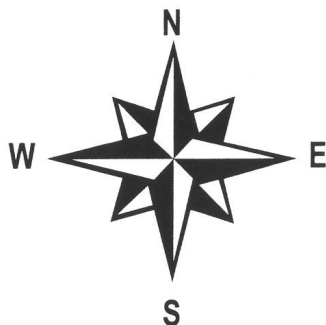


SEPTEMBER – OCTOBER 2003

COMPASS POINTS



*Compass Points is the bimonthly magazine of the
Hawke's Bay Orienteering Club Incorporated*

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EDITORIAL

Sorry, but there's not much to say at 12.30 in the morning when there's a full days teaching ahead of me tomorrow. Cutting it fine as usual!!!!
As always thanks to everyone who has made contributions to the magazine. Special thanks to the Watson's, who tried very hard to send some photos through to go with their report, but had computer problems. It would have been quicker to drive up from Waipuk with them!! Read and enjoy.

PRESIDENT'S REPORT

By the time you read this magazine the Wellington Orienteering Championships will either be in full swing or will be all over. Considerable effort went into organizing this event and I would like to convey my sincere thanks to all those involved, right from those who were involved from the beginning to those that so cheerily volunteered their services for the many tasks involved over the weekend itself.

It was not all smooth sailing, with the completion of the map delayed by the unseasonable spring rainfall we experienced, which in turn put pressure on the planners who had to wait for a map to work with. A great debt of gratitude must go to Geoff for his considerable effort in completing the map and to Pam for keeping the OCADing right up to date behind him.

Our thanks must also go to the setters, Alan Berry & Hamish, who have both made a considerable effort to put together the courses, no small effort for an event like this. Also thanks to Ken who stepped in as controller when Jim Barr had to pull out at the last minute. I must also convey our thanks to the rest of the committee for organizing the event, most of whom were doing this for the first time and I know it was a steep learning curve.

Our congratulations must go to the NZ Secondary Schools orienteering team for their win in the Australian Interstate School Championships. Local club members Amber Morrison and Emma Watson were part of this inaugural visit to Australia.

With the WOA Champs out of the way we can now focus on the Frank Smith Trophy being held near Wanganui on the 30th November. Remember the club subsidises a bus for this event so be sure to put your name forward. It is always a good, fun trip and we need as many as possible to attend as every finisher gains points for the club.

Just to finish on a more serious note, the AGM is coming up which means it's time to re-vamp the committee, and there are one or two retirees so if you've been looking for that opportunity to do your bit for the club, just call Ruth.

Well that's me done for now. See you in the bush.

Terry

NOVEMBER COMMITTEE NEWS

Have a look in this mag for the AGM notice. It would be good to have the usual excellent turnout. It is our major social event of the year, so I hope to see you there. **12th Dec.**

Make sure you come on the bus to the Frank Smith Trophy challenge **30th November**. We have booked a 49 seater so it would be good to fill it. All are welcome and it's a great chance to get to meet the others in the club.

There are some proposed changes to the **NZOF junior grade classification**. This was listed in the last mag. so we are hoping those who wanted to input, have. This will impact on the youngest of our orienteers at major events.

We have had a talk with Maurice Lloyd about the **OSH implications** for events. This is mostly to ensure that competitors are well informed about the ground hazards and the safety considerations at each event.

Graeme Barrett has developed an **evaluation form** for events This monitors what went well, and what didn't, leaves room for what is needed for equipment replacement/upgrade and notifies him of any accidents.

There has been a lot of **equipment purchases for the WOA Champs**. We have new road signage, a couple of fold out starters chairs, another table and heaps more plastic bags.

And I would like to personally thank all the committee, (Geoff, Alan O, Terry, Hamish, Ken, Graeme, and Max), Alan Berry and Pamela Morrison for the **supreme effort they all put into the WOA Champs**. We will have another marvellous map to explore, and have all had some profitable group building in the process.



COMING EVENTS NOV-DEC 2003



MARK YOUR CALENDARS NOW

NOVEMBER

- 8/9th Wellington Champs are here in Hawkes Bay – on our new Smedley map. Pre-entry event.
- 22nd Colonial Challenge Rogaine, Wellington. See information in this magazine.
- 23 Club Champs – Anaroa Road, another new map. Enter on the day. Grades for all levels of competitors.
- 30th Frank Smith Trophy. We need all members available to travel to Marangai (near Wanganui) to compete. The club will organise a bus, and subsidise the cost. Always a great club day out!

DECEMBER

- 7th Xmas event, Guthrie Smith map. Always a day full of fun and surprises.
- 12th Club AGM and prizegiving at the Havelock North Community Centre. Please read the information in this magazine.

New Zealand Orienteering Federation (Inc)

GENERAL MANAGER: Stuart Payne, 171A Fifield Tce, Christchurch 8002, NEW ZEALAND
ph/fax: 64 - 3 - 337 2275 email: nzof@nzorienteering.com

NZOF NEWS - OCTOBER 2003

CONGRATULATIONS

Congratulations to the NZ Schools Orienteering Team upon its win in the Australian inter-state Schools Championship. After holding a slender one-point lead following the individual competition on 30 September, the team cemented their lead, the next day, in the relays. Well done to all concerned.

KINLEITH FUNDING

The NZ Schools Team was supported by a grant of \$500 for uniforms. The NZOF thanks CHH Kinleith for this support as well as team member Simon Addison for his initiative in obtaining it.

NZOF APPOINTMENTS

The NZOF is pleased to announce that:

- Wayne and Tricia Aspin (CM) have been reappointed as coaching Coordinators of the National Orienteering Squad for a further two years.
- At its meeting in August, the NZOF Council approved in principle for the establishment of a new part-time paid position of High Performance Director. In the meantime, Rob Crawford (WACO) was appointed acting manager of the National Orienteering Squad. The NZOF thanks Rolf Wagner (NW) for his management of the squad over the last two years.
- Trevor Knowles (HV) has been appointed convenor of the NZOF MTBO Committee. He replaces Andy Clayton (PAPO) who has stood down after several years as convenor. The NZOF thanks Andy for his pioneering efforts in MTBO in NZ.

EVENT LIABILITY

At its meeting in August the NZOF Council discussed the conviction of *Le Race* event organiser Astrid Andersen for criminal nuisance following the death of a competitor in the 2001 cycle race. The conviction has resulted in concern that future safety requirements may become onerous for (adventure) event organisers including orienteering clubs.

Nevertheless it needs to be kept in mind that the conviction for criminal nuisance arose out of a specific lack of care and not a generality. In this case it was deemed that the pre-event information was contradictory and ambiguous. The jury then reached the conclusion that the ambiguity was a significant reason for the death of the competitor.

However, the trial also illustrated that while competitors can be asked to sign a waiver absolving the club and the organisers of any responsibility for actions by the competitor, a third party (eg The Police) may still take action. Such a situation could arise if the organisers are deemed to have been negligent or reckless.

After discussion the NZOF Council agreed that:

- a). the NZOF Health & Safety Policy should be reviewed
- b). clubs should be encouraged to develop Risk Management Plans for events
- c). NZOF should develop its own comprehensive Risk Management Plan
- d). clubs to be reminded of existing relevant NZOF policies and legal duties.

In the interim it is suggested that at events:

Identify the hazards

Communicate them to the competitors.

SPARC has also advised that it is important that organisations do not over-react to the decision. Furthermore SPARC has established a project to clarify further the potential exposure of event organisers in New Zealand. The first two phases, which they hope to complete by Christmas, entail developing an issues and options paper and consulting with the adventure sports sector. They then propose to develop an action plan.

As part of phase one, SPARC is asking for information regarding any events that have been cancelled and why. If you have any examples, from your own programmes, please advise the NZOF General Manager as soon as possible.

CLUB AFFILIATIONS FOR 2004

The 2001 AGM established that club affiliation levies were to be "inflation linked for subsequent years". The increase in the CPI for the June 2003 year was 1.5%. Applying this to the 2003 affiliation total of \$12,850 gives \$13,042. Accordingly the NZOF Council has set the 2004 total at \$13,000.

CCE SPORTS SCHOLARSHIP

Christchurch College of Education is offering a tertiary sports scholarship for its Bachelor of Business Management degree course in 2004. The closing date for applications is the 1st of November. Further details available from the NZOF General Manager.

NZOF VACANCIES

D-Squad Coaching Coordinator

The Coaching Coordinator is primarily responsible for raising the performance levels of squad members, so as to improve the results achieved by New Zealand age-group representative teams, as well as identifying suitable candidates for advancement to the National Squad.

JWOC 2004 Manager/Coach

The primary role of the Manager/Coach is to ensure all financial and logistic matters pertaining to the team's participation at JWOC are attended to, and to assist the team to perform to the best of their ability and to improve upon previous results achieved by New Zealand representative teams at JWOC. The venue for JWOC 2004 is currently uncertain, as Russia have had to withdraw.

Webmaster

The Webmaster is responsible for maintaining the design of and access to the official NZOF website, as well as promoting orienteering and communicate with clubs & members through the website.

Job descriptions for the above positions are available from the General Manager.

This issue of NZOF NEWS is also available at www.nzorienteering.com

The IOF have advised the following:

Poland has been appointed the new organiser of the 2004 Junior World Orienteering Championships (JWOC). The event will be held on 5 – 11 July near Gdansk in the north of Poland. The 2004 JWOC was originally awarded to Kaliningrad, Russia. Due to a recent change in the Russian visa procedure it became difficult for some teams to obtain visas and, as a consequence, the Russian Orienteering Federation asked the IOF to appoint another organiser for the event. "We believe that Poland has the expertise to handle the event even at this short notice. The local club WKS Flotat Gdynia has organised several major orienteering events, among them the 1994 edition of the JWOC and the European Youth Orienteering Championships in 2002" says Brian Porteous, Chairman of the IOF Foot Orienteering Commission.

Annual General Meeting

Dear Club Members

I enclose a notice of the club AGM and prizegiving, being held on Friday, 12th December at the Havelock North Community Centre, Havelock North.

To encourage as many members as possible to attend, the club will be subsidising the cost of the meal that follows the AGM. The cost for those attending will be \$12 for adults and \$1 for each year of age of children up to a maximum of \$12. There is a bar available. The club will provide some wine and juice with the meal.

It should be stressed that the club formalities make up only a small part of the evening. There will be plenty of time to socialise. The venue has been selected to give the younger members plenty of space in which to occupy themselves during the meeting.

To enable the catering arrangements to be completed could you please advise me if you will be attending by Friday, 5th December.

This year we are a little short of Committee members standing, so we encourage you to put forward your names if you wish to become involved. If you are interested please contact me at the above address and I will organise a formal nomination.

Yours faithfully

Ruth Vincent
HBOC Secretary
877 6404
email ruth.vincent@xtra.co.nz

HAWKES BAY ORIENTEERING CLUB INC

**NOTICE IS GIVEN OF THE 27th ANNUAL GENERAL MEETING
TO BE HELD**

ON Friday, 12th December, 2003

VENUE Havelock North Community Centre
Te Mata Road
Havelock North

TIME 5.30pm-6.15pm Drinks
6.15pm-7.00pm AGM
7.00pm-8.00pm Dinner
8.00pm-8.30pm Prizegiving
8.30pm-9.30pm Dessert and coffee

AGENDA

Welcome

Apologies

Minutes of previous AGM

Matters arising from minutes

President's report

Treasurer's report

Subscriptions for 2004

Election of Officers

President
Secretary
Treasurer
Club Captain

Election of Committee Members

Appointment of Auditor

General Business

**XMAS
EXTRAVAGANZ-
O**

**PIC "O' NIC AT THE
LAKE 'O' SIDE.**

**AND ENJOY SOME FUN
ORIENTEERING AT THE
SAME TIME.**

**2003 XMAS EVENT
07/12/3003**

**@ GUTHRIE SMITH MAP
BE THERE FOR A SHORT FUN
EVENT FOLLWED BY PICNIC/BBQ.
MASS START @ 11:00.**

HAWKES BAY CLUB CHAMPIONSHIPS

WHEN?: November 23rd

WHERE?: "Rotoma"- a brand new map along Anaroa Road off Raukawa Road.

TERRAIN?: Moderate to steep gully/spur farmland, with patches of native bush.

WHO CAN ENTER?: Anyone who is a club member. There is a grade for everyone.

WHEN DO I ENTER?: Like an ordinary club event, on the day. Same format, same charges.

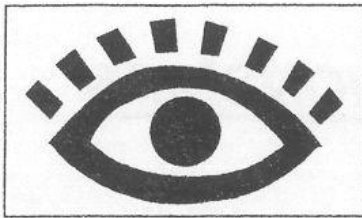
WHY ENTER?: If you missed out on the OY series or are wanting to extract revenge on opponents, this one off race is a great opportunity.

GRADES and COURSES:

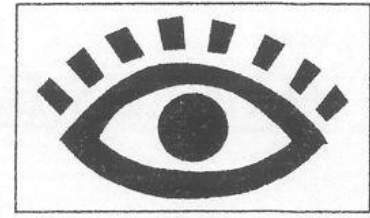
Red Long	Mens Open	EWT 70 minutes
Red Medium	Womens Open, M40+	50
Red Short	M55+, M70+, W40+, W55+	40
Orange Long	M Open B, M16	45
Orange Short	W Open B, W16	40
Yellow	M14, M Novice, W14, W Novice	35
White	M12, W12	25

Come along and select your course and grade and go for it!

Be There!



EYE IN THE SKY BY THE MAGPIE



- Scott McDonald turned on the power to win the HB intermediate schools cross country at Park Island. Apparently he won the race with relative ease
- David Fisher gave Sharon Mardon a bum steer on the memory course at Horseshoe Bend. David was standing by a control, when Sharon called out asking if it was on their course, to which David said "no". But unfortunately, David hadn't realised that he had the wrong descriptions, and being memory, had no map. After a period of casting around, Sharon eventually looked again at the control and to her chagrin, found the control was in actual fact, hers.
- Ann Sapsford broke her ankle at Arborfield during the OY. She was able to be manhandled out and Ted carted her off in the back of the car to meet the ambulance coming out from Hastings.
- Derek Morrison, nominated by Napier Girls' High, won Sport HB 'Coach of the Year' award at the annual Secondary School sports awards held last week. The Napier Girl's High Orienteering Team earned a merit award in the 'Sports Team of the Year' section.
- Tom Fargher has been in the wars in recent times, having a work related accident. He has chopped a couple of fingers off, but attempts have been made to re-attach them. This means many trips to Wellington to see a specialist. Hopefully the operation and rehabilitation will be successful. Lets hope we seen him around the orienteering scene again soon.
- It didn't take the Field family long to return to the orienteering scene after returning from England, after sampling 18 months of the 'pommie' way of life. It was good to see them in action again.
- Another injury, with Jaime Goodwin doing serious damage to her ankle while playing in a hayshed. It puts paid to the gymnastics and orienteering for a while.
- Derek ran for quite a while before Ross closed the gap and eventually overtook him as time went by. It looks as if Amber is starting to put the pressure on now. She tasted her first blood when they ran the same course at the CD Champs.

COACHING CORNER

Simplification

Once again we have had a club event where we could practice our skills. This was at Horseshoe Bend where we had a 'memory' course. The major skill learnt was 'simplification'.

"What is this?" I hear some of you say. I'll explain.

It is breaking your leg down into small links. Firstly, find your attack point, and then work out how you are going to get there. The best way is to use little stepping stones. It is a case of 'save the pennies, and the pounds will look after themselves'. Your thinking could go along the lines of, "north through the saddle, down re-entrant to cross stream, up spur to track, follow to 2nd bend, then straight on for 100 metres to my attack point, a marsh".

The 'memory' course forces you to use these skills. With no map, taking time to organise yourself is important. Surprisingly, fewer mistakes seem to occur than when you have a map!

This tells me then, that mistakes occur because we do not spend enough time planning our route. Rushing off from the control might stop your opponents from seeing you, but it is not much use to you if it is in the wrong direction. Less haste, more speed. 10 extra seconds reading your map will probably save you 10 minutes looking for the control at the other end.

My suggestions are;

- Don't move until you have planned your route to your attack point.
- Memorise it so there is less necessity to stop and study your map until you get there.
- Make sure your links are easily recognisable on the ground and simple to follow.

You will find that your planning, linking, etc, will quicken naturally once you get more and more confident and your times should plummet!!! For the more experienced orienteers, Horseshoe Bend became a 'reminder' that doing the basics efficiently on a farmland map is good training.

If anyone wants to discuss this further, just see any other experienced orienteers, or me.

GM

FLYING THE FLAG

Orienteering was well represented in the ASB Hawke's Bay Secondary School Sports Awards held at the Century Theatre on the evening of Monday 3rd November. Schools nominate people/teams they think worthy of awards and orienteering had six nominations in three of the five categories;

- * Derek Morrison - Contribution to Coaching - nominated by Napier Girls High**
- * Central Hawke's Bay Senior Girls Relay Team - Team Award**
- * Napier Girls High School Orienteering Team - Team Award.**

- * Amber Morrison - Napier Girls High - Individual Award**
- * Hayley Oates - Tamatea High - Individual Award**
- * Cara McDonald - Karamu High - Individual Award.**

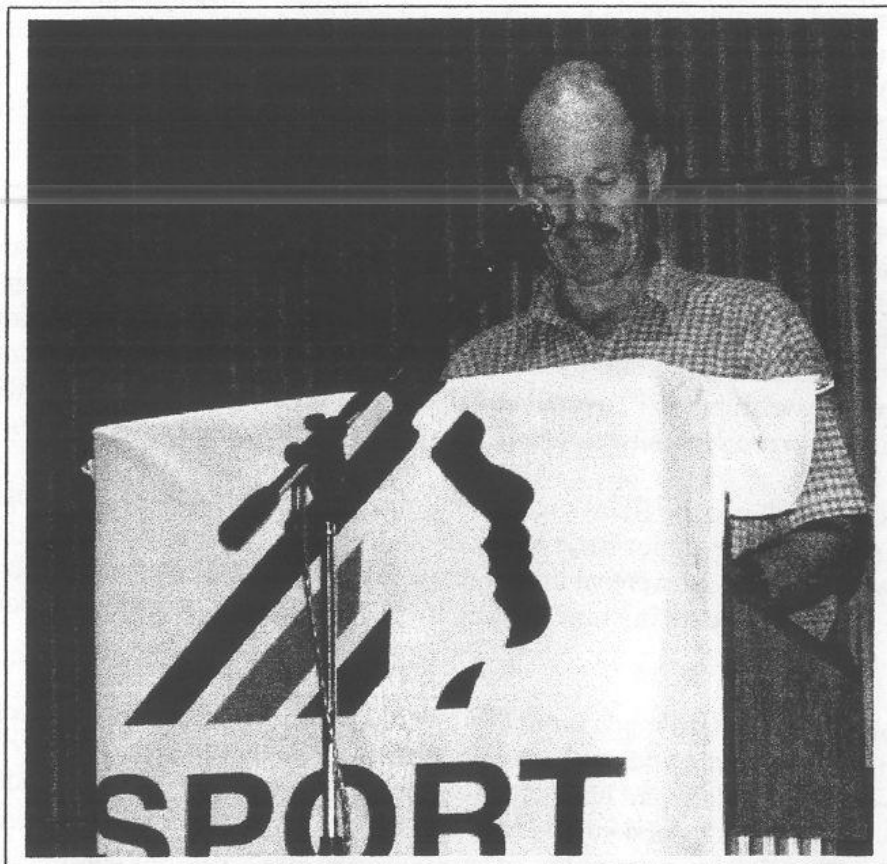
The first category presented was for 'Contribution to Coaching' and Derek fought off the other seven nominees to walk away with the prize. This was in recognition for all the hard work he has put in with the Napier Girl's team, resulting in many wins for the school at both the North Island and New Zealand Secondary School Champs. Of course he still helps out at Napier Boy's, although no longer has a son attending, and took students from at least 6 different Hawke's Bay high schools down to Nelson for the NZSS Champs.

Napier Girl's also picked up a merit award in the teams section for their excellent results at the school champs this year.

From the 45 individual nominations, seven students were chosen to receive merit awards and the overall winner was Jesse Berridge-Hart from Napier Girls nominated for Surf Life-saving. All the top individual awards went to students who had consistently won gold in New Zealand and who had also performed well at junior world championships overseas eg Amanda Gorst, Scott Nicol, Chantell Cowrick. It was a very impressive line-up of young sportsmen and women. For an orienteer to be in the top line up it would mean winning everything in New Zealand, top 3 placings in Australia and performing outstandingly at JWOC. One day?



Emma Watson (CHB College), Amber Morrison (Napier Girl's High), Hayley Oates (Tamatea High), Cara McDonald (Karamu High), Helen Watson (CHB)



Derek Morrison, winner of the Contribution to Coaching Award at the HB Secondary Sports Awards, making his thank-you speech.

2003 JOURNEYS

by the Watsons

Peter, Helen and Oliver visited Bendigo, Victoria in 2002 to orienteer and returned saying it was a nice area with excellent maps so it was decided the whole family would return for what would probably be the last family trip overseas before James moved on to more exciting prospects. Emma was also in the NZ Secondary Schools' Junior Team and Peter in the ANZ Challenge team. Here are thoughts from all the family on their trip.

Emma

When the secondary schools' activities started we were welcomed whole heartedly into the competition by the Australians who were really friendly and supportive of our involvement.

There was a full program for us to participate in, orienteering, socially and fun-wise. I really enjoyed the Scavenger Hunt, which took every moment of what little spare time we had, and had us scouring Victoria for such delicacies as a cheeseburger with no cheese and 8 pickles, a flying saucer from Malden, a photograph taken with a local with a mullet haircut, and just random pieces of information, clothes and people. The flying saucer was a mystery and another state team had to enlighten us that it was a lollie! A local that we happened upon when visiting some caves, blissfully unaware of our task, commented that he was popular that day - that another school team had wanted a photo with him and his two children, who also had mullets!

With enthusiasm, imagination, 16 black rubbish bags, a HUGE amount of insulation tape and a lot of effort, we transformed our run-of-the-mill Budget rental van to an awesome advertisement for NZ with a 'mullet' theme. Even the other state teams improved their buses once they saw ours (another of the many tasks we undertook!). The Aust. State teams had a theory that if you decorated your bus you did badly and if you didn't then you would do well. NZ comprehensively proved this theory completely wrong by winning not only the best bus competition, but also the overall competition.

The schools were very competitive and great competition. After a couple of unimpressive runs leading up to the NZSS competition, I got it together at Wattle Gully, a map close to Castlemaine, coming 6th. Lizzie Ingham, from Wellington, had a really good run coming 2nd behind Heather Harding from ACT who has been in the top placings for some time. Georgia Whitla, from Christchurch, also did a good time and came just behind me. When the points for the Junior Girls were added together (with 1st being the most points and 1 point less from there on), we finished 1st overall and received gold medals. We were really rapt. The Junior Boys and Senior Girls both received silver medals. An excellent start to the competition!

NZ were also very competitive at the Relays with 3 out of 4 teams being awarded medals. The Junior Girls were 2nd, Senior Girls 3rd and the Junior Boys led from start to finish, attaining a well-deserved 1st place. The Senior Boys, although finishing 7th were an important part of the results because their placing meant we either won or lost overall, so it was an exciting time waiting in the rain for their last runner to come in and decide our fate.

The Australians hold their relays on much more difficult maps than we do. Mount Tarrengower was basically one steep hill, completely covered with rocks that all looked the same when you were trying to navigate to your control, semi-open vegetation and huge, very fierce looking cacti covering the landscape like gorse does in NZ. It poured with rain that day and you had to be careful crossing the slippery bare rock areas and passing the cacti! I got a bit off track with some of the controls and lost about five minutes all up, which was the time overall that we lost the relay to ACT.

At the prizegiving New Zealand was awarded the Southern Cross Challenge trophy which was points tallied from the Individual and Relay days. It was a very successful trip for the team. A couple of days later we found out that we had won the Scavenger Hunt too. We had attended the inaugural event and completely cleaned the Aussies! We were pretty happy! Everyone always compared us as a country to their States, but in size they were way bigger than us and the population was about the same, so we did really well.

It was an awesome trip. The team was great fun to be with, and Derek and Julie were brilliant, making everything happen without a hitch. A big thank-you to them both. A few of the team went over with colds and a couple received injuries there, but Julie was on to it and had us all at our best to run. We loved the uniforms and everyone said they looked great. Thank you Pam for organising them. We received embroidered jerseys to keep and Amber also organised embroidered T-shirts for the whole team, which are really nice. I wear mine all the time now!!

Caroline

It's been a few years since my last visit to Oz and this time I brought home lasting impressions of Australia's 'personality'. I was quite taken with the gums and their attractive white trunks, the flora and fauna and their wonderfully colourful inhabitants, the buildings and their history, and the ROCKS! Awesome maps aside, I was gobsmacked by the array, from huge slabs of bare rock, to boulders the size of two-storey buildings. I mean, Maraeatotara has got nothing on these babies.

Out on your course you're constantly clip-clopping over rock underfoot, and looking for controls in the terrain gives new meaning to the old adage 'needle in a haystack'. I loved the maps although it took me almost all our time there to master the 'rock-reading'. Extremely challenging, but rewarding when you navigated with accuracy. I thoroughly enjoyed the orienteering and would class Aussie granite maps as my favourite now. We were also accompanied on our courses by dozens of kangaroos, bounding right in front of you at times. Even the Aussies said it was the most they had seen on the maps for a long time. On two days there were injured animals, no doubt from the trauma of trying to get away from hundreds of orienteers trespassing on their home turf.

I also found many of the buildings and their history fascinating, with all but the very, very old buildings being brick, and many having established great character and history. The shops, even in Melbourne, were like rabbit warrens, with little annexes everywhere and sometimes you weren't sure you were leaving the same shop you'd entered.

Speaking of warrens, single den ones that is, we slumped it in Castlemaine while the secondary school kids lived in the lap of luxury in their much newer three-bedroomed cabins in the same caravan park! For seven odd days we lived in a single-roomed over-sized caravan with pint-size amenities, some of which didn't seem to work. (The moral to that story is book earlier I think!)

Beechworth (home to the infamous Ned Kelly) proved interesting accommodation too, and for a further five nights we took up residence in the old Lunatic Asylum built in 1867. (Oh well, there are plenty out there who think orienteers are a bit loony anyway!)

This fascinating place was originally built for 250 patients but housed 1,000 at its peak. Totally self-contained, it had its own farm, orchard, piggery, sewerage, laundry, theatre, market and ornamental gardens. Many, but not all of the buildings have been restored and it is now called LaTrobe University, something along the lines of the Japanese International School in Palmy I think. It closed as a psychiatric hospital as late as 1995.

Walking around the campus in the evening, reading the information plaques by lamplight, it took little imagination to feel as if you were being accompanied by a few of the earlier residents. It was pretty eerie in places! Definitely present were the cheeky opossums who bounded across roofs, and up and down the trees with gay abandon and almost within hand-reach. They gave us a few adrenaline-pumped moments the first night as we found our way to the main building through shrubbery and covered-ways. We were staying in the old cottage wards where those who worked on the farm resided and which were on the perimeter of the campus.

Beechworth, as well as boasting the best bakery in Victoria (that tale sometimes extended to Australia!), also boasted the best example of old government buildings in Victoria. These were of course also famous for their connection with the Ned Kelly gang who frequented many of them at various stages. The gaol, now a transitional facility, is the most magnificent correctional facility I've seen. It could be mistaken for something out of the King Arthur tales, complete with turrets.

Orienteering always takes up the majority of your visits away and it can be difficult to fit in all you'd like to see around it, many things being overlooked altogether, but it was an enjoyable two weeks and I would certainly return both for the orienteering and to see more of Australia's uniqueness.

Oliver

Things I remember most about Oz:

Getting bucketfuls of lollies on the plane over because one of the hostesses was a day-care worker who used to look after me at Scallywags when I was young.

The dingo farm at Castlemaine because two dingo pups followed me round like the wolves on our computer game Dransik.

Seeing my friend Riorden again who I met in Bendigo last year. His parents run an orienteering shop.

Helen

Australia was great. The competition was hard and the maps were difficult, but that was a good thing. You had to be on your toes all the time and be very careful navigating.

The weather was a bit surprising. Considering it was nearly summer, it was kind of cold and it rained quite a bit.

James and I went to the Science Museum in Melbourne for the day. We really enjoyed it and can recommend it as a place to go. It's *HUGE*, and has heaps of interactive displays which are really interesting and cool fun.

James

The one thing that stood out for me was the Ockers were fast! They were familiar with the terrain but they also went flat out over the rocks and put us to shame.

I was not impressed by the accommodation in Castlemaine and I've given Mum and Dad a few tips (obviously needed) on following minimum tariff levels and standards!

Peter

As the family has covered the warm fuzzies, I will concentrate on the orienteering results.

The ANZ Challenge individual should have been renamed the Secret Challenge as it was buried amongst the Oceania Champs. Maybe this was fortunate as we lost 23-nil, with Amber 6th, Todd 9th, Derek 15th and me 7th.

In the Relays Derek had a very good day with his M50 team winning. I had my worst day with the M45 team 4th. Amber's W18 team also won but was not acknowledged at the time, with a win to Australia overall 18 to 5.

On the day of the schools competition, Derek (8th) and I (6th) ran the Senior Girls' course and while we headed off all but the senior girls' champion, Hanny Allston, she cleaned us by over six minutes.

We also ran a score event on the schools' relay map, one of the few things I do well, with my score of 410 out of 450, 50 points ahead of the 2nd placegetter.

The Park Sprint event at LaTrobe University was a lot of fun with everybody doing the same course. HB results:

Todd	15.07
Peter	16.56
Derek	18.58
Emma	19.51
Amber	20.22
Hayley	21.01
James	23.30
Helen	25.39
Caroline	26.32
Oliver	35.29

In the rocks of Mt Barambogie good results were obtained by Todd (6th M20), me (5th M45A), Derek (5th M50) and Caroline (3rd W40AS).

The final event of the carnival was the Australian Relays held in the town of Beechworth and the surrounding forest. This again was an embarrassment to me, as I was lost for all money, with a second placing in the Mixed A for Emma, Oliver and I a mere 38 minutes behind the winners. Helen, James and Caroline were 3rd in the Mixed B, a much more respectable 3.17 minutes behind the winners.

I look forward to the Aussies coping with Woodhill in January 2005 at the next challenge.

The Watsons

HAWKE'S BAY ORIENTEERING CLUB JUNIOR TRAINING CAMP 2004

INFORMATION

The camp is being held from January 19 – 22, 2004. We will be staying at a camp on Moore Road, Havelock North (this is located on the river side of Tukituki Road). Accommodation will be in bunkrooms and all meals will be provided.

After previous camps there was a noticeable improvement shown by the participants so we will again be aiming to upskill our junior orienteers. This is especially important with the likely changes to junior grades happening next year. The camp will cater for yellow, orange & red level orienteers of intermediate school age or older. Previous camp coaches, Stu Barr and Lisa Frith were so impressed by the participants at previous camps that they are keen to return.

The camp will commence at 1.30pm on January 19. A programme will be forwarded to participants a few days before the camp (around January 15).

The cost of the camp will be \$45. (\$90 full cost, which is subsidised 50% for club members, who have not received a camp subsidy since 1 November).

If you wish to participate, please complete the form below and forward with your payment (cheques made payable to 'HB Orienteering Club') to Geoff Morrison, 27 Margaret Avenue, Havelock North, by January 13, 2003. If you have any queries, please phone me on 877 4870, before December 18.

PARENTS/CAREGIVERS

Thanks to those who have indicated their availability to assist at the camp. The camp will not happen without your support as help is required with transportation during the camp, with the coaching exercises and the general care & supervision of the juniors attending the camp. For those who are happy to stay at the camp, accommodation will be in the bunkrooms or alternatively, there is plenty of space for camping. You are also welcome to share the fine meals which will be provided.

✂

JUNIOR NAME:

Any special dietary needs/ preferences?

Any special medical needs?

PARENT/CAREGIVER NAME:

Are you able to assist with the following on one or more days?

- **Transport**
- **Meals**
- **Coaching**

Do you wish to stay at the camp?

If staying, do you have any special dietary needs/preferences?

Walkers... Trampers... Orienteers... Runners... Adventure Racers

Announcing the...

COLONIAL CHALLENGE

5 AND 10HR ROGAINE, WELLINGTON'S WILD WEST COAST, SATURDAY 22 NOV 2003

A unique Physical and Mental Challenge,
where Brain can Triumph over Brawn!

To be held over a 100sq.km area from Makara to Titahi Bay, and between Takarau Gorge/Ohariu Valley and Wellington's wild west coast. Mainly farmland with spectacular views to the South Island, and some interesting tracks through pine forest and native bush near the start.

Orienteering Hutt Valley has pioneered rogaining in New Zealand, running 25 of the 60-odd events since the first one in Belmont Regional Park in 1991. You can be assured of a great event.

What is a Rogaine???

A rogain is a challenge of your physical endurance, navigation, and route choice skills. You visit (on foot) as many control points as you can in a given time. Those further away are worth more points. You lose points if you return over-time. The team with the highest score is the winner.

They are held in scenic, bush or rural areas. We give you an updated topo map. The points you have to visit are marked by circles, and are all on prominent features. But you do need to read the map and this makes it excellent training for adventure races and for safety in the bush. To make a level playing field GPS and altimeters are not allowed. Bring a compass.

The time allowed for a rogain ranges from three hours up to the classic length of 24 hours. The Colonial Rogaine will be 10 hours, with a 5-hour option. It will be held in daylight.

Where Is It???

The area is between Makara and Titahi Bay, next to the wild west coast! The start and finish will be near Porirua only 30 minutes from downtown Wellington, but you could be 100 miles from civilisation!

The area is farmland with some scrub, pine forest and native bush, mostly below 300m. At the northern end it rises to Colonial Knob, 458m. Travel in the bush will be best by tracks and other routes which will be shown on the map.

How Long Is It???

* **10-hour event** starts 7am, finishes 5pm. The top teams will travel south towards Makara, but may also reach Titahi Bay in the north. There may well be a checkpoint on top of Colonial Knob!

* **5-hour event**, starts midday, finishes 5pm. You won't get as far as Makara, but you'll have to choose between checkpoints in the north and south, and climbing the Knob!

Note that you don't have to stay out for the whole time. You get a result no matter how many or how few controls you visit.

How Do I Enter???

Rogaines are for teams of 2-5, with 2 persons most common. Pre-entry is required to get a map with the control points and additional tracks marked on it, one map per person. Limited spare maps for on-the-day entries.

What Happens on the Day??

The event is based at Spicer Reserve in the shadow of Colonial Knob. Find it from the Porirua City Centre by following Kenepuru Drive south past the hospital towards Tawa; right into Raiha St; left into Broken Hill Rd (orienteeing signs from Kenepuru Dr.) No camping onsite, the nearest is Camp Elsdon in Raiha St, Ph 04 237 8987. Plenty of other options throughout the greater Wellington area.

You can collect your map, control list, score card and sheet of final instructions an hour ahead of your start time. You are free to plan your route before the start time. There is a briefing 15 minutes before, then GO!!!

Control points are prominent features such as track junctions, farm dams or huts. Each one will be marked with a distinctive tape with a code letter, which you record to prove your visit. **No tricky navigation or cryptic questions** - the winners will be those with the best combination of fitness and choice of route.

You return by 5pm. Late finishers will have points deducted. We do a quick count-up and declare the results within a few minutes. We'll also post on the internet the complete results and analysis of the most popular controls.

One of the nice things about a rogaine is that everyone finishes at the same time, you can compare your routes. We'll have a BBQ-type meal for you, and some small prizes. The event is not sponsored, we put all our effort into the organisation!!

Tell Your Friends!!

We're sure this challenge will appeal to adventure runners and trampers as well as orienteers, and ask you to pass on this advertisement.

Further information from the course planner Tony Gazley, Ph 04 478 3491, or Mike Sheridan Ph 04 562 8839. Additional info will be posted on the RogaineNZ website which also has lots of useful background. Practice on the afterwork 3-hr "shoestring" rogaines! The address: www.mapsport.co.nz/rog/rogaine.html

Entry Form for Colonial Challenge, 22 November 2003

Team or Leader Name			
Rogained before? Yes No			
Address			
Phone			
Email			
Circle one option: 5-hour or 10-hour?			
Circle if you qualify for: All-Women Team, Mixed Team, All-College Team			
Person #1	<input type="radio"/> Club	<input type="radio"/> U21?	\$
Person #2	<input type="radio"/> Club	<input type="radio"/> U21?	\$
Person #3	<input type="radio"/> Club	<input type="radio"/> U21?	\$
Person #4	<input type="radio"/> Club	<input type="radio"/> U21?	\$
Person #5	<input type="radio"/> Club	<input type="radio"/> U21?	\$
Printed Results (available for free on the web)			\$
Total enclosed			\$

Entry Fees:

\$25 per person 10hr event

\$5 discount for 5hr event

\$5 discount for orienteering club members

\$5 discount for students under 21 on the day of the event

You can apply all the discounts you are eligible for!

Late Entries (received after 15 Nov) \$5 extra per person

We don't plan to acknowledge entries, and we'll use the RogaineNZ website www.mapsport.co.nz/rog/rogaine.html to publish results. If you would like a printed copy, enclose a stamped addressed envelope and another \$5.

Cheques to "Hutt Valley Orienteering Club".

Send to arrive by Saturday 15 Nov to

"Colonial Challenge", P. O. Box 30398, Lower Hutt

Safety

In bad weather the usual risk of sprained ankles may be compounded by hypothermia. If necessary, we may reduce the length of the courses by delaying the start, advancing the finish, and/or declaring some of the control points out of the event, or any other steps to minimise risks.

The most important safety feature is your team, and team-mates must stay in verbal contact except to obtain help for injury. Teams should carry polyprop top and bottom, hat, gloves, parkas and whistle (each), a basic first aid kit, survival blanket and torch. If you have a cellphone, please bring it.

Backgrounding Rogaines

The Colonial will be Orienteering Hutt Valley's 30th rogaine. We enjoyed the area so much five years ago that we decided to go back, with a different start location.

A rogaine is essentially a "treasure hunt" over a wide area. You are given a map with a large number of "control points" marked on it. You have to visit as many of them as you can in a set time. How much "treasure" - in this case points - that you actually get is determined by time, physical ability, and "canniness". (Translation: the ability to pick the best route to get the most treasure for the least possible physical exertion.)

The time allowed ranges from 3 hours up to the classic rogaine length of 24 hours. Dunedin rogainers organised the NZ's first 24-hour event in January 95, and kiwis have taken part in all five World Championships. In fact New Zealander Greg Barbour with Australian David Rowland is the current World Champion, decided last year in the Czech Republic. New Zealand has championships too, the 2003 one a 24-hr event at Roxburgh on 15/16 March.

In a "classic" 24 hour rogaine, route choice decisions are of paramount importance. Teams usually return to base (where food is provided by the organisers) at least once during the 24 hours. Some teams then carry on, perhaps having left easier controls to visit in the darkness. Others prefer to snatch some sleep, in the hope that they will be able to go faster in the morning. The beauty of the sport is that you can visit as many or as few controls as you feel like, and still figure in the results.

Rogaines have been held by Orienteering Hutt Valley since 1991, when the first one of 4 hours was held in Belmont Regional Park. Events since then have gradually built up to 12-hour events held in the Karapoti area, Terawhiti Station, Makara coast, and Rimutaka Forest Park. At the same time, low-key after-work "shoestring" rogaines have been run over just 3 hours, as a way of getting practice particularly in night navigation. ***Four shoestring rogaines are planned during Oct-Nov as a leadup to the Colonial – check the website below.***

Don't imagine that this will be a "runners' event" - even in the World Championship you don't see much running. Those who have tried this type of "mapsport" have found that planning your route to gain the highest score, and being able to modify it as the deadline approaches, are just as important as physical strength. Teams have missed out on a win by a couple of minutes' lateness!

The Colonial Rogaine is designed to cater for all levels of fitness - first-timers can get a taste of this excellent sport, and more experienced rogainers have an opportunity to test their strategies once again. We look forward to seeing you on the day!

The Colonial will be held on Saturday 22 November. Pre-entries from teams of 2-5 people are required, so we can prepare a special version of the 1:50,000 Topo map for you. Further information from Tony Gazley, Ph 04 478 3491, or Mike Sheridan Ph 04 562 8839, or the RogaineNZ website www.mapsport.co.nz/rog/rogaine.html

SEAFIELD ROAD – A BRIEF HISTORY OF THE MAP

Brian Crawford and Maurice Lloyd started mapping Seafield Road in December 1984 and finished in September 1985. It took them 88 hours spread over 17 days. Maurice did the northern part and Brian the rest, including the open country to the south of the forest boundary. This part was subsequently divided into lifestyle blocks and deleted from the map.

While working round a large block of blackberry in a re-entrant, still shown as the most easterly green area, one of them found a track leading into it. Thinking it might be a usable shortcut, it was followed and instead found a sizable patch of marijuana. When the local farmer, who was renting the grazing, heard about it he was furious and phoned the police straight away.

In those days Stuart Hyslop had been doing photogrammetry for various clubs but had not been otherwise involved in mapping for orienteering. Brian decided to invite him out to show him how we went about actual mapping in the field. Visibility was very poor as the trees were young and unpruned. In one area with a few boulders but otherwise no recognisable features to locate with, the photogrammetry showed two X's. Brian asked what they were. Stuart said they were most probably trees in the pre-forest days. Stuart says he can still remember the way Brian's whole face lit up when they found the stumps and therefore knew exactly where they were. Stuart has gone on to become one of the best orienteering photogrammetrists in Australasia.

The area was remapped in 1997 and this time it took Brian 62 hours over 12 days, partly due to the trees being much taller and pruned. The lifestyle blocks south of the forest were omitted but more land on the North East side was added on so the total area was almost the same.

Brian C

SEAFIELD ROAD

September 9th

As soon as I knew I was setting Seafield Road, I started planning. This year I intended to have everything done before my busiest time at work. I photocopied old maps and started planning courses. I spoke to Max, who pointed out that it was a long way off. I contacted the farmer who told me that it was a long way off and to contact him nearer the date. The event eventually got near enough to talk about, the farmer said no. So, with the support of Andy Porter the forest owner I concentrated on the forest area only. Still plenty of time, just not so much. Max had by then booked a holiday. Still plenty of time, just not so much. Derek took over as vetter but of course was tied up with the School Championships.

Then when I thought I had most of the courses, I visited the site to find the owner had taken out quite a few fences so I had to re-design some of the lower grade courses. Then the snow came and took out masses of trees, turning difficult areas into 'no go' zones. I sent Derek the courses on poor photocopied maps and we met at the forest. We walked around. Derek explained where different courses would be coming from and their next controls. This was impressive because I had the map.

I am applying to SPARC for funding to have Derek's cells g.e'd for all orienteers. My theory is that Derek has had the area of the brain that deals with pain removed, and had OCAD, Condes and GPS installed. On the Saturday before the event Derek set off with a blank map to draw on the controls and check the numbers, all fifty of them.

85 people completed courses. Looking at the results, you notice that Amber has inherited the family no pain gene, showing my fellow RM runners the way home. Geoff may draw attention to DM's broken bones, blindness and non-functioning knees whilst ignoring his own comeback from what he called his "set back". I vote we DSQ Hamish for running/being too healthy/rude health? The winning times were close to what I had planned. There were no major problems from my point of view, except I had tried to print off a separate and cryptic control description for Richard but failed, thus missing my chance to creep up a few points in the OY. Thanks to Ken for sprinting round.

USEFUL TIPS FOR SETTERS

1. Start early, but not too early – allow for snow, rain, wind, farmers, veters and Condes that refuses to print words.
2. When planning your courses, put your controls in a rough area rather than an exact point, until you visit the site
3. Read and re read the control guide, smooth angles to avoid doglegs.
4. When trying to save the number of controls in total be sensible. DM pointed out that I had at one point two courses going head to head.
5. Allow double the time for everything and then add some more. On the Saturday I had only 12 controls to put out, I started at 9 am and left at 4 pm.
6. If you plan to start high (or away) plan how you are going to get the stuff there!

Thanks to Andy Porter the owner of Puna Mara, who not only is generous, and enthusiastic but also keeps an eye on the club from Vancouver. Thanks to DM for the faxes, letters under the Cathedral door and 2 days on site. Thanks to Dave F for the Condes lesson and for G and P Morrison for their help trying to get the #\$\$!^& thing to print. Thanks to the all the helpers especially Hayley and Amber (who collected the highest long distant controls although I had the 4 wheeler). Thanks to Stuart and helpers who magiced everything away and to Erica for her company on our scenic tour of Puna Mara, marred only by the noise of the four wheeler and having to collect controls.

Alan O

RESULTS - SEAFIELD ROAD

Setter: Alan Oates Vetter: Derek Morrison

Red Long 6.0km 450m climb

Hamish Goodwin	71.18
Geoff Morrison	81.26
Peter Watson	82.55
Chris Howell	90.30
Terry Russell	100.47

Red Medium 3.6km 220m climb

Amber Morrison	53.13
Ken Holst	55.42
Richard Lynn	56.55
Wayne Hosking	57.30
Rob McDonald	60.29
Bruce Perry	62.08
David Fisher	63.54
Paul Smith	65.04
Pamela Morrison	72.40
Hayley Oates	74.08
Caroline Watson	77.23
Mark Cooper	83.40
Bob Pocknall	84.16
Josie Boland	94.23
Wayne Lee	102.30
Rimie Coppelmans	DNF

Red Short 2.7km 200m climb

James Watson	49.00
Stewart Hyslop	56.25
Alan Berry	58.26
Keith Vincent	63.12
Paul Steeds	74.04
Faye McDonald	74.59
Diane Lucas	76.14
Helen Watson	76.36
Catherine Lee	78.45
Philip Baker	85.11
Sharon Mardon	88.45
Catherine Howell	93.33
Brian Crawford	97.31
Beryll & Scotty Smith	98.29
Emma Watson	DNF
Steve Armon(2 nd course)	DNF

Orange 3.5km 230m climb

David Harrington	51.39
Scott McDonald	54.45
Steve Armon	57.35
Cara McDonald	62.36

Jack Vincent	63.58
Rachel Goodwin	71.17
Rob Poulgrain	71.38
Grant Edmonds	73.53
Mark Hazlehurst	91.13
Caroline Vincent	96.45
Anna Blackmore	127.10
Deborah Turner	DNF

Yellow 2.0km 145m climb

Josh Nicholls	24.22
Jaime Goodwin	31.22
Steven Bennett	31.48
Hayley Tristram	33.41
Temple Wainwright	34.58
Chloe Gregory	35.13
Anna Powell	36.24
John Hohepa	37.01
Olivia Gregory	37.21
Duncan Morrison	38.43
Kate Morrison	38.50
Ryan & Mel	40.15
Louise Goodwin	42.57
Hone Kingi	43.46
Julian White	45.51
Charmaine Tuhaka	46.45
Alex Hazlehurst	56.10
Rosemary Wood	72.19
Oliver Watson	81.05
Nikki Harrington	87.24
Kym McRae	90.52

White 2.1km 150m climb

Chris McDonald	31.42
Hayden Tristram	33.02
Kelly Cooper	38.20
Andrew Hill	41.28
Gail & Hamson Gregory	55.24
Tim Coppelmans	76.47
Anna Coppelmans	77.15
Elouise Edmonds	91.27
Campbell Edmonds	93.34
Sean Morrison	98.56

String

Helen Howell	completed
Caroline Howell	completed
Nicholas Cox	completed

PUKEORA HILL

21st SEPTEMBER 2003

I should have followed my first instincts and written this report immediately after the event.

I had a lot of fun re-learning how Condes worked and I was also keen to learn how OCAD worked, but the logistics were impractical. The whole system was very impressive with Rush Print producing a high quality map.

The intention was for you to have a map with control numbers (not points) and the control descriptions on the front of the map, but alas it was not to be. I hope you had fun finding the tunnel and crawling into the cave.

Hamish got all the controls within the time limit with Derek 2nd and Geoff 3rd in the Senior Men.

Royce Mills was 40 points ahead of Pamela in the Senior Women, but 50 points behind Amber's score in the junior girls.

For those of you who like to compare routes, and still have your maps, here are two of them:

Hamish:

1,3,7,8,27,13,11,9,25,16,2,12,4,5,15,10,14,22,19,23,17,26,20,24,21,18,6.

Derek:

5,4,12,2,9,16,25,11,13,1,3,7,8,27,21,24,20,26,17,23,19,22,10,15,18,6.

My preferred route would be Hamish's route in reverse as on a bigger map you may have to leave something out to get home on time and this leaves more to choose from.

Thanks to Pamela, Terry, and the family for their assistance.

Peter

RESULTS – PUKEORA HILL

Setter/Vetter: Peter Watson

White

Josh Nicholls	18:50
G. Gregory	21:19
James Hinks	22:31
Chloe Gregory	28:30
David Harrison	30:00
Jules Double	31:12
Callum Nicholls	33:01
Graham Eden	44:03
Harrison Gregory	44:59
Hayden Tristram	51:44
Olivia and Sam	55:09
Helen Howell	75:50
Sean Morrison	DNF
Ryan W	DNF

Senior Women

Royce Mills	370
Pamela Morrison	330
Caroline Watson	300
Faye McDonald	300
Erica Hobbs	250 (260 – 10)
Sharon Mardon	190
Robyn Davidson	190
Brenda Campbell	70

Junior Men

C Boland Bristow	390 (410 – 20)
Paul Smith	300 (310 – 10)
Scott McDonald	260 (270- 10)
Duncan Morrison	260
Chris & Rob McD	200

SCORE EVENT

Senior Men

Hamish Goodwin	500 points
Derek Morrison	480
Geoff Morrison	460 (500 – 40)
Richard Lynn	410
Terry Russell	390 (430 – 40)
Chris Howell	380 (390 – 10)
Todd Oates	370 (420 – 50)
Geoff & Jess Paget	350
Bruce Perry	340
Alan Berry	330 (340 – 10)
Eric Dunbar	320
Steve Armon	320 (340 – 20)
Greg Bristow	300
David Fisher	300
Wayne Hosking	290 (300 – 10) unofficial
Rob Poulgrain	280 (320 – 40)
Stewart Hyslop	280
Max Kerrison	250
Mark Cooper	230 (310 – 80)
Paul Steeds	230
Philip Baker	220
Brian Crawford	170
Dave Smith	90 unofficial

Junior Women

Amber Morrison	420
Emma Watson	310
Rachel Goodwin	300 (310 – 10)
Cara McDonald	280 (300 – 20)
Helen Watson	260 (270 – 10)
Kate Morrison	260
Jaime Goodwin	200
Hayley Tristram	140
Anna Blackmore	140

Horseshoe Bend

OCTOBER 5TH

As I sit at the computer, at the last minute to write this report, I look up for inspiration to see a poster on the wall. It says “ I’ll tell you tomorrow why the things I planned yesterday didn’t get done today”. While it has nothing to do with orienteering it has everything to do with our responsibility for the Horseshoe Bend event held on October 5th. In fact, I wonder why I am writing the report when Graeme is down as the setter and I am just the helper-oh yes HBHS Sports Dinner!

It was great to be able to organise an event to be held in the school holidays. The time off did allow some extra time for planning and checking the course, and of course thinking of a variation for a well- known map. The idea originally came from Terry who was going to be the vetter until it interfered with other plans. Luckily Chris came to the rescue to help us develop an alternative type course for this event. While on the adults coaching course last year with Neil Kerrison, I liked the exercise where we had to draw our own map of what we would see between two controls, so this along with Terry’s idea of a memory map was developed to create the event.

We appreciated the gusto that everyone undertook to complete the course, especially the two who started without reading the information- “What were the two different coloured maps for?” It was unfortunate, but perhaps to be expected that this would create too much of a challenge and both DNF. However for most, the two memory maps provided some challenge and encouraged some development of skills required in orienteering that we sometimes don’t practise when we have the comfort of a map in hand. There were also two other variations – Derek who didn’t want any reminders on the way and Neil, who was a DNF because he needed more than the intermittent reminders and requested a map (it must have been a hard night especially as he was one of the inspirations for this course!).

Thanks must go to Chris Howell for his support and encouragement in planning this event. Thanks also to Hamish and Ken for helping set up and Rachel and Jaime for organising Aari, Jay and Cam in the caravan. Just a word of warning for next years event organiser. The Barrett’s events always bring rain and extremely cold weather. You might like to consider a time of year when there might be a drought so the farmers can get some rainfall.

Jenni

RESULTS - HORSESHOE BEND

Setter: Graeme Barrett

Vetter: Chris Howell

Memory Long 6.6km 225m climb

Hamish Goodwin	54.06
Derek Morrison	54.27
Geoff Morrison	55.09
Terry Russell	60.54
Richard Lynn	92.56
Paul Smith	DNF

Memory Short 4.2km 115m climb

Scott McDonald	40.31
Mark Cooper	41.01
David Harrington	41.15
Ken Holst	42.28
Wayne Lee	44.47
Faye McDonald	46.03
Pamela Morrison	48.31
Cara McDonald	50.32
David Fisher	53.00
Philip Baker	53.32
Colin Jones	60.31
Stewart Hyslop	61.39
Bob Pocknall	62.48
Sharon Mardon	63.41
Wayne Hosking	64.27
Paul Steeds	66.18
Ruth Vincent	102.17
Jo Eames	DNF
Dave Smith	DNF

Orange 4.56km 150m climb

Aari Barrett	42.35
Steve Armon	47.14
Erika Boland Bristow	50.39
Conal Boland Bristow	54.05
Grant Edmonds	54.57
Greg Bristow	56.41
Rachel Goodwin	60.45
Erica Hobbs	67.59
Josh Nicholls	74.00
Mark Hazlehurst	79.34
Rob Poulgrain	98.53
Anna Blackmore	106.16
Catherine Lee	109.26
Raymond Taylor	DNF

Yellow 3.9km 120m climb

Chloe Gregory	49.17
Jaime Goodwin	50.38
Duncan Morrison	51.44
Kate Morrison	53.23
Anna Powell	58.37
Conrad	59.13
Chris McDonald	59.30
Nigel Field	59.32
Olivia	62.03
Nikki Harrington	69.43
Rachael Ferguson	80.22
Toby, Charles & Chloe	84.08
Harrison Gregory	89.01
Anne & Ted	106.20
Sue, Stuart & Monica	122.11
Logan Family	DNF

White 2.5km 110m climb

Daniel Scannell	23.14
Evie Beamish	25.09
Chloe	25.57
Katie Eames	28.03
Callum Nicholls & Murray	31.22
Nic Harty- Morris	34.19
Elouise & Campbell	41.33
James McKenzie	44.35
John & Marijke McKenzie	44.36
Emma Blackmore	45.48

Arborfield – OY6

19 October 2003

The really, really nice thing about Arborfield is that you don't need many controls. Just 46 controls for the entire event, and that includes the string course.

As you know doubt discovered this map is a little difficult to orienteer through at the moment. Some areas of the forest have been pruned, but no stock has been let back in, so the going is rather slow. Much of the area has also been "ripped" by bulldozer before going into forest, making the slow going even slower. Other parts you might say are somewhat steepish. All this, plus looking at previous results for Arborfield, led to surprisingly short distances for the courses.

Our main aim for the red courses was to try to provide a route choice. Pamela and I took a long time to sort out the long leg on the red long and medium courses, so it was great to hear people had used the various routes. It was difficult to create a red short course due to the rough terrain and the short distance.

If you are extremely observant, and compare today's map with an older one, you will notice that a water trough is missing. Sorry about that. When putting the controls out I couldn't find the water trough. Then, while having lunch, I met the local farmer who reckoned the trough was there, but not marked correctly on the map. I looked again after lunch, no trough. I put the control in a nearby re-entrant, went home and removed the trough from the map. Later Pamela checked the control sites and found the trough, oh dear, maps were already printed. I looked again after all the final starters had gone. Yes, the trough really is out there. (I'll put it back on the map for next time.)

Our best wishes to Anne Sapsford, who broke her ankle. (We hope Ted knows how to cook and keep the house tidy!)

Thanks to the boys who rescued Anne and to Geoff, Pam, Hamish and Derek for collecting the controls.

David Fisher.

RESULTS - ARBORFIELD

Planner:David Fisher

Controller:Pamela Morrison

Red Long 5.1km Climb 310m

Neil Kerrison	62.30
Derek Morrison	65.02
Peter Watson	67.05
Hamish Goodwin	71.12
Todd Oates	74.11
Terry Russell	85.24
Geoff Morrison	93.30
Chris Howell	DNF

Red Medium 3.225km Climb 160m

Ken Holst	53.54
Max Kerrison	59.12
Richard Lynn	60.29
Rob McDonald	71.51
Caroline Watson	71.56
Amber Morrison	72.20
Wayne Lee	77.31
Diane Lucas	79.43
Greg Bristow	79.47
Wayne Hosking	80.31
Erica Hobbs	82.53
Robyn Davidson	105.44
Hayley Oates	111.27
Beryll & Scotty Smith	143.53

Red Short 2.175km Climb 125m

Graeme Barrett	39.42
James Watson	40.49
Alan Berry	46.20
Stewart Hyslop	46.58
Faye McDonald	49.11
Emma Watson	50.26
Cara McDonald	52.29
Catherine Howell	59.44
Sharon Mardon	61.17
Helen Watson	62.22
Philip Baker	70.50
Jennie Barrett	73.37
Paul Steeds	76.55
Brian Crawford	89.32
Catherine Lee	92.09
Dave Smith	110.06
Paul Smith	DNF
Rinie Coppelmans	DNF

Orange 2.65km Climb 145m

David Harrington	44.15
Scott McDonald	53.44
Jack Vincent	54.00
Marcus Harrison	56.42
Steve Armon	59.24
Rachel Goodwin	64.25
Conal Boland Bristow	80.44
Nigel Field	83.25
Rob Poulgrain	83.54
Anna Powell	86.44
Anna Blackmore	86.48
Caroline Vincent	88.25
Charles	96.53
Robbie Sixtus	96.53
Phillip B	96.53
David Leppard	98.50
Lara Evans	98.54
Chloe Smith	98.54
Toby Hunter	99.49
Louis Kirton	99.49
Patricia Larsen	102.55
Ruth Vincent	109.47
Ted Sapsford	DNF
Erika Boland Bristow	DNF

Yellow 2.125km Climb 115m

Aari Barrett	28.19
Josh Nicholls	33.47
Sophie Eames	38.42
Duncan Morrison	39.27
John Hohepa	39.46
Kate Morrison	41.33
Temple Wainwright	45.00
Jaime Goodwin	47.23
Sue Field	52.05
Maddie Lawson	63.20
Catherine Colhoun	82.27
Chris McDonald	90.13
Oliver Watson	91.14
Nikki Harrington	100.32
Max Turnbull	DNF
Anne Sapsford	DNF

White 1.95km Climb 65m

Katie Eames	17.38
Daniel Scannell	18.10
Jamie Brigham Watson	19.35
Vicky Field	25.51
Courtney & Hariet	26.30
Monica Dockary	28.14
Callum Nicholls	30.07
Robyn & Dale Nicholls	32.50
Sean Morrison	33.56
Tim Coppelmans	43.28

String

Helen Howell	6.07
Nicholas Cox	8.00
Caroline Howell	9.01

A REQUEST

Jane Cloete (Dunedin) would like to hear from any Kiwis who are thinking of/definitely going to APOC in Kazakstan next May. Please could you get in touch with her at j.cloete@xtra.co.nz

The CD Champs

October 26 -28, 2003

Over 35 HB club members headed off to the CD Champs at Labour weekend. There were 3 days of orienteering on offer. Day 1 was run by Taupo at 99 Hills, one of the last chances to run on this map before the trees are felled in the next couple of years. Days 2 and 3 were run by Rotorua, with Day 2 held at Omahanui, north of Taupo and Day 3 a Park-O style sprint in Rotorua. Numbers decreased between Days 1 and 2 and only three Hawke's Bay people stayed for Day 3.

It started raining in Taupo on Friday night and was still pouring Saturday morning. The event centre at 99 Hills was a rather cold and dismal place first thing Saturday morning as figures in jackets scuttled down to registration then back to the shelter of their vehicles. Luckily the weather improved as the day went on and eventually the rain disappeared, although the cool weather posed the problem of what to run it – jacket? polyprop? HB club top?

99 Hills is a technically tough map but there were some very fast times. HB grade winners on the day were Duncan Morrison, Helen Watson, Erica Hobbs, Alan Berry, Amber Morrison, Richard Lynn and Chris Howell.

The saddest part of the day was to hear that Taupo club member Chris Morris, whose wife Gina died of cancer just 10 days earlier, had slipped and broken his leg. With five children under 17, including a pre-schooler, it was the worst news possible.

Sunday was lovely and sunny, although that cool wind was still blowing around. Eucalypt forest again at Omahanui, but not quite as technical and tough as 99 Hills. The courses were longer with more climb, but once again many HB runners had winning runs – Christopher McDonald, Jaime Goodwin, Joshua Nicolls, Cara McDonald, Louise Goodwin, Erica Hobbs and Pamela Morrison.

The Park O sprint had three HB starters – Todd, Richard and Erica, with Todd having the best run of the three, coming in 7th in the men's event:

TOP 3 PLACINGS, DAY I, CD CHAMPS.

M12 – Duncan Morrison (1st), Christopher McDonald (3rd)

M14 – Joshua Nicholls (2nd), Oliver Watson (3rd)

W14 – Kate Morrison (2nd), Jaime Goodwin (3rd)

M16 – Daniel McCormack (3rd)

W16 – Helen Watson (1st), Rachel Goodwin (2nd)

W18 – Amber Morrison (1st), Hayley Oates (2nd), Emma Watson (3rd)

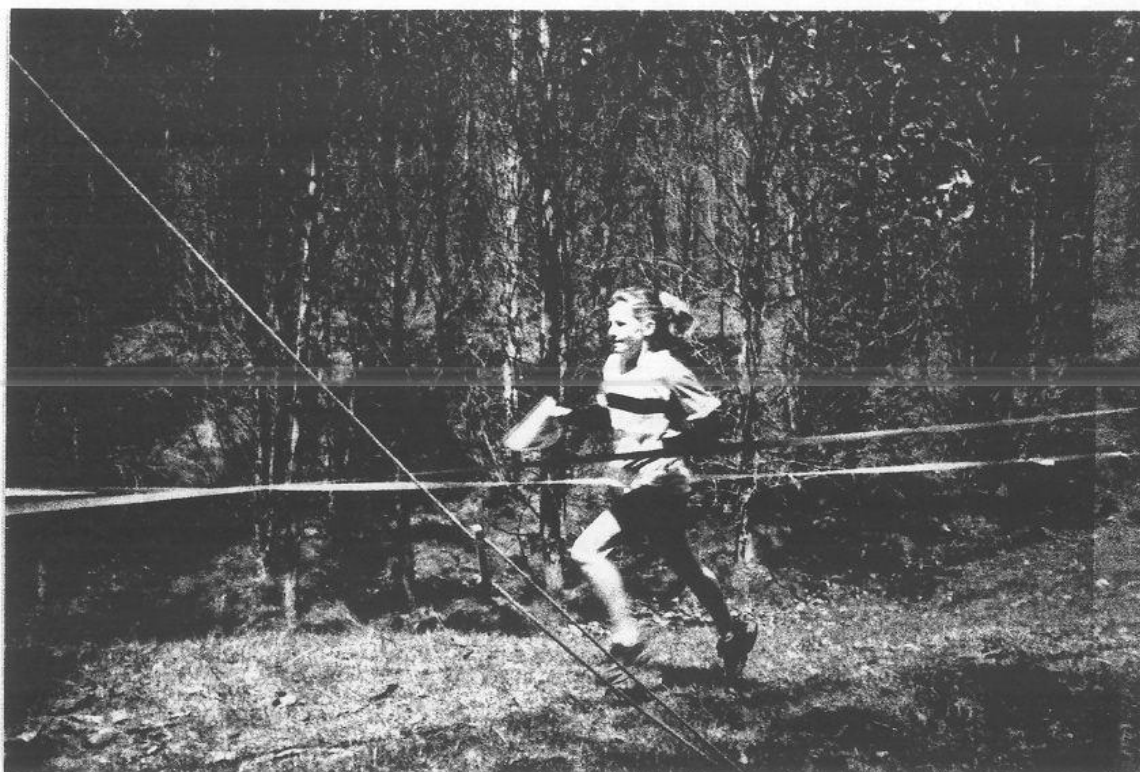
W 40 AS – Louise Goodwin (3rd)

W 21 AS – Erica Hobbs (1st)

W40A – Pamela Morrison (3rd)
M 65A – Alan Berry (1st)
M50 A – Derek Morrison (2nd)
M35 A – Chris Howell (1st)
M21AS – Richard Lynn (1st)

TOP 3 PLACINGS, DAY 2 , CDOY

M12 – Christopher McDonald (1st)
W14 – Jaime Goodwin (1st)
M14 – Joshua Nicholls (1st)
W16 – Cara McDonald (1st), Rachel Goodwin (2nd)
W 40 AS – Louise Goodwin (1st)
W21 AS – Erica Hobbs (1st)
M65 A – Alan Berry (2nd)
W40 A – Pamela Morrison (1st)
M21AS – Richard Lynn (3rd)



Jaime Goodwin finishing W14 in winning style on Day 2 of the CD Champs at Omahanui, north of Taupo.

Orienteer of the Year points: 2003

Red Long	The Slump	Maraetotara	Rochfort	Mission	Seafield Rd	Arborfield	Total	Best 5
Derek Morrison	25.00	24.81	20.25	25.00	25.00(v)	25.00	120.06	124.81
Hamish Goodwin	25.00(s)	21.24	25.00	20.85	25.00	22.83	114.92	119.07
Peter Watson	24.15	23.70	21.73	24.67	21.50	24.24	139.99	118.49
Geoff Morrison	18.60	21.89(v)	18.64	17.41	21.89	17.39	93.93	98.43
Chris Howell	20.48	19.60	16.89	20.27	19.70	DNF	96.94	96.94
Terry Russell		20.03	15.03	16.48	17.69	19.04	88.27	88.27
Mark Hudson	18.62	22.81					41.43	41.43
Bryn Davies		25.00					25.00	25.00
Todd Oates						21.92	21.92	21.92
Red Medium (Men)								
Richard Lynn	25.00	25.00	25.00	25.00	24.46	22.28	146.74	124.46
Ken Holst	24.45	24.94	0.00	25.00(v)	25.00	25.00	99.39	124.39
Rob McDonald	19.49	23.65	24.57	24.57(s)	23.02	18.75	109.48	115.30
David Fisher	24.69	21.44	19.10	22.66	21.79	24.69(s)	109.68	115.27
Bruce Perry	20.40	19.88	22.41	21.87	22.41		106.97	106.97
Alan Oates	22.08	20.87	23.08	17.52	23.08(s)		83.55	106.63
Max Kerrison	19.77	23.07		23.48		22.76	89.08	89.08
Wayne Lee	14.33	14.95		18.17	13.59	17.38	78.42	78.42
Greg Bristow		16.85	21.87	11.30		16.89	66.91	66.91
Bob Pocknall	19.73	13.75		15.60	16.52		65.60	65.60
Wayne Hosking		24.22(s)			24.22	16.73	40.95	65.17
Mark Cooper	13.08		20.38		16.64		50.10	50.10
Aiden Ellmers	11.22	19.14	19.42				49.78	49.78
Ross Davies	23.99	19.35					43.34	43.34
Tom Fargher	19.77	18.95					38.72	38.72
David Tait	14.96	13.69					28.65	28.65
Maurice Lloyd	19.53						19.53	19.53
Craig Tuohy		16.39					16.39	16.39
Gordon Rogers		15.60					15.60	15.60

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Orienteer of the Year points: 2003

Red Medium (Women)								
Amber Morrison	25.00	25.00	25.00	25.00	25.00	24.86	149.86	125.00
Pamela Morrison	22.13	23.27	12.94	22.89	18.31	23.27(v)	99.54	109.87
Caroline Watson	17.64		17.10	23.47	17.19	25.00	100.40	100.40
Hayley Oates	11.17	17.95	18.30	23.02	17.95	16.14	104.53	93.33
Erica Hobbs	20.37	18.69		24.13		21.70	84.89	84.89
Josie Boland		17.24	14.81	21.73	14.10		67.88	67.88
Robyn Davidson		15.90	11.45			17.01	44.36	44.36
Ngaire Davies	22.27						22.27	22.27
Royce Mills		20.57					20.57	20.57
Red Short (Men)								
James Watson	25.00	25.00	22.84	24.31	25.00	24.31	146.46	123.62
Stewart Hyslop	25.00	23.28	21.31	25.00	21.71	21.13	137.43	116.30
Paul Steeds	17.50	19.09	17.77	18.90	16.54	12.90	102.70	89.80
Philip Baker	20.36		15.51	11.60	14.38	14.01	75.86	75.86
Keith Vincent		21.07	24.54		19.38		64.99	64.99
Jon Eames		17.31	23.08	16.91			57.30	57.20
Brian Crawford		17.01	14.50	0.00	12.56	11.09	55.16	55.16
Graeme Barrett			25.00			25	50.00	50.00
Dave Smith	10.97	14.62	8.91			9.01	43.51	43.51
Jason Weeks		17.35		16.00			33.35	33.35
Peter Spall		17.41					17.41	17.41
Philip Mardon		17.25					17.25	17.25
Robert Weeks		15.43					15.43	15.43

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Orienteer of the Year points: 2003

Red Short (Women)								
Emma Watson	25.00	25.00	25.00	25.00	DNF	24.38	124.38	124.38
Faye McDonald		20.21	21.55	23.96	25.00	25.00	115.72	115.72
Helen Watson	24.94	17.00	21.96	21.16	24.47	19.71	129.24	112.24
Sharon Mardon	18.21	20.92	13.88	18.83	21.12	20.06	113.02	99.14
Catherine Howell	15.43	15.60	13.09	17.66	20.04	20.58	102.40	89.31
Jennie Barrett		18.47	22.28	21.61		16.70	79.06	79.06
Catherine Lee	18.26	18.19			23.80	13.34	73.59	73.59
Jo Eames		16.36	19.72	18.27			54.35	54.35
Diane Lucas	22.55				24.59		47.14	47.14
Louise Goodwin	18.36		15.90	0.00			34.26	34.26
Erika Boland - Bristow	19.03	10.97		0.00			30.00	30.00
Jenny Eatson	15.41						15.41	15.41
Orange (Men)								
David Harrington	25.00	22.63	24.47	23.96	25.00	25.00	146.06	123.97
Scott McDonald	21.29	25.00	25.00	25.00	23.58	20.58	140.45	119.87
Jack Vincent	24.38	21.71	24.38		20.19	20.49	111.15	111.15
Steve Armon	10.94		18.49	17.18	22.43	18.62	87.66	87.66
Paul Smith	20.85	24.24	21.76				66.85	66.85
Frank Nuhaj		15.16	17.65	0.00			32.81	32.81
Rob Poulgrain					18.03	13.19	31.22	31.22
Conal Boland-Bristow		13.97				13.7	27.67	27.67
Ted Sapsford	12.58			11.27		DNF	23.85	23.85
Jim Spall	17.91						17.91	17.91
Grant Edmonds					17.48		17.48	17.48
George Macmillan		15.36					15.36	15.36
Stephen Dodd		14.58					14.58	14.58
Mark Hazlehurst					14.06		14.06	14.06
Scott Bicknell		13.54					13.54	13.54

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Orienteer of the Year points: 2003

Orange (Women)								
Cara McDonald	25.00	25.00	25.00	25.00	25.00		125.00	125.00
Rachel Goodwin	21.17	19.90	19.17	17.53	21.96	25.00	124.73	107.20
Caroline Vincent	14.13	17.67	15.12		16.18	18.21	81.31	81.31
Ruth Vincent	15.32	16.86	16.05			14.67	62.90	62.90
Deborah Turner		13.86	22.21	15.62	DNF		51.69	51.69
Anna Blackmore					12.31	18.55	30.86	30.86
Patricia Larsen		12.97				15.65	28.62	28.62
Pauline Klay		18.38					18.38	18.38
Lizzy McNutt		16.23					16.23	16.23
Lyn Bowcock	12.03						12.03	12.03
Jacqui Campbell		11.83					11.83	11.83
Yellow (Men)								
Josh Nicholls	8.69	19.60	25.00	25.00	25.00	20.86	124.15	115.46
Duncan Morrison	21.55	18.03	22.32	23.13	15.73	17.86	118.62	102.89
Aari Barrett		25.00	23.97	23.60		25	97.57	97.57
Sam Eames	25.00	17.50		18.71			61.21	61.21
Jules Double		10.60	17.99	15.55			44.14	44.14
John Hohepa					16.46	17.72	34.18	34.18
Robert Spall	15.10	15.94					31.04	30.04
Oliver Watson				11.22	7.51	7.72	26.45	26.45
Daniel Weeks	12.98	11.77					24.75	24.75
Hone Kingi					13.92		13.92	13.92
Angus Mackenzie		9.67					9.67	9.67
Yellow (Women)								

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Orienteer of the Year points: 2003

Jaime Goodwin	25.00	22.70	22.99	25.00	25.00	20.42	141.11	120.69
Kate Morrison	24.65	25.00	20.32	23.52	20.21	23.29	136.99	116.78
Sophie Eames	21.63		25.00			25	71.63	71.63
Rachel Ferguson	15.75		17.08	19.65			52.48	52.48
Nikki Harrington	9.82	10.22	9.02	12.28	8.97	9.62	59.93	50.96
Sophie Fargher	21.29	21.13					42.42	42.42
Debbie Hudson	19.20	17.11					36.31	36.31
Hayley Tristram					23.29		23.29	23.29
Anne Sapsford	12.28			10.82		DNF	23.10	23.10
White (Men)								
Chris McDonald	22.83	25.00	25.00	25.00	25.00		122.83	122.83
Jay Barrett	25.00		19.76	19.09			63.85	63.85
Sean Morrison	14.06		10.64	11.34	8.01	14.43	58.48	58.48
Jamie Brigham-Watson						25	25.00	25.00
Hayden Tristram					23.99		23.99	23.99
Willy Glass		22.12					22.12	22.12
Kelly Cooper					20.68		20.68	20.68
Callum Nicholls						16.25	16.25	16.25
Campbell Edmonds					8.47		8.47	8.47
White (Women)								
Katie Eames	19.30	22.73	25.00			25	92.03	92.03
Stacey McCoy	25.00	25.00					50.00	50.00
Elsa Vincent	12.09	10.95	10.57				33.61	33.61
Elouise Edmonds					25		25.00	25
Hayley Tristram		24.09					24.09	24.09

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THE "JUNIOR" JUNIOR CAMP 2003

Hey, not quite old enough for the big junior camp? Well don't worry you have four years of that still to come, but meanwhile here's an opportunity just for you, years 6,7,8 & 9, to build-up your orienteering skills and have a lot of fun getting to know other juniors from around New Zealand.

Beverley Holder, with the assistance of the New Zealand Orienteering Federation (NZOF) is organising a training weekend based on the Kapiti Coast in mid-December. Beverley is an experienced Guides leader and will be assisted by some great orienteering coaches.

It seems likely that M/W 12 will be running yellow next year and M/W 14 orange. This camp will give you navigation skills to master this level of orienteering. Numbers are strictly limited at 20, so get in quick registrations are accepted on a first in, first served basis. All entrants must be NZOF affiliated.

AND NOW THE DETAILS

Dates: 12-14th December, arrival on Friday night.

Maps: The brilliant local sand-dune terrain, plenty of detail and not too many hills.

Accommodation: Paekakariki Holiday Park

Cost: \$45 includes accommodation, food, maps, coaches

TO REGISTER

Please fill out the form below and return as requested.

Information given about your orienteering ability will be forwarded to the coaches and will allow them to plan activities at the appropriate level. Please help us with this as it makes it easier and provides more value for everyone.

HELPERS

Any parents able to help at the camp would be much appreciated we need several cars to enable transport to the maps.

FURTHER DETAILS

Further details, such as a detailed programme, arrival time, and participant's list will be circulated nearer to the time of the camp. The camp will be quite intensive with multiple exercises on each day and introductory session on Friday night and an orienteering technique session on Saturday night. It will be a great learning and social occasion.

Any questions? Please contact Jamie, coaching@nzorienteering.com or (03) 4792512

HBOC FIXTURES 2003

22/06/2003	Club Points Champs	Mangarara	Erica Hobbs	Mark Hudson	Debbie hudson
6/07/2003	Club	Guthrie Smith	Bob Pocknall	Max Kerrison	Hayley Oates
27/07/2003	Club	Bluff Hill	Josie Boland	Richard Lynn	Erika Boland-Bristow
10/08/2003	Club	Park Island	Craig Tuohy	Gordon Rodgers	Catherine Lee
24/08/2003	Club (Night Event)	Havelock Hills	Cara McDonald	Pamela Morrison	Faye Mcdonald
7/09/2003	Club OY 5	Seafield Road	Alan Oates	Max Kerrison	Deborah Turner
14/09/2003	WOA Relays	Queen Elizabeth Park	Paekakariki	Wellingto O Club	
21/09/2003	Club	Pukeora	Peter Watson	Peter Watson	Watson family
5/10/2003	Club	Horseshoe Bend	Graeme Barrett	Terry Russell	
19/10/2003	Club OY 6	Arborfield	Pamela Morrison	Dave Fisher	Amber Morrison
8-9/11/03	WOA Champs	Smedley	Alan Berry & Hamish Goodwin	Jim Barr? & Ken Holst	Club
23/11/2003	Club Champs	Anaroa Rd	Paul Steeds	Geoff Morrison	Keith Vincent
30/11/2003	Frank Smith Tropy	Marangi	Near Wanganui	Club Bus to event - Book now!!!	
7/12/2003	Club Xmas Event	Guthrie Smith	Alan Oates & Terry Russell	PicOnic & BBQ with some orienteering maybe!	

(7)



ihi AOTEAROA

Sport & Recreation New Zealand

Hawke's Bay Orienteering Club thanks SPARC for supporting orienteering!

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<http://www.nzorienteering.com>

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