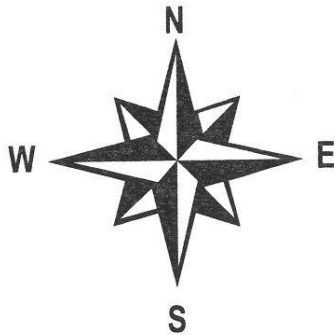


MARCH – APRIL 2004

# COMPASS POINTS



*Compass Points is the bimonthly magazine of the  
Hawke's Bay Orienteering Club Incorporated*

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## Editorial

Congratulations to those responsible for all the positive media coverage the sport has had in the last few weeks. First to be thanked and congratulated are all those junior members who have been so successful at the recent North Island Secondary Schools and National Champs. Next are all those parents/ teachers/club members who have worked so hard to assemble and train teams for these championships. Finally well done to our publicity people who produced copy for our local media. Details of our successes even appeared on a TV news bulletin (Channel 51). All great news for our sport. Well done!

# PRESIDENT'S REPORT

The year has continued on at a fast pace. A lot of different orienteering has been on offer over the past couple of months.

First up was the annual trip to the Katoa Po night relays. Hawkes Bay had an impressive number of teams and came away with a win in the 5 man team event.

Then it was straight into the first two OY's of the year on Maraetotara and the Mission. These two events saw record attendances of about 140 at each which just shows the great efforts people like Steve Armon, Jennie Barrett, Derek and Geoff Morrison have put in at school level. Membership because of this has already passed the 200 mark for the year.

Next up were the Nationals in the Manawatu area. Hawke's Bay was very well represented and we had high expectations of our juniors. They did not disappoint – we ended up with a number of A grade titles (11 I think) but the best effort for me was in the relays where Duncan, Scott and Sam took out the Mixed Short title which made it 3 titles each for Duncan and Scott! Things look good for the future of HB orienteering.

Talking about Nationals – HB has volunteered to host the 2005 NZ Champs. This is a big commitment and we will need volunteers from the club to help – lots of volunteers. We need people to form an organising committee and people who are willing to forego running in order to operate the electronic punching system. If we want to use Sportident electronic punching we need a commitment from some members now. Lastly it would be great to have a new map for the Classic event – if anyone has any ideas please let a committee member know ASAP.

Straight after Nationals Geoff organised a Rogaine at Wanstead. Although not well attended the quality of the event was outstanding. The meal afterwards was exceptional – you would enter just for that alone! Lastly our juniors have just come back from the North Island Secondary School Champs. Hawke's Bay made up over a third of the entries and we brought home more than that number of placings. Keep up the good work you teachers (and pupils).

Coming up our next big event is the HB School Champs at Rochfort and we will need help for that also from our older club members. I can imagine it will be another huge turnout.

Keep on running.

*Hamish.*

## COMMITTEE NEWS

1. We have agreed to purchase some new compasses to replace the lost stock. Along with Graeme Barrett's shadowboard we hope we will keep track of them and so will the volunteers in the caravan.
2. The long awaited setters training is finally going ahead. We pencilled the date for 14th May and we will hope to again use the Surf Lifesaving club in Windsor Park, though we are yet to confirm to premises with numbers.
3. Also on the calendar is a Coaching/ Training day for kids on 16th May. This is to help those going along to the HB Champs the following weekend. Hopefully there will be another training day for adults later in the month....check your email or phone.
4. Peter Watson has agreed to be our WOA rep. Thank you Peter.
5. ....and in case you didn't catch up with the result of the special meeting. We have decided not to join with CD at this time. Those assembled felt there are other ways to support what is happening within CD.

Next committee meeting 18 May



# COMING EVENTS MAY- JUNE 2004



## MARK YOUR CALENDARS NOW

### MAY

- 9<sup>th</sup> OY3 at The Slump
- 16<sup>th</sup> Practice day, aimed at students entering the HB School Champs. Te Mata Park.
- 17<sup>th</sup> Closing date for the Auckland Queen's Birthday event.
- 23<sup>rd</sup> HB School Champs, followed by a club event. Rochfort.

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### JUNE

- 5,6,7<sup>th</sup> Queen's Birthday 3 Day event, Auckland.
- 13<sup>th</sup> OY4 at Te Awanga
- 19/20<sup>th</sup> Wellington MTB orienteering Championships.
- 27<sup>th</sup> HB Schools relay competition, followed by a club event. Rochfort.

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# *New Zealand Orienteering Federation (Inc)*

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ph/fax: 64 - 3 - 337 2275 email: nzof@nzorienteering.com

## **NZOF NEWS - APRIL 2004**

### **CONGRATULATIONS**

Congratulations to the **Red Kiwi OC** for a successful Nationals. Great maps, excellent organisation and good weather. Well done.

### **AGM 2004**

The NZOF Annual General Meeting passed the constitutional remit, required by SPARC, to take account of the establishment of the Sports Disputes Tribunal of New Zealand.

The meeting also re-elected **Rob Crawford** as President.

There were no nominations for the vacancy left by retiring Vice-President Pamela Morrison. The meeting agreed for the Council to co-opt a Vice-President and this has been subsequently done.

We therefore welcome **Paul Dalton** (Wairarapa) as the new Vice-President.

**Pamela Morrison** was thanked for her sterling contribution to the administration of the NZOF over the last three years.

### **AWARD WINNERS**

Winners of Awards announced at the AGM were:

- ◆ Silva Award for services to NZ orienteering: **Jim Barr** (Wairarapa)
- ◆ Silva International Performance of the Year: **Tania Robinson** (Counties Manukau)
- ◆ Ampro Sales Club Growth/Development Award: **Orienteering Hutt Valley**.
- ◆ Silva Administrator of the Year : **Lindsay & Evlynn Smith** (Dunedin/subsequently PAPO)).
- ◆ Silva Coach of the Year: **Jenni Adams** (PAPO)
- ◆ Silva Magazine of the Year: **Punch**, edited by Nic Gorman for WOA.
- ◆ President's Award for volunteer services at club level: **Alan Horn** (Wellington).
- ◆ Brighthouse Trophy for best performances in 2003 at the National and Area Championships: **Rob Garden** (NW) & **Marquita Gelderman** (NW).

### **STRATEGIC PLANNING WORKSHOP**

The date for the NZOF Strategic Planning Workshop, to be held in Wellington, will be Saturday 31 July / Sunday 1 August. In his report to the AGM President Rob Crawford, in reminding clubs of the importance of this workshop, said: "it requires your involvement and input – without it, the process is meaningless. Please set aside an hour or two at a club meeting between now and the workshop and discuss what needs to be done to develop our sport effectively, both at a local and national level. Send one or two representatives to the workshop who are prepared to contribute and debate. The workshop is a one in four year opportunity for clubs and its representative body to get together and thrash out a common direction."

Clubs are reminded that travel to the workshop will be paid for by the NZOF. Further details about the workshop will be sent to clubs in the coming weeks.

### **APPOINTMENTS**

The NZOF Council made the following appointments at its meeting on 9 April:

- ◆ WOC 2004 Team Manager: Rob Crawford
- ◆ WOC 2005 Team Manager: Clem Larsen
- ◆ Technical Committee: Mike Beveridge
- ◆ JWOC 2004 Assistant Coach: Greg Flynn

Recent appointments to the NZOF MTBO Committee have been:

- ◆ Rob Garden (NW)
- ◆ Claire Heppenstall (PAPO)
- ◆ Christina Renhart (PAPO).

### **NZ MTBO CHAMPIONSHIPS 2004**

After not being held in 2003, National Mountain Bike Orienteering Championships return to the event calendar this year. To be hosted by Counties Manukau, the initial details are:

- ◆ Date: 3 & 4 July
- ◆ Venue: Waiuku Forest
- ◆ Programme: Long distance (day 1); short distance (day 2), both using Sport Ident punching.

### **NZOF VACANCIES**

#### **NZOF High Performance Director**

This is a newly established part-time, paid position.

The primary role of the High Performance Director is to assume overall responsibility, within guidelines established, for the high performance operation of NZOF. This will include, and is not necessarily limited to:

- ◆ strategic and annual planning;
- ◆ management of elite/junior elite competitions (eg WOC, JWOC, elite test matches with Australia, SuperSeries). Specifically **excluded** is any involvement with non-elite/junior elite competitions (eg ANZ Challenge, NZ Secondary Schools team), and elite MTBO / Rogaining;
- ◆ management of National and Development squads;
- ◆ financial management of high performance activities, including the preparation of funding applications (eg to Gaming Trusts)

Applications close 30 June. A Job description is available from the General Manager.

#### **NZOF Schools Tour of Australia Team Managers (2)**

Applications are invited for the positions of:

- ◆ Pre-tour Manager
- ◆ On-tour Manager

for the New Zealand Schools team to this year's Australian Schools Championships, to be held in NSW, 28-29 September.

The Pre-tour Manager will be principally responsible for seeking funding for the tour (eg from Gaming Trusts), as well as organising travel, accommodation and other logistical details for the team. Applications close 15 June.

The On-tour Manager will be responsible for management of the team in Australia, including representing the team (eg public speaking duties), attending to technical matters and liaising with officials, team morale and discipline, as well as providing ancillary support. Applications close 30 June.

Job descriptions for both positions are available from the General Manager.

Expressions of interest are also invited from people who would be interested in acting as Assistant Managers on tour.

This issue of NZOF NEWS is also available at [www.nzorienteering.com](http://www.nzorienteering.com)

## PRESIDENT'S REPORT, 2003

It is with pleasure I present my report to the Annual General Meeting for consideration and adoption.

Hopefully you will see fit to accept it, as it is not your usual President's report. While I could go through the last year and highlight activities and progress, I'm sure these aspects will be ably covered by reports presented by NZOF officers. Instead, I'll "report" on what my job is supposed to be doing, and that is "providing leadership".

Providing leadership has become more difficult as my participation in our sport has, shall we say, lapsed. The regular contact with orienteers that you get by attending events is no longer there and I am a little concerned that I may be getting out of touch with what's happening at the coalface (as readers of *NZ Orienteering* know, I love clichés). To counter that, I make a concerted effort to get my hands dirty in NZOF affairs and I have a good network of orienteers (I call them my spies) that I try and talk to regularly just to see what is happening. However I do wonder whether our sport would be better served by someone more actively participating – I'll leave that judgement over to you, and you have the ability to boot me out every year!

In my view, providing leadership is more about the future than the present. As all our volunteers at club and NZOF level will appreciate, by the time your spare time has been used up attending to tasks needed to be done for the here and now, you hardly have any time left for the importance of the future – and it is no different for myself. However, given that I view this role as dealing more with the future than the present, thinking about where our sport is going and how we are going to get there occupies the grey matter on a reasonably regular basis, and I force myself occasionally to look at other sport organisations and see whether any lessons (good and bad) can be learned, and also keep an eye on our society's landscape and the affect changes can have on a small sport like ours.

If you've got through the first few rambling paragraphs without switching off, well done, but I'm getting to what this report is about – the future, OUR future. Other reports will deal with the present.

The challenges facing Orienteering in New Zealand are numerous and appear daunting. Not only do we exist as a small sport in a country obsessed with one sport in particular (although many countries have this particular characteristic), but our sport has particular traits that challenge our future. I hope we accept that the development of our sport is what the future is all about, and that the future health of our sport is entirely dependent on how well we manage this development.

In my view, developing Orienteering is made all the more difficult by the fact that it is purely a participatory sport, and it has very little (some would say none) appeal to anyone who does not participate. Spectator involvement is important not only because it broadens the appeal of a sport to the public and improves its profile, but the consequent effects of revenue streams (gate receipts, merchandise) and commercial appeal (sponsorship) obviously have a major impact on sports and their finances. It's something we don't have access to, and as an aside I find it ironic and frustrating that those charged with improving participation of sport in our society can't seem to differentiate between sports and their differing ability to attract finance, but that's a subject for another time.

Developing Orienteering in New Zealand is challenged by a low membership base (and the resultant effects on human and financial resources) and a minimal public profile. To be brutally honest, the public profile and media coverage of a small sport such as ours will never greatly improve until (when, not if!) we have someone winning at the highest level (and that is elites, not juniors or veterans). Kayaking and Equestrian are just two examples of not well-known sports that enjoyed a substantial lift in public profile after Olympic success (although Orienteering as a non-Olympic sport is another barrier to profile and support, but that is something outside of our control). The chances of us having such success in the short-term are in my considered opinion, slim.

Growing a low membership base on limited resources is not made easy by societal changes that affect all sports. The following are generalisations, but changes over the last 10 or 15 years such as weekend

employment, a shift to “user pays”, loss of leisure time, a more obese and less active population affect us just as much as other sports.

Hopefully you haven't become depressed and wondering why we should bother even trying to develop our sport – don't worry, sometimes I wonder that myself. The reality is our sport would probably survive with a membership base of 1500, it would probably survive with a base of 1000, but it wouldn't go anywhere fast. My role charges me with leading an organisation into the future and improving its health and ensuring it has a future, and that is what I will continue to do. But I need your help.

I don't profess to know all the answers, but I do have entrenched philosophies (that are open to debate!) about how a sport should develop and grow and the particular roles clubs and its representative national body should play.

Firstly NZOF is a body that is (or should be) subservient to its members, the orienteering clubs and the individuals belonging to such clubs. NZOF only exists because orienteering clubs do, not the other way around. If I could be allowed one gripe, it is the communication between clubs and its national body and the feedback NZOF needs in its activities is perhaps not what it should be. I'm aware that communication is a two-way street, and also some clubs have far greater problems than telling us what we should or should not be doing, but this communication is vital as ...

The second part of my philosophy is a sport will only develop effectively if there is a strong partnership between clubs and its national representative body, with a common direction and clear understanding of the roles each plays. I'll leave you to ponder whether this exists in our sport.

Thirdly, developing our sport in an area is largely the responsibility of local clubs – “NZOF” can't waltz into Eketahuna and tell the Eketahuna Orienteering Club how to suck eggs, but “NZOF” can provide resources to assist the club's efforts. However, at the end of the day the success or failure of developing our sport in an area rests with the clubs that are present there. Just as my role is charged with ensuring the future of NZOF, I ask Presidents of local clubs to play a leading role into ensuring the future of Orienteering in their particular neck of the woods.

“Auxes Armes!” – the first French words I learnt thanks to my eldest brother's Tintin books. If I remember correctly, it is a call to arms, and that is what this report is. Yes, I am supposed to be steering this ship but there's not much point if there's no one on the oars. How many of you are on board?

So I have a plea to clubs and your members. This year we will be holding our strategic planning workshop and it requires your involvement and input – without it, the process is meaningless. Please set aside an hour or two at a club meeting between now and the workshop and discuss what needs to be done to develop our sport effectively, both at a local and national level. Send one or two representatives to the workshop who are prepared to contribute and debate. The workshop is a one in four year opportunity for clubs and its representative body to get together and thrash out a common direction, so let's make the most of that opportunity! In the words of Jerry Maguire (yes, this is so cheesy I'm embarrassed), “help me, help you”.

Finally, I would like to express my thanks to the many people who volunteer their time and services in all areas of our sport. Please be assured these are not empty words – one of the wonderful things we have in our sport are the number of people, both at a national and local level, who are selfless and competent in performing the many roles that are needed for our sport to function. You have my appreciation and admiration, and your efforts help contribute to the satisfaction I receive from performing my role.

Rob Crawford  
President



**THE "PINESTARS" NZ TEAM  
TO CONTEST A TEST MATCH AGAINST AUSTRALIA  
JUNE 5-7, 2004**

**WOMEN:**

Lisa Frith	NWOC
Marquita Gelderman	NWOC
Penny Kane	PAPO
<u>Amber Morrison</u>	<u>HBOC</u>
Tania Robinson	CMOC
Rebecca Smith	TOC

Wow!!! Go Amber.

**MEN:**

Darren Ashmore	TOC
Karl Dravitzki	EOC
Chris Forne	PAPO
Rob Jessop	AOC
Neil Kerrison	EOC
Mark Lawson	NWOC

**Manager:** Patricia Aspin                      CMOC

**Coach:** Wayne Aspin                      CMOC

**NZ TEAM FOR THE WORLD ORIENTEERING  
CHAMPIONSHIPS 2004**

**WOMEN:**

Claire Paterson	RKOC
Rachel Smith	PAPO

**MEN:**

Greg Barbour	EOC
Rob Jessop	AOC
Alistair Landels	AOC

**Manager:** Rob Crawford                      CMOC

**Coach:** (Vacant)

**NB:** Further selections to the men's team may be made at a later date.

# Development Squad

**The 2004 Development Squad is as follows:**

**Men:**

Simon Addison (Hamilton)  
Daniel Barnfield (PAPO)  
Simon Bloomberg (PAPO)  
Tane Cambridge (Dunedin)  
Richard Glover (Hutt Valley)  
Chris Ingham (Wellington)  
Dion Kennedy (Southland)  
**Ross Morrison (Hawke's Bay)**  
Sam McNally (Rotorua)  
David McCarthy (Hutt Valley)  
**Todd Oates (Hawke's Bay)**  
Duncan O'Regan (PAPO)  
Robert Paterson (Red Kiwis)  
Martin Peat (Counties Manukau)  
Tim Renton (Auckland)  
Thomas Reynolds (North West)  
Daniel Stott (Rotorua)  
Ciaran Thayer (Dunedin)  
Jason van Dyk (Hutt Valley)  
Andrew Whiteford (Wellington)

**Women:**

Sarah Gray (Nelson)  
Rita Holmes (Wellington)  
Lizzie Ingham (Wellington)  
**Amber Morrison (Hawke's Bay)**  
Francis Peat (Counties Manukau)  
Jayne Shuker (Counties Manukau)  
Georgia Whitla (PAPO)  
**Emma Watson (Hawke's Bay)**

**Coach:** Neil Kerrison

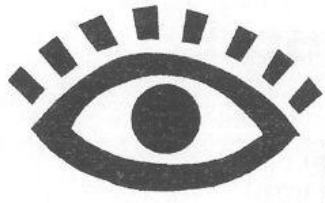
**Manager:** Hazel Oates

## CONGRATULATIONS TO AMBER, ROSS, TODD & EMMA

### NEW MEMBERS

We welcome the following new members to the club. We look forward to seeing you at future events:

- Tom & Rebecca Myers
- Barbara & Briellen Pryde
- Wendy & Emma Jones
- Linda Gordon, Emma & Blake Boswell
- Henry & Bradley Porter
- Mark Hall
- Vanessa Wiggins
- Cleone Armon
- Alana Mitchell
- Rochelle Sceats
- Darryl Taylor
- Andre Boland
- Anna Fuhrer
- Janet, Bill, Avril & Blair Turvey
- Fiona & Richard Powell
- Ben Greenwood
- James Hinks



## Eye in the Sky

By the magpie



- Darryl Taylor dived into the deep end when he joined up with the club. His second event was at the National Champs where he competed in the M21E class. His first run on the intricate contours of sand-dune maps saw him complete the course in an incredible 5 hours and 1 minute. Afterwards he claimed that he had worked out the various runnability colours by about the 3 hour mark, and from that point on felt himself improving. He complained that there was no legend on the map, which of course is normal, as organisers don't expect novices to run 18km courses at National Champs. But when someone suggested he help pick up controls, he jumped at the chance! The lessons learnt the first day were put into practice the second, for he broke the hour on the short course, and closed the gap considerably on his opposition.
- The garden bar in the Wanstead Pub was a lure for a few of the Rogaine teams. Winners Hamish and Darryl had time to quaff down an ale, which Hamish claimed tasted really good for the next hour. Daniel McCormick and his Dad found that by the time they got there, had a drink, had limited time, and had to high-tail it 12km uphill to the finish. They made it with 1½ minutes to spare.
- Derek decided to take Duncan on the four hour race. He wanted to teach him crafty techniques on crossing high-powered electric fences. Duncan was impressed by the way Derek could extract sparks from one of the numerous fences they crossed in the dark.
- Peter decided he would pursue some sort of endurance test. The morning of the Rogaine, he drove to the west coast to take on the Development squad camp in their camp champs. He proceeded to run right off the map, and was located by those returning home on one of the roads out. He then raced across the country with Emma to make the start of the Rogaine, arriving 23 minutes late on a 4 hour event.
- Jack's 3 second loss in the NISS was even more meritorious considering he lost his way coming toward the finish chute.
- \* When buying a new \$100 compass, don't leave it where you can drive over it.

## Coaching Corner

### Tackling an Orange course

One of the most important things when orienteering, is working out what the course planner is trying to achieve. There are some rules in planning that need to be adhered to and so if you are waltzing into the never never, stop and consider.

1. Courses shall have route choice with a prominent **attack point** near the control site and/or **catching features** less than 100m behind.

*When planning your leg, look for that obvious feature. Is it a lake or hill or vegetation boundary? Is it the track bend beyond the control or the large group of rocks?*

2. Control sites may be fairly small point features and the control markers need not necessarily be visible from the attack point.

*Because you are looking for a small feature, your attack point is vital. Don't go running willy nilly looking for a pit in the forest, when you can get within 50 metres of the control by running to an attack point, e.g. a large clearing.*

3. Simple navigation by **contours** and rough **compass** with limited distance estimation required.

*You should be starting to relate hilltops, re-entrant and depressions from your map to the ground and vice versa. Once to orange level, it is time to start using a compass, unless you have a fine sense of direction. Rough compass work is basically using your compass to orientate your map and heading off in the right direction.*

4. Use of a chain of prominent features as "**stepping stones**" is encouraged.

*This means that on a longer leg, you might look at your map and see what major features you can tick off on the way to the control. A series of attack points – a group of trees, stream junction, fence bend, then my main attack point, a saddle.*

If you want to know more, come and see me, especially on how to use your compass properly. It is a very simple thing to do but many don't do it well at all. Good luck

Geoff.

# Junior Report

- **Amber has made the NZ elite orienteering team to take on Australia in a Test match at Queens Birthday weekend.** What an outstanding achievement for a first year W18. Congratulations.
- Hawkes Bay juniors dominated their grades at the Nationals winning 5 of the available 12 junior grades. With Amber running 6<sup>th</sup> in W21E as well, they had a great day on the long course event. There were also 3 winners in the B grades.
  1. Jay Barrett (M10), Jaime Goodwin (W12), Duncan Morrison (M12), Scott McDonald (M14) and Ross Morrison (M20) were champions. Runners up were Hayden Tristram (M10), and Cara McDonald (W16) while Kate Morrison (W14) finished 3rd. Pedro Becker (M18B), Josh Nicholls (M16B) and Sophie Eames (W16B) all won their respective B grades.
  2. The short race also produced 5 champions, with Jay, Jaime, Duncan, and Scott all repeating the dose as well as Emma Watson (W16) winning her course.
  3. The relays also produced great results. 'The Boys' won the Mixed short race with a team having a combined age of 37! Scott, Duncan and Sam Eames (M14) were too quick for all opponents. Our Mixed long team, 'The Crock-O-Diles', with Ross and Amber leading the way, with the 'old man' the anchor, produced a 3<sup>rd</sup> from over 60 teams.
- HB schools also dominated the NISS champs held in Wairarapa recently. 80 students from 10 schools travelled down to Masterton to take part. Not only did Napier BHS and GHS retain their titles from the previous year, but HNHS were runner up in both grades. The junior grades were especially strong with 7 of the first 10 in girls' championship, 5 of the first 6 in girls' standard, 6 of the first 7 in boys' championship and the winner of boys' standard.
  1. Scott McDonald (Karamu) in Junior and Emma Watson (CHB) in Intermediate were championship winners, while Jack Vincent (HN), beaten by 3 seconds in Intermediate, Aari Barrett (HBHS) Junior, Amber Morrison (NGHS) Senior, Cara McDonald (Karamu), Intermediate, beaten by 19 seconds and Helen Watson (CHB), Junior, were all runners-up, while 3<sup>rd</sup> placings went to Sam Eames (Lindisfarne) and Rachel Goodwin, both in junior.
  2. George Macmillan (NBHS), Angus Mackenzie (NBHS) and Nick Holder (HNHS) made it a clean sweep of the boys' Standard grades, while Emily Wall (HNHS) won the Junior Girls Standard grade.
  3. For good measure, there was a Y7/8 event run concurrently, and Jaime Goodwin (Iona) and Duncan Morrison (HNI) both won!
  4. The relays had a huge HB influence with many close battles. None more so than in Junior Girls where Woodford House just headed off HNHS with Napier Girls 3<sup>rd</sup>. In Intermediate Boys', Jack Vincent (HNHS) had to come from behind to sneak in front of Stephen Dodd (NBHS) at the finish. NBHS and CHB were 2<sup>nd</sup> and 3<sup>rd</sup> in Senior Boys', while CHB and NGHS were 2<sup>nd</sup> and 3<sup>rd</sup> in Senior Girls'. NGHS were 2<sup>nd</sup> in Intermediate, while HNHS and NBHS were 2<sup>nd</sup> and 3<sup>rd</sup> in Junior Boys.
- HBSS champs are coming up and I am really looking forward to the junior competitions. They look to be a re-run of the NISS champs with another 2 or 3 dark horses involved! There is a practice at Te Mata Peak on the 16<sup>th</sup> of May, so get your school teams there for your last chance at a bit of coaching.
- Also the HBSS relays are on a month later. Once again there will be an abundance of junior teams, with HNHS, NBHS, Lindisfarne, HBHS and Karamu already drawing their lines in the sand in the boys'.



**An uphill start for the individual race at the NISS.**



**Daniel McCormack (NBHS) finishing his leg of the relay.**

## Check List For Time Losses

What sort of Mistakes did I make?

How much time did it cost me?

1. Route choice
2. Map work - fine detail, over/under reading
3. Compass or direction error
4. Overshot control
5. Undershot control
6. Fatigue
7. Poor attack point
8. Distracted by other people, other controls
9. Concentration
10. Admin. error - wrote wrong number, drew circle wrong
11. 180° or 90° error
12. Wrong track or wrong way up track
13. Speed control
14. Distance estimation
15. Parallel feature
16. Looking for wrong number i.e. next/last control
17. Looking for wrong feature
18. Dithered
19. Electric fence (or large animal, big cliff, blackberry etc)

## Report on the 2004 Marmot Kaweka Challenge

It is always a Challenge helping to run this annual event, and never more so than this year. In fact our crew of four heading up to Kaweka J were defeated by the challenge from galeforce winds and sleet and were forced to radio in for courses 1 and 2 to be diverted. We battled on for as long as we could, not wanting to disappoint the front runners, but conditions up there were downright dangerous. It was certainly not the right year to have planned a welcome to "J Heaven"! We felt for the crew at Studholme who had to sit it out for the day, and for those at other checkpoints who had to keep track of re-routed competitors. Those at Kuripapango base had their own challenge on Saturday night when strong winds threatened the big tents. Next morning the starting procedure for course 5 had to be hurriedly changed as the river beneath Cameron Bridge (damaged in the floods last spring) was impassable.

Round at base next day I was detailed to welcome competitors as they crossed the Finish line. They certainly deserved (and received) more than a handshake as wet, muddy (mostly on the backside from the slide down the last riverbank), sometimes blood-spattered but invariably SMILING, these determined people made it home. Their first words were "Awesome" or "See you next year" or "Thank you". Even those who arrived at the finish on a bus, having been thwarted from completing course 2 by the Donald River rising in the night, sprinted for the line with enthusiasm and they were all smiling too.

Thank you very much to those members of the club who helped the committee to run the event. Hopefully the success, as well as the drama of this 2004 Challenge, will inspire more of you to help next year when we hope to attract even more than this year's 360 competitors.

*Deborah*



**Course 5 competitors ready for their Sunday morning start.**



## LONELY THOUGHTS OF A NIGHT ORIENTEER

Where's Faye? I'm sure I heard our number called. But there was a number of numbers called out and I may have misheard the numbers. There's Pam, Terry but no Faye. Ah ha, here she comes. Tag and go.

Into the tent, pick up the map and sort out the route before leaving the light. Back of mind registers someone saying words like "Bifocals" and "overweight Orienteers" and you notice the organiser standing there making rude comments. With friends like that - - - I mean it's totally incorrect, I don't wear bifocals!

Out of tent and straight up the main gully – oops, gully stops. Did I misread the map? Oh it's a dam. Over the top & - - - another damn dam? Track across the top of this one so got that sussed. This time we will follow the top of the gully. Right choice, wrong side of gully because there's the trees over the other side. Not an inspired start you might say!! Cross the gully & into the trees, there's the side gully which should have the control.

SUDDENLY IT ALL TURNS TO CUSTARD or words to that effect. Now picture if you will a fairy dancing through the trees towards the control. YEAH RIGHT!! Okay then picture a very experienced orienteer staggering through the trees towards the control, he sees the gully he's looking for and all of a sudden he's buried up to his chest.

What the HELL???

I've fallen into a tomo? Okay, so pull yourself out!! Can't! Arms are buried too. Well then push yourself out with your feet!! Can't! Feet are frantically kicking in mid air. Now what? Jammed tight!! Ribs crying out in pain. Do I yell for help or just panic? Hmmm. Well I'm amongst tree roots, and I'm right beside the gully, I wonder if it's an overhang? Perhaps if I wriggle around I could end up in the gully. Wriggle, wriggle, and wriggle. Bang! I'm now at the bottom of a gully I think but it's so dark. Great, the lamp went out. Feel around and it appears that the wires have been pulled out of sockets. Put them back in – still no light. Fiddle, fiddle. Still nothing. I knew there was a reason for the spare torch. Great! A blown bulb. Didn't allow for that happening. Now what? Carry on with just small maglight? Give it a go!

Not too bad, hope the batteries last!! Well, well there's the control 10m away. So navigation isn't too bad, even if nothing else is working too well. Punch and go, damn those ribs hurt – forget it!

Up the ridge and follow the hill around across the shallow gully and then over the main gully, into the side gully and where's the control? Must be in wrong place. Up higher? Circling around and now I see that there is another gully sort of parallel. Crossed over too high! There it is.

Now a couple of short legs – should be straightforward.

1<sup>st</sup> one, there's the gully and no control! Now what? Okay, so what I'm looking for is shallow and I missed it. There!!

Next one is across the flats and over the main gully. Just to the right of the single tree there should be a gully and yes, there's the control.

Well discarding all the time I've lost with ground hugging, root admiring from underneath and mis-reading the map I'm not doing too bad. Managed to lead the same 3 people into the last 2 controls.

Next 2 fall into place nicely. Around the track to 5. Straight line to 6, over the saddle, over the next main ridge, down to the main gully and then third gully down from the tree on the right. Spot on!

Straight line to 7. Over the ridge, down across the saddle and over to the trees.

What are those guys doing? Having a conference? You'd think it was a Govt Dept – Orienteering by committee!

Down to the trees and into the control – people everywhere! Hullo, it's Stan – I'm sure he started long before me??? Out of the control and - - - where? It's all green!! Find a track down into the gully and follow it down to the second bend. Good, there's one. Someone hard on my heels. Stan?? What's he on about? We don't turn right until the 2<sup>nd</sup> bend. There we go and a nice wee track to take us over the top into the clearing and there's the control! Out of the trees and over the fence, which is difficult because it's all loose.

Over the gully - and how the hell do I get out of this gully? It's all green along the top and now it's a cliff. Finally stagger out with 2 on my heels, and control not where I expect. Someone yells out he's found it. Handy! Now the next one is over into second gully and down to control. 1<sup>st</sup> gully is scrub lined, but how nice, there's a sheep track just where I want to go. Those others are way off to the left. Lost? Chuckle, chuckle! Spiked it, and away. Think I'll ignore that shout of 'Did I find it?'

I've finally dropped them. Out to the track and follow it to the end of the trees. Good time to turn off my torch. Saves on batteries and hopefully the follower's won't get the benefit of knowing where I'm going. Hell, they are only about 200m behind and closing fast. Out of trees, swing left past the hut and up into gully system. Bit difficult to read the map!! Vague area. Those guys have caught up again, oh well about time for a bit of Kiwiinja cunning. Circle like you are lost. Then when they are distracted you pounce. Well bugger me it worked. I've dropped them again.

Over the plateau, past the cattle yards, into the main gully and first gully on right. Whoa look at that - a control, amazing how they just pop up where you expect them!

Next one is a bit hard to read – not many contours and lots of rocky ground. Okay I'll go up the ridge it's a bit easier to read, into the gully and around to the left – whew what a smell! Must be that cow Erica was talking about so lovingly. What was it she said? Something about hearing the maggots as she passed by? Interesting concept – didn't know maggots made a sound. Then again maybe it was the cows ghost! Reminds me of what Max was saying about plucking dead sheep – don't think I'll go there, could be smelly.

Over the top into the depression and away. Bother, there are those guys again. Must be joined at the hip.

Sneak off with torch turned off and hope for the best. Across to the knoll, spot on again and one to go. Now Derek said he couldn't figure out the last leg and just headed for the lights – I see what he means. Just follow the gully - seems to head in the right direction. Last control and HB team yelling! (Situation normal). At last the FINISH.

That's right ribs, you can start hurting again now- but not quite that much!

Well I beat those 2 anyway, as they run in about 2 minutes later.

Reflections? Nice course. Spoilt only by the dead cow, the rickety fences, the difficulty of reading a map with a hand held torch, the extra hand I didn't have because of the hand held torch, the hills I slipped down because I couldn't see properly with the hand held torch, & of course the "tomo" which caused the need for a hand held torch!

Enhanced by the moonlight, the difficult navigation, the fun of fooling those around you, the thrill of finding the control exactly where you expect it (90% of the time) especially after an error free leg, and of course beating all of those who were obviously (?) following me.

Final comments: Well it wasn't all that lonely – except between the controls! There were people around all the time, perhaps they were lost and lonely and that's why whenever I found a control they became my best buddies and flocked to my side. Next year there will be a concerted effort to get fit before the event and especially get a good lamp! (although I thought I had achieved the latter this year!)

*Ken*

## KATOA PO RESULTS

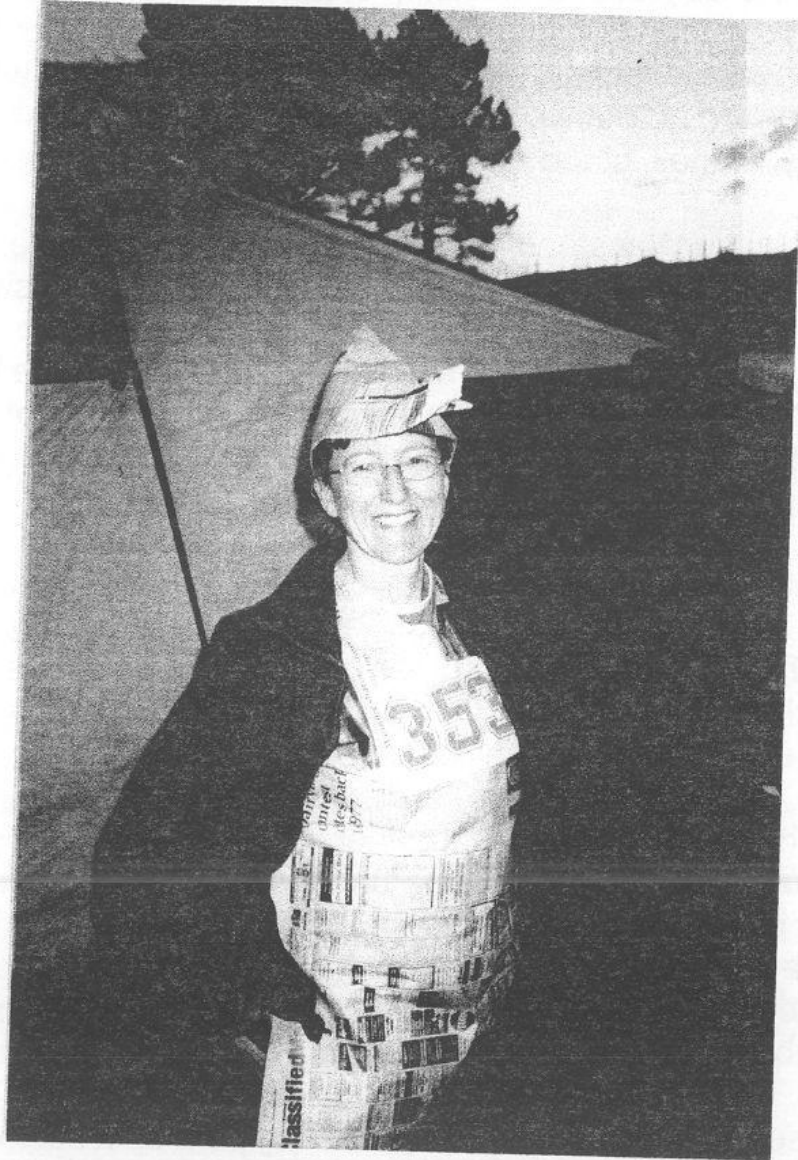
This was the 24<sup>th</sup> year of Katoa Po and there were 33 teams entered. HB did not enter a 7 man team (of which there were 11) but had 9 of the 22 five person teams. Geoff and Pamela extended the "black and white" theme to include team names eg Piano Keys, And Read All Over, Chessmen and Orca Riders. Most HB runners managed to don something black and white eg Catherine Howell and her wonderful newspaper creation. Chris Howell's costume was very cryptic. Being covered in an assortment of bras (and just whose washing line did he raid?) and running for the Pedestrian Crossing team what else could he be but a zeBRA crossing? Last year HB took out the 5 person event for the first time in a long while and this year we totally exceeded expectations by not just coming first but first, second and third!!! What brilliance!!!

1<sup>st</sup> – Pedestrian Crossing – Christopher McDonald, Duncan Morrison, Scott McDonald, Rob McDonald, Chris Howell.

2<sup>nd</sup> – Cryptics HB – Sam Warren, Kate Morrison, Jack Vincent, Erica Hobbs and Derek Morrison

3<sup>rd</sup> – Marauding Magpies – Oliver, Helen, James , Emma and Peter Watson.

We also picked up 8<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup> and 14<sup>th</sup> places. Interestingly enough, three of this years winning team were also in last years winning team – Duncan, Scott and Chris Howell. Must be a winning combination.



**Catherine Howell in her newspaper creation, running  
in the HB team 'AND READ ALL OVER.'**

## Nevis-ay-die Rogaine

It is always interesting meeting the farmers. There is a certain distrust towards you as you roll up to tell them exactly what you are planning. This is done over yet another cup of tea and often you find a lot in common. Having played sport, or knowing Collegiate School or a modicum of farming knowledge always helps. Wayne and I did the rounds and obtained all the information here and there. Killer stags, 7000 volt electric fences, mad steers and possum traps were all obstacles we were made aware of. But we also uncovered great control sites such as weather stations, fridges, stagecoach stops, sheds and waterfalls.

The garden bar at the Wanstead Pub seemed another ideal site, and if only for one thing, it probably gave the locals something to discuss as they swilled away the afternoon. The 90 points, plus an opportunity for a beer was too good an opportunity to turn down for Hamish and Darryl. After joining the locals for a beer, they were able to tackle Ben Lomond with great gusto. They claim the effect was beneficial, and their final score suggests it was, so I know next time to find an area with more than one pub!

Alan and Pamela won the mixed 8 hour, which is a remarkable effort considering Alan is a rising 70 year old. Richard and Terry beat them by 10 points and the odd thing was that they only had one common control. Terry claimed he ran faster than Richard but Richard walked faster than he did. They had to do a bit of running to get back on time, so did this mean Richard was holding Terry up?

While this was happening, Sharon's brother, Brett, was launching into preparing the meal afterwards with much vigour. Pumpkin skin flew, buns cut, rice boiled, jacket potatoes jacketed, food spillage, it was all happening. Up it all went to the woolshed where it made the tables groan, the meat was barbequed and weary rogainists flopped down to discuss the day's happenings. But what a feast it was, for it was probably worth the entry fee alone.

It was great to see so many young people taking part, as it seems that this type of event is the domain of the hardy and experienced or the insane. But 10 year old Hayden took part with the kid next door and managed 2 controls in 4 hours of which one was a 90 pointer - Ben Nevis.

Alan, Hayden, Pamela, Wayne, Hayley and Sharon helped me pick up all the controls next day in 3 hours barring 5 that a family was fetching while doing an equin-o, one the boy next door retrieved on his motor bike, and the one at the pub we fetched on the way home.

Wonderful things these rogaines.

Geoff

# HAWKE'S BAY ROGAINE

## "Nevis Ay Die"

Saturday, April 17, 2004

### RESULTS

	NAMES	CATEGORY	TIME	POINTS
1	Geoffrey Paget/Darryl Paget	X	4	440
2	Derek Morrison/Duncan Morrison	M	4	370
3	Peter Watson/Emma Watson	X	4	340
4	Colin Tait/Ted Sapsford	M	4	330
5	Ross Leckie/Michael Helliwell	M	4	330
6	Hayley Tristram/Christo Creiffer	X	4	260
7	Leanna Reynolds/Matt Balmer	X	4	10
7	Steve Armon/Leanne Harris/Lydia Parker/Anna Fuhrer/Amy Dolden	X	4	50
	Wendy Abbott/Beth Piggott	W	4	DNS
	Rachel Dawber/Ruth Mandeno	W	4	DNS
1	Richard Lynn/Terry Russell	M	8	780
2	Alan Berry/Pamela Morrison	X	8	760
3	Shane McCormack/Daniel McCormack	M	8	760
4	Sarah Underwood/William Powers	X	8	740
5	Rob McDonald/Scott McDonald	M	8	720
6	Carole Wright/Wayne Hosking	X	8	720
7	Paul Abbott/Dan Rhodes/Wendy Abbott	X	8	680
8	Bob Pocknall/Helanie Pocknall	X	8	590
9	Deborah Turner/Cara McDonald	W	8	530
10	Kerry Kubisch/Kathy Windleburn	W	8	250
1	Hamish Goodwin/Darryl Taylor	M	12	1750
2	Mike Sheridan/Allan Stowell	M	12	1230
3	Janet Wilson/Graham Peters/Yvette Cottam	X	12	1070
4	Kevin Osborne/Lynn Helliwell	X	12	1030
5	Andreas Kubisch/Simon Tegg	M	12	900
6	Vicki Coulter/Alister Coulter	X	12	720

### WINNING COMBINATIONS

Hamish Goodwin/Darryl Taylor	34,35,36,38,40,42,43,44,45,46,47,50,51,52,53,54,60,61,62,64,70,71,72,73,74,80,81,82,90,91,92
Richard Lynn/Terry Russell	34,35,36,40,43,52,53,60,61,62,71,82,91,92
Geoffrey Paget/Darryl Paget	34,46,47,54,63,72,73,80

*Nevis-ay-Die Rogaine*

Control 40, 'In the shed' and the terrain over which we ran/walked – beautiful and BIG!



# 2004 HB SCHOOLS ORIENTEERING CHAMPIONSHIPS

*These championships are open to students from all Hawke's Bay schools. This year championship and novice classes will be offered for secondary junior and secondary intermediate competitors. All classes will have separate boys and girls competitions:*

GRADE		LEVEL	Navigation skills
Primary (Years 1 – 6)	Championship	White	<i>Basic navigation with a map, following tracks, fences &amp; streams to control points.</i>
Intermediate (Years 7 & 8)	Championship		
Secondary junior (born 1990 or later)	Novice	Yellow	<i>Navigation involves following tracks, fences &amp; streams, however control points are sited off the route being followed.</i>
	Championship		
Secondary intermediate (born 1988 or 1989)	Novice	Orange	<i>Cross-country navigation requiring basic knowledge of contours to locate control points.</i>
	Championship		
Secondary senior (born 1987 or earlier)	Championship		

**INTER-SCHOOL COMPETITIONS** - we will be running inter-school competitions - Primary, Intermediate & Secondary junior, intermediate & senior, for both boys & girls. The best 3 performances from each grade will earn points in these competitions.

**WHEN:** Sunday, May 23, with pre-allocated start times from 9.30am. Afterwards, there will be a brief prize-giving to award certificates to place-getters.

**MAP:** "ROCHFORD" - a colour orienteering map, on which courses will be pre-marked.

**HOW TO GET THERE:** Take the road to Waimarama, and immediately after crossing the Tukituki River, turn right into Kahuranaki Road. Follow this road up-river for 9 kms, until you reach Rochfort Road. Look out for the orange & white 'Orienteering' signs. Allow 25 minutes from Havelock North.

**COST:** \$5 per student, payable on the day.

**TO ENTER:** Please phone, fax, email or post the details below (by Tuesday, May 18) to:

Sue Field  
710 Tomoana Road, Hastings  
Phone: (06)878 2581 Fax (06)878 7486  
Email: [suefield@xtra.co.nz](mailto:suefield@xtra.co.nz)

School	<i>This is the person who is the contact for this school team – pre-event information will be sent to this person for distribution to students in the school team.</i>
Contact name	
Contact email address	
Contact phone number	
Name	<i>This information is required for each student entered.</i>
Gender	
Grade	

The pre-event information and start draw will also be posted on the HB Orienteering Club website – [www.hborienteering.org.nz](http://www.hborienteering.org.nz)

**NEED SOME PRACTICE?** To participate in this event you will need some experience at the level you are entering. HB Orienteering Club is holding a practice day on May 16 at Te Mata Park, in Havelock North. This will start from the main car-park on Te Mata Peak Road, from 10.30am. There will be no charge, and it will be an ideal opportunity to learn about orienteering with experienced people available to help you.

.....AND KEEP Sunday, June 27 free - for the first HB Schools Relay event.....





## SILVA NZ SECONDARY SCHOOLS ORIENTEERING CHAMPIONSHIPS 2004

The Rotorua Orienteering Club invites you to the 2004 SILVA NZ Secondary Schools Orienteering Championships. The championships comprise two events - an individual competition and a school based relay competition. These events are separate in that there are winners and placegetters in each event but results are combined for the inter-school competitions.

We look forward to seeing you in Rotorua in July and promise two days of challenging and exciting orienteering action.

### **INDIVIDUAL CHAMPIONSHIPS** – Friday 16 July 2004

*This event is an NZOF 'A-Level badge event'*

Map: Silver Hills  
Scale: 1:10,000  
Location: 30 minutes North-East of Rotorua  
Terrain: Eucalypt forest.  
Levels: Championship: for experienced orienteers  
Standard: for those with less experience  
Start times: Start times will be from 11.00am.  
Restrictions: Each school is restricted to a maximum of 4 entries in any championship grade. Applications for exemptions to this restriction should be directed to the Event Coordinator. There is no restriction on entry numbers in the standard grades.

### **RELAY CHAMPIONSHIPS** – Saturday 17 July 2004

Map: Tui Ridge Park  
Scale: 1:7,500  
Location: 25 minutes North-West of Rotorua  
Terrain: Mixed farmland, pine forest and native forest.  
Level: Standard only  
Teams: Official teams must be made up of 3 competitors of the same age grade from the same school. To cater for students who are not able to be placed in a school team, composite teams will be made up. These teams will run unofficially (i.e. their placing will not be recognised in the school team competition). Their results will be recorded with the other teams and the individuals' times will be listed in the results.

## COURSE LEVELS AND GRADES

Senior: born in 1987 or earlier  
Intermediate: born in 1988 or 1989  
Junior: born in 1990 or later

<b>CHAMPIONSHIP</b> <i>(Experienced orienteers only)</i>	<b>Estimated winning time (minutes)</b>	<b>NZOF colour code</b>
Senior Boys	45 - 50	Red
Senior Girls	45 - 50	Red
Intermediate Boys	35 - 40	Orange
Intermediate Girls	35 - 40	Orange
Junior Boys	25 - 30	Yellow
Junior Girls	20 - 25	Yellow

<b>STANDARD</b>	<b>Estimated winning time (minutes)</b>	<b>NZOF colour code</b>
Senior Boys	35 - 40	Orange
Senior Girls	35 - 40	Orange
Intermediate Boys	25 - 30	Yellow
Intermediate Girls	25 - 30	Yellow
Junior Boys	20 - 25	White
Junior Girls	20 - 25	White

## ELIGIBILITY

A student eligible to compete in this secondary school event must:

- be enrolled as a bona fide student (Years 9 - 13) at the school of representation and studying at least 80% of a programme that is part of the timetable provided by the school for at least four weeks prior to the event.
- have a satisfactory attendance record at the school. The final decision will be at the Principal's discretion.
- The student must be under 19 years of age at the first of January in the year of the competition.

## FEES

Individual Championships \$10.00 per person

Relay Championships \$18.00 per team (\$6.00 for individuals)

### Entry forms should be sent to:

Julie Smith  
Te Puke High School  
PO Box 344  
Te Puke  
Phone (07) 573 9769  
Fax (07) 573 9768  
Email [j.smith@tepuke.school.nz](mailto:j.smith@tepuke.school.nz)

### Enquiries to Event Coordinator:

Ian Simpson  
65 Hilton Road  
Rotorua  
Phone (07) 3459 291  
Fax (07) 343 5507  
Email [raewyn.simpson@xtra.co.nz](mailto:raewyn.simpson@xtra.co.nz)

**ENTRIES CLOSE FRIDAY 2 JULY 2004**  
**ENTRIES CLOSE FRIDAY 2 JULY 2004**

# Queen's Birthday 3 day 2004

CMOC, NWOC and AOC bring you three days of quality orienteering. Three A grade events with the weekend's competition based on the total time over the 3 days. Includes an elite grade test match against the Australians.

## Saturday 5 June – CMOC

Map - Kelland Road 1:10,000 5m contours

Terrain – high coastal sand dune terrain with areas of complex contours. A mixture of fast open terrain and slower areas. Spectacular views.

Setter / controller – Wayne Aspin / Patricia Aspin

Located west of Waiuku Township, allow 70 minutes drive from central Auckland. Start times from 11 am.

## Sunday 6 June – NWOC

Map – Otakanini Coastal, Woodhill Forest. Remapped March / April 2004. 1:10,000 2.5m contours

Terrain – Woodhill coastal strip. Wide variety of runnability and vegetation, with complex contour detail. Terrain varies from open dunes to low visibility forest to fast run forest.

Setter / controller – Rob Garden / Chris Gelderman

Allow 65 minutes drive from central Auckland. Start times from 11 am.

## Monday 7 June – AOC

Map – Hobbit Woods, Woodhill Forest 1:10,000 2.5m contours.

Terrain – Woodhill coastal strip. Wide variety of runnability and vegetation, with complex contour detail. Terrain varies from open dunes to low visibility forest to fast run forest.

Setter / controller – Jeff Greenwood / Mark Roberts

Allow 60 minutes drive from central Auckland. Start times from 10 am.

**Pre-entry is required for all days. NZOF affiliation is required for all days**

## Course lengths

For all grades apart from M21E and W21E, the course lengths each day will be standard multi day event lengths. The weekend's competition will be based on the total time over the 3 days.

## Elite grades

The weekend incorporates an elite grade test match between Australia and NZ teams. Day 1 will be a classic length course, Day 2 a middle distance event length, Day 3 a short classic length. A leader board giving instant results for the elite finishes will be used, together with live commentary from the finish line.

## Classes

Grade combinations and level of difficulty will be in accordance with the new NZOF guidelines that come into effect this year. Grades and / or courses may be combined if low entry numbers are received.

Course	Men	Women	Difficulty
1	M21E		Red
2	M20A, M21A, M35A	W21E	Red
3	M18A, M40A, M45A		Red
4	M50A, M21AS	W20A, W21A, W35A, W40A	Red
5	M55A, M60A, M40AS, M16A	W18A, W45A, W50A	Red
6	M65A	W55A, W21AS, W16A	Red
7	M70A, M75A, M80A	W60A, W65A, W40AS	Red
8	M18B, M21B		Orange
9	M14A, M16B, M40B	W18B, W21B	Orange
10	M50B	W14A, W16B, W40B, W50B	Orange
11	M12A, M14B, M21C	W12A, W14B, W21C	Yellow
12	M10, M12B	W10, W12B	White

**Age Restrictions** Competitors aged 20, or younger, belong to each class up to the end of the calendar year in which they reach the given age. They are entitled to compete in older classes up to and including 21. Competitors aged 21, or older, belong to each class from the beginning of the calendar year in which they reach the given age. They are entitled to compete in younger classes down to and including 21.

## SPORTident

All competitors must either provide their own cards, or arrange to hire or purchase. See the entry form. Splits for all courses will be posted on the web ASAP after each event.

### Entry fees

	Per day	All three events
Senior	\$20	\$55
Junior	\$10	\$28
Family	\$50	\$138

A junior is anyone eligible to compete in M20/W20 or younger classes. A family is up to two seniors living at the same address and any number of juniors that look to at least one of the seniors as a parent.

Competitors not belonging to a NZ Club or an IOF member organisation, must pay an extra one-event participation levy of \$9 per senior; \$5.50 per junior; \$23.50 family, for each day of competition.

### Payment

The full amount of fees must be paid before an entry can be accepted. Please make cheques payable to the AOC.

**Closing date for entries** – Monday May 17. Entries received after the closing date will be accepted only at the discretion of the organisers.

### ENTRY FORM – QUEENS BIRTHDAY 3 DAY 2004 – Entries close Monday 17 May

Contact name:.....

Address:.....

Phone :.....

Email :.....

Note that the event programme and results will not be posted unless requested below but may be downloaded from the AOC or NWOC websites. [www.geocities.com/nwocnz](http://www.geocities.com/nwocnz) or <http://auckoc.tripod.com> You will be notified when they are available.

Competitor name	Birth Year	Club	SPORTident number	Day 1 grade	Day 2 grade	Day 3 grade	Fee \$
Printed copies of programme and results sent to the above address \$5 per set.							
SPORTident e-card. Number to purchase ( ) \$50 each. Or hire ( ) \$3 per day.							
Non member NZOF affiliation fees							
							Total \$

Request for start times (for those with young children only.) .....

For enquiries contact: <b>Entry co-ordinator</b> Tom Clendon phone:09 634 4253 email:heathervc@xtra.co.nz	Post to: Queen's Birthday 3 Day 18A Irirangi Rd Greenlane Auckland
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## Wellington MTB-Orienteering Championships

### Maunga- kotukutuku Near Paraparaumu

**Sat 19 June 2004**  
Long Distance Championship  
**Sun 20 June 2004**  
Score Event

Planned by Steve Meeres for



Sprint-O, MTBO and Rogaine Pioneers

## Wgtn MTBO Championship 2004

**Terrain:** Steep Kapiti hill country with farmland, native bush and pine forest. Forest roads, farm tracks, quad bike tracks, single track, elevation range 400m. Newly mapped by Steve Meeres and Michael Wood. Scale 1:20,000, contours 20m.

**Saturday 19 June: Fifth Wellington MTBO Long-distance Championship**, a fixed-sequence event with interval starts between 12:30 and 2pm.

**Sunday 20 June: Maungakotukutuku Muster**, take controls in any order within a fixed time of 2 hours. Massed start at 10am.

**Entries:** Pre-entry by postmark 9 June. Late entry incl on the day while maps last. After 9 June, contact us ASAP to ensure a map.

We'll acknowledge your entry by listing on the MTBO website

[www.mapsport.co.nz/mtbo/mtbo.html](http://www.mapsport.co.nz/mtbo/mtbo.html), and post any additional information. Final results there too. And details of other events, eg Wellington Series third Saturday of the month.

#### **How It Works (Keep this info):**

Venue signposted from SH1 at Waterfall Road, 2km north of Mackays Crossing between Paraparaumu and Paekakariki. Note hazardous turnoff and railway crossing, alternative access from the north is via Valley Rd, Paraparaumu.

Saturday check in 12-1pm, start times self-selected as for local series, 12:30 to 2pm. Courses premarked on maps. Award ceremony at the venue approx 3:30pm

Sunday check in 9-9:30am. Maps premarked with all controls and points values. (10-90 points each) Massed start at 10am, penalty for returning after 12 noon. Award ceremony at the venue approx 12:30pm.

Enquiries Michael Wood at 04 566 2645 or [michael.wood@mapsport.co.nz](mailto:michael.wood@mapsport.co.nz)

## Entry Details

**Courses and Classes:** Six classes as follows, with approximate lengths. On Saturday only you can choose to enter a shorter course as a recreational participant; Course 4 particularly suited to younger riders. No recreational classes for Sunday, you all have the same time.

Course and Win Time	Men's Classes	Women's Classes
1: 25km, 700m climb 100min	Open Men OM	
2: 20km, 500m climb, 80min	Vet Men VM Jnr Men JM Recreational Men RM1	Open Women OW
3: 15km, 300m climb, 60min	Recreational Men RM2	Veteran Women VW Junior Women JW Recreational Women RW1
4: 12km, 150m, 60min	Recreational Men RM3	Recreational Women RW2

Veteran is 40 years or over as at 31 Dec 2004.  
Junior is 18 years or under as at 31 Dec 2004.

**Eligibility** ● You don't have to be an orienteering club member to take part in this championship but there's a discount for club members. Orienteering Hutt Valley has a half-price introductory offer for anyone who has never belonged to an orienteering club before: \$20 senior or \$10 junior; add it to your cheque and note the entry form accordingly.

### Entry Fees:

	Long (Sat)	Score (Sun)
19yrs plus	\$30, less \$5 club discount	\$20, less \$5 club discount
Up to 18yrs	\$15, less \$5 club discount	\$10, less \$5 club discount
After 9 June	Plus \$5	Plus \$5

Walkers... Runners... Orienteers... Explorers...  
Announcing the

# CITY SAFARI

NAVIGATIONAL CHALLENGE  
WITH A DIFFERENCE - BUSES AND TRAINS!

LOWER HUTT AND SURROUNDING HILLS  
SATURDAY 24 JULY 2004

*Navigational contests like orienteering and rogaining usually require you to move on foot.*

*The City Safari allows you to use **Public Transport**: buses and trains! You can use your head instead of your legs to get partway to the checkpoints. Each checkpoint has a score, the winning team collects the biggest score in the allowed time: **6 hours or 3 hours**.*

*The checkpoints are spread over a 7 by 10km area around Lower Hutt from the Eastern Hills to Belmont Regional Park; and from Petone to Haywards. The flat valley floor with houses and businesses. The hill suburbs with their bushclad gullies and connecting tracks. The eastern and western hills with their spectacular outlooks. The public transport network covers about one third of the area, much of it on a 15-minute frequency. Yep, even at the weekend!*

*The winning team will require fitness and speed, but the way they use the buses and trains will also be vital. A day pass will be part of your entry!*

*The event is supported by **Cityline (buses), Tranz Metro (trains), Ridewell (Greater Wellington transport coordination) and Hutt City**.*

*Full details and entry form will be on the RogaineNZ website  
[www.mapsport.co.nz/rog/rogaine.html](http://www.mapsport.co.nz/rog/rogaine.html) at the beginning of June.  
Enquiries to Michael Wood, Ph 04 566 2645.*

***Orienteering Hutt Valley, pioneers of Rogaining, MTBO and Sprint-O***

# MARAETOTARA -OY1

21 March 2004

Setter: Alan Oates

Vetter: Stewart Hyslop

**Red Long** 8.3km 335m climb

Hamish Goodwin	81.25
Derek Morrison	84.48
Geoff Morrison	89.29
Peter Watson	89.49
Chris Howell	92.45
Richard Lynn	103.25
Terry Russell	108.44
Wayne Hosking	115.35
Colin Tait & Ted Sapsford	202.12

**Red Medium** 5.7km 230m climb

Amber Morrison	51.51
Paul Smith	54.49
Rolf Boswell	59.16
Pamela Morrison	62.29
Jack Vincent	63.50
Keith Vincent	65.09
Scott McDonald	70.24
Ken Holst	72.43
Emma Watson	74.01
Caroline Watson	74.39
Cara McDonald	80.24
David Fisher	83.57
Erica Hobbs	84.29
Faye McDonald	86.08
Jon Eames	103.35
Graeme Barrett	110.56
Diane Lucas	116.52
Rob McDonald	DNF
Colin Jones	DNF

**Red Short** 3.5km 95m climb

Stephen Dodd	39.04
Alan Berry	43.31
Philip Baker	62.53
Karl Baker	64.02
Jo Eames	68.19
Sharon Mardon	69.36
Jennie Barrett	74.49
R. Spall	76.50

Catherine Howell	83.20
Brian Crawford	85.24
Caroline Vincent	88.57
George Macmillan	94.11
Ruth Vincent	98.14
Nigel Field	105.11
Dave Smith	107.53
Paul Steeds	DNF

**Orange** 4.3km 110m climb

Rachel Goodwin	49.27
Chloe Gregory	50.13
Wayne Tristram	50.13
Lucy Macmillan	52.01
Duncan Morrison	52.01
Hayley Tristram	54.11
Sam Eames	54.41
Josh Nicholls	54.59
Tom Myers	55.15
Leanna Reynolds	57.53
Sophie Eames	61.34
Steve Armon	63.43
Anna Powell	67.17
Amy Dolden	69.06
Anna Blackmore	70.10
Robyn Berry	72.25
Jim Spall	72.36
Kate Morrison	73.04
Alex Hazlehurst	79.22
Mark Hazlehurst	80.15
Jules Double	86.29
Patricia Larsen	97.45
Deborah Turner	DNF

**Yellow** 2.5km 45m climb

Amy & Anna(2 <sup>nd</sup> course)	27.52
Rochelle Sceats	30.55
Leanna Reynolds	34.25
Hayden Tristram	34.57
Angus	36.21
Alex McCormack	37.31
Hayley & Jagen	38.02



Chris McDonald	39.06	Mark & Jony Donnelly	18.41
Rory Turner	40.59	Anna Williams	18.45
Olivia Gregory	42.43	Paul Jensen & Callum Neil	20.23
Tabitha Donnelly	43.13	Avril Turvey	20.38
Sam Blackmore	43.20	Krista Donnelly	21.27
Remmerswaal(2 <sup>nd</sup> course)	44.04	Libby Cunningham	22.06
Oliver Watson	44.41	Emma Jones	22.44
Callum & Paul	45.46	Michelle Little	22.53
Bill Blackmore	47.07	Murphy	22.56
Laura Wallis	47.29	Sean Morrison	23.21
Stephanie McPhail	47.52	Stewart McGregor	23.25
Anna Fuhrer	50.35	Alana Mitchell	23.54
Gail Harrison	54.40	Michael MacShane	24.05
Katie Taunton	55.01	Teresa Stewart	25.00
Mark Hall	55.55	O'Leary Family	25.11
Stuart Field	56.55	Kate Hensman	25.19
Rosemary Wood	57.09	Remmerswaal	26.29
Simon Wallis	57.14	Jaimee	27.08
Sue Field	63.19	Neala	28.42
James Hinks	64.48	McGregors	31.04
Elsa Vincent	65.23	Stuart Spall	33.00
Vanessa Wiggins	68.46	B. Brun	40.17
Christine & Duncan Spall	70.21	Richard Powell	41.07
Gary Gregory	70.25	Helen Howell	58.13
Kerryn & Sue	70.44	Caroline Howell	58.13
Cleone Armon	79.51		
Bill Nicholls	DNF		
Vicky & Monica	DNF	<b><u>String</u></b>	
Libby Cunningham	DNF	Emma Boswell	5.36
Katie & Kate	DNF		
Jaimee & Neala	DNF		
Anna Williams	DNF		
Henry & Brad Porter	DNF		

**White** 1.8km 65m climb

Jay Barrett	14.50
Pearson Williams	15.31
Laura Wallis	16.17
Callum & Paul(3 <sup>rd</sup> course)	16.23
Simon Wallis	16.32
Henry & Brad Porter	17.28
Hayden Tristram	17.54
Katie Eames	17.57

# Maraetotara

Beware that rather nice chap Stewart Hyslop starting a telephone conversation with "I've been thinking....." You come to know it means "all the work you have done toss in the bin because you've missed something."

Stewart is quite happy to be called a perfectionist, although I called him a few other things as he used me as a dog sending me up and down the cliffs looking for the right spot. Stewart has a deaf side, which means this is the side he turns to you when you are asking the impossible, and it is the side to be on when you wish to pass comments when he is being a perfectionist.

The massive disadvantage of being at the start is that you don't know how many are coming up to you or more importantly how people are finishing and how your courses are being received. Perhaps the big advantage of being at the start is that you aren't there for people's first comments as they finish.

The Red Long course was too long\*, but it, like all the other courses, was based on the past 5 year course lengths, climbs and winning times. I know it is no excuse but it was interesting to see that those who mentioned it were the very people whose winning times were the basis of the formula. Another comment made was that people should have to navigate from the last control. If this is true, I apologise but we wanted to have the weary minds make a final route choice and only removed a final control on the Saturday.

\* it was the same length and height as 1991, won by Jason Marks in 68.49. Are we slowing down?

Based on winning times the other courses weren't too far out.

The White was a little too short judging by the winning times, or perhaps the runners are getting faster. We were somewhat limited by the start area to the paddocks we used but I was pleased we could get the White on the dramatic finish with water and mud, although Stewart insisted on using the bridges (spoilsport).

Putting the string trail by the finish seemed like a good idea at the time, until some juniors got confused and started following it on the way in. You live and learn.

I was pleased with the Yellow course, as I felt that the brave would receive their reward in times. I looked at a few maps and it certainly moved some runners to the edge of their comfort zones.

The main problem we had was the vast numbers of runners. We had looked back over the past few years and added all the runners on each course up and added a few for progress and a few more as it was the first OY and close to the other club areas. Boy, did we underestimate. Derek must be cloning orienteers in Napier, Jennie had her Woodford House girls, Karamu was represented. I don't think I've been involved in any club event where there were so many new faces. I don't why the schools need to sent students away to the school events they could ask for our results and work from them.

Congratulations to all those members bringing on the new talent, and thank you for all your hours of unpaid work. We have a wealth of talent bubbling in the lower grades and now making their mark in the other courses. Looking at the results only the Red Long is safe at the moment until Amber can 'run' again. The ever youthful Alan Berry is one of the few "mature" members who make it into the top 3 below Red Long. Who are all these people? What can we do as a club to encourage and keep them? Can we get a HB university to prevent the talent drain after High School?

My thanks to Stewart for all his hard work, patience and insight. Ruth on the day dealing with the hoards. All those members who as usual just pitch in and help. The Spall family and Alan for helping control collection. A special mention for Debrorah. She keeps popping up in all the local events: a hug from Debrorah at the end of the Kaweka, a sighting of her in the adventure race and a non sighting of her on Maraetotora! After 3 hours she appeared, had a bite to eat and was off collecting controls. Thanks for showing that special HB club spirit.

A GENERAL PLEA TO COMPETITORS. This has appeared before in these pages. PLEASE, PLEASE don't comment on the courses as you finish unless it is a technical matter that needs to be addressed immediately. All setters and veters have spent the last couple of weeks/days trying their best to put the event together for you. It is far better to have a drink, calm down and retrace your route before commenting. Following on from this plea I must thank all those who thanked Stewart, Ruth and myself for the event, and the constructive comments we received.

*Alan*

## MARAETOTARA O.Y.1

It was quite a revelation for me this year to be working on the **Finish**. The previous two years I have worked with Hamish, and he has kindly protected me from the drama associated with this job. But this year Alan *volunteered* for the **Start**, so I was l-u-m-b-e-r-e-d lumbered. Marvellous things these computers aren't they?

We had **140** courses completed that day. Club record??? Same at the **Mission**, give or take a few.

I could cope with the timing of people as they came through the Finish, and was able to get their time onto the clipcard, but that was the end of it. I did manage about six stubbs for the *washing line* of results before the finishers became too frequent for me to do anymore. I ended up with three helpers ---- Alan B, Chris and Brian- who checked the clip patterns, transferred the times onto the stubbs, and checked the elapsed times. The fourth helper - Mark- was the runner who took the stubbs to the washing line. Thank-you for your help.

The **point** I want to make here is that as far as the results were concerned we were okay. I had the finish time against the persons name, and on the clipcard, but if you like to see the results up on the *washing line* the person doing it needs **HELP!!!!!!!!!!**

This may be a more relevant point if the person concerned has grey hair, and is a card carrying superannuitant!!! But I don't think so.

Apologies to the Yellow course. We used a small depression as a control site. That is a "**no no**". Sorry about that. It did catch a few.

I have heard folk say that you should not have to navigate to the finish. There is not a lot of route choice available on this map, but I hope Red Long/Medium enjoyed the choice on the last leg. I think only Derek took the "high road".

Hope you had a good day, and thanks to all the many helpers.

*Stewart*

# THE MISSION - OY2

4<sup>TH</sup> APRIL 2004

Setter: Wayne Hosking

Vetter: Ken Holst

## Red Long 6.4km 500m Climb

Neil Kerrison	71.38
Hamish Goodwin	73.00
Geoff Morrison	85.52
Derek Morrison	90.56
Chris Howell	91.05
Richard Lynn	111.43
Alan Oates	117.01
Daniel McCormack	121.25
Darryl Taylor (2 <sup>nd</sup> Course)	133.29
Ross Morrison	DNF

## Red Medium 4.2km 425m Climb

Peter Watson	68.53
Paul Smith	68.59
Rob McDonald	74.12
Rolf Boswell	74.24
Stephen Dodd	76.46
Emma Watson	84.17
Scott McDonald	89.35
Amber Morrison	91.37
Pamela Morrison	97.24
Jon Eames	100.27
Cara McDonald	104.15
Erica Hobbs	105.27
David Fisher	113.20
Caroline Watson	113.42
Keith Vincent	114.16
Hayley Oates	128.26
Faye McDonald	134.42
Wayne Lee	151.55
Graeme Barrett	DNF

## Red Short 3.4km 215m Climb

Alan Berry	64.19
Stewart Hyslop	75.37
Craig Tuohy	76.34
Jo Eames	85.13
R. Spall	102.48
Catherine Lee	115.45
Nigel Field	115.59
Philip Baker	118.22
Helen Watson	123.19
Sharon Mardon	124.24

Brian Crawford	128.28
Aari Barrett	DNF
Dave Smith	DNF
Rob Poulgrain	DNF
Colin Jones	DNF
Catherine Howell	DNF
Rachel Kerrison	DNF

## Orange 4.7km 370m Climb

Darryl Taylor	59.27
Louis Chambers	63.25
Steve Armon	63.33
Caroline Parkes	70.30
Stephen Trolove	71.41
Brent Shotter(2 <sup>nd</sup> Course)	72.30
Josh Nicholls	73.25
Duncan Morrison	76.23
Rachel Goodwin	80.04
Chloe Gregory	86.21
Sophie Eames	88.31
Scott Bicknell	91.06
Conrad Zorn	93.24
Kate Morrison	93.58
Pauline Klay	94.59
Matt Balmer	96.20
Anna Powell	96.23
Mark Donnelly	107.17
Leanna Reynolds	108.45
Tabitha Donnelly	109.48
Amanda Haslett	111.41
Ted Sapsford	115.24
Deborah Turner	116.44
Nicola Hooker	117.54
Stewart McGregor	122.22
Bruce McGregor	122.27
Pedro Becker	126.26
Lynne Anderson	129.00
Jules Double	136.09
Lucy Darroch White	157.44
Robyn Berry	DNF
Peter Nam	DNF
Sam Eames	DNF
Tom Myers	DNF
Amy Dolden	DNF
Mark Hazlehurst	DSQ

**Yellow 2.9km 255m Climb**

Gary Gregory	34.25
Maia Scott	36.32
Jamie Brigham Watson	37.02
Jaime Goodwin	37.18
James Hinks	38.13
Willy Glass	40.36
Ben Greenwood	41.47
Stephanie McPhail	43.41
Chris McDonald	44.50
Andrea Pearson	46.05
Kate Boekhorst(2 <sup>nd</sup> Course)	48.32
Carissa Herbert	52.48
Katie Eames	52.55
Simon Wallis	52.56
Anna Williams	53.56
Ashleigh Hall	54.34
Olivia Gregory	54.46
Vanessa Wiggins	58.22
Bridget Telfer	59.33
Anna Fuhrer	59.40
Belinda Williams	63.24
Nic Harty	65.24
Sam Warren	68.25
Michelle Warren	69.44
Avril Turvey	70.00
Russell Dodd	70.12
Nikki Harrington	70.50
Zane Stevenson	73.05
Jesse Newson	76.04
Stuart Field	102.03
C. Spall	104.02
Vicky Field	DNF
Rochelle Sceats	DNF
Emma Jones	DNF
Rachael Tuohy(missed 1)	DNF

**White 2.5km 105m Climb**

Jay Barrett	18.12
Pearson Williams(2 <sup>nd</sup> course)	21.18
Hayden Tristram	24.05
Nicole Mudgway	26.15
Kate Boekhorst	26.59
Nikki Powell	27.04
Kim Dodd	29.24
Blair Turvey	30.19
Harrison Gregory	31.55
Rebecca Skerman	32.18
Krista Donnelly	37.27
Beatrice Hazlehurst	38.43
Tarryn Powell	39.24
Brent Shotter	40.21
Andre Boland	40.54
Nicola McPhail	41.17
Jayson Hiko	43.44
Sean Morrison	45.10
Claire Wilson	49.06
William Dykes	51.26
Richard Powell	52.14
Pearson Williams	62.23
Glenda & Roz Gentry	63.04
Oliver Family	85.19
Jason Frame	DNF

**String**

Caroline Howell	26.40
Emma Boswell	26.40
Helen Howell	26.40

## A Stroll Around the Mission

Sounds so inviting and not a hint of what was to come. Those gentle rises turning into mountains and your lungs just aren't big enough.

Yes, that climb, it adds up pretty quick doesn't it? I had to slow you down somehow so you didn't miss those beautiful views!! Anyway, everyone came back and there were no other complaints so that's good.

The map had a variety of terrain and green cover to keep you occupied if the hills weren't enough. There were even a few boulders we had to add, or subtract, to match the ground.

With the Mission's close proximity to town and plenty of sunshine there was a good turn out of approximately 140 unassuming people: most of whom slowed down to enjoy the views. Any challenge from the Taupo fold was nonexistent.

With my vetter being absent on the day, help from the Goodwin family and Erica plus others was much appreciated.

I noticed everyone disappeared rather quickly, and I was nearly collecting controls on my own, so next time I will have to go a bit easier on you all so you don't run away and leave me to realise how hard a course it was!

*Wayne*

# NATIONALS 2004

## HAWKE'S BAY RESULTS

### TOP 3 PLACINGS

Hawke's Bay had 58 entries for the Classic and a few less for the other days. We had the most competitors from any club and as you can see from the following results, many club members turned on good performances.

### FRIDAY - MT LEES

*Warm Up Event - Sprint O.*

M21	Mark Hudson	3 <sup>rd</sup>
M35	Hamish Goodwin	2 <sup>nd</sup>
M45	Geoff Morrison	2 <sup>nd</sup>
M14	Sam Eames	2 <sup>nd</sup>
	Duncan Morrison	3 <sup>rd</sup>
W14	Rachel Goodwin	3 <sup>rd</sup>



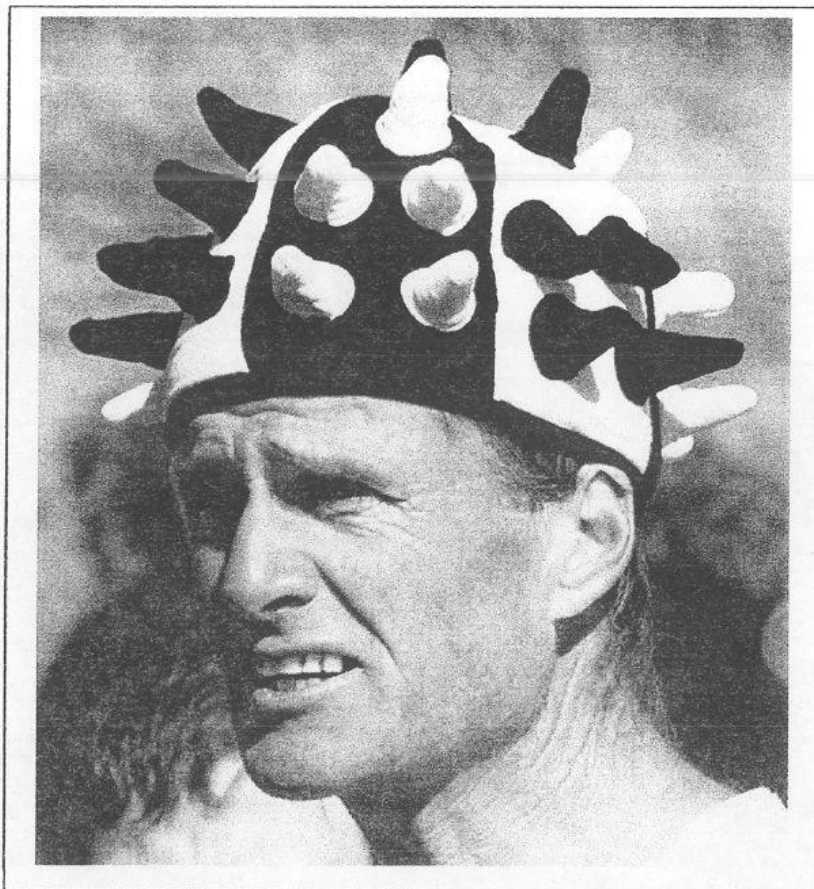
The start at the Sprint O - an unknown, Cara McDonald and Jon Eames.



# SATURDAY – OSGILIATH WOOD

## CLASSIC EVENT

M20A	Ross Morrison	1 <sup>st</sup>	W18B	Caroline Vincent	1 <sup>st</sup>
M40A	Chris Howell	3 <sup>rd</sup>	W40B	Ruth Vincent	1 <sup>st</sup>
M45A	Peter Watson	3 <sup>rd</sup>	W14A	Kate Morrison	3 <sup>rd</sup>
M50A	Derek Morrison	2 <sup>nd</sup>	W16B	Sophie Eames	1 <sup>st</sup>
M21AS	Mark Hudson	3 <sup>rd</sup>	M12A	Duncan Morrison	1 <sup>st</sup>
M65A	Stewart Hyslop	3 <sup>rd</sup>	W12A	Jaime Goodwin	1 <sup>st</sup>
W16A	Cara McDonald	2 <sup>nd</sup>	W14B	Vanessa Wiggins	3 <sup>rd</sup>
W40AS	Jennie Barrett	3 <sup>rd</sup>	W21C	Debbie Hudson	2 <sup>nd</sup>
M18B	Pedro Becker	1 <sup>st</sup>	M10	Jay Barrett	1 <sup>st</sup>
M14A	Scott McDonald	1 <sup>st</sup>	M10	Hayden Tristram	2 <sup>nd</sup>



Where did you get that hat?

# SUNDAY - RELAYS

## BOMBING RANGE

*TWO FORMATS – MIXED LONG – EACH LEG RUNS ORANGE  
MIXED SHORT – ORANGE, WHITE, YELLOW*

Our club had 16 teams entered – what a great effort.

MIXED LONG – 67 teams entered

3<sup>rd</sup> – HB Crocodiles

- Ross, Amber and Derek Morrison

6<sup>th</sup> – Hot Toddy

- Todd Oates, Jack Vincent, Geoff Morrison

plus a 20<sup>th</sup>, 29<sup>th</sup>, 31<sup>st</sup> and 37<sup>th</sup> ( and one team not official).

MIXED SHORT – 28 teams entered

1<sup>st</sup> – The Boys

- Scott McDonald, Duncan Morrison, Sam Eames

4<sup>th</sup> – Oliver's Army

- Peter, Oliver and Helen Watson

plus a 10<sup>th</sup>, 11<sup>th</sup>, 20<sup>th</sup>, 21<sup>st</sup>, 22<sup>nd</sup> ( and 2 other teams).

# MONDAY – KOITIATA

## MIDDLE DISTANCE (SHORT O?)

M45A	Peter Watson	2 <sup>nd</sup>	M16B	Josh Nicholls	1 <sup>st</sup>
M50A	Derek Morrison	3 <sup>rd</sup>	W18B	Caroline Vincent	1 <sup>st</sup>
M16A	Paul Smith	3 <sup>rd</sup>	W40B	Ruth Vincent	1 <sup>st</sup>
M21AS	Rolf Boswell	1 <sup>st</sup>	W14A	Helen Watson	2 <sup>nd</sup>
	Mark Hudson	2 <sup>nd</sup>		Rachel Goodwin	3 <sup>rd</sup>
W40A	Pamela Morrison	3 <sup>rd</sup>	W16B	Sophie Eames	3 <sup>rd</sup>
M40AS	Jon Eames	2 <sup>nd</sup>	M12A	Duncan Morrison	1 <sup>st</sup>
W16A	Emma Watson	1 <sup>st</sup>		Chris McDonald	2 <sup>nd</sup>
W40AS	Faye McDonald	2 <sup>nd</sup>	W12A	Jaime Goodwin	1 <sup>st</sup>
	Jennie Barrett	3 <sup>rd</sup>	W14B	Vanessa Wiggins	2 <sup>nd</sup>
M18B	Pedro Becker	1 <sup>st</sup>	W21C	Debbie Hudson	2 <sup>nd</sup>
M14A	Scott McDonald	1 <sup>st</sup>	M10	Jay Barrett	1 <sup>st</sup>

The Ramblings of an M65

With the Manawatu Gorge and the Saddle Road both closed, my route choice to Bulls and the Sprint event [sprint- who, me?] was the Taihape Road!! Took me 3.25hours, sometimes trying to drive like a rally driver. One short stop.

The Sprint event was on a 1:4000 map. Strange. Think about how to do a leg. Take a few paces and you're there. **Magic.**

I enjoyed the Classic event. Tough going, but a good test of skills. For the second time in my long career I came third in my grade. A long time between drinks!! The gap between me and the winner means it is another addition to the **Iron Mountain**. It is worth mentioning that Terry Brighthouse – the winner – sped round the course in 51mins. *And this guy is a pensioner????* Second and third took 90 minutes!!!!!!!

**I have a message for tortoises.**

About half way round “our” course three of us punched a control at the same time, went out onto the road, and *ran* it for 300metres. By the time I had *run* 100m the fastest guy had completed the 300, and the next guy had run 200m. I found that quite depressing, **but do not lose heart is the moral of this story**. The fastest man mis-punched, and the other fellow only beat me by 16 seconds. I actually overtook him somewhere between there and the finish!!!! What a fascinating sport.

In the Short “O” I concentrated on the map reading, and tried a new technique for me. **Verbalising.** Saying to yourself what you are thinking. Ever tried it??? I was so busy talking to myself, I ran off the map right near the Finish!!! I also didn't see Sharon Mardon flash past me!!!!

On the “social” side I had the privilege to be invited to a Pizza Race. **Well done Scott.** A ‘trencherman’ if ever I saw one.

I was also pleased to see the shops shut on Friday **and** Monday. Good on ya.

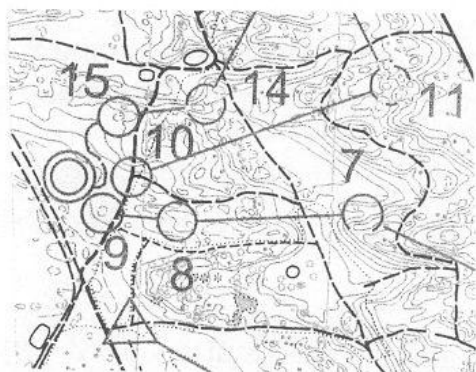
Came home via the Pahiatua Track. Did you take the alternate route to the Balance Bridge??? Scary with all the homeward bound traffic. Why is this country so lousy on road improvement? In Australia it is a major industry. We have been here over forty years now, and a lot of the roads have hardly changed at all in that time. Why is that???

Well done to all the Hawkes Bay lads and lasses who did so well at the Nationals. See you there next year?

Marvellous things these computers.

Stewart

## FUN AT THE NATIONAL RELAYS



Well, I hope you had fun, that you enjoyed your run in the wide-open Raumai Bombing Range forest and also enjoyed the special feeling of competitiveness and participation that is such an essential part of the inter-club relays.

It all seemed so easy to say "yes", when asked to act as controller for the event, especially as the Nationals were still ten months away. It didn't seem quite so easy during the hectic weeks before the event, or at midnight the night before the relays.

As we are about to find out, as hosts for the 2005 Nationals, there is a huge amount of work involved in organising a major orienteering event. The sport is very labour intensive. In addition, there are special requirements for the relays. Because of the massed start for each of the Mixed Long and the Mixed Short events, everyone cannot be allowed to just follow one another around the course. There must be split controls, to ensure that nobody can be sure that it is safe to follow the person in front. They just might be heading for a control that is different from the one that is next on your own list!

There is always a split control at number one, so the field is divided three ways straight away. Later in the course there are more splits. Yet by the time all three runners in any Mixed Long team have completed their event, each team must have covered all of the options. If you split the runners three ways at the first control and then three ways again at control 6, you immediately have 27 options, each with its own separate map!

Runner and spectator participation is an essential part of the relays. That is why we had spectator controls that allowed everyone to see the runners twice during the course of their leg. Not only does this heighten interest among the spectators but it also allows the runners to see when their preceding team member is getting close to the changeover.

We used electronic punching for the relays this year, for the first time outside Auckland. This was something of a drama in itself as the programming requirements are a great deal more complex than for an ordinary event. A couple of the electronic base stations out in the field decided to "die" during the event, which wasn't helpful, but our experts managed to cobble things together so that nobody was disadvantaged. We were fortunate that one of the Auckland specialists in electronic punching had come down to assist the local computer expert, otherwise we might have been in a modest amount of disarray!

Despite our moments of doubt as we struggled to get everything ready, it all came right on the day, as it always seems to do. Our Hawkes Bay teams did their part by heading off the Mixed Short relays and coming in third in the Mixed Long.

My thanks go to planner Mark Pritchard, of Red Kiwis, for his very thorough attention to the detail of this event and to our own Hawkes Bay members for descending on the site like a swarm of locusts after the event and picking it clean in record time.

*Alan Berry*

## HAWKE'S BAY IS DA BOMB AT BOMBING RANGE

National Championship relays were held on Easter Sunday at the Raumai Bombing Range on the coast near Bulls. The terrain was mainly pine forest on sand dunes. Amazingly for the Manawatu it was another fine day with strong westerly winds.

There were two relay groups. Mixed long consisted of all orange courses and mixed short was made up of orange, white and yellow courses.

Hawke's Bay had the largest number of overall entries and the mass starts looked very much a green, black and white striped affair. Thanks to Geoff Morrison we also had designer named teams, including Hot Toddlies (Todd Oates, Jack Vincent and Geoff). Oliver's Army (Peter, Oliver and Helen Watson), FayRichWait (Faye, Richard and Alan Oates), Crocodiles (the broken down Morrison trio) and the Raurekas (guess where they were from?)

The Crocodiles (Ross, Amber and Derek) had an impressive 3<sup>rd</sup> place finish, competing amongst NZ's elite orienteers. The Hot Toddys finished a commendable 6<sup>th</sup> place in the same category.

The 'future elite orienteers', The Boys, (Scott McDonald, Duncan Morrison and Sam Eames) had a fantastic win in the mixed short relay. Well done boys!! Also a great effort by Oliver's Army with a 4<sup>th</sup> placing.

Oddities on the day – Kate Eames jumped into the bushes to escape a younger boy she thought was cheating by following her, only to find he jumped in too (we think he must have thought it was part of his course!!) Graham Barrett pulled out of the event after trying to look for rabbits with his foot. Jo Eames got lost several times despite the vocal encouragement from her family at the spectator control, "Come on mum, where have you been???", only to then get lost again at the next control. Great finish of second at the wrong end!

Our club members did a sterling job assisting the host club on the day with management. Great effort everyone.

*Jon and Jo*

# TE MATA PARK

25<sup>TH</sup> APRIL 2004

Setter: Nigel Field    Vetter: Pamela Morrison

**Red Long**    2.7km 380m climb

Derek Morrison	40.47
Geoff Morrison	42.15
Hamish Goodwin	43.10
Chris Howell	45.51
Duncan Morrison	50.20
Brent Shotter (2 <sup>nd</sup> Course)	50.31
Scott McDonald	54.17
Jack Vincent	54.22
Cara McDonald	58.11
Stephen Dodd	60.45
Amber Morrison	61.23
Paul Smith	62.02
Rob McDonald	62.07
Alan Berry	64.42
Jo Eames	73.10
Jennie Barrett	75.51
Steve Armon	77.59
Kevin Osborne	78.37
Faye McDonald	79.01
Raewyn Simpson	83.43
Colin Jones	106.11
Josh Nicholls	109.33
Rachel Goodwin	DNF
David Fisher	DNF

**Red Short**    1.4km 180m climb

Aari Barrett	30.22
Ian Simpson	35.27
Amy Dolden (2nd Course)	41.56
Sam Eames	44.20
Sophie Eames	44.51
Sharon Mardon	47.18
Cath Howell	48.08
Paul Steeds	51.38
Caroline Vincent	61.30
Ruth Vincent	62.58
Rob Poulgrain	63.14
Brian Crawford	65.59
Helen Watson	66.46
Dave Smith	66.49
Matt Balmer	87.00
Leanna Reynolds	90.00

**Orange**    1.8km 180m climb

Chloe Gregory	32.51
Brent Shotter	38.15
Nick Holder	42.05
Gary Gregory	47.37
T & D Remmerswaal	49.33
Maia and Oscar	51.15
Olivia Gregory	53.51
Amy Dolden	55.12
Lyn Helliwell	58.10
Deborah Turner	61.16
Anna Blackmore	61.59

**Yellow**    1.5km 180m climb

Aari Barrett (2 <sup>nd</sup> course)	22.39
Maia Scott	23.06
Jay Barrett	32.17
Christo Creffier	34.48
Katie Eames	36.17
Remmerswaal Family	39.30
Willy Glass	43.38
Nikki Powell & Hannah Harty	44.43
Simon Wallis	46.27
Gary Patton	49.39
Chris McDonald	50.05
Hayden Tristram	52.38
Oska Robertshawe	53.05
Sam Blackmore	58.43
Grant Soeberg	59.45
Nicloe Mudgway	62.20
Gail Gregory	66.28
Jessie Newson	66.57
B Campbell	70.59
Elsa Vincent	71.55
Cameron and Josh	79.03
Paul Jensen	82.58
Henry and Brad Porter	86.11
Vicky and Monica	95.29
James and Callum	DNF
Celine and Karli	DNF
Stuart Field	DNF

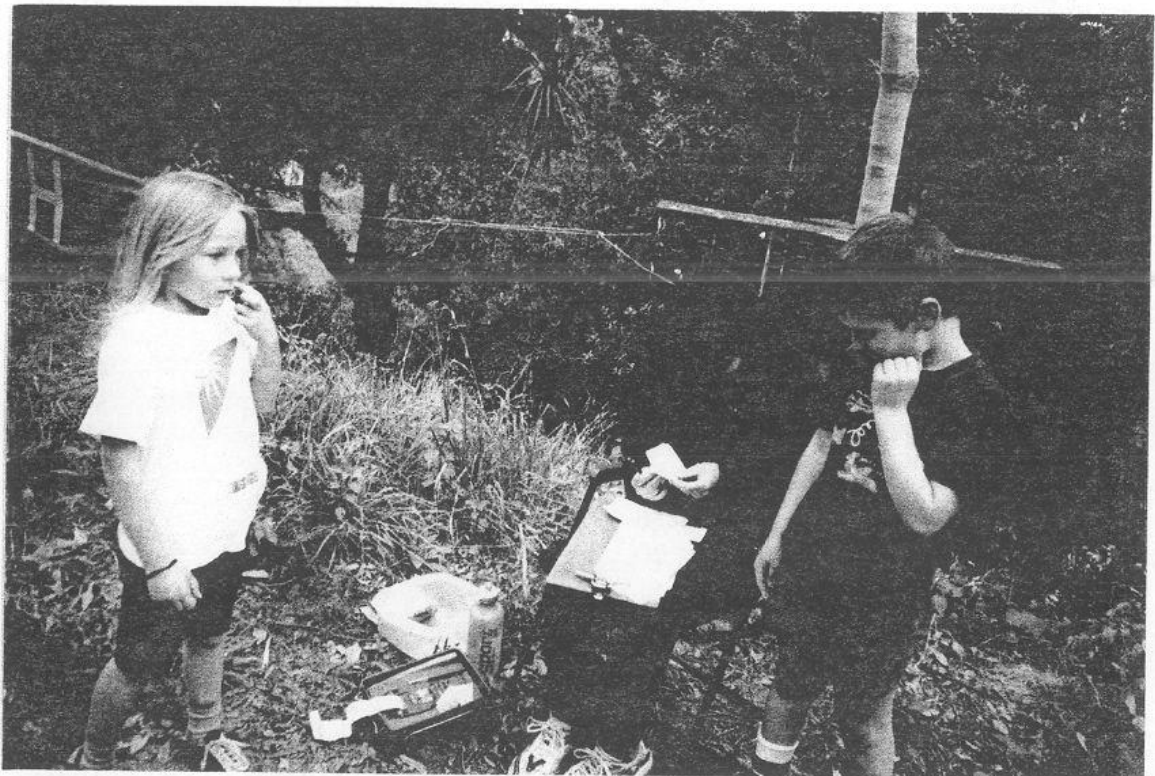
**White** 1.1km 50m climb

Henry and Brad Porter	15.54
James Shaw	16.13
Sean Morrison	18.20
A Randall	19.46
Pearson Williams	19.46
Cam Barrett	20.03
Robert Powell	20.08
Adam Bradshaw	21.20
Phillipe Grooby	21.50
Tarryn Powell	22.40
Hayley Powell	22.50
Paul Jensen	22.54
Jaime & Hannah Harty	23.22
Harrison Gregory	24.36
Laura Jensen	24.55

Annelise Moulton	27.23
Emma Blackmore	27.23
Robert Creffier	27.31
R & H Remmerswaal	28.21
Sue & Laura Jensen	28.37
Russell Dodd	29.43
Helen Howell	33.04
Caroline Howell	35.28
Jamie Mudgway	46.27
Kim Dodd	47.31
Celine & Karli	53.00

**String**

Helen Howell	2.30
Sean Morrison	2.30
Caroline Howell	9.20



**Busy at the finish.**

## Te Mata Park

' Yeah, ok, I see. 1000 cattle. Ah, so that means we can't use the Over the Hill map. What about the setter? I see they can't do it. And the vetter? Can't do it either? Hmm, not a promising start. Perhaps I could have a go at doing this myself. It will be ok, just a small club event, in the school holidays, with a lot of people at the Secondary Schools event. So where shall we have it? Geoff suggests Te Mata Park. It's close and you don't have stock problems. Pam offers to be the vetter. Sue has twisted her ankle so she offers to man, or woman, the caravan.

I spend a stunning day checking the Park out, so full of hope. I load the CONDES software onto the computer. What's the club password? Yeah, Dave Fisher knows this so I will ring him. This is the school holidays so people with real jobs are still actually doing them! Ah, Graham Barrett will know. Yep, he does but he warns me it is really long. I carefully copy it down and read it back. No sweat. In it goes, and out comes the error message. Graham emails it to me and still the software turns its nose up at it. That's cool, Rob McDonald has a copy so it's around to his place I go, complete with floppy disk to interrogate his hard drive – so computer savvy. I copy the shortcut in a flash but omit the programme part. That's sure smart. Ok, back to square one. Lets check the original CD with CONDES on it. There is a text file and yes it has two codes, one the very long and complex one Graham had given me and another, short, simple and effective. So after a tutorial from Rob, I enter the controls and save them. Only problem is that it is printing two start triangles. Anyway Pamela will sort it out.

We get the changes made and I learn a lot about course setting from Pamela's advice. She even updates the symbols from the latest version available. I head home happily to redraw maps and print control descriptions. A little message on the computer screen alerts me to the small but important technical detail that the updated file is from a newer version. Ok, so I download the newer version from the net. Oh, yes you have got it nailed now boy. Yes gentle reader, you guessed it. Panic sets in. Why me? Why will this not work? Why does Murphy mock me mercilessly? The cat, a sensitive creature, withdraws from the room sensing that a core-meltdown is imminent. Maybe it won't work because I haven't completed the installation. It is amazing how the red mist can cause you to lose sight of the simplest things.

It's Sunday 25<sup>th</sup>, ANZAC day and the day of the event. It is up early for Dawn Parade and then hook up the little, orange and white blimp and away we go. Geoff and Pam have kindly offered to put out the last of the controls. Shaun helps write up the board for the day. Pamela has to change a description on the orange course because the clearly marked stump has in fact been ripped up and thrown down the bank! She



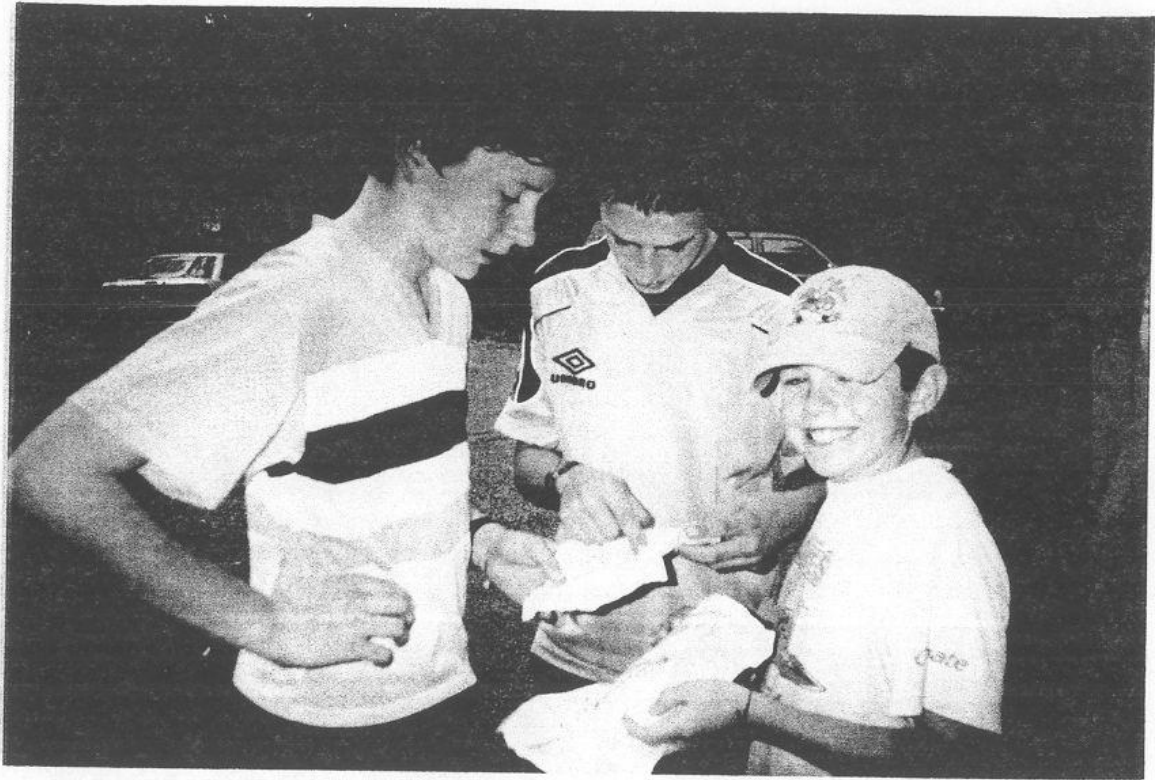
also finds that two of my controls are in the wrong place and corrects them. I set about digging the toilet. I jar my wrist when the spade hits the notorious Havelock Pan. It takes 20 minutes to progress to a safe depth. Sue arrives and gets organised in the caravan. Our nice new digital display is missing so my watch becomes the start clock. Pamela does the finish. Geoff greets people. The appearance of a smoothly operating machine belies my nervousness. Will people enjoy it? Is it too long? Too short? Too steep?

As a few people finish they seem to have found all the controls and say that they have enjoyed it. What a relief for my first real course. Thanks especially to Pam who advised, vetted and helped and to Geoff who is such a calming influence. All that's left is control collection. I have a plan but Pam sees a much more logical way of doing it. Get Derek to get all the really gnarly ones!!! No sweat for Derek, he did the course by memory so this will be easy! I hand him his bit of the map. He looks at it for a while and then leaves it in the car. He will do it by memory too -what a legend. I can't even remember where I put the car keys. Thanks to all the help we are packed up and off the Mardon's to park the caravan, quietly pleased that it seemed to have gone well for everyone.

*Nigel*



Sean running in to the finish



Jack, Scott and Duncan comparing route choice. Duncan's smile says it all.  
Have you seen his result???



Our lovely Te Mata starta



### Orienteer of the Year points: 2004

Red Short (Women)	Maraetotara	Mission	Total			Orange (Women)	Maraetotara	Mission	Total
Jo Eames	25.00	25.00	50.00			Rachel Goodwin	25.00	25.00	50.00
Sharon Mardon	24.54	17.13	41.67			Chloe Gregory	24.62	23.18	47.80
Jennie Barrett	22.83		22.83			Sophie Eames	20.08	22.61	42.69
Catherine Howell	20.50	0.00	20.50			Anna Powell	18.37	20.77	39.14
Caroline Vincent	19.20		19.20			Kate Morrison	16.92	21.30	38.22
Ruth Vincent	17.39		17.39			Lucy Macmillan	23.77		23.77
Catherine Lee		18.41	18.41			Hayley Tristram	22.82		22.82
Helen Watson		17.28	17.28			Amy Dolden	17.89	0.00	17.89
						Anna Blackmore	17.62		17.62
<b>Orange (Men)</b>						Deborah Turner	0.00	17.15	17.15
Duncan Morrison	24.13	19.46	43.59			Alex Hazlehurst	15.58		15.58
Steve Armon	19.70	23.39	43.09			Patricia Larsen	12.65		12.65
Josh Nicholls	22.83	20.18	43.01			<b>Yellow (Men)</b>			
Jules Double	14.52	10.92	25.44			Chris McDonald	23.24	19.19	42.43
Darryl Taylor		25.00	25.00			Gary Gregory	12.91	25.00	37.91
Wayne Tristram	25.00		25.00			James Hinks	14.02	22.51	36.53
Sam Eames	22.96	0.00	22.96			Angus Mackenzie	25.00		25.00
Tom Myers	22.72	0.00	22.72			Stuart Field	15.97	8.43	24.40
Jim Spall	17.29		17.29			Jamie Brigham-Watson		23.23	23.23
Mark Hazlehurst	15.64	0.00	15.64			Rory Turner	22.17		22.17
Ted Sapsford		12.88	12.88			Sam Blackmore	20.97		20.97
Pedro Becker		11.76	11.76			Ben Greenwood		20.59	20.59
						Oliver Watson	20.34		20.34
						Bill Blackmore	19.29		19.29
						Mark Hall	16.25		16.25
						Nic Harty		13.16	13.16
						Sam Warren		12.58	12.58
						Russell Dodd		12.26	12.26

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### Orienteer of the Year points: 2004

Yellow (Women)	Maraetotara	Mission	Total			White (Women)	Maraetotara	Mission	Total
Olivia Gregory	18.09	17.03	35.12			Kimberley Dodd		25.00	25.00
Jaime Goodwin		25.00	25.00			Katie Eames	25.00		25.00
Rochelle Sceats	25.00	0.00	25.00			Avril Turvey	21.75		21.75
Katie Eames		17.62	17.62			Emma Jones	19.74		19.74
Vanessa Wiggins	11.24	15.98	27.22			Beatrice Hazlehurst		18.98	18.98
Katie Taunton	14.05		14.05			Alana Mitchell	18.78		18.78
Rosemary Wood	13.52		13.52			Helen Howell		7.71	7.71
Michelle Warren		13.37	13.37			Caroline Howell		7.71	7.71
Avril Turvey		13.32	13.32						
Nikki Harrington		13.16	13.16						
Sue Field	12.21		12.21						
Elsa Vincent	11.82		11.82						
Cleone Armon	9.68		9.68						
Christine Spall		8.96	8.96						
Vicki Field		0.00	0.00						
Emma Jones		0.00	0.00						
Rachael Tuohy		0.00	0.00						
<b>White (Men)</b>									
Jay Barrett	25.00	25.00	50.00						
Hayden Tristram	20.72	18.89	39.61						
Sean Morrison	15.88	10.07	25.95						
Richard Powell	9.02	8.71	17.73						
Blair Turvey		15.01	15.01						
Harrison Gregory		14.26	14.26						
Stuart Spall	11.24		11.24						
Andre Boland		11.13	11.13						

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**HAWKES BAY ORIENTEERING CLUB****EVENTS FOR 2004**

DATE	EVENT	MAP
21/01/2004	Street Series	Woodford
28/01/2004	Street Series	Anderson Park
4/02/2004	Street Series	Windsor Park
11/02/2004	Street Series	Park Island
15/02/2004	Club	Horseshoe Bend
21 & 22/02/2004	Frank Smith Trophy	
28 & 29/02/2004	Kaweka Challenge	
14/03/2004	Katoa PO night relays	
21/03/2004	Club OY 1	Maraetotora
4/04/2004	Club OY 2	Mission/ Mohaka Challenge
11/04/2004	National Champs	Manawatu
25/04/2004	Club	Te Mata Park
9/05/2004	Club OY 3	Slump
23/05/2004	H.B Schools Champs/Club	Rochfort
13/06/2004	Club OY 4	Te Awanga
27/06/2004	Schools Relay/ Club	Rochfort
18/07/2004	Club	Guthrie Smith
1/08/2004	Club	Te Mata Park
15/08/2004	Club	Havelock Hills
29/08/2004	Club	Pukeora
19/09/2004	Club OY 5	Arbourfield/RK Challenge
3/10/2004	Club Points champs	Rowe Rd
17/10/2004	Club OY 6	Rotoma
31/10/2004	Club/Sprint Champs	Mangarara
7/11/2004	WOA Champs	
14/11/2004	Club Champs	New Map ?
28/11/2004	Xmas Event	To be advised



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Hawke's Bay Orienteering Club thanks SPARC for supporting orienteering!

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