheese, carrot, and egg, all on a lovely bun). We went over the day's exercises and summed up the weeks activities. We waited until it was dark enough, and then had the night event. Alistair, who had broken his arm earlier in the day, didn't compete, but instead went around throwing water bombs at people. After the relay was over, I was invited to the Weyzgoose, which is a 'grand party for princes' set up by a few guys from Auckland. Our plans to stay out were soon foiled by Malcolm who roared across to us at the other end of the camp 'if you're not in bed in five minutes your getting letters written home' or words to that effect. Well we scampered across the field, and we were into our rooms. We had made plans to sneak out again, but the sly Malcolm was too good for us, and actually slept outside under the A-frame balcony.

After packing our bits and pieces, and cleaning up the camp, we were off the Camp Champs, which were held on the Jail House Dunes map. My course challenged me every step of the way, especially the break into farmland where it was extremely hot. Once I had finished my course, I returned back to camp (the finish was a moment's walk away from camp) and packed all my bags. I had a shower, and said my good-byes and I was off (it didn't happen as quickly as it may sound) with Hazel Oates, Hayley and Erika. Caroline had decided to go back with Emma because there wasn't enough room for bags in the car. Hazel, who had been informed that we didn't have a lot of food that week, kindly shouted us McD's in Bulls.

So that was basically my week away in Wanganui at an orienteering camp.

Finally, I would like thank all the coaches at the camp for taking time off to come and help us. Also, a big thanks to Malcolm Ingham for making the camp an ORIENTEERING camp. I'd like to thank Greg and Hazel for getting me there and back. Lastly, thanks to the HBOC for paying for half of the camp, and to all the people who have helped me with orienteering during the time I've been doing it. Thanks Richard, Derek, Geoff, and others.

Paul Smith

Kaweka Challenge 2003

This was my first attempt at a mountain race. I opted to do the 28 km event as I thought the 41 km event would be beyond me. As it turned out the 28 km event was almost more than I wanted as well. The day before was cold and drizzly and I drove to the event centre in rain the whole way with the heater on in the ute. It was jolly cold up at the event centre near Kuripapango. I quickly put up my tent and pulled on some warmer clothes muttering darkly about wretched summers. After consuming a warming cup of soup, I registered and went to bed.

My sleeping bag has clearly aged since the last time I camped in the mountains. It was a freezing cold night and I was too lazy to get up and put socks on my feet. People kept arriving all night, keeping sleep at bay with the headlights of cars scanning the tent and the noise of tent erection that did not always go according to plan in the dark.

The day dawned bright and clear - yeah right - actually it dawned with substantial mist in the valley that obscured any sort of view at all. It was frigid. The tent fly had so much frost on it you could have pulled the pole out and the tent would have remained standing! This meant getting into the ute was an exercise in brute strength and guile as the doors had frozen shut in the night. But then so had my breakfast, as I had left the banana & milk on the ute tray. Once the mist lifted and the sun peeked over the ridge it was a perfect day to be in the ranges.

Max called us all over to the start and with a few final words about courtesy, sent us on our way. A mad sprint to the bottom of the gorge, over the bridge and up Kuripapango. I never knew people could climb so fast. The usual villains of NZ elite orienteering were at the front and set a scorching pace uphill. For me it was a little more leisurely in the middle of the pack.. This is one serious climb and about 2/3 of the way up I began to think that maybe this wasn't such a flash idea. At the top we began to undulate along the ridge with rather more up than I had anticipated. The views were fabulous but there wasn't much conversation to be had - everyone was working pretty hard by now. At the top of Mackintosh spur I had some lunch, but by now I was starting to suffer from stomach cramps and was feeling nauseous. The descent is steep and slippery, how people get down in twenty minutes I have no idea. I would hate to do it in the wet. By now my legs were really hurting and it was a relief to get to the bottom.

The next three and a bit hours went by in a blur. All I remember is quite a few hills, many people going past and a very sprightly Michael Wood cruising past with about forty minutes to go. I was feeling distinctly unwell, the electrolyte in my drink bladder doing me more harm than good. I was paying the price of going out too hard in the first part of the race but also was unwell because from the next day on I had the worst cold I have had in years. Strangely, a swim in the last stream of the day was rejuvenating. Best part of my day was running down the road to the finish.

Navigation is not a major feature of this race, but if you want to test your fitness, strength and mental stamina then this is a great event. This is a tough race and one not to be taken lightly. But would I do it again? You bet. Maybe. Perhaps. No, definitely yes!

Chris Howell



Nationals 2003: An Overview

Blue skies. Easter Eggs. Intricate forest. Strong competition in all grades. This was the Nationals held in Woodhill Forest (plus a brief sprint into Auckland) over the four days of Easter.

The warm-up event on Friday was well supported with all those who reside south of the Bombay Hills keen to acquaint, or re-acquaint, themselves with the notorious Woodhill Forest. Woodhill Forest is a vast area very familiar to Auckland orienteers but totally different to any maps we have in Hawkes Bay. For many of us it was also a chance to use electronic punching for the first time. What a great invention! No more fumbling round for a clipcard and making sure you clip carefully in the right box. I love it!

The Classic event on Saturday was a classic many would rather forget. Many courses were in extremely detailed terrain, and amongst cutty grass and low trees controls were often difficult to locate even when you were standing almost on top of them. With the printout of splits everyone was more interested initially in looking at times rather than routes, and within Hawkes Bay circles the hunt was on for the longest split. Many people had times in their twenties, but Dave Fisher thought he had it won with a 31.25 minute split until Hamish came back with 48.04 minutes! Well, at least he finished (many DNFed in the top grades, including the elites) and he also made up for it by running 3rd in the Short O the next day. Experience of Woodhill Forest was often the key to winning the tougher courses and third place from both Derek Morrison (M50) and Alan Berry (M65) was the best from Hawke's Bay. Juniors did much better with both Duncan Morrison (M12) and Cara McDonald (W14) winning their grades plus good runs from Ross Morrison (2nd M18), James Watson (2nd M16) and Jaime Goodwin (3rd W12). Robert and Suzanne Weeks made it a double, both winning their grades (M40B/W40B) and Debbie Hudson got 2nd in W21C.

The forecast of sunshine and showers was certainly right for Sunday. The Short O was run in lovely weather, on a different, more runnable part of Woodhill. It was good to have the elites start half an hour before every one else which meant many of us could see them finishing. Many Hawkes Bay runners improved their ranking from the previous day and enjoyed a run in lovely conditions. First placings to Amber Morrison (W18), Duncan Morrison (M12) and Robert Weeks (M40B). Cara McDonald (W14) and Suzanne Weeks (W40B) both moved down to second and Hamish Goodwin (M35) and Debbie Hudson (W21C) both picked up thirds.

Unfortunately the lovely conditions did not last. Heading in to Three Kings Plaza in Auckland for the Ultra Short O, once we hit the motorway we also hit the rain. And it poured! The rain only caused a few defections from the event and most people seemed to really enjoy the run, even though it rained more on than off through-out it all. It certainly didn't slow down some Hawkes Bay juniors with Amber (W18) and Scott McDonald (M14) both recording wins.

Many people went to the 'Social' and meal that night and many more just turned up for the prize-giving at 7.45. Four orienteers were awarded life membership to the NZOF – Michael Wood, John Robinson, Graham Teahan and Bruce Collins. A special 'Silva' award went to Derek Morrison for coaching, which is great as we know how much work he does for both Napier Boys and Napier Girls. He also received the Brighthouse Trophy for most points at National and Regional level in 2002. Unfortunately Pamela Morrison was not there to receive her trophy as winner of the 2002 course setting competition and Mark Hudson may rue the fact that he was not present as his name was drawn for a spot prize of Icebug shoes (the latest adventure/sportswear shoes) but you had to be there to collect. The sponsorship by Green Coast, an outdoor store from the North Shore, was very generous and resulted in lots of spot prizes, of which various HB members were lucky enough to be on the receiving end.

Relay day was also wonderfully fine and set in a great spot for spectators to watch five of the six courses run the last 1/3rd of each course round a lake, and for most competitors, a run through the water across an arm of the lake to finish. Best results came from the 'mixed short' teams with a Watson family team (Peter, Helen, James) coming third and Richard Lynn, Joshua Nicholls and Scott McDonald teaming up for 5th.

From the three 'mixed long' teams the best result was 13th by Ross Morrison, Paul Smith and Rob McDonald.

After the results were announced and more spot prize giveaways, that was the Nationals over for another year. Few of us would have had the runs we would hope for every day, which is what keeps us coming back again and again to see if we can have that perfect run that always proves so elusive. We keep trying!!

PS: The Nationals are in the Manawatu for 2004 so everyone should think seriously about entering as there are grades for all abilities, and three or four consecutive days of orienteering is the way to improve.



Hawkes Bay Juniors (Cara, Helen, Kate) before the relays.

NZOF National Champs – Classic event 19th April

It was dynamite, to see all those green black and white tops at the National Champs. The 48 entries from HBOC made it seem like a club OY event, but with lots (several hundred) of visitors. (The average number of entries to HBOC club events in 1998 was 48.)

The National Champs were held on the Celebre map, in the Woodhill forest northwest of Auckland. This is Auckland's main orienteering area but we do not have any similar maps in Hawkes Bay. Pine forest on sand dunes, where there are many intricate gully-spur areas hidden under the trees. So intricate in one area that the map, at 1:10,000, also included an inset at 1:5,000. (This didn't help some of our HBOC members because they failed to notice the inset until after they had finished.)

My own run was somewhat disorientated and took rather a long time (Richard beat me by 44 minutes.) I can't blame my physical training, club events and one or two runs in the countryside (not too extensive I know) , because I wasn't exhausted at the finish. It was my technique. In HB we generally have large hills, re-entrants etc. that can be clearly seen on the map and the ground. We also seldom need to follow a compass bearing. Well, I can either tell you my compass is faulty or I have a small problem following a compass bearing. Once or twice I did wonder why the road I came to was at least 90 degrees off the direction it should have been! However, once I had arrived within the control circle area I was then confronted with a lot of ups and downs that didn't seem to be on the map. That's what happens when you map sand dunes at 5m contours and the ups and downs are less than 5m. Grid searching an area of sand dunes under pine forest is a rather slow technique for finding the control!

Congratulations to our 4 winners (Robert Weeks, Suzanne Weeks, Cara McDonald and Duncan Morrison); 3 seconds (Ross Morrison, James Watson and Debbie Hudson); 3 thirds (Derek Morrison, Alan Berry and Jaime Goodwin)

The full results are available at <http://www.winsplits.nu/online/english/default.asp>.

David Fisher

NATIONALS 2003 - THE ULTRA SHORT

On the Sunday afternoon we headed for the “Big King” map in Auckland. We left Woodhill in sunshine to find it absolutely pouring down in the city.

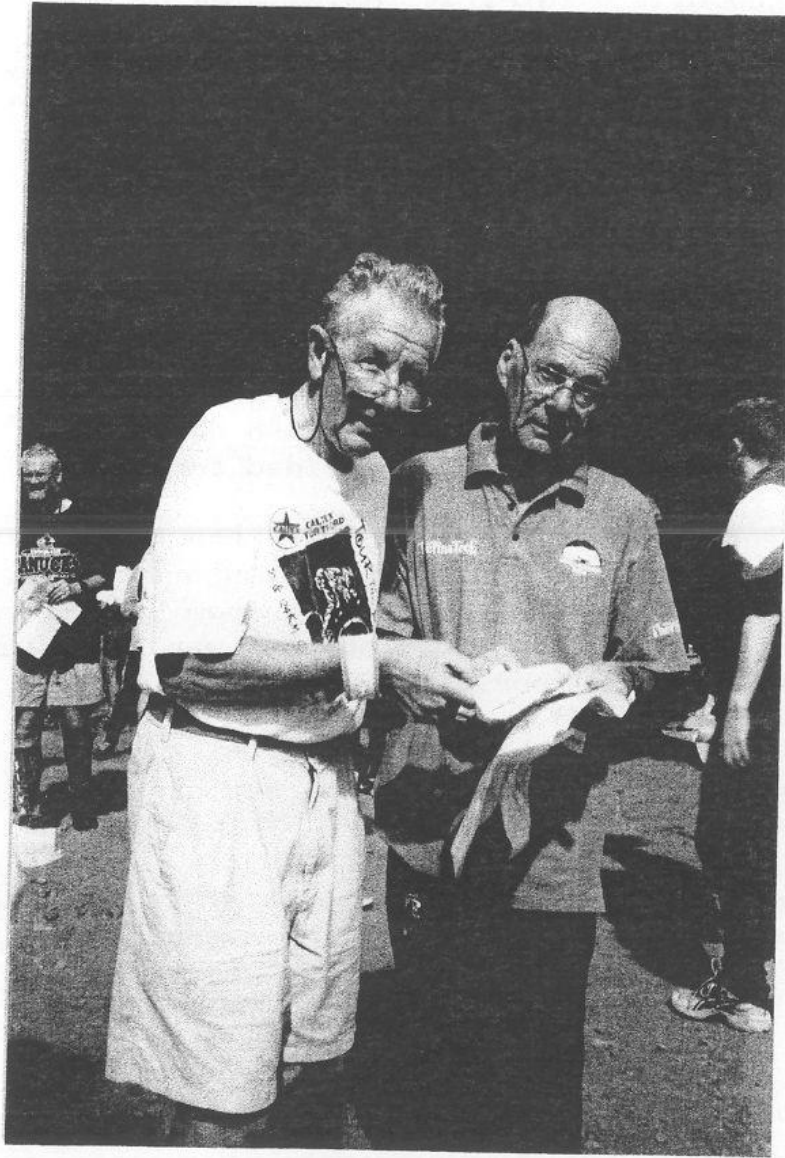
I think we were all relieved to find a map with good visibility and not a pine tree in sight. The map consisted of a shopping centre, a few streets and a park with a volcanic cone as the main feature.

There were three courses. The 1.6km short course (basically a yellow) allowed for some route choice and very fast running. Scott (1st), Rachel (2nd), Kate (3rd) and Duncan (3rd) were our best finishers in the M/ W 14.

The other two courses were 2.2km and 2.7km long and orange in difficulty. Most of us came unstuck by little mistakes and/or poor route choice and when the winning times are between 12 and 18 minutes you can't get away with any slip ups. The only one to get it all right was Amber who totally destroyed the W18 grade.

Despite the wet we thought it was a great event – fast, good for spectators and lots of fun.

The Goodwins.



Stewart and Alan dissecting the days run – Woodhill Forest, Nationals, 2003.

MURIWAI MUD LARKS

This year the National Relay Championships were held at Muriwai on the west coast about 30 minutes NW of Auckland. If the map had been in Hawke's Bay we would not have got onto the site that day, but the Auckland sand just soaked away the previous evenings deluge.

It was a picture perfect site, centred around a lovely little lake with open, hilly farmland behind it and a nice forest on the other side of the lake. Most of the courses had a finishing loop around the lake, which was great for spectators and for any second or third leg runners as they could see where the controls were and the best route choices to be had. The third to last control was at the end of a fence in a swampy paddock at the end of the lake. It reminded me of one of those estuary mud races. There was nothing for it but to get wet and very muddy, definitely not fast running material. The last control was simple, in an open re-entrant, then the run home or a 'swim' across an arm of the lake. Emma and I hit the last control together, I discounted the lake route, much to my team-mates horror, and Emma crossed the finish line 30 seconds clear of me, and much, much cleaner than me after her wade across the 10 metre arm of the lake. Some people went across the left side of the fence - a mistake as it was deeper with a big rock at the deepest point, so a few went face first into the water. And still others went over the timber end of the fence further to the right and basically had to swim across because, you guessed it, it was much deeper! The lake got a bit more use to wash down muddy legs and shoes, while some of the younger ones even decided to go for a swim.

There were 60 teams in the long relay with the three from Hawkes Bay coming in at 13th and 19th with one team being unofficial. Thirty teams competed in the short relay race with six from Hawkes Bay. The Watson 'LMNTRY' team came third, my team 'Loud As' was sixth with our other teams in 12th, 13th and 22nd position.

It was a great day for all except Pamela, who had her entry for a pair of Icebug shoes (value \$250) called out, but alas she had headed home the night before.

I think I'm starting to enjoy these relays. I've been in two relays this year and both times have been in the second Hawke's Bay team in. OK, so I need to do some training, but watch out next year everyone.

Yeah, right.

From your friendly travelling P.A. system.



Queen's Birthday 2003

(Saturday 31 May - Monday 2 June)

Incorporating *Superseries Round 3*

Day 1 (Saturday 31 May) Waipoua: Park / Sprint Event

Superseries Event 8 - B level event:

The map we have all been waiting for (in Wairarapa!). Beautiful parkland map of Queen Elizabeth Park, Henley Lake and other Masterton environs. Two race format, qualifying and final, everybody gets two races.

Scale: 1:5,000
Planner: Jim Barr
Controller: Colin Tait
Start times: Qualifying race from 1pm

Day 2 (Sunday 1 June - first day of winter!) Halcione: Wairarapa Winter Classic / Wayne Cretney Memorial

Superseries Event 9 - B level event

Central / northern part of Halcione (Vise Vers Huset / Den Skjulte Slug). Grunty farmland, pine forest and bush - from what we know of the man, it would do justice to Wayne.

Scale: 1:10,000, 5m contours
Planner : Jim Barr
Controller: Max Kerrison
Start times: Mass start 10am

Day 3 (Monday 2 June) Halcione (Ruamahanga): Mini Classic

B level event

Small, intricate slumped area close to Ruamahanga River. A new event format, a mini version of the Winter Classic for teams of two.

Scale: 1:5,000, 5m contours
Planner: Jim Barr
Controller: Jim Alpe
Start times: Mass start 10am.

For more information about all three days please see

the following pages, then send your entry to: Margaret McLauchlan
11 Paul Street
Masterton

or if you still haven't got enough info, contact jim.barr@xtra.co.nz

Event Formats:

Day 1, Saturday 31 May: Park O, new Waipoua map. Two short events for everybody.

First (qualifying) event two loops totalling less than 3k (10+ minute EWT). Random draw, two runners every 20 seconds. A field of 180 runners will take 30 minutes. Start time 1:00pm. The top 12 men and the top 6 women will go through to the "A" final.

From 2:00pm to 3:00 pm the public will be invited to "have a go" for free! Also, M/W 12/14 may have a free go. It is hoped that orienteers will make themselves available to assist members of the public who wish to participate.

At 2:30 there will be a "repechage". The last four qualifying men and the last two qualifying women can be challenged by the next four / two places. ie, man 16 can challenge man 9, man 15 can challenge man 10, etc. Very short race, 2k max. (The repechage will only take place if we are certain that the logistics are possible).

"A" final will include 12 "open" men, 6 "open" women, and the top two qualifiers in each other class (to establish a winner in each class). All others go into the "B" final. "B" final starts at 3-30, 20 sec intervals again, two loops totalling less than 3k again.

"A" final will be longer than "B" final and will commence shortly after the last "B" final runner has started. Two loops followed by a chasing loop. 30 sec start intervals seeded by qualifying race.

Day 2, Sunday 1 June: Winter Classic, Halcione: Wairarapa Winter Classic / Wayne Cretney Memorial

The Winter Classic is an endurance event that is both physically and mentally demanding. The event will be as a BLODSLITET event; it is like a relay except you do all the legs yourself!

There are six trophies for various grades, including the handsome 'Wayne Cretney Memorial' cup for M40A. You are free to compete on any course and survive a Winter Classic!

The area used will be the more northern and central parts of Halcione, used twice before (NZOF Nationals 2000 and WOA Champs 2001). All entrants will have multiple courses, ranging from two courses for the most senior and junior classes to as many as five courses for M21E.

Day 3, Monday 2 June: Mini Classic, Halcione: The event will use the small slumped area on the Ruamahunga part of the map.

The competition is for teams of two, and is a sprint / blodslitet event (even my mind boggles, and I thought the idea up!). It will be fast, fun and competitor & spectator friendly.

Each runner will have two or four loops [courses] (depending on class), followed by a common loop. EWT 25 minutes (ie very short legs, maybe as little as 1k). There will be a mass start. At the end of the first loop team members will exchange maps and do each other's loop. At end of second loop they get two new maps and do two more loops. Then they both head off on the common loop. First person across the line wins it for his/ her team.

To allow for possible DNF, DSQ, BAWC (Buggered After Winter Classic) etc by one team member, if only one person in a team does one particular leg (except the last) then 20% of that person's time for that leg will be added to the overall time for that team.

Please show which class you wish to enter on the entry form. Teams will be formed during QB Weekend.

Course / Class Combinations

Day 1: Park / Sprint Event

Everybody runs the same course regardless of Class. When entering, please select a class from the Winter Classic table below.

Qualifying race: Two loops, less than 3k in total.

"A" Final: Three loops, more than 3k in total.

"B" Final: Two loops, less than 3k in total.

Day 2: Winter Classic / Wayne Cretney Memorial

We have added more courses and classes to the standard winter classic format so that everyone can find a course to enter. Courses 1 - 4 are the courses normally offered, and the grades in bold type (M21E, M18A, M40A, M50A, W21E, W18A, W40A) are the ones which carry the Winter Classic trophies (M18A & W18A compete together for the one junior trophy).

Course	Men	Women	Estimated winning time	Difficulty
1	M21E		150+ minutes	Red
2	M20A, M21A, M40A	W21E	120-150 minutes	Red
3	M18A, M50A	W18A, W21A, W40A	90-120 minutes	Red
4	M16A	W50A	70-90 minutes	Red
5	M60A, M21AS	W16A	50-60 minutes	Red
6		W60A, W21AS	50-60 minutes	Red
7	M21B	W21B	50-60 minutes	Orange
8	M14A	W14A	30 minutes	Yellow
9	M12A	W12A	20 minutes	White

Day 3: Mini Classic

All classes will have multiple courses with an estimated winning time of 25 minutes or less. When entering, please select a class from the Winter Classic table above.

Programme & Results

The event programme and results will be emailed to you (please ensure you provide your email address). Hard copy programme and results will be sent if requested. Please add \$2 per each if requested.

Prizes will be:

Day 1 \$50 open men (M21E)
\$50 open women (W21E)
\$50 drawn from winners of all other grades
\$50 "handicap" based on 2nd race result for "B" finalists
(In other words, if you run in either the "A" or "B" final you may win \$50!)

Day 2 \$100 open men (M21E)
\$100 open women (W21E)
\$100 Wayne Cretney Memorial Trophy winner (M40A)
Trophies are awarded for the traditional Winter Classic classes of M21(E), W21(E), M40 (the Wayne Cretney Memorial Trophy), W40, M50, M18, W18

Day 3 **Spot Prizes: Major Spot Prize of \$500** will be drawn based on number of events entered. Each person will get up to a total of four entries in the draw. One chance in the spot prize draw is gained by entering day 1, two chances by entering day 2, and one chance by entering day 3. To win the prize the competitor **MUST** be present at the draw.

Entry Details

Age Classes

Competitors aged 20, or younger, belong to each class up to the end of the calendar year in which they reach the given age. They are entitled to compete in older classes up to and including 21. Competitors aged 21, or older, belong to each class from the beginning of the calendar year in which they reach the given age. They are entitled to compete in younger classes down to and including 21.

Entry Fees

	Day 1 Park Event	Day 2 Winter Classic	Day 3 Mini Classic
Senior	\$12	\$25 (Course 1 & 2) \$20 (Course 3 to 7)	\$15
Junior	\$6	\$12 (Regardless of course)	\$8
Family	\$30	\$52	\$38

Note: M/W12&14 get a free run between the qualifying race and the final.

- Family is up to two seniors living at the same address and any number of juniors at that address that look to at least one of these seniors as a parent.
- Junior is anyone eligible to compete in M or W20 or younger

Closing date

Closing Date for entries is (postmarked) 16 May 2003. Late entries (which attract a late entry fee of 20% of the total fee) may be accepted at the discretion of the organisers up to 23 May 2003. Absolutely no entries will be accepted after 23 May 2003.

Autumn Mist Challenge

12 hour Rogaine - Saturday 17 May 2003

(plus 6 and 3 hour options)

Wairarapa Orienteering Club proudly presents the Autumn Mist Challenge with the help of our sponsors.

What is a Rogaine?

A Rogaine is a cross-country navigational and strategy race on foot, designed for people of all abilities. Each team is given a map with about 50 circles marked on it showing where "checkpoints" are located. You may visit as many or as few checkpoints as you wish, in any order and by any route, within your course time limit. Visits to checkpoints are recorded on a team card.

Some experience with a map and compass is helpful. Much of the pleasure and challenge of a Rogaine is the strategy of planning an optimum route to suit your team's ability.

Scoring points depends on the number of checkpoints visited. Each checkpoint is worth a number of points depending on distance and difficulty. There are stiff penalties for returning after the time deadline.

Clothing & Equipment ALL Courses

The safety of our competitors is important to us. For this reason we recommend that every competitor carries at least the following minimum clothing and equipment:

- Seriously waterproof parka
- Gloves & Hat polypropylene or wool
- Upper and Lower body clothing in polypropylene or wool
- Basic First aid
- Whistle
- Adequate food and water for the event

The most important safety feature is your team.

Team mates must stay in verbal contact except to obtain help for injury.

Event Information

Location

South of Martinborough.

Allow 15 minutes travel to the event centre.

Follow the 'Orienteering' signs from The Square, Martinborough.

Terrain

River flats to moderately steep farmland and forested areas.

Map

Pre marked 1:50 000, 20 m contour

Timetable

Friday:

7-8 p.m. Registration at the event centre

Saturday:

6:00 a.m. **12 hour** registration— maps available

6:50 a.m. Race briefing 12 hour

7:00 a.m. **START 12 hour**

12 noon **6 hour** registration – maps available

12:50 p.m. Race briefing

1:00 p.m. **START 6 hour**

2:00 p.m. **3 hour** registration— maps available

2:50 p.m. Race briefing
 3:00 p.m. **START 3 hour**

6:00 p.m. **FINISH 3 hour ☺**

7:00 p.m. **FINISH 6 and 12 hour ☺**

Entry Fees

Course	Per person	Grades
12 hour	\$25	Men, Women, Vet men, Mixed
6 hour	\$25	Men, Women, Vet men, Mix
3 hour	\$15	No grades

Ages as at 31 December 2003

Veteran is 40 and over.

Entries postmarked after Wednesday 7 May 2003 will have \$10:00 late fee per person applied.

Camping

Camping is available Friday and Saturday nights at the event centre. Facilities include running water, toilet, tea and coffee making.

Please indicate on the entry form if you intend to camp.

Accommodation

There is a great choice of accommodation available in the Wairarapa. Information on all types of accommodation is available from:

Tourism Wairarapa

Information Centre

Martinborough

Ph:06-306 9043, Fax:06-306 8033

After match

We will provide some food and drink.

Prizegiving

Prizegiving will be as soon as we have winners confirmed. We have been fortunate to secure a number of sponsors so have SPOT PRIZES to give away!

Confirmation of entry

You will know your entry has been received by your cheque being cleared. Those who supply an email address will receive an acknowledgment.

Further Information

Colin Tait

06-370 8420

Email

bevcot@wise.co.nz

www.trusthouse.co.nz/sport/orienteering

Post entries to: Colin Tait, 46A Castlepoint Road, RD 6, Masterton

Come and join us for a wonderful Wairarapa event

Keep these instructions - No further information issued. ☺

Entry Form: Autumn Mist Challenge - 17 May 2003 - 12, 6 & 3 hour Rogaine

Team details:

Print in nice clear hand writing please! ☺

12 hour 6 hour 3 hour grade

Full Name	Phone	Signature: I am taking part at my own risk
<input type="text"/>	<input type="text"/>	<input type="text"/>

Entry Form: Autumn Mist Challenge - 17 May 2003 - 12, 6 & 3 hour Rogaine

Team details:

Print in nice clear hand writing please! ☺

12 hour 6 hour 3 hour grade

Full Name	Phone:	Signature: I am taking part at my own risk
Address	Year born	email
Full Name	Phone:	Signature: I am taking part at my own risk
Address	Year born	email
Full Name	Phone:	Signature: I am taking part at my own risk
Address	Year born	email

Number for camping: Friday: _____ Saturday: _____

Fees: _____ @ \$25 / \$15 = _____

Entries postmarked after 7 May 2003 will have the late fee applied.

Late Fee: _____ @ \$10 per person _____

Write cheque payable to: Wairarapa Orienteering Club

Post to: Colin Tail, 46A Castlepoint Rd, RD 6, Masterton

TOTAL : _____

HEIGHTS OF WINTER ROGAINE

SATURDAY JUNE 14TH

Yes, the 6th annual mid-winter 12 hour rogaie is on again. Somewhere undulating in North Canterbury. Enter and all will be revealed. Teams of two to five get to test their strategic planning, navigation skills and endurance all in one. \$40 per adult includes post-event meal. Entries close May 23rd. Entry form and information at <http://www.mapsport.co.nz/rog/rogaie.html>, www.geocities.com/paponz or contact Stuart Payne, ph (03) 337 2275 or oldhat@actrix.co.nz.

RESULTS

Over the Hill

Katoa Po

THE SLUMP (OY1)

MARAETOTARA (OY2)

The Mohaka Challenge

Te Mata Park

North Island Secs.

OY POINTS TABLE

OVER THE HILL

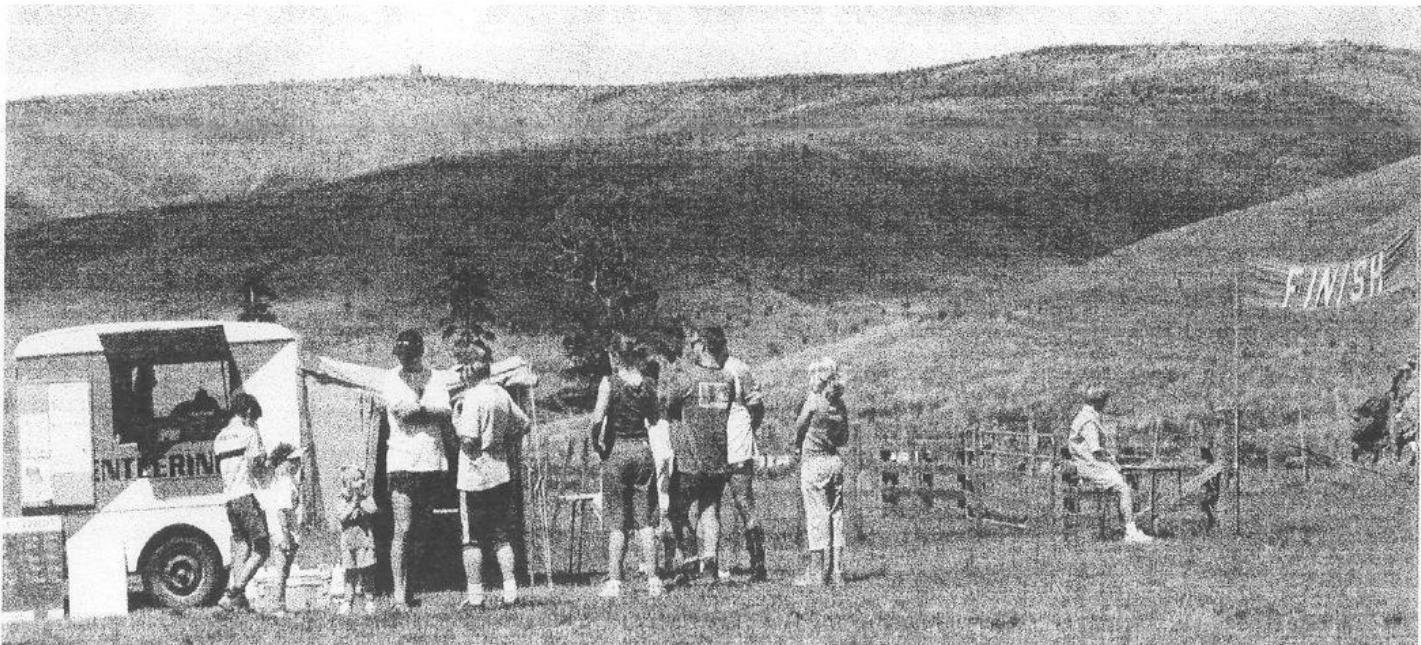
Words from a novice setter

After several aborted attempts to contact my vetter, who was already over committed with the Kaweka Challenge, I decided at two weeks out that it was better to count my losses and approach an old hand who had already put some ground work in on the map as a back up to a previous event. All then went to plan, with a few sleepless nights and late dinners. Sharon and I finally got together and got all the 47 controls out on the Saturday, with rain, electric fences, bulls, mud, bogs and horses doing their darndest to stop us. The next day dawned misty, so tents seemed the order of the day, and with seemingly everything half done the first participants arrived, fortunately they were forgiving... or family. Many hours later, all seemed to have got through the course without mishap. I went home with sore feet, sunburnt neck, but a sense of achieving a new skill. Thank you for the opportunity.

Things I learnt

1. When you're a damsel in distress look for a knight in shining armour. Thank you Alan.
2. Even if it takes you 7 hours to put them out.....some red runner will take 40 minutes to find them all. Or some other bunny will find the controls without a map.....Hamish, don't repeat the words I really used.
3. String courses can cause more confusion than they should, think of it as a practise run! Sorry Pam.
4. You don't have to use everyone that offers help, but the fact that they offer is great. Thank you to all who did, especially Erica for the hard graft with the tents and caravan and Terry with the toilet.
5. No matter how well you debate each control site someone will change it. Thanks Ken.
6. I'm glad I don't have to do this for another year..... I can just appreciate your efforts.

Ruth Vincent



OVER THE HILL - 2nd MARCH

Setter: Ruth Vincent Vetter: Sharon Mardon

RED MEDIUM 5.0km Climb 170m

Hamish Goodwin	40.30
Derek Morrison(Memory)	47.16
Peter Watson(2 nd Course)	49.42
Chris Howell	51.25
Terry Russell	62.36
Amber Morrison	64.52
Maurice Lloyd	66.05
Alan Oates	67.48
Josie Boland	68.12
Geoff Morrison	68.18
David Fisher	68.48
Pamela Morrison	69.37
Ken Holst	72.03
Mark Cooper	73.13
Greg Bristow	81.04
Faye McDonald	82.33
Hayley Oates	87.34
Rob McDonald	87.43
Wayne Lee	91.56
Caroline Watson	95.48
David Tait	DSQ

RED SHORT 2.9km Climb 80m

Keith Vincent	35.50
Jack Vincent	39.20
Diane Lucas	43.56
Duncan Morrison	47.35
Erica Hobbs	50.53
Cara McDonald	53.19
Kate Morrison	54.49
Paul Steeds	56.13
Catherine Lee	56.35
Rachel Goodwin	61.15
Brian Crawford	61.15
Jo Eames	62.18
Philip Baker	65.50
Dave Smith	83.59
Erika Boland Bristow	89.01
Catherine Howell	DNF

ORANGE 3.9km Climb 120m

Peter Watson	32.02
Steve Armon	43.58
Aiden Ellmers	45.58
Scott McDonald	48.10
Paul Smith	53.05
James Watson	55.17
Helen Watson	61.12
Conal Boland Bristow	62.36
Emma Watson	63.25
Jeny Eatson	69.25
Jacqui Campbell	69.57
Deborah Turner	77.09
Caroline Vincent	84.07
Lyn Bowcock	86.52

YELLOW 2.8km Climb 110m

Conal Boland – Bristow (2 nd course)	39.00
Paul Rowlands	41.44
Louise Goodwin	44.00
Jaime Goodwin	46.53
Jules Double	52.30
Nikki Harrington	54.37
Mike & Troy Abraham	70.19
Tabitha & Christa	78.10
Chris & Nic	84.05
Michael Rowlands	DSQ

WHITE 2.1km Climb 60m

Sean Morrison	55.44
Elsa Vincent	56.24
Kenneth Muir	56.39
Yvonne Abraham	69.22
Kana Suguira	78.39

STRING

Helen Howell	7.12
Sean Morrison	7.40
Caroline Howell	11.41
Nicholas Cox	12.05

Katoa Po 2003

This has to be one of my favourite events of the orienteering year. It presents the unique opportunity to act like a lunatic and charge around on a strange piece of countryside in the middle of the night. The orienteering the following day at the Central Districts OY is always a challenge as well. The event was held on the Whakaroa map. Taupo has a great selection of maps, the erosion features turning simple farmland into a confusing set of parallel features.

The weather forecast this year was for rain and while orienteering in the dark can be challenging, in the dark in the rain was not my idea of fun. Fortunately the rain failed to arrive and the overnight temperature was a balmy 15°C. Quite appropriate for an Hawaiian beach party. Congratulations to Erica Hobbs for her magnificent coconut palm trees, the other offering was rather tatty and cyclone damaged (and that's being generous). Richard and Alan O appeared to have a pleasant time supping cocktails in the deck chairs under the palms.

Arrival and set-up followed the usual pattern. Erect tents, put on your beach bum (ask Richard Lynn), cook a gourmet meal or eat your cold, congealed takeaway from Taupo. Find the other members of your club, panic mildly when you can't find your headlamp and then panic fully when you realise some elephantine being (usually yourself) has sat on it in the tent and rendered it rather more pancake-like than is good for it. An operative headlamp or torch is vital when the night has all the natural illumination of the inside of a cow. This year we saw both extremes. Ken did an excellent impression with his headlamp of an engineers exploded diagram while Greg's homemade job had the illumination power of a freight train and probably weighed as much as well.

The briefing was held at the finish area which was in a fabulous dry water course with a 5 metre bank for spectators at the interchange area. There was something of a titter amongst the crowd at the event briefing when Richard sat down. The song goes "where did you get that hat?" though in Richards case it was more along the lines of 'Where did you get that bottom?'. Themes from other clubs included Harry Potter, Saturday Night Fever and a Wild West theme. There was a tremendous amount of spell casting from the Hogwarts crowd but fortunately we were all immune to their charms.

The white course runners were led away to the start, the horn sounded and they were off. The organisation of team members by Geoff proved to be inspired. The first leg runners could be seen in the distance after about 7 minutes, streaming across a paddock. Duncan Morrison & Conal Boland - Bristow set a hot pace and came in first and second just two seconds apart (well under the estimated winning times). Scott McDonald & Jack Vincent sped off together as though they had demons on their tails. They came in one second apart in third and fourth overall, losing first and second place to Terje Moen and Simon Jager from the seven man teams. Meanwhile the head to head battles within the club teams was becoming most interesting, the dark being a great test of speed vs accuracy.

On leg three, Alan Oates & Amber Morrison headed out together and it was expected (sorry Alan) that Amber would leave Alan in her dust, but youth doesn't always beat cunning and wisdom it would seem. Pressure from pursuing runners got to both Amber and Alan who made a mistake on the same control and had to watch the lights of their pursuers coming closer. A costly seven minute mistake that saw them come in behind most of the seven man teams in 8th and 9th, just three seconds apart. Alan will swear that his tumble in the finish chute was due to uneven ground but from the sideline it looked like a last ditch attempt to nobble Amber so that he could finish ahead of her!

Leg Three had the closest competition within the club. There was less than two minutes separating five of the six runners. Clearly Greg's freight train had run out of steam! Then the most anticipated bout of the evening. Derek vs Ken. Would Derek be able to give wily Ken the slip? Would Ken be able to make up the three second deficit? Would Derek's animal cunning win out or would Ken hold on and out sprint Derek in

the finish chute? Or would they succumb to competition nerves and bomb? As it turned out, they both ran their own race as any good orienteer would and both made their own mistakes. Derek beat Ken by ten minutes. So to the last leg. I made a variety of mistakes, including climbing an eroded, near vertical hill covered in thistles with my headlamp off trying to escape the clutches of pursuing runners. The worst was a five minute meander along the bottom of a line of cliffs looking for a control that was on the top. I felt as if I was burning time and was very surprised no one appeared. I expected Terry to come steaming up beside me at any moment and so ran as hard as I could over the rest of the course.

Barracking from the incomparable Richard could be heard all over the course, which would have been a relief to Wayne as he came in at 2 am.

The following morning after a splendid breakfast of bacon and eggs, we were surprised at prize giving to have the club penalised in the best dressed team competition because our palm trees were not marked on the map. Maybe those wizards managed to charm someone after all!

33	Hawaii 5-O (HB)	Duncan Morrison	Scott McDonald	Amber Morrison	Derek Morrison	Chris How
34	Boogie Boarders (HB)	Conal Boland-Bristow	Jack Vincent	Alan Oates	Ken Holst	Terry Russ
35	Bikini Babes (HB)	Jenni Eatson	Helen Watson	Erica Hobbs	Josie Boland	Pamela Morrison
36	Cyclone Halogen (HB)	James McKenzie	Pauline Klay	Hayley Oates	Jenny Russell	Geoff Morr
37	Calypso Kids (HB)	Chris McDonald	Caroline Vincent	Paul Smith	Rob McDonald	Richard Ly
38	Sun Seekers (HB)	Elsa Vincent	Ruth Vincent	Greg Bristow	Alan Berry	Wayne Ho

Team #	Leg Runner Times					Total Time	
	1	2	3	4	5		
33	13:19	29:18	43:22	61:20	54:39	201:58	First
37	19:36	44:04	45:46	55:58	69:54	235:18	7th
34	13:21	29:17	43:25	72:41	76:39	235:23	8th
36	21:06	46:07	44:52	89:09	58:43	259:57	14th
35	17:38	31:20	45:16	64:39	102:14	261:07	15th
38	23:37	46:12	84:06	124:50	79:52	358:37	21st

Statistics

	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6	Leg 7
Length (km)	2.00	2.80	3.58	4.65	5.35	6.05	7.10
Fastest time (mins)	13:19	33:16	33:16	42:47	51:14	46:01	49:48
EWT (mins)	20:00*	30:00*	40:00	45:00	40:00	55:00	60:00
Median time (mins)		20:05	44:04	50:37			
Rate (min/km)	6:40	9:39	9:18	9:12	9:35	7:36	7:01
Median rate (min/km)		10:03	15:44	14:08			

* median EWT

5-person teams started at 7:56 p.m

7-person teams started at 7:58 p.m.

Last competitor in 3:00 a.m.

Nice fine night

Sunset at 7:47 p.m. Twilight ended at 8:14 p.m. Moon had 22% illumination - set at 10:17 p.m.

KATOA PO:



The beach girls
and friend.
(lovely skirt)

On the beach – Leis,
coconut palms, ukelele,
beach umbrellas; the
works



Photos
Alan Berry
Alan Oates

THE NIGHT RELAYS



Richard can never be ignored!



H.B. wins the 5-man



The bacon and egg breakfast is now a club tradition

THE SLUMP

16TH MARCH 2003

Setter: Hamish Goodwin

Vetter: Stewart Hyslop

Once again Stewart and I were paired up to do an OY together. Stewart complements me well – my impetuosity against his common sense. Thanks Stewart for the steadying influence. (Buthe still didn't manage to shorten my courses!).

We decided to use a different part of the map and headed for the pines. Looked great on paper and we had these great courses made utilising all the forest. Reality! Our first look in the trees and a mild panic attack swept over me – thinnings and blackberry wiped out a lot of our proposed courses. We needed two days to check out control sites including redesigning orange and the three red courses. Our white and yellow courses (which were largely unaffected) probably turned out the best planned.

The day started out nice and fine and most runners got through before the rain arrived. I was sweating early on as I had only had two finishers by 11.30 but there had been a heap going up to the start. I call it "long course syndrome." Gradually I had finishers in all the courses and no one complained about mis-positioned controls – that's always positive, but it looked unlikely anyone would achieve an EWT. Thank goodness for Sam Eames!

I knew the Red Long was too long as I had run it 2 days beforehand – I hadn't marked a map or clipped and I'd known where every control was and still only just managed to better the EWT. Derek did exceptionally well with a wet map to get round 3 minutes quicker than Peter, and Geoff should be congratulated on his return to the long course.

The Red Medium turned out close to the optimal length especially after the cock up I made at Maraetotara last year. Ken said it was too easy and others didn't agree. I had 15 finishers covering 20 minutes so I was quite satisfied. Richard did the best followed by David, Ken and Ross Davies while Amber had a great run to easily take out the women's section.

The Red Short turned out to be a Watson benefit – Caroline obviously didn't want to run against her own kids – a wise move as Emma just pipped Helen by 9 seconds and James won the men's section (if you ignore Neil's 27 minutes 56 seconds).

In the Orange (with a red tinge) grade David Harrington did the best just beating Jack home while Cara had a good win in the Women's section.

On the Yellow course Sam did really well to better the EWT while Duncan also had a great run. Jaime just managed to beat Kate in the girl's section. I was really pleased with this course.

On the White course we had a lot of newcomers who seemed to handle it well thanks to help mainly from Derek but also other club members up at the start area.

My thanks goes to Stewart for his enormous input, to Erica for making a shelter for me, tidying the caravan and getting the key out I broke, to Lou, Jaime and Rachel for setting up and running the caravan, to Rachel for searching the Yellow course for a lost runner and to all the others who helped around the course and collected controls.

Hamish

THE SLUMP - 16 MARCH 2003

Setter:Hamish Goodwin Vetter:Stewart Hyslop

RED LONG 7.61km Climb 350m

Derek Morrison	82.19
Peter Watson	85.12
Chris Howell	100.33
Mark Hudson	109.58
Geoff Morrison	110.31

Philip Baker	84.20
Catherine Howell	95.55
Jeny Eatson	96.03
Paul Steeds	98.07
Dave Smith	156.35
Faye McDonald	DNF

RED MEDIUM 4.14km Climb 210m

Richard Lynn	55.55
David Fisher	56.38
Ken Holst	57.11
Ross Davies	58.16
Amber Morrison	61.39
Alan Oates	63.18
Bruce Perry	68.32
Ngaire Davies	69.13
Pamela Morrison	69.39
Tom Fargher	70.42
Max Kerrison	70.42
Bob Pocknall	70.51
Maurice Lloyd	71.36
Rob McDonald	71.44
Erica Hobbs	75.41
Caroline Watson	87.22
David Tait	93.29
Wayne Lee	97.34
Ross and Sarah	98.51
Mark Cooper	106.54
Aiden Ellmers	124.39
Jo Eames	129.41
Jon Eames	133.36
Hayley Oates	137.56
Robyn Davidson	DNF

ORANGE 3.93km Climb 150m

David Harrington	60.22
Jack Vincent	61.54
Cara McDonald	69.56
Scott McDonald	70.54
Paul Smith	72.24
Rachel Goodwin	82.36
Jim Spall	84.17
Ruth Vincent	114.09
Ted Sapsford	119.58
Caroline Vincent	123.45
Steve Armon	137.57
Lyn Bowcock	145.21
Aari Barrett	DNF
Lizzy McNutt	DNF
Pat Larsen	DNF
Sue Trezise	DNF

RED SHORT 3.07km Climb 150m

Neil Kerrison	27.56
Emma Watson	59.13
Helen Watson	59.22
Diane Lucas	65.39
James Watson	68.41
Erika Boland-Bristow	77.47
Louise Goodwin	80.38
Catherine Lee	81.05
Sharon Mardon	81.19

YELLOW 2.46 Climb 105m

Tom Pryde (2 nd Course)	30.42
Sam Eames	33.23
Duncan Morrison	38.43
Jaime Goodwin	39.08
Kate Morrison	39.41
Sophie Eames	45.14
Sophie Fargher	45.57
Debbie Hudson	50.57
Tabitha Donnelly	52.43
Shilton Smith (2 nd Course)	54.10
Robert Spall	55.17
Rachael Ferguson	62.07
Daniel Weeks	64.18
Kyle Richards	78.30
Anne Sapsford	79.40
Enid and Howard	83.28
Joshua Nicholls	96.05

Nikki Harrington	99.36	Anna Blackmore	34.40
Oliver Watson	DNF	Brenda Campbell	34.59
Max Turnbull	DNF	Evie Beamish	37.17
Yasu Sugiura	DNF	Nic Harty - Morris	37.22

WHITE 2.21km Climb 60m

John Wallace	22.38
Rory Turner	22.53
Tom Pryde	26.52
Anna Powell	28.24
Mathew Wallace	28.33
Mitchell Turner	28.47
Lucy Macmillan	29.13
Stacey McCoy	30.30
Max Turnbull	31.58
Cam Barrett (accompanied)	33.05
Jay Barrett	34.32

Rachel D'Ath	37.48
Chris McDonald	37.49
Shilton Smith	37.54
Katie Eames	39.30
Scott and Max	39.47
Blake	44.21
Rebecca Thompson	48.15
Kana Sugiura	48.17
Sean Morrison	61.23
Elsa Vincent	63.03

STRING

Nicholas Cox	10.05
Helen Howell	12.26
Caroline Howell	13.19

Meandering at Maraetotara

Leaving Napier with a blue sky we were expecting a great day, but turning off the road we couldn't even see the caravan through the fog. We thought this would make things quite challenging for everyone, but convinced it would clear we carried on as normal. However ten minutes later, running around putting up the tent as it started to rain, we began to doubt our predictions. Still people turned up early eager to run, so we got started.

I'm sure the cattle were still bemused as to what all these people were doing running around their paddocks. They even tried to escape with the fence coming off second best.

Most people came back happy - some feeling a little tested but still smiling. Maybe the sea views helped. Loss of shoes on the white course was a chosen option for some people as they decided to avoid the bridges in favour of a more direct route choice, in true orienteering style.

Geoff's help was a big factor in the success of the event and I'd be pleased to work with him again anytime. Thanks Geoff!

Wayne H

MARAETOTARA - 30TH MARCH

Setter: Wayne Hosking

Vetter: Geoff Morrison

RED LONG 8.21km climb 240m

Bryn Davies	69.57
Derek Morrison	70.29
Peter Watson	73.47
Mark Hudson	76.39
Hamish Goodwin	82.21
Terry Russell	87.19
Chris Howell	89.14

RED MEDIUM 5.40km climb 160m

Amber Morrison	54.38
Richard Lynn	58.31
Ken Holst	58.40
Pamela Morrison	58.41
Rob McDonald	61.52
Max Kerrison	63.26
Royce Mills	66.23
David Fisher	68.15
Alan Oates	70.06
Erica Hobbs	73.05
Bruce Perry	73.40
Ross Davies	75.37
Hayley Oates	76.05
Aiden Ellmers	76.26
Tom Fargher	77.13
Josie Boland	79.12
Robyn Davidson	85.53
Greg Bristow	86.50
Craig Tuohy	89.15
GT Rogers	93.48
Wayne Lee	97.53
Bob Pocknall	106.24
David Tait	106.54
Mark Cooper	DNF

RED SHORT 2.97km climb 90m

James Watson	42.49
Emma Watson	43.23
Stewart Hyslop	45.59
Keith Vincent	50.48
Sharon Mardon	51.50
Faye McDonald	53.39
Paul Steeds	56.05
Caroline Watson	57.30
Jennie Barrett	58.43
Catherine Lee	59.38
Peter Spall	61.28

Jason Weeks	61.42
Jon Eames	61.50
Philip Mardon	62.04
Brian Crawford	62.57
Helen Watson	63.48
Jo Eames	66.17
Robert Weeks	69.24
Catherine Howell	69.30
Dave Smith	73.14
Eric Dunbar	82.29
Erika Boland Bristow	98.49
Diane Lucas	DNF
Graeme Barrett	DNF

ORANGE 3.70km climb 110m

Scott McDonald	35.12
Paul Smith	36.18
David Harrington	38.53
Jack Vincent	40.32
Cara McDonald	46.13
R Coppelmaus	50.44
George Macmillan	57.18
Frank Nuhaj	58.02
Rachel Goodwin	58.04
Stephen Dodd	60.21
Sophie Eames	60.30
Pauline Klay	62.52
Conal Boland Bristow	63.00
Ross Berry & Sarah	64.54
Scott Bicknell	64.59
Caroline Vincent	65.24
Ruth Vincent	68.32
Martin & Nick	70.48
Lizzy McNutt	71.11
Deborah Turner	83.22
Patricia Larsen	89.07
Chris & Sue	93.27
Jacqui Campbell	97.41
Anna Blackmore	119.39
Suzy Derbyshire	DNF

YELLOW 2.48km climb 75m

Aari Barrett	26.50
Hayden Tristram(2 nd course, acc)	31.22
Kate Morrison	32.01
Josh Nicholls	34.14
Fede Russ	34.16

Chris Batchelar	35.09	WHITE 2.12km climb 65m	
Jaime Goodwin	35.16	Christopher McDonald	19.58
Duncan Morrison	37.12	Maia Scott	20.57
Sophie Fargher	37.53	Hayden Tristram (accompanied)	21.09
Chloe Gregory	38.09	Claire Guillen	21.49
Sam Eames	38.19	Stacey McCoy	22.34
Anna Powell(2nd course)	38.38	Willy Glass	23.22
Kelly Cooper (group)	38.49	Hayley Tristram	23.25
Rachael Ferguson (group)	41.36	Kate Eames	24.49
Robert Spall	42.05	Vinny Meenehan	25.08
Hayley Tristram(2 nd course)	43.10	Anna Powell	25.59
James Harte	43.40	Alex Hazlehurst	27.20
Debbie Hudson	46.47	Charlotte Burson	27.25
Mauricio Russ	50.46	Callum Nicholls(accompanied)	32.43
Maddie Lawson	51.22	Katie Taunton	34.50
Daniel Weeks	57.00	Tim Coppelmaus	45.40
Jessica Hamilton	60.08	Jim Coppelmaus	48.14
Jules Double	63.16	Elsa Vincent	51.31
Angus Mackenzie	69.20	Katrina Berry(accomp.)	52.27
Kana Sugiura	77.09	Russell Dodd(accomp.)	61.31
Nikki Harrington	78.18	Scott McFee(accomp.)	61.34
Leona Wilson	80.07	Alex Depree	DNF
Yvonne Cooper Group	81.12	Sean Morrison	DNF
Rory Turner	87.18	Mitchell Turner	DNF
Grant Soebug	93.41		
Max McEwan	DNF	STRING	
		Nicholas Cox	8.38
		Helen Howell	13.14

SUBS

Some people have not yet paid their subs for 2003. Max Kerrison would love to hear from you – and your cheque book.

The Mohaka Challenge

The Annual Hawkes Bay – Taupo Inter-Club Competition

Thank-you to all the people that made the effort to come to an event on a miserable day. About the only thing good that can be said about the weather is that the rain discouraged anyone wanting to swim in a bay closed by toxic algae! The sun was out when I put the controls out the day before. I hope you enjoyed your course and it made the travel worthwhile. It was very pleasing to see that there was a good spread of competitors across all the courses. The close results must have many people ruing that hesitation or navigation error.

The map joins onto Whakaroa, which was this year's Katoa Po map and some of those courses came onto the very top of this map. I enjoyed the challenge of using a very small map. It is only about half the size of a normal OY map, and the centre around the hill couldn't really be used. This meant the area traversed was only about 100 hectares. However, there is a bit of everything on it. Those gullies are just magic and you as competitors can be glad they are not covered in low visibility forest. The lack of size didn't create any problems except for the long red course as there is a multiplicity of good control sites so I tried to give a lot of leg variety. By having the base down in the old pines for shelter and not wanting a long walk to the start, the climb was a factor for most courses. This was why some of the routes did loops in open country - it was to get the climb ratio down. A bit of exploring I did while putting the controls out showed some extra valleys could be added to make the map bigger, but they will be real tiger country for even mountain goats.

I hope you were challenged by the short section in the forest. It sounded like some had real adventures in there which surprised me as there were some great attack points. In fact, the orange control in the forest which caused so much trouble was very close to a fence bend and I thought it was too easy but I needed a control there for route choice. I also heard of some significant navigational problems out on the open farmland. (Some people need to learn the difference in symbols between fences and powerlines). The interesting thing is many of the troubles were in areas that I thought would not cause problems. This probably is just the difference between looking at legs while planning or walking around the course and doing things under race conditions. Reading a very detailed but soggy map through a wet plastic bag cannot have made things any easier.

Next time you come, the weather should be much better. In case you didn't know, surprise, surprise, Hawkes Bay retained the trophy.

Chris Morris



2003 Mohaka Challenge

Whakaipo Bay , Taupo

6th April

Setter: Chris Morris

Vetter: Athol Lonsdale

Long Red

Ross Morrison	HB	M18	65:02
Derek Morison	HB		70:28
Mark McKenna	R	M45	71:27
Grant Davidson	T	M40	76:02
Geoff Morrison	HB		103:35
Richard Lynn	HB	M40	116:30
Roger Fooley	R		120:21

Medium Red

Lyndon Haugh	P		75:26
Jim Lewis	T	M50	75:33
Ken Holst	HB		76:58
Pamela Morrison	HB	W18-9	79:44
Rob McDonald	HB	M50	81:24
Amber Morrison	HB	W18-9	83:52
Hayley Oates	HB	W18-9	120:40
Garry Lovett	P	M50	142:33

Short Red

T Brighthouse	T	M65	50:29
David Fisher	HB	MS	62:13
Greg Bristow	HB	M45	71:32
Kathleen Lonsdale	T	W55	72:25
Alan Oates	HB	MS	82:36
Josie Boland	HB	W45	83:27
Laurie Burdett	T	W55	85:46
Jocelyn Reeve	T	W55	91:57
Sharon Mardon	HB	W50+	95:28

Orange

Jack Vincent	HB	M16	41:57
Paul Smith	HB	M16	50:11
Jason Weeks	HB	M16	51:11
Steve Armon	HB	MB	60:12
Deborah Turner	HB		61:30

Jeny Eatson	T	W16	93:58
Ruth Vincent	HB	W40B	101:47
Caroline Vincent	HB	W16	105:05
Val Morrison	HB	Lady	142:37

Yellow

Rory Turner	HB	M14	34:11
Duncan Morrison	HB		37:19
C Boland Bristow	HB	M14	40:36
Kate Morrison	HB	W14	41:27
Angus MacKenzie	HB	M14	58:30
Willy Gliss	HB	M14	62:22
Enid Richards	T	W	94:34
Max Turnbull	HB		DSQ

White

Conal B-B	HB		22:22
Stacey McCoy	HB	W12	23:57
Rory Turner	HB		27:57
Rosalie Eatson	T	W12	30:18
Sam Blackmore	HB		32:45
Ray Taylor	HB		33:17
Thomas Eatson	HB	M12	35:25
Sean Morrison	HB	M12	45:38
Elsa Vincent	HB	W12	49:15
Chloe Maxted	HB		53:15
Susan Eatson & Mum	T		58:57

Te Mata Park

13th April

Setter/Vetter: Wayne Lee and Ted Sapsford

Are you allowed to dig a toilet in a public park? I don't think you are somehow. Speaking of toilets, ours is a lovely one isn't it, particularly if you have never had to put it up on your own? Ask Ted Sapsford, my ex-friend, who was conned into helping at the last minute. Ted settled a few old scores with his Crossword course so I expect him to lie low for a while, at least until the dust settles. The score events and white course were a combined effort so I can't blame Ted for all of that. The event was well enough attended considering the Secondary Schools Champs were on that weekend. Thanks to those who helped collect controls, specially Tim Wilkins who ran the two long courses and then did the whole lot again to collect most of the controls on his own. The man is a machine. Thanks also to Catherine, Amy and Anne who attended to the caravan and everything else and a special thanks to Stewart who took the toilet down. Unfortunately he didn't loose it.

Wayne Lee



TE MATA PARK 13th APRIL

CROSSWORD

Ken Holst	91.17	Aari Barrett	
Tim Wilkins(2 nd course)	96.30	35 - 0 = 35	44.54
Alan Berry	100.17	Philip Baker	
David Fisher	121.22	50 - 17 = 33	66.22
Pamela Morrison	124.42	Conal Boland Bristow	
Keith Vincent	161.36	30 - 0 = 30	40.12
Jack Vincent	164.26	Frank Nuhay	
Paul Steeds	165.10	30 - 0 = 30	43.57
Terry Russell	DNF	Jo Eames	
Caroline Vincent	DNF	35 - 5 = 30	54.19
Stewart Hyslop	DNF	Duncan Morrison	
Erica Hobbs	DNF	40 - 14 = 26	63.17
Jenny Russell	DNF	Maia Scott(2 nd course)	
Chris Howell	DNF	25 - 0 = 25	43.56

70 MINUTE SCORE

Hamish Goodwin		Kate Morrison	
80 - 0 = 80	55.50	40 - 17 = 23	66.17
Ian Fowler		Grant Edmonds	
80 - 0 = 80	62.18	35 - 16 = 19	65.17
Tim Wilkins		Rosemary Wood	
80 - 0 = 80	63.43	5 - 5 = 0	54.03
Richard Lynn			
75 - 1 = 74	70.35		
Rob McDonald			
75 - 5 = 70	74.06		
Josie Boland			
60 - 0 = 60	68.20		
Scott McDonald			
60 - 3 = 57	72.50		
Sharon Mardon			
50 - 3 = 47	72.14		
Dave Smith			
30 - 0 = 30	62.56		
David & Nikki Harrington			
45 - 19 = 24	88.46		
Anne Sapsford			
20 - 0 = 20	68.15		
Mike & Troy Abraham			
15 - 0 = 15	69.08		
Deborah Turner			
40 - 26 = 14	95.55		

50 MINUTE SCORE

Jennie Barrett			
45 - 3 = 42	52.01		
Colin Jones			
45 - 5 = 40	54.51		
Martin Pike			
40 - 3 = 37	52.26		

WHITE

Jaime Goodwin	5.39
Duncan Morrison	5.56
Chris McDonald	5.57
Jay Barrett	7.19
Elouise & Sue Edmonds	7.25
Maia Scott	7.48
Nikki Powell	9.13
Tarryn & Kelsie	10.13
Nic Harty - Morris	10.42
Lockleys	11.14
Russell Dodd	11.25
Elsa Vincent	11.54
Cutbush	13.03
Campbell & Shanon Abraham	14.41
Nicholas Cox	16.32
Tim & Anna Coppelmaus	18.08
Helen & Sam McKeever	19.43
Sean Morrison	24.43
Philippe Grooby	24.43
Helen Howell	31.16
Caroline Howell	32.26

JUNIOR REPORT

THE NORTH ISLAND SECONDARY SCHOOL CHAMPIONSHIPS

50 secondary school students from 7 Hawke's Bay schools headed north for the NISS championships hosted by the Hamilton OC on the first weekend of the school holidays. They were part of a 2-day carnival which included the individual championship on the first day and relays on the second.

There was just the one winner in the 6 Championship grades, with Amber Morrison adding the Senior title to the NZSS Senior title she won last year. The girls featured heavily in the placings with Hayley Oates 3rd in Senior, Emma Watson 3rd in Intermediate, and Cara McDonald 2nd and Helen Watson 3rd in Junior.

The best performance, and only placegetter, amongst the boys was Josh Nicholls, who finished 3rd in the Junior race.

The relays the next day were dominated by HB schools, winning 4 of the 6 titles, and filling 11 of the 18 places available.

Napier Boys' had to come from behind to win both the Senior and Junior relays. The Senior boys finishing ahead of Central HB and Junior boys in front of Havelock North and their own second team, 3rd. Their Intermediate team also finished a creditable 2nd.

Napier Girls' won Senior, while Havelock North caused a bit of an upset by winning Intermediate from a fast-finishing Central HB. Napier Girls' and Havelock North were 2nd and 3rd in the Junior grade respectively.

Results

INDIVIDUAL CHAMPIONSHIP (Top 10)

Senior Boys

1 Martin Peat (Kings)

7 Peter Spall (NBHS)

Intermediate Boys

1 Daniel Stott (Te Puke)

6 Paul Smith (NBHS)

7 Daniel McCormack (NBHS)

10 James Watson (CHBC)

Junior Boys

1 Andrew Peat (Kings)

3 Joshua Nicholls (NBHS)

7 Angus MacKenzie (NBHS)

10 Louis Chambers (HNHS)

Senior Girls

1 Amber Morrison (NGHS)

3 Hayley Oates (Tamatea)

Intermediate Girls

1 Frances Peat (St Cuths)

3 Emma Watson (CHBC)

5 Sophie Eames (HNHS)

8 Erika Boland-Bristow (Woodford)

10 Jenni Eatson (SHC)

Junior Girls

- 1 Claire Dinsdale (Samuel Marsden)
- 2 Cara McDonald (Karamu)
- 3 Helen Watson (CHBC)
- 5 Hayley Tristram (NGHS)
- 6 Lucy Macmillan (NGHS)
- 7 Chloe Gregory (HNHS)
- 9 Anna Powell (NGHS)

Standard Grades (Top 6)

Senior Boys

1. George MacMillan (NBHS)
4. Stephen Dodd (NBHS)

Senior Girls

4. Suzy Derbyshire (NGHS)
6. Katie Brigham-Watson (Solway)

Intermediate Boys

2. Jonny Dingle (NBHS)

Intermediate Girls

- 3 Tabitha Donnelly (NGHS)
- 4 Kana Sugiura (NGHS)
- 5 Rebecca Thompson (NGHS)

Junior Boys

1. Graeme Simmonds (NBHS)
4. Daniel Weeks (NBHS)
5. Shilton Smith (NBHS)

Junior Girls

1. Amy Dolden (HNHS)
4. Alex Hazlehurst (HNHS)

Relays

Senior Boys

- 1 Napier BHS (Peter Spall, Paul Smith, George MacMillan)
- 2 Central HBC (John Aitken, Aiden Ellmers, James Watson)

Senior Girls

- 1 Napier GHS (Anna Blackmore, Suzie Derbyshire, Amber Morrison)

Intermediate Boys

- 1 Te Puke
- 2 Napier BHS (Jason Weeks, Daniel McCormack, Stephen Dodd)

Intermediate Girls

- 1 Havelock North (Sophie Eames, Maddie Lawson, Chloe Gregory)
- 2 Central HB (Jacqui Campbell, Lizzy McNutt, Helen Watson)

Junior Boys

- 1 Napier BHS (Daniel Weeks, Angus MacKenzie, Joshua Nicholls)
- 2 Havelock North (Louis Chambers, Ryan MacKay, Ryan Woolley)
- 3 Napier BHS (Jules Double, Max Turnbull, Rory Turner)

Junior Girls

- 1 Samuel Marsden
 - 2 Napier GHS (Hayley Tristram, Lucy MacMillan, Anna Powell)
 - 3 Havelock North (Amy Dolden, Alex Hazlehurst, Claire Guillen)
- Napier BHS retained the 'Top School' trophy for boys, while Napier GHS won the equivalent trophy in the girls. Havelock North finished 2nd in the girls.

Orienteer of the Year points: 2003

(Times decimalised)

	OY1 (16.3.03)		OY2 (30.3.03)		
	The Slump		Maraetotara		
Red Long	Time	Points	Time	Points	Total
Derek Morrison	82.32	25.00	70.48	24.81	49.81
Peter Watson	85.20	24.15	73.78	23.70	47.85
Hamish Goodwin	setter	21.24	82.35	21.24	42.48
Mark Hudson	109.97	18.62	76.65	22.81	41.43
Chris Howell	100.55	20.48	89.23	19.60	40.08
Geoff Morrison	110.52	18.60	vetter	18.60	37.20
Bryn Davies			69.95	25.00	25.00
Terry Russell			87.32	20.03	20.03
Red Medium (Men)					
Richard Lynn	55.92	25.00	58.52	25.00	50.00
Ken Holst	57.18	24.45	58.67	24.94	49.63
David Fisher	56.63	24.69	68.25	21.44	46.13
Ross Davies	58.27	23.99	75.62	19.35	43.34
Rob McDonald	71.73	19.49	61.87	23.65	43.14
Alan Oates	63.30	22.08	70.10	20.87	42.95
Max Kerrison	70.70	19.77	63.43	23.07	42.84
Bruce Perry	68.53	20.40	73.67	19.88	40.28
Tom Fargher	70.70	19.77	77.22	18.95	38.72
Bob Pocknall	70.85	19.73	106.40	13.75	33.48
Aiden Ellmers	124.65	11.22	76.43	19.14	30.36
Wayne Lee	97.57	14.33	97.88	14.95	29.28
David Tait	93.48	14.96	106.90	13.69	28.65
Maurice Lloyd	71.60	19.53			19.53
Greg Bristow			86.83	16.85	16.85
Craig Tuohy			89.25	16.39	16.39
G Rogers			93.80	15.60	15.60
Mark Cooper	106.90	13.08	DNF		13.08
Jon Eames	133.60	10.46			10.46
Red Medium (Women)					
Amber Morrison	61.65	25.00	54.63	25.00	50.00
Pamela Morrison	69.65	22.13	58.68	23.27	45.40
Erica Hobbs	75.68	20.37	73.08	18.69	39.06
Hayley Oates	137.93	11.17	76.08	17.95	29.12
Ngairé Davies	69.22	22.27			22.27
Royce Mills			66.38	20.57	20.57
Caoline Watson	87.37	17.64			17.64
Josie Boland			79.20	17.24	17.24
Robyn Davidson			85.88	15.90	15.90
Jo Eames	129.68	11.89			11.89
Red Short (Men)					
James Watson	68.68	25.00	42.82	25.00	50.00
Stewart Hyslop	Vetter	23.28	45.98	23.28	46.56
Paul Steeds	98.12	17.50	56.08	19.09	36.59
Dave Smith	156.58	10.97	73.23	14.62	25.59
Keith Vincent			50.80	21.07	21.07
Philip Baker	84.33	20.36			20.36
Peter Spall			61.47	17.41	17.41

Orienteer of the Year points: 2003

(Times decimalised)

Jason Weeks			61.70	17.35	17.35
Jon Eames			61.83	17.31	17.31
Philip Mardon			62.07	17.25	17.25
Brian Crawford			62.95	17.01	17.01
Robert Weeks			69.40	15.43	15.43
Eric Dunbar			82.48	12.98	12.98
Graeme Barrett			DNF		0.00
Red Short (Women)					
Emma Watson	59.22	25.00	43.38	25.00	50.00
Helen Watson	59.37	24.94	63.80	17.00	41.94
Sharon Mardon	81.32	18.21	51.83	20.92	39.13
Catherine Lee	81.08	18.26	59.63	18.19	36.45
Catherine Howell	95.92	15.43	69.50	15.60	31.03
Erika Boland - Bristow	77.78	19.03	98.82	10.97	30.00
Diane Lucas	65.65	22.55	DNF		22.55
Faye McDonald	DNF		53.65	20.21	20.21
Caroline Watson			57.50	18.86	18.86
Jennie Barrett			58.72	18.47	18.47
Louise Goodwin	80.63	18.36			18.36
Jo Eames			66.28	16.36	16.36
Jenny Eatson	96.05	15.41			15.41
Orange (Men)					
David Harrington	60.37	25.00	38.88	22.63	47.63
Scott McDonald	70.90	21.29	35.20	25.00	46.29
Jack Vincent	61.90	24.38	40.53	21.71	46.09
Paul Smith	72.40	20.85	36.30	24.24	45.09
Jim Spall	84.28	17.91			17.91
George Macmillan			57.30	15.36	15.36
Frank Nuhaj			58.03	15.16	15.16
Stephen Dodd			60.35	14.58	14.58
Conal Boland-Bristow			63.00	13.97	13.97
Scott Bicknell			64.98	13.54	13.54
Ted Sapsford	119.97	12.58			12.58
Steve Armon	137.95	10.94			10.94
Aari Barrett	DNF				0.00
Orange (Women)					
Cara McDonald	69.93	25.00	46.22	25.00	50.00
Rachel Goodwin	82.60	21.17	58.07	19.90	41.07
Ruth Vincent	114.15	15.32	68.53	16.86	32.18
Caroline Vincent	123.75	14.13	65.40	17.67	31.80
Sophie Eames			60.50	19.10	19.10
Pauline Klay			62.87	18.38	18.38
Lizzy McNutt	DNF		71.18	16.23	16.23
Deborah Turner			83.37	13.86	13.86
Patricia Larsen	DNF		89.12	12.97	12.97
Lyn Bowcock	145.35	12.03			12.03
Jacqui Campbell			97.68	11.83	11.83

Orienteer of the Year points: 2003

(Times decimalised)

Yellow (Men)					
Sam Eames	33.38	25.00	38.32	17.50	42.50
Duncan Morrison	38.72	21.55	37.20	18.03	39.58
Robert Spall	55.28	15.10	42.08	15.94	30.04
Josh Nicholls	96.08	8.69	34.23	19.60	28.29
Aari Barrett			26.83	25.00	25.00
Daniel Weeks	64.30	12.98	57.00	11.77	24.75
Jules Double			63.27	10.60	10.60
Angus Mackenzie			69.33	9.67	9.67
Max McEwan			DNF		0.00
Oliver Watson	DNF				0.00
Yellow (Women)					
Kate Morrison	39.68	24.65	32.02	25.00	49.65
Jaime Goodwin	39.13	25.00	35.27	22.70	47.70
Sophie Fargher	45.95	21.29	37.88	21.13	42.42
Debbie Hudson	50.95	19.20	46.78	17.11	36.31
Sophie Eames	45.23	21.63			21.63
Nikki Harrington	99.60	9.82	78.30	10.22	20.04
Rachel Ferguson	62.12	15.75			15.75
Anne Sapsford	79.67	12.28			12.28
White (Men)					
Chris McDonald	37.82	22.83	19.97	25.00	47.83
Jay Barrett	34.53	25.00			25.00
Willy Glass			23.37	22.12	22.12
Sean Morrison	61.38	14.06	DNF		14.06
White (Women)					
Stacey McCoy	30.50	25.00	22.57	25.00	50.00
Katie Eames	39.50	19.30	24.82	22.73	41.03
Hayley Tristram			23.42	24.09	24.09
Elsa Vincent	63.05	12.09	51.52	10.95	23.04

FOR YOUR INFORMATION

Perhaps you have a question about orienteering in New Zealand or maybe you're interested in the new fields of Mountain Bike or Ski Orienteering. Perhaps you're interested in Rogaines or would like to see the results of the Nationals. Would you like to see your results at Area contests for the last few years? Or you could look up your New Zealand ranking for 2002. It's all available at a website near you. Try the following. Happy browsing.

NZOF Homepage: <http://www.nzorienteering.com>

HBOC Homepage: <http://www.hborienteering.org.nz>

For the latest in news and events: www.maptalk.co.nz

New Zealand Mountain Bike Orienteering Homepage:
www.mapsport.co.nz/mtbo/mtbo.html

New Zealand Rogaine Homepage:
www.mapsport.co.nz/rog/rogaine.html

New Zealand Ski Orienteering Homepage:
www.mapsport.co.nz/skio/skio.html

If you are interested in attending the 2003 Australian Orienteering Championships (incorporating the Australia – New Zealand Challenge and the Oceania Championships) which are being held in Victoria between September 25th and October 5th have a look at www.vicorienteering.asn.au and follow the links. Earlybird entries by May 31st get a 20% discount.

HAWKES BAY ORIENTEERING CLUB

EVENTS FOR 2003

DATE	EVENT	MAP	SETTER	VETTER	Assistant
22/01/2003	Street Series	Frimley	Faye McDonald	Rob McDonald	McDonald clan
29/01/2003	Street Series	Napier Boys Highschool	David Tait	Dave Fisher	Paul Smith
5/02/2003	Street Series	Havelock North	Steve Armon	Ross Morrison	Amber Morrison
9/02/2003	Club (Coaching)	Smedley	Geoff Morrison		Club
12/02/2003	Street Series	Anderson Park	Gary & Lyn Bowcock	Richard Lynn	
22-23/02/03	Kaweka Challenge	Kaweka Ranges			
2/03/2003	Club	Over The Hill	Ruth Vincent	Sharon Mardon	Erica Hobbs
8/03/2003	Katoa PO night relays	Taupo			
16/03/2003	Club OY 1	The Slump	Hamish Goodwin	Stewart Hyslop	Louise Goodwin
30/03/2003	Club OY 2	Maraetotora	Wayne Hosking	Geoff Morrison	Pauline Klay
6/04/2003	Mohaka Challenge	Whakaroa	Annual Interclub challenge with Taupo Club.		
13/04/2003	Club	Te Mata Park	Jon Eames	Wayne Lee	Catherine Lee
19-20/04/03	National Champs	Auckland			
11/05/2003	Club OY 3	Rochfort	Bruce Perry	Alan Berry	Racheal Fergusson
25/05/2003	H.B Schools Champs/Club	Te Awanga	Greg Bristow	Chris Howell	Club
8/06/2003	Club OY 4	Mission	Rob McDonald	Ken Holst	Cara McDonald
22/06/2003	Club Points Champs	Mangarara	Erica Hobbs	Mark Hudson	Debbie Hudson
6/07/2003	Club	Guthrie Smith	Bob Pocknall	Max Kerrison	Hayley Oates
27/07/2003	Club	Bluff Hill	Josie Boland	Richard Lynn	Erika Boland-Bristow
10/08/2003	Club	Park Island	Craig Tuohy	Gordon Rodgers	Catherine Lee
24/08/2003	Club (Night Event)	Havelock Hills	Cara McDonald	Pamela Morrison	Faye Mcdonald
7/09/2003	Club OY 5	Seafield Road	Alan Oates	Max Kerrison	Deborah Turner
14/09/2003	WOA Relays				
21/09/2003	Club	Pukeora	Peter Watson	Peter Watson	Watson family
5/10/2003	Club	Horseshoe Bend	Graeme Barrett	Terry Russell	Barretts
19/10/2003	Club OY 6	Arborfield	Pamela Morrison	Dave Fisher	Amber Morrison
8-9/11/03	WOA Champs	E-Land & Maraetotara?	Alan Berry & Hamish Goodwin	Jim Barr? & Ken Holst	Club
23/11/2003	Club Champs	Anaroa Rd	Paul Steeds	Geoff Morrison	Keith Vincent



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