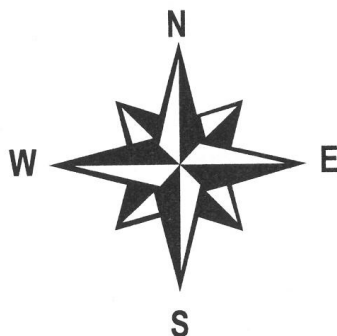


JULY – AUGUST 2004

COMPASS POINTS



*Compass Points is the bimonthly magazine of the
Hawke's Bay Orienteering Club Incorporated*

HAWKE'S BAY ORIENTEERING CLUB COMMITTEE

<u>PRESIDENT/RESULTS</u>	Hamish Goodwin	(06) 874 9383 hamish.lou@xtra.co.nz
<u>SECRETARY</u>	Ruth Vincent	(06) 877 6404 ruth.vincent@xtra.co.nz
<u>TREASURER</u>	Pamela Morrison	(06) 877 4870 pamela.m@xtra.co.nz
<u>CLUB CAPTAIN</u>	Geoff Morrison	(06) 877 4870 pamela.m@xtra.co.nz
<u>PUBLICITY</u>	Wayne Hosking	(06) 8703699 wayne@landwise.org.nz
<u>MAPPING LIAISON</u>	Paul Steeds	(06) 8748844 paulsteeds@xtra.co.nz
<u>EQUIPMENT</u>	Graeme Barrett	(06) 877 5930 gl.jl.barrett@clear.net.nz
<u>MAGAZINE</u>	Rob McDonald	(06) 8760146 rfmcd@ihug.co.nz
<u>FIXTURES</u>	Nigel Field	(06) 8782581 nfield@xtra.co.nz
<u>LANDOWNER LIAISON (Non-Committee)</u>	Alan Berry	(06) 877 7223 alan.berry@xtra.co.nz

Please forward newsletter contributions to:

HBOC Newsletter
F & R McDonald
907 Ebbett St.
HASTINGS
or email: rfmcd@ihug.co.nz

All other correspondence to:

The Secretary
Ruth Vincent
35 Simla Ave
HAVELOCK NORTH
or email:
ruthruth.vincent@xtra.co.nz

CONTENTS

1. Editorial
 2. President's Report/Committee News
 3. Coming Events
 4. NZOF News – September.
 5. NZ Secondary School Team for Australia.
 6. NZMTO Team/ New Members
 7. Countdown to Nationals '05 – Bulletin 2.
 8. Eye in the Sky.
 9. Words from the Wise.
 10. Coaching Corner – Analysing Race Thoughts.
 11. Letter from Italy.
 13. Junior Report.
 15. Comments on the NZSS Champs.
 17. Information and Entry Form – Hot ROCs rogaine
 21. Information and Entry Form – CD Champs
 23. Information and Entry Form – Auckland Orienteering Champs
 25. The Winter Classic and Wayne Cretney Memorial.
 26. City Safari.
 27. Guthrie Smith – results and report.
 30. Te Mata Park – results.
 32. Havelock Hills – results and report.
 36. Pukeora 0 results and report.
 39. Overall results for the Thermal Dash.
 40. Thoughts on the Thermal Dash.
-

EDITORIAL

Things seem to have been a bit quiet on the local scene of late. Perhaps it felt that way because the Thermal Dash series meant I was only out for an hour, instead of my usual 2 + hour struggle around a Red Medium. Good to see lots of new faces turning up and being at the top of the results board too.

September still looks pretty quiet when you look at the Coming Events page – only one local event!! After that things start to hot up in October, and November has an event every weekend with all the local/regional championships coming up. New members shouldn't be put off by thinking events like the CD Champs (entry form this issue) are just for 'the guns'. There is a course for everyone, and going to an 'away' event is a lot of fun and introduces you to different terrain than we have here in HB. Consider it.

PRESIDENTS REPORT

The HB Orienteering Club seems to be going from strength to strength with our membership going up to the point where we are now NZ's largest club. This, I'm sure, is due almost entirely to the hard work being put into the school orienteering. Well done to those few individuals who seem to be able to find the time and energy to put into this area.

As a follow on HB, had a huge proportion of the competitors at the NZ Secondary School Champs held in July at Rotorua. A number of titles were brought back to the Bay and 3 club members were selected for the NZSS team to travel to Australia. Well done to Amber, Jack and Cara on their selections. Such is the depth of our Juniors that 5 or 6 others were right up there in the selectors minds. Keep up the hard work and we should see a number of our Juniors represent NZ over the next few years.

On the local scene we have all been consumed by the "Thermal Dash" series. The levelling of the playing field has brought out some very competitive people in the club and it's great to see the enjoyment brought by beating some of the senior club members.

Pamela and her team have the maps all selected for the Nationals and work is progressing towards next Easter. Remember we will need a lot of help over this period so please set aside some time and consider how you are able to contribute to this big event.

Coming up are the last 2 OY's where titles are still up for grabs and all the Champs (Score, Sprint and Classic) so keep on competing against that map and enjoy the beautiful HB spring we are going to get!

Hamish

COMMITTEE NEWS

1 We are buying **2 extra O signs**. These new ones are the same as those used for the National Sec Schools event in Rotorua and are able to be pushed in the ground, removing the need for tying onto "convenient fences and lampposts".

2 The **strategic planning meetings** held both locally and nationally identified that "Junior development is essential for the future of orienteering" along with "removing the barriers to participation". We must congratulate those in the club responsible for their excellent leadership in both these areas.

3 The **Setters training night** was also excellent. Despite being a low turnout, those there participated in healthy discussion on the partnerships of vettors and setters, as well as many aspects of the sport and control positioning. An event all would have benefitted from, so hopefully will be repeated.

4 The **new O tops** coming from the machine of dressmaker Rosalie Adlam will now be of a new material. She has searched the world., yes really, and we have had to change to a new fabric. This will mean a small increase in costs.

5 Both of the **clocks have been repaired** at some large cost. Please, when using them, ensure they are not exposed to direct sunlight or rain. They are sensitive wee things.

6 We have accepted a quote from Oakdale mapping to proceed with the photogrammetry of the **new map at Whanawhana**. This will be used for the upcoming Nationals that HB are holding in Easter next year.

7 **Laminated copies of all our maps are now available**. They are held by our archivist Dave Fisher. These are an excellent aid for anyone planning an event.



COMING EVENTS

September- October 2004



MARK YOUR CALENDARS NOW

SEPTEMBER

19th Club Sprint Champs. Over the Hill.

OCTOBER

3rd Club Point Champs, Rowe Road.

17th OY5. Back into the competition again. Rotoma.

19th Closing date for the Auckland Champs.

23rd Entries close for the Hot ROC'S rogaine.

30th Hot ROC'S rogaine. Rotorua.

31st OY6. The last OY for the year. Possibility of this event being the Red Kiwis Challenge. Arborfield.

30/31 Auckland Orienteering Championships, Woodhill.

New Zealand Orienteering Federation (Inc)

GENERAL MANAGER: Stuart Payne, 171A Fifiield Tce, Christchurch 8002, NEW ZEALAND
ph/fax: 64 - 3 - 337 2275 email: nzof@nzorienteeing.com

NZOF NEWS – SEPTEMBER 2004

APPOINTMENTS

The NZOF is pleased to announce the appointment of –

- Graham Teahan, who will act as NZOF Coaching Director for the remainder of the year. Graham can be contacted at graham@mdc.govt.nz, phone (06) 329 3938.
- Sandy Turner & Gillian Ingham as Assistant Manager & Coach respectively for the NZ Schools Team.
- Trevor Knowles & Rob Garden as Assistant Manager & Coach respectively for the NZ MTBO WOC Team.

VACANCY: ANZ CHALLENGE TEAM MANAGER

Applications are invited for the position of Team Manager for the 2005 ANZ Challenge to be held in Auckland in January 2005.

The manager is responsible for the financial and logistical matters pertaining to the team and is expected to attend the ANZ Challenge events with the team. Direct expenses will be reimbursed within the budget. A job description is available from the General Manager.

Applications close 30 September.

KIWISPORT MANUAL

The revised version of the manual is now available and is on the NZOF website. The new manual makes the links between kiwisport orienteering and conventional orienteering stronger and gives more context to the exercises and games described. All clubs have been sent a printed copy.

STRATEGIC PLANNING

Following the workshop at the end of July, the NZOF Council set a timetable for the implementation of a new strategic plan for the federation, as follows:

- draft plan to be circulated to clubs during September;
- workshops at each Area Championship to be organised to discuss the plan;
- feedback to the NZOF Council for its meeting on 28 November;
- final draft to be adopted at the November Council meeting;
- final plan approved at the 2005 NZOF AGM.

Your input is welcomed.

NZ SPORT AND RECREATION FUNDING DIRECTORY

Clubs are advised that SPARC has established a directory of funding sources at www.fis.org.nz/sparc/.

The searchable directory contains information about philanthropic trusts, gaming trusts and other community organisations that support the sport and recreation sector. SPARC has made the directory available in order to assist organisations that are not eligible for financial support from SPARC, such as individual sports clubs, to identify potential funding sources.

The search engine enables you to specify, in general terms, the type of project, your location, the type of expenses for which funding is sought and the level of funding. You then obtain a list of those funding agencies most likely to fund your specific requirements. For further information see www.fis.org.nz/sparc/.

The NZOF acknowledges the support of Sport & Recreation New Zealand

This issue of NZOF NEWS is also available at www.nzorienteeing.com

NZ SECONDARY SCHOOLS TEAM 2004
To compete in the Australian Schools Championships
28 & 29 September 2004

Senior Girls

Sarah Gray	Nelson College for Girls
Rita Holmes	Onslow College
Lizzie Ingham	Samuel Marsden Collegiate
Amber Morrison	Napier Girls High School

Junior Girls

Claire Dinsdale	Samuel Marsden Collegiate
Cara McDonald	Karamu High School
Kirsty Turner	Samuel Marsden Collegiate
Georgia Whitla	Riccarton High School

Senior Boys

Riki Cambridge	Kings High School Dunedin
Richard Glover	Hutt International Boys School
Sam McNally	Te Puke High School
Daniel Stott	Te Puke High School

Junior Boys

Ciaran Murphy	St. Kentigern College
Andrew Peat	Kings College
Thomas Reynolds	Westlake Boys High School
Jack Vincent	Havelock North High School

Manager

Derek Morrison	Hawkes Bay
-----------------------	-------------------

**CONGRATULATIONS TO AMBER, CARA
AND JACK ON THEIR SELECTION.
WE WISH THEM WELL.**

NEW ZEALAND MOUNTAIN BIKE ORIENTEERING TEAM TO CONTEST THE WORLD MTBO CHAMPIONSHIPS, 18-23 OCTOBER 2004

Women:

Jo Forbes	OHV
Marquita Gelderman	NWOC
Claire Heppenstall	PAPQ
Di Michels	NWOC
Christina Renhart	PAPQ
Subject to availability: Debbie Chambers	NWOC

Men:

Neil Kerrison	Egmont
Stuart Lynch	NWOC
Andy Rhodes	PAPQ
Craig Starnes	OHV
Darryl Taylor	HBOC
Phil Wood	NWOC

Manager:

Michael Wood	OHV
--------------	-----

CONGRATULATIONS TO DARRYL ON HIS SELECTION.

NEW MEMBERS

We welcome the following new members to the club. We look forward to seeing you at future events:

- Richard, Avaleen, Jordan, Sarah & Alex Dyer
- Kristen Clothier
- Leanna Reynolds
- Matt Balmer
- Chris, Aggie, Jack & Anna O'Leary
- Kevin, Nicki, Teresa & Joshua Stewart
- Rachel Kerrison
- Rory Hart
- Emily Irwin

STOP PRESS

*HBOC is now (unofficially) the
largest club in New Zealand
with 244 members – well
done Hawke's Bay!*

**COUNTDOWN TO NATIONALS '05
BULLETIN 2**

For those members who haven't caught up with the news, Hawke's Bay is hosting the 2005 NZ Orienteering Championships. This will take place over Easter and as well as organising 4 days of orienteering, we will also host the NZOF AGM, prize-giving and dinner.

Thanks to all those members who responded to my previous message asking for people who were prepared to be part of the organising team. If you would like to be part of this, then don't hesitate to give me a call as there are always jobs to be done.

These events are happening, with these people planning & controlling:

Friday, March 25 – Sprint – Te Aute College – Rob McDonald & Max Kerrison

Saturday, March 26 – Long Distance – Whanawhana – Geoff Morrison & Ken Holst

Sunday, March 27 – Middle Distance – Springvale - Chris Howell & Graham Teahan

Monday, March 28 – Relay – Smedley – Hamish Goodwin & Jim Barr

These people are part of the organising team, doing these jobs:

Pamela Morrison - Event co-ordinator /Finance /Publicity

Alan Berry - Publications /Landowner liaison /Risk Management Plan

Paul Smith - Webmaster

Sharon Mardon – Entries/ Relay co-ordinator

David Fisher - Map production

Richard Lynn - Equipment

Stewart Hyslop – Personnel

Jo Eames - Dinner & Prize-giving

Sportident -If we want to offer electronic punching for these events, then someone in the club needs to take responsibility for management of the system. Is this you? If you would like to find out more, then give me a call.

WIN, WIN, WIN!

Design a logo for the 2005 NZ Orienteering Championships and win free entry to all 4 events. (Prize is not transferable).

We're looking for something simple, bold and distinctly NZ or HB. Get your ideas together and send me your drawings by September 30.

Pamela Morrison
Phone (06) 877 4870



Eye in the Sky

By the magpie



- Guthrie Smith does it again. Heavy rain curtailed the event this time. It was snow last time. Maps have been forgotten another time.
- Paul Smith and Brenda Campbell haven't had much luck during the 'Thermal Dash'. They drove out to Tutira to find that the event had been cancelled. A couple of weeks later, made a beeline for Woodford House expecting the 'Havelock Hills' event start to there, but to no avail, then proceeded to drive around Havelock North with no luck in finding the event.
- The Morrisons have received no complaints from neighbours after an assortment of orienteers attempted to get from Tanner St Reserve through to their place in our Havelock Hills event. Some interesting experiences recounted afterwards from those that tried.
- Cara's fundraising baking stall is proving a hit for all those with a sweet tooth. Customers are certainly seeing value for money with a fine array of cake and biscuits.
- Great to see Councillor Deborah Turner re-elected, unopposed. See she has nearly got the road to Puketitiri sealed!

WORDS FROM THE WISE

PETER SNELL SAYS

‘Orienteering is a fun activity. Running ultimately gets predictable and boring. The navigational component of orienteering makes it interesting. It’s a lot of fun.’

VAL MORRISON WAS HEARD TO SAY

‘THEY HAVE SYNCHRONISED SWIMMING
AT THE OLYMPICS BUT NOT
ORIENTEERING. IT’S A DISGRACE!!!’

Coaching Corner

Analysing Race Thoughts

Of considerable importance to orienteers is how successfully he/she can analyse his/her races and do post-mortems on them in order to improve. It is not good enough to simply glance over the map noting where mistakes occurred. You must make rather more definite efforts to understand why these mistakes were made in order to prevent their recurrence.

Mistakes can fall into 3 categories.

1. **Tiredness**; when you are tired, particularly after a climb or in the last 2 kilometres of a race, your perception and decision making are impaired. The simplest things are upset by a lack of oxygen, so you must take particular care when almost exhausted. 5 hard run minutes can be thrown away because you can't concentrate for 5 seconds.
2. **Tactics**; covers the whole concept of how you run your race. For example, which technique you use in a given situation, how to attack a particular control, when to run flat out, when to run easier, and so on.
3. **Weak technique**; this is the most common failing or cause of error. Using the wrong technique for a particular situation. Despite knowing that too much of a risk is being taken, or another method should be used, a lack of self discipline causes the wrong tactical decision to be made.

Improvement in orienteering is reducing your time. This does not mean running faster, it means reducing your mistakes firstly, then running faster!

Geoff

Letter from Italy

After watching a fairly mediocre All Black victory over England in the second rugby test, getting lost for three hours walking back to my accommodation (sober I might add), I flew out via Bangkok (didn't do much for me), Munich (interesting, clean, very efficient city), Dachau, and caught the train to Austria and the start of the Euregio 6-day event.

The first three days were in Austria in a picture postcard alpine village called Seefeld. Seefeld would rate much higher than Queenstown as a holiday destination. Situated at 1,200 metres the three maps were all within walking distance of the town, and all three days finished on the edge of town.

The terrain was very runnable, but steep (HB not Wellington). After a relaxing few days the event moved to northern Italy on the same high plateau as the WMOC were to be held.

I hadn't hired a rental car, based on my Scandinavian experience, but it was a necessity as our accommodation was in a small town, at the base of the plateau. The Ingham's were staying at the same hotel and they were very helpful in getting me to the events. The Italian terrain was similar to the Austrian, but was faster and very runnable. In the north of Italy there is a German influence and their English is only patchy. Learnt a few Italian words for the food and persuaded our hosts to provide a bigger breakfast (they eat a big lunch and dinner, no real breakfast). The "siesta" was also becoming a bit of a problem, with the place shut between 12.30 – 2.30pm (sometimes 3.30).

At the conclusion of the 6-day we moved 30kms down the road to Asiago and I found my accommodation was in Gallio, 5kms up the road. Another mistake, as my school floor accommodation was literally that. The only amenities a toilet (an appropriately placed hole in the floor), and showers. I was regretting my decision to not hire a rental car or get better accommodation but I eventually sorted out food and transport. On the second night we were invaded by the Estonians who literally barged in.

I knew I was in trouble after the first qualifying race as I had difficulty distinguishing brown markings against a green background and made several costly errors. The problem was compounded by the standard of competition, which meant I didn't have the luxury of having time to stand around inspecting the map thoroughly.

In the second qualifier I lost a lot of time locating one control due to a combination of lazy technique and inability to map read out of it. I felt the courses were not technically difficult compared with my Australian experiences in 2002. In the end I was lucky to qualify for the B final. 80 orienteers qualify for the A final, the next 80 the B, etc. Jeff Greenwood was very unlucky as he was in the top 80, in the M35A,

but because there was only 156 competing he had to run in the B final as only 78(1/2) qualified for the A final.

The final was great terrain and very fast. We also had greater visibility so I pulled myself up to 40th (120th overall) which disappointed me but I have to live with it. Malcolm Ingham was 72nd in the A final and Greg Barbour 2nd in the M40A. The M45A grade was won by Jorgen Martenson (winner of M40 in New Zealand in 2000). The top four finished less than 1 1/2 minutes apart.

I struck up a friendship with three Portuguese lads and a Czech competitor. We had a bet on the final that the lowest finisher would shout for the others. A poor run by the Czech competitor meant he shouted the local Italian beer, which I wouldn't rate highly.

I packed up and left for Venice immediately, which would be great for a park event (no structured pattern, canals, small alleyways and on a series of islands) and had a good walk through it. Very touristy and you wonder if it would survive without them.

Picking up my rental car, I set off for Florence, soon realising that there were no obvious speed limits on the Autostrada. I was in their smallest rental car and the handling wasn't great but I wondered how far I could travel in an hour. It was an unbelievable 163km and then I realised I had overshot my intended turn by 100kms. Pulled over and changed to plan B, and travelled via Genova, Cannes, Nice, Monte Carlo, Pisa, Florence, Castiglione del lago, Monte Cassino, to Rome. The only nervous moments were the motorbikes travelling at speeds of up to 250kmph, which suddenly appear between you and the barrier while you are travelling at 170-180kmph yourself.

Rome was chaos and I left the car in a parking building while I joined the throngs of tourists walking around with their orienteering maps. Great historical sites but a very dirty city, which was a complete contrast to Munich.

Uneventful flight home via Bangkok (furnace-like heat), Sydney, to Auckland. My Air New Zealand plane blew an oil line at Auckland airport so it took eight hours to get from Auckland to Napier, via Wellington.

The orienteering was excellent, the Italian organisation sometimes laughable (but came right in the end), seeing the sights tiring and the pressure of work unrelenting.

The World Masters in 2005 will be held in Edmonton, Canada.

Peter Watson

Junior Report

Am and Sam- double wham

Amber Morrison and Sam Eames took out NZSS titles in the recent championships held in very wet conditions in Rotorua. Amber blitzed the Senior Girls' field by over 10 minutes to become the first person to win three senior titles. Sam caused a boilover when he won Junior Boys', ousting favourite, Scott McDonald (3rd) and Aari Barrett (2nd). Other placegetters were Jack Vincent (3rd), Emma Watson (2nd), Kate Morrison (2nd) and Helen Watson (3rd).

Woodford House were the only relay winners when they took out the Junior race by 5 seconds from a fast-finishing Havelock North. HNHS were placed in four relays, Junior Boys' (3rd), Intermediate Boys' (2nd) and Girls' (3rd). Central HB placed 2nd in Senior Girls', with Napier Girls' 3rd, while Napier Boys' were 3rd in Intermediate Boys'.

Napier Boys' and Girls' both won their respective 'Top School' trophy while Napier Girls' had a share of the SILVA premier trophy. Havelock North won the boys' equivalent.

100 students from 9 schools represented Hawkes Bay.

Results; Championships (Finishers in top half)

Senior Boys' (28)

1 Daniel Stott (TEPU)	59.23
6 Daniel McCormack (NAPB)	89.34
9 Paul Smith (NAPB)	96.10
10 John Aitken (CHBC)	98.58
11 Aiden Ellmers (CHBC)	104.18

Intermediate Boys' (37)

1 Thomas Reynolds (WTLB)	30.28
3 Jack Vincent (HAVE)	34.15
12 Josh Nicholls (NAPB)	41.43
15 Stephen Dodd (NAPB)	45.28

Junior Boys' (32)

1 Sam Eames (LIND)	29.00
2 Aari Barrett (HASB)	31.33
3 Scott McDonald (KRMU)	33.26
4 Nick Holder (HAVE)	34.05
9 Jamie Brigham-Watson (NAPB)	46.04
10 Maia Scott-Wheeler (HAVE)	47.38

Senior Girls' (14)

1 Amber Morrison (NAPG)	43.32
-------------------------	-------

Intermediate Girls' (29)

1 Kate Rea (CHIL)	35.15
2 Emma Watson (CHBC)	35.39
4 Cara McDonald (KRMU)	42.11
5 Rachel Goodwin (IONA)	43.49
9 Lizzie McNutt (CHBC)	48.42
11 Caroline Parkes (WOOD)	50.01

Junior Girls' (25)

1 Nicola Peat (STCU)	25.54
2 Kate Morrison (NAPG)	26.47
3 Helen Watson (CHBC)	28.15
6 Hayley Tristram (NAPG)	37.23
9 Belinda Williams (WOOD)	40.08
12 Rochelle Sceats (WOOD)	46.11
13 Anna Fuhrer (HAVE)	48.17

Results; Standard (Top10)

Senior Boys' (20): George MacMillan (NAPB) 1st, Robert Spall (NAPB) 4th. Hamish Wiggins (NAPB) 10th.

Intermediate Boys' (24): Angus MacKenzie (NAPB) 1st, Ryan Woolley (HAVE) 2nd, Tom Myers (NAPB) 3rd, Daniel Weeks (NAPB) 6th, Alex MacCormack (NAPB) 7th.

Junior Boys' (23): Christo Creffier (HAVE) 1st, Keiran Callaghan (NAPB) 2nd, Rory Hart (KRMU) 3rd, Jason Frame (NAPB) 4th, Paul Jenson (NAPB) 5th, Nic Harty (KRMU) 6th, Ben Goodwin (LIND) 7th, Logan Deadman (HASB) 9th.

Senior Girls' (12): Stephanie McPhail (NAPG) 1st, Laura Wallis (NAPG) 2nd, Amanda Haslett (WOOD) 3rd, Lucy Darroch-White (WOOD) 4th, Nicola Hooker (WOOD) 5th, Amy Dolden (HAVE) 9th.

Intermediate Girls' (26): Sophie Fargher (IONA) 3rd, George Carvell (HAVE) 4th, Bridget Telfer (WOOD) 7th.

Junior Girls' (19): Catherine Brebner (HAVE) 1st, Ashleigh Hall (WOOD) 2nd, Nicole Mudgeway (WOOD) 4th, Kristen Clothier (KRMU) 5th, Michelle Little (NAPG) 6th, Emily Irwin (HAVE) 7th, Teresa Stewart (NAPG) 8th, Rebecca Skerman (WOOD) 10th.

Thanks to all the coaches/managers of the school teams during the year. As a club, this has been a very fertile ground to till, and may it continue. Your work is valuable and I hope you find it as rewarding as I do. We (HB) supplied 33% of the competitors to the NZSS champs and we took out over 50% of the placings! 8 out of 18 in Championship, 13 out of 18 in Standard and 8 out of 18 in relays. This reflects the time and energy put in to preparing the teams.

New Zealand team to Australian SS Champs

Congratulations to Amber, Jack and Cara making the NZSS team this year. You all thoroughly deserved it with top performances throughout the year. Good luck in New South Wales, I know it will be a huge learning curve, especially for Jack and Cara as first-timers. There were a few others in the frame, a couple who went desperately close to making the team. I'm sure our club will be well-represented in coming years as the above results show.

Geoff

AND WHAT WAS THE WEATHER LIKE?

Your most memorable moment from the New Zealand Secondary School Champs
Rotorua, July 16 -17th.

Hanging out with everyone from other schools. (Helen)

Being adopted by Val Morrison. (Willy)

Beating Angus (Willy and Simon W)

RUNNING IN THE POURING RAIN, AND ALL THE MUD. (SOPHIE)

Being beaten by Kate Rea by 26 seconds. (Emma)

Running in the mud and rain, being together and catching up. (Chloe)

Losing my shoe in the relay and running in my socks. (Jamie BW)

Geoff's pep talk before the race. (Alex)

Beating Scott McDonald in the Junior Boys Championship and coming first in New Zealand. (Sam Eames).

The best bit was being with everyone, because we worked as a team. The mud was cool too, and the fact that we won!!! GO NAPIER GIRLS. (Kate)

Relaxing in the hot pools after my run, and the RAIN!!! (Cara)

HAVING A ROOM FOR 4 GUYS, ALL TO OURSELVES. (NICK H)

Staying in a cabin with my mates and sneaking out at night. (Chris S)

Sprinting to the finish in the relays when I could have gone to sleep right then and there. (Rory H)

Rain. (Geoff)

Running an orange Senior Standard and it took 2 hours out in the rain! (Amy)

Coming third in the Intermediate Boys Championship and winning the Premier Schools Championship. (Jack)

The great race between Havelock's Junior Girls and Woodford's. It was exciting all the way and we screamed ourselves stupid at the finish. And winning the Premier Boys Trophy wasn't bad either! (Steve)

The best part was running in the rain and mud, and in a higher grade. (Rachel)

Finishing the course after half of my time was spent on errors. (James)

Taking an hour and a half to find one control and not finding the 2nd, and everybody cheering at the finish. (Caroline)

Passing Paul Smith after blowing the first control and then somehow losing to him without seeing him again on the course. (Aiden)

Sprinting around the Junior Boys relay course and getting the fastest individual time by 1 ½ minutes. (Scott)

Wrecking my shoes and doing the second half of the course in socks and slipping over. (Paul)

The well earned time out whilst relaxing in the pool reflecting on the day. (Angus)

Beating Angus in the relays. (Jules)

And the last word from a reluctant family member, dragged to Rotorua for the event "The best part was coming home." (Christopher)

Walkers... Trampers... Orienteers... Runners... Adventure Racers

Hot ROCs Rogaine

8 and 4 Hour ROGAINE, Saturday 30 October 2004

What's a Rogaine

A rogaine is a challenge of your physical endurance, navigation, and route choice skills. You visit (on foot) as many control points as you can in a given time. Those further away are worth more points. You lose points if you return over-time. The team with the highest score is the winner.

We give you a slightly modified topo map. The points you have to visit are marked by circles, and are all on prominent features. You do need to read the map, this makes it excellent training for adventure races and for safety in the bush.

GPS are not allowed. A compass is compulsory.

The time allowed for a rogaine ranges from three hours up to the classic length of 24 hours.

Where:

The area is within 20 minutes drive of Rotorua, you will be advised of event centre location a week before the event. It is in an area that has multiple land use, flat to steep, grass, bush and forest.

Time:

8-hour event, starts 10.00. (Be there at 9.00 to start planning your route)

4-hour event, starts 14.00. (Be there at 13.00 to start planning your route)

Note that you don't have to stay out for the whole time, but it pays to get back on time.

Entry details:

Rogaines are for teams of 2 - 5. Pre-entry is required to get a map with the control points and additional tracks marked on it, one coloured map per person.

On the Day

Turn up an hour before the start to collect your map pack, this allows time to plan your route. There will be a briefing 10 minutes before the start.

The map pack will contain two maps per person, one coloured and the other black and white. You can use a black and white map for planning; we'll need one back before you start that shows your intended route.

You need to be back on or before the finish time as for every minute and part thereof that you are over time you will have 10 points deducted. If you are 30 minutes over you get no points.

At the end while you attack the meal that is provided and discuss route choices we'll add up the points and let you know the final results.

Safety

The most important safety feature is your team, and team-mates must stay in non-assisted verbal contact at all times, except to obtain help for injury. Each team member shall carry polyprop top and bottom, hat, gloves, waterproof jacket, survival blanket, torch and whistle. The team shall have a basic first aid kit and a cellphone.

You may choose to use of public roads during the event, these have **not** been closed for the event.

Camping

There is no camping available at the event centre.

Please retain this information, as you will only be advised of the location in the week leading to the event.

Entry Form for Hot ROCs Rogaine, 30 October 2004

Team Captain		Team Name	
Address			
Phone		Email	
Circle both category and age grouping.			
Mens Women Mixed Open Junior (minimum 16) Veteran (40+) Family			
<i>Please print full name and sign that you are entering this event at your own risk and are aware of the safety requirements.</i>			
	Full Name	Signature	Dollars
Person #1			
Person #2			
Person #3			
Person #4			
Person #5			
Total Enclosed			

Entry Fees:

8 hour - \$35.00 per person
 4 hour - \$30.00 per person
 Late entry, add \$10.00.

Cheques made out to "Rotorua Orienteering Club".

Send to arrive by Saturday 23 Oct to

"Hot ROCs Rogaine", c/o A & V Coulter 27 Putiki Road, RD3, Whakatane

Safety

The most important safety feature is your team, and team-mates must stay in non-assisted verbal contact at all times, except to obtain help for injury. Each team member shall carry polyprop top and bottom, hat, gloves, waterproof jacket, survival blanket, torch and whistle. The team shall have a basic first aid kit and a cellphone.

The event will be held on fully functioning farms and forestry blocks with electric fences and animals. Please stay well clear of all equipment, houses and yard/shed areas. There could also be geothermal activity in some parts, these areas should not be ventured through. There are also very steep hills and bluffs, we'd recommend you choose routes that by-passed these. You may choose to use of public roads, these have **not** been closed for the event.

Central District Championships 2004
20 / 21 November

NZOF A level events - Elite Superseries
Closing date 1st November 2004



Day 1 - Saturday 20 November
Central District Championships

Courses: Long distance event for all classes.

Note: This event counts for the individual superseries.

Map: Aramiro (new map)

Scale/Contours: 1:15,000, 1:10,000 for courses M/W 14 and younger, M/W 50 and older and all B and C courses; 5m contours.

Start times: from 11am

Terrain: Mostly undulating pine forest, some steep to very steep areas. Farmland and small stretches of runnable native forest are both flat to undulating.

Event coordinator: Ingrid Perols (both days)

Course planner: Patrick & Maja Kunz (both days)

Controller: Robert Newbrook (both days)

Directions: Signposted from SH 23 (Hamilton-Raglan), west of Whatawhata.

Classes

Note: Some courses/grades may be combined, if entry numbers are low.

Course	Men	Women	Length ¹ (Day 1)	Difficulty
1	M21E (open, Superseries)		100%	Red
2	M20A, M21A (open), M35A	W21E (open, Superseries)	60%	Red
3	M18A, M40A, M45A		47%	Red
4	M50A, M21AS (open), M16A	W20A, W21A (open), W35A, W40A	41%	Red
5	M55A, M60A, M40AS	W18A, W45A, W50A	33%	Red
6	M65A W55A	W21AS (open), W16A	27%	Red
7	M70A, M75A	W60A, W65A, W40AS	18%	Red
8	M14A, M21B (open), M18B, M40B		33%	Orange
9	M50B	W14A, W21B (open), W18B, W40B, W50B	27%	Orange
10	M12, M14B, M21C (open)	W12, W14B, W21C (open)	3-4km	Yellow
11	M10, M12B	W10, W12B	approx. 2km	White

¹ Day 2: 60% of normal length; Elite (Superseries); 3 people relay male (30%) - female (45%) - male (45%)

Age Restrictions

Competitors aged 20 or younger belong to each class up to the end of the calendar year in which they reach the given age. They are entitled to compete in older classes up to and including 21. Competitors aged 21 or older belong to each class from the beginning of the year in which they reach the given age. They are entitled to compete in younger classes down to and including 21.

Entry Fees & Payment

	Day 1 Sat 20 th November	Day 2 Sun 21 st November
Senior	\$22	\$18
Junior	\$11	\$9
Family	\$55	\$45

A junior is anyone eligible to compete in MW/20 or younger classes. A family is up to two seniors living at the same address and any number of juniors that look to at least one of the seniors as a parent.

Competitors not belonging to a NZOF affiliated club or an IOF member organisation, must pay an extra one-event participation levy of \$9.- per senior, \$5.50 per junior, \$23.50 per family for each day of competition.

The full amount of fees must be paid before an entry can be accepted. Payment can be by accompanying cheque payable to Hamilton Orienteering Club.

Late Entries or Changes

Entries received after the closing date of the 1st November will be accepted only at the discretion of the organisers. Additionally, requests for change of grade received after the closing date will be at the organisers' discretion. An additional fee of 10\$ will apply in both cases and for each day.

Start Time Requests

Please note that with block starting of classes, requests for separate start times to accommodate child care requirements must be entered in the entry form.

Superseries Relay (Day 2) Entry

The captain for each region must nominate by 1st November the team membership, the number of teams, and members available for unofficial composite teams to Patrick Kunz (pmkunz@paradise.net.nz), cc to Michael Wood (michael.wood@mapsport.co.nz). After that team compositions but *not the number of entered teams* may be changed by notifying the above.

Inquiries

For questions please contact:

Bill Irvine
25 Whyte Street
Hamilton
phone: (07) 855 5573;

or

Patrick Kunz
134 Albert street
Hamilton
phone: home: (07) 856 3939;
office: (07) 857 0664
email: hamoc@paradise.net.nz

Entry Form

Central District Championships 20 / 21 November 2004

NZOF A level events - Elite Superseries

Closing date 1st November 2004



Contact Name²: _____ Email³: _____
Address: _____ Phone: _____

Split start time request (competitors with young children): _____

Competitor Name	Birth Year	Club ⁴	Sat 20 th Specify Class	Sun 21 th Specify Class ⁵	Fee (NZ\$)
Non member affiliation fees ⁴					
Printed copies of programme and results to be sent out to above address:				No of copies: [] x \$5.- =	
Total NZ\$					

Please send this form together with payment of the full amount of fees (cheques payable to Hamilton Orienteering Club) to the following address:
Bill Irvine; 25 Whyte Street; Hamilton

² Please enter name and contact details of the person responsible for this entry.

³ Please provide an email address, as event programmes and results will be distributed by email (PDF format) unless printed copies are ordered (cost NZ\$ 5 per set).

⁴ Participants need to be members of an NZOF affiliated club. Competitors not belonging to a NZOF affiliated club or an IOF member organisation, must pay an extra one-event participation levy of \$9.- per senior, \$5.50 per junior, \$23.50 per family for each day of competition.

⁵ Superseries Relay: Please specify the team membership, the number of teams, and members available for unofficial composite teams to Patrick Kunz (pmkunz@paradise.net.nz), cc to Michael Wood (michael.wood@mapsport.co.nz).

**Pre – entry is required for both days.
NZOF affiliation is required for both days.**

Competitors not belonging to a NZ Club or an IOF member organisation, must pay an extra one-event participation levy of \$9 per senior; \$5.50 per junior; \$23.50 family, for each day of competition.

Classes

Grade combinations and level of difficulty will be in accordance with the NZOF guidelines. Courses may be combined if low entries are received.

Course	Men	Women	Difficulty
1	M21E		Red
2	M20A, M21A, M35A	W21E	Red
3	M18A, M40A, M45A		Red
4	M50A, M21AS	W20A, W21A, W35A, W40A	Red
5	M55A, M60A, M40AS, M16A	W18A, W45A, W50A	Red
6	M65A	W55A, W21AS, W16A	Red
7	M70A, M75A, M80A	W60A, W65A, W70A, W40AS	Red
8	M18B, M21B		Orange
9	M14A, M16B, M40B	W18B, W21B	Orange
10	M50B	W14A, W16B, W40B, W50B	Orange
11	M12A, M14B, M21C	W12A, W14B, W21C	Yellow
12	M10, M12B	W10, W12B	White

Sport-ident

All competitors must either provide their own cards, or arrange to hire or purchase. See the entry form. Splits for all courses will be posted on the web ASAP after each event.

Entry fees	Sat – Middle Distance	Sunday Classic
Senior	\$18	\$20
Junior	\$9	\$10
Family	\$48	\$50

A junior is anyone eligible to compete in M20/W20 or younger classes.

A family is up to two seniors living at the same address and any number of juniors that look to at least one of the seniors as a parent.

Payment - Please make cheques payable to the Auckland Orienteering Club.

Alternatively payment can be made by direct banking to the club's account:-

Bank of NZ Remuera Branch, a/c 020256 0118504 00

If using this method please code with the contact name and reference Auck Champs 04

Closing date for entries – Monday 19 October 2004.

Entries received after the closing date will be accepted at the discretion of the organisers.

The Winter Classic Including the Wayne Cretney Memorial

Wairarapa held their annual Winter Classic event on July 4th, on the Taueru map. The Winter Classic is an endurance race that is both mentally and physically challenging. The event is a BLODSLITET, like a relay but you do the three legs yourself! Several Hawke's Bay souls ventured south to compete. There were three courses offered

Course 1 – Open Men (M21)

Course 2 – Open Women (W21)

- M40 – running for the Wayne Cretney Memorial

Course 3 – M/W 18

- M50

- W40

HAMISH GOODWIN WON THE WAYNE CRETNEY MEMORIAL.

Great stuff, Hamish!

Other results

Course 1 – Wayne Hosking 3rd

Course 2 – Hamish Goodwin 1st
- Terry Russell 4th

Course 3 – M50	Rob McDonald	5 th
W40	Diane Lucas	4 th
Jun G	Rachel Goodwin	3 rd
	Cara McDonald	4 th

When I heard about the City Safari, I thought it was going to be easy as pie because of the fact that you could use public transport instead of running (walking in my case). How wrong could I have been?

Looking at the map there were heaps of bus stops and the train stations were in positions to get a couple of easy points. We set out towards the train station but when we got there we found that that part of the network didn't run on a Saturday.....so our route choice went out the window.

After some quick thinking we changed direction and starting climbing the Wainuiomata hill, picked up our first points and set out again. Getting to within 100m of the next control, we found out that AIDEN had lost our clue sheet. We decided that we would back track and try to find it after the control and luckily for us, we met another team on the track who told us the clue.

You guessed it - we didn't find it, so the next plan of attack was to call Michael Wood and see if we could get another clue sheet. That turned to custard when I discovered my phone didn't have enough money! Having detoured to the nearest dairy to purchase a new phone card, speaking to Michael didn't improve our situation as we found out nothing could be done.

The Safari was turning into a real challenge but nothing two orienteers couldn't handle. We decided to carry on, and remember the landmarks at the control sites as we went.

Dad and Emma didn't have any problems but their decision to finish in Kelson proved fatal. They were very lucky with all their transfers except that after catching the Kelson bus with 16 minutes to go, they had to wait six minutes before it moved. The bus then took them to Waterloo Station (instead of the Central Bus Terminal) and a scheduled driver change. They then ran in from 2.5 kms out and finished 13 minutes late, dropping them to 8th overall.

1 st	Al Cross, Nigel Corry	770 points
2 nd	Fraser Clark, Chris Strange	650
8 th	Emma and Peter Watson	540 (670 - 130)
18 th	James and Aiden Ellmers	380 (1 st college)

James Watson

Guthrie Smith

25 JULY, 2004

THERMAL DASH #1

SETTER – Richard Lynn VETTER – Sharon Mardon

SCORE

NAME	SCORE	HANDICAP	PENALTY/ BONUS	TOTAL
Bob Pocknall	48	27		75
Anna Blackmore	43	32		75
Olivia Gregory	40	36	-1	75
Avril Turvey	39	34		73
Wayne Turner	43	30		73
Jon Eames	48	24		72
Paul Steeds	37	35		72
Gary Gregory	40	32		72
Josh Nicholls	47	26	-1	72
Sophie Eames	41	30		71
Katie Eames	34	37		71
Gail Gregory	30	42	-1	71
Chris McDonald	36	35		71
Anna Powell	40	30		70
Chloe Gregory	40	30		70
Matt Balmer	39	30		69
Jo Eames	42	27		69
Leanna Reynolds	37	32		69
Sue Field	32	42	-5	69
Stewart Hyslop	41	27		68
Wayne Hosking	52	16		68
Ruth Vincent	33	35		68
Rob Poulgrain	32	35		67
Henry Porter	33	36	-2	67
Brenda Campbell	24	42		66
Nigel Field	31	35		66
Nic Harty	29	37		66
Sam Eames	41	24		65
Pamela Morrison	45	20		65
Steve Armon	41	24		65
Faye McDonald	38	27		65
Daniel McCormick	52	16	-3	65
Janet Turvey	22	42		64

Rob McDonald	47	16		63
Ken Holst	46	16		62
David Fisher	46	16		62
Pedro Becker	30	32		62
Philip Baker	28	34		62
Sam Blackmore	25	37		62
Terry Russell	52	8		60
Jack Vincent	51	12	-3	60
Geoff Morrison	53	6		59
Paul Smith	46	12		58
Caroline Vincent	28	30		58
Rory Turner	30	28		58
Scott McDonald	46	12		58
Bill Blackmore	19	37		56
Bradley Porter	11	42		53
Claire Guillen	38			38
Kevin Stewart	37		-2	35
Pearson Williams	26			26
Todd, Sierra, Jim, Amanda, Jennifer	26			26
Beryl & Scotty Smith	24			24
The Faction	24			24
Cristin, Becca	13			13
Daniel Gregory-Campbell	12			12
Teresa Stewart	6			6
Elizabeth J	30		-41	-11

WHITE

Mitchell Turner	23.04
Kristen Clothier	24.12
Sean Morrison	26.42
Dyer family	30.59
Alex & Jo Harty-Morris	31.17
Harrison Gregory	33.37
Anna & Aggie O'Leary	34.44
Nicki Stewart	35.43
Jack O'Leary & Cory Atkenson	38.37
Richard Powell	40.48
Joshua & Blair Turvey	41.49
Williams family	42.28

WET BEHIND THE EARS (AND EVERYWHERE ELSE).

Someone wrote about Stewart Hyslop phoning up and saying "I was just thinking" and you know you're in line to do control collection.

Well this time it was a phone call from Hamish, "El Presidenti" and after the initial small talk, the first little nervous laughter escapes from Hamish's lips and I know a new dread. Horror is to be unleashed upon my person. Then after the usual excuses, no-one else was available, the flattery, you always give us a good course Richard. He then tried the guilt trip but once I heard him start to cry, well I caved in and said I would step up to the plate and save his bacon yet again. Anything Hamish might say to the contrary is untrue and unfounded and I have not even mentioned the bribery, extortion and threats of physical violence. All of this unpleasantness could have been avoided if you had just said please.

Then the panic set in. I had less than two weeks to come up with two courses for a new format. The white would be easy enough but a course to cover yellow to red long runners was a bit more of a challenge. My first visit to Guthrie Smith showed me there was a lot of remapping to be done to make the course yellow friendly. So a day was spent re-mapping and checking out a possible white course as well as circling control points for the score course. The forest was very soon given up due to the large amount of blackberry and my nemesis of Guthrie Smith, the rogue rock in the pines, remained a mystery to me. I still don't think it exists! Back at home I ring up the ever dependable Mr Fisher, who despite being badly under the weather with the flu, agrees to my calling around and updating the map on his computer. This visit was great because Mr Fisher pointed out that I actually had one more week up my sleeve to get the Guthrie Smith Thermal Dash ready.

The second weekend visit was spent sorting out the white course and opening up a path through the blackberry.

Weekend 3. Sharon and I spent 6 hours putting the controls out and the tape for the white course. As with the previous two weekends, it was raining.

Then came the big day. We had the big wet and after a few phone calls decided to postpone the event to the following Sunday. I think everyone appreciated this decision, as even on Saturday water seemed to be coming up out of the ground everywhere.

A lot of faces didn't show up for the day, with the notable absence of Derek and the D squad, which has to be a first since I have been orienteering. It was nice to get the feedback from you all saying you enjoyed the course and the challenge to find the best way round. The timing at the finish was very good, the best being 5 seconds to spare, the worst just four minutes over time. We even had some visitors from the USA who were staying at Guthrie Smith doing an environmental study.

Thanks must go to Dale Nicholls for stepping up and helping us at the start area, to Steve Armon for working out the scores, Bob and the Vincents for control collection and for vetting the course and spending a lot of time wet, Sharon.

At the end of the day, Stewart Hyslop wandered up to me and handed me a piece of paper. He said it was the list of helpers for control collection. He said he was sorry he had not phoned me. I opened the list to see my name at the top and then understood his phone comment and the mischievous grin across his face. He said he thought I would need a run by the end of the day. I did. Thanks Stewart.

TE MATA PARK

1 AUGUST 2004

THERMAL DASH #2

SETTER: Graeme Barrett VETTER: Pamela Morrison

<u>Score Event</u>	<u>Score</u>	<u>Handicap</u>	<u>Penalty</u>	<u>Total</u>
Jamie Brigham Watson	29	30		59
Nic & Murray Harty	26	35	4	57
Avril Turvey	23	34		57
Rory Turner	28	28		56
Bob Pocknall	29	27		56
Jack Vincent	43	12		55
Gail Gregory	16	42	4	54
Geoff Morrison	50	6	2	54
Gordon Rogers	28	34	8	54
Gary Gregory	26	32	5	53
Rob Poulgrain	33	35	15	53
Keith Vincent	31	26	4	53
Jaime Goodwin	21	32		53
Chris McDonald	22	35	4	53
Sharon Mardon	24	34	5	53
Matt Balmer	22	30		52
Wayne Turner	22	30		52
Rachel Goodwin	25	27		52
Cara McDonald	29	24	1	52
Kristen Clothier	12	39		51
Robyn Berry	15	36		51
Lou Goodwin	16	35		51
Kate Morrison	21	30		51
Jordan Dyer	15	35		50
Rob McDonald	36	16	2	50
Ruth Vincent	14	35		49
Craig Tuohy	23	27	1	49
Max Kerrison	33	16		49
Ton & Hugo Remmerswaal	14	42	8	48
Scott McDonald	36	12		48
Philip Mardon	17	35	4	48
Faye McDonald	27	27	6	48
Richard Lynn	36	12	1	47
Stewart Hyslop	25	27	5	47
Chris Howell	45	6	4	47
David Fisher	30	16		46
Kevin Stewart	24	27	5	46

Hamish Goodwin	54	0	8	46
Cath Howell	12	34	1	45
Paul Steeds	21	35	11	45
Bradley Porter	2	42		44
Elsa Vincent	7	37		44
Hayley Tristram	13	30		43
Duncan Morrison	30	24	11	43
Caroline Vincent	15	30	3	42
Leanna Reynolds	23	32	15	40
Colin Jones	24	27	12	39
Anna Blackmore	19	32	12	39
Wayne Hosking	35	16	13	38
Philip Baker	23	34	20	37
Rachel Kerrison	22	29	19	32
Henry Porter	31	36	36	31
Rolf Boswell	34	8	13	29
Gary Patton	26	35	37	24
Oska & Maia	29	-	9	20
Teresa Stewart	18	-		18
John Harte	17	-		17
Pearson Williams	14	-		14
Daniel Gregory Campbell	7	-		7
Natalie Berry	18	-	24	-6
Shaun Gilbert	17	-	24	-7

White

Rory Hart	14.10
Sarah Dyer	20.07
Harrison Gregory	21.39
Jo, Alex & Alice	21.56
Alex Dyer	24.44
Jack O'Leary & Cory	24.49
Mark & Cheri Westcott	26.03
Rick Plummer & Inesa Ragele	26.13
Hamish Muir	27.19
Cam Barrett	29.51
Kenneth Muir	30.16
Anna & Aggie O'Leary	31.39
Sean Morrison	32.08
Amie Boyle	33.24
Caroline & Helen Howell	38.51
Teva Tait	40.53
Emma & Blake Boswell	41.46
Bryce Watson	49.02
Andrew & Hamish Hull (missed #11)	47.54

HAVELOCK HILLS

15 AUGUST 2004

THERMAL DASH #3

SETTER: Rob Poulgrain VETTER: Pamela Morrison

<u>Score Event</u>	<u>Score</u>	<u>Handicap</u>	<u>Penalty</u>	<u>Total</u>
Henry Porter	32	36		68
Matt Balmer	36	30		66
Bob Pocknall	39	27		66
Leanna Reynolds	34	32		66
Sam Eames	41	24		65
Cleone Armon	24	42	1	65
Gary Gregory	33	32		65
Avril Turvey	32	34	2	64
Keith Vincent	44	26	7	63
Sharon Mardon	30	34	1	63
Jack Vincent	54	12	3	63
Kate Morrison	33	30		63
Richard Dyer	39	24		63
Chloe Gregory	33	30		63
Rachel Goodwin	35	27		62
Jon Eames	40	24	2	62
Jennie Barrett	35	27		62
Chris McDonald	27	35		62
Gary Patton	29	35	2	62
Paul Steeds	27	35		62
Jamie Brigham Watson	32	30		62
Bradley Porter	20	42		62
Philip Baker	27	34		61
Ruth Vincent	25	35		60
Hamish Muir	18	42		60
Geoff Morrison	52	6		58
Katie Eames	21	37		58
Wayne Hosking	44	16	2	58
Cath Howell	23	34		57
Emma Watson	38	20	1	57
Kenneth Muir	21	42	6	57
Janet & Blair Turvey	17	42	2	57
Deborah Turner	22	34		56
Olivia & Becky	20	36		56
Faye McDonald	32	27	3	56
Gail Gregory	17	42	3	56
Robyn Davidson	22	34		56
Patricia Larsen	16	38		54
Alan Berry	27	27		54
Amy Dolden	21	32		53
Brian Crawford	18	35		53

Colin Jones	25	27		52
Richard Lynn	40	12		52
Cara McDonald	28	24		52
Hamish Goodwin	54		2	52
Rolf Boswell	44	8		52
Helen Watson	25	27		52
Jordan Dyer	16	35		51
Elsa Vincent	14	37		51
Chris Howell	47	6	2	51
Sophie Eames	20	30		50
Ken Holst	34	16		50
David Fisher	34	16		50
Dave Smith	15	37	3	49
Kevin Stewart	20	27		47
Duncan Morrison	23	24		47
Derek Morrison	51	4	9	46
Peter Watson	42	4		46
Stewart Hyslop	21	27	6	42
Teresa Stewart	11	34	12	33
Daniel McCormack	40	16	24	32
Pauline Klay	32			32
Rod & Ellie Plummer	30			30
Andrea Pearson	30			30
Terry Russell	54	8	33	29
Nick Holder & Chris Scott	26		1	25
Simon Wallis	23			23
Willy Glass	22			22
Rory Hart	19			19
Pearson Williams	18			18
Mark & Cheri Westcott	15		1	14
George Caseley & Levi Engels	21		7	14
Lucy Caseley	12			12
Brent Shotter	54		56	-2

White

Emily Irwin	9.01
Bryce Watson	9.30
Lucy Caseley	9.32
Virginia & Katie	11.00
Sean Morrison	11.01
Stuart Field	11.26
George Caseley & Levi Engels	12.03
Vicky Field	13.15
Van Sleenwen Family	13.21
George Greville	13.29
Monica Dockary	13.33
Aggie O'Leary	13.34
Lizzie Rawnsley	15.09
Cam Barrett	16.14
Jack & Anna O'Leary	16.22
Harrison Gregory	16.35
Helen Howell	18.31
Joshua Stewart	20.47
Collins Family	22.51
Caroline Howell	30.34

HAVELOCK HILLS

I was quite lucky I actually work with Nigel Field otherwise I may not have found out that I had to set a course, although there is a distinct possibility he was the instigator of me unbeknowningly volunteering my services in the first place. It was with some relief to find out it was the Havelock Hills map because I had a familiarity with the area, albeit not kind memories of a cold night lost somewhere behind Woodford House at last years night course event. This was a major reason for not wanting to venture anywhere near that side of the mapped area and sticking to the four T's reserves and K gardens. I dug out my old map, grabbed the dog and went for a few walks around the area and eventually came to the conclusion the map needed a bit of an overhaul.

Pamela drew the short straw and became my vetter, which was a stroke of luck for me, as my initial theory that setting courses would be relatively easy, came under expert critical scrutiny and many avenues of setting courses I would never of thought of were brought to my attention. To Pamela's credit she kept to my original outline and made my course work with only a few tweeks here and there, subtle but vital in the length, varieties of route choice, and point distribution. In the end her knowledge of these reserves enabled her to do some eleventh hour adjustments. It was interesting to note that the first three runners all ran in different directions.

Geoff voluntarily remapped the reserves and made over sixty five alterations which made it easier for me and you. We did forget to put Te Puna Place in, and a fence in between the water tanks, and make the back of Derek's house out of bounds instead of impassable but we didn't fare too badly in the complaints department.

Nigel and Sue stepped in late to help run the caravan and assist with the collection of controls and did their usual impeccable job in making the show run fluently.

It was interesting to note two runners completed the course (in less than 90 minutes) although no-one aced it, with Hamish Goodwin being two minutes overtime, and Jack Vincent three minutes over. With handicaps, twenty four runners were between sixty points and sixty six, and Henry Porter won with sixty eight points. As setter I scored a well earned sixty seven, courtesy of my Guthrie Smith result, theoretically placing me in second position.

It was an eventful time exploring the reserves, although my puppy might not remember all of them with fondness. While I was contemplating an interesting rock face, Cindy stuck her head in a beehive and got stung half a dozen times. I, being allergic to them, had the appropriate

medicine for her but wasn't too willing to run to her assistance. It was a great spot for a control but I never used it.

I used the pit as a control in the Tairoa reserve but originally I had it thirty meters up the track behind a stump but a bulldozer came through a week before the event and wiped it out. I think the pit was a better spot anyway.

The Tokomaru Reserve was recently fenced off and KEEP OUT signs erected on easily destroyable gates. Apparently the surveyors had been through and the original land owners weren't the official landowners and the official landowners were incommunicado so we had little option but to make the northern exit out of bounds. They removed the fence the week after our event but the unfortunate rumour is they are going to put a house up in this vital area. But when it rains things grow and Mark Holder from A W Holders & Sons (still the cheapest place in town to get your gas bottles filled) offered his forested area east of Tairoa Reserve with the potential to go all the way to the Durham Drive area. If this comes to fruition the ever decreasing Havelock Hills Map will be secure for a few more years. We lost a significant portion of map to an organic farmers fetish with electric fences (about thirty per acre at last count) although his donkeys seem friendly enough. I toyed with the idea of having twenty odd controls strategically positioned throughout the grid but thought the owner might bill us for a couple of new electric fence batteries.

The club was lucky with the weather as it snowed on Te Mata Peak the next night. However it was quite windy as Derek would no doubt attest to as he did the course on his push bike. Unfortunately not long after he started he had a fall lacerating his left hand but soldiered on bleeding profusely over his map. This and the wind blowing his map around forced him to grip it in his right hand inadvertently covering the control on Greenwood and Tokomaru corner, so he didn't get the one control riding a bike would be an advantage for. Meantime Duncan was having a good time with the control positioned at his house. At first he stuck out a spare control they had beside the original but Kate objected on grounds of unfair play and a compromise was reached moving it to the back of their house. He then started directing runners through the neighbours property as a shortcut, luckily they weren't home.

This was the first course I'd ever set and having a few of the experienced orienteers thank me made me feel pretty good, so in turn I would like to thank them for their positive feedback but I think Pamela Morrison deserves most of the credit for just another successful days orienteering.

Rob P

PUKEORA

29 AUGUST 2004

THERMAL DASH #4

SETTER: Aiden Ellmers VETTER: Emma Watson

<u>Score Event</u>	<u>Score</u>	<u>Handicap</u>	<u>Penalty</u>	<u>Total</u>
Olivia Gregory	41	36	5	72
Henry Porter	34	36		70
Gary Gregory	41	32	3	70
Jack Vincent	54	12	+2	68
Chris McDonald	32	35		67
Kate Morrison	37	30		67
Matt Balmer	36	30	1	65
Gail Gregory	25	42	2	65
Hamish Muir	23	42		65
Chloe Gregory	38	30	3	65
Rachel Goodwin	38	27		65
Bob Pocknall	37	27		64
Rob Poulgrain	29	35		64
Pamela Morrison	44	20		64
Duncan Morrison	40	24		64
David Harrington	37	26		63
Deborah Turner	29	34		63
Bradley Porter	20	42		62
Wayne Hosking	45	16		61
Gary Patton	25	35		60
Geoff Morrison	54	6		60
Richard Lynn	48	12		60
Avril Turvey	32	34	6	60
Leanna Reynolds	28	32		60
Sharon Mardon	25	34		59
Paul Steeds	24	35		59
Terry Russell	54	8	3	59
Max Kerrison	44	16	1	59
Hamish Goodwin	54		+5	59
Peter Watson	54	4		58
Alan Berry	33	27	3	57
Helen Watson	30	27		57
Jaime Goodwin	25	32		57

Kevin Stewart	30	27		57
Kenneth Muir	15	42		57
Patricia Larsen	18	38		56
Brenda Campbell	13	42		55
Paul Smith	47	12	4	55
Keith Vincent	54	26	25	55
Ken Holst	38	16		54
Ruth Vincent	29	35	10	54
Faye McDonald	30	27	4	54
Robyn Davidson	22	34	2	54
Nikki Harrington	18	37	2	53
Teresa Stewart	19	34		53
Rolf Boswell	51	8	6	53
Robyn Berry	16	36		52
Cara McDonald	28	24		52
Rob McDonald	36	16	1	51
Stewart Hyslop	23	27		50
David Fisher	34	16		50
Derek Morrison	44	4		48
Caroline Vincent	17	30		47
G & D Paget	33			33
Davin Mason	31			31
John Aitken	29			29
Nicki Stewart	15		1	14

White

Rachel Cutbush	18.51
Lynda Cutbush	20.35
Sean Morrison	22.49
Craig Sceats	27.04
Aggie & Anna O'Leary	31.31
Jack O'Leary	33.57
Natalie Berry	34.39
Emma & Blake Boswell	45.38
Joshua Stewart	66.15

Pukeora Score Event

It was about two months ago when I got the call to ask if I wanted to set a score event at Pukeora. I tried to get out of it, but deep down I really wanted to do it, so I said yes. From that point on I started thinking about a start and finish location. About a month before my event I started getting the software together, finding out the basic information I needed and finding out where all the gear was kept. I also plotted a lot of control points on a map and then gave my vetter, Emma, a map so she could plot some control sites that she thought would work. Once this was done it was time to visit Pukeora and check them all out.

Some sites were unidentifiable and others were unusable for other reasons. It took us two afternoons to get around them all, but finally we had enough control sites to start planning the score event. With a bit of fiddling I managed to update the Ocad file a bit and then figure out all the pros and cons of Condes. Then a surprise came. I needed to set a white course. Luckily that only took one Sunday afternoon. My dad went to pick up the caravan but it was about the worst day of the winter, so he decided not to bring it home, which meant we were running out of days to get it. Speaking of running out of days, it took a while to tweak the map to get it looking just right before sending it to Pamela to get it printed, but I finally got it off to her the Sunday before the event. My dad went to pick up the maps and caravan on Wednesday, but wouldn't you know, it, yet another problem! It seems I had used Ocad 8 to redraw part of the map, but Pamela and the printers only had Ocad 7. Luckily Pamela managed to fix this while I was away at tournament all week. I fell sick while on tournament so I couldn't put the controls out on Saturday. Luckily the Watsons were able to do it.

So it was the day. I got to Pukeora nice and early to check the controls, some of which had been knocked over by stock, and others that were in the wrong position because I had changed the descriptions just before I sent them to Pamela, but all in all they were okay. The day seemed to go without a hitch, except for a little bit of hail in between the nice sunshine, and the fact that I didn't see the maps until about 10:15, when the first start was at 10:30. Thanks must go particularly to Emma, my vetter, for organising people to help on the day and helping out with everything needed for the day. To Caroline, James, Dave and Pamela for answering some of the really tough questions that I asked, Peter and the other Watsons for helping set up and man the finish and caravan on the day. Thanks also to Geoff and Darryl Paget and the Watsons for helping collect the controls. Overall I think that I did an okay job setting the course with only about 5 people getting all the controls on quite a small map, and I think they were all placed correctly because I didn't hear any complaints?

Aiden Ellmers

THE THERMAL DASH

The Winter Handicap Series.

Congratulations to the top 10 finishers. You had to attend four events to be in with a chance, because it was cut-throat at the top!

1 st	Bob Pocknall	261
2 nd	Gary Gregory	260
3 rd	Pamela Morrison	259
4 th	Avril Turvey	254
5 th	Chris McDonald	253
6 th	Matt Balmer	252
7 th	Rob Poulgrain	251
8 th	Gail Gregory	246
9 th	Jack Vincent	246
10 th =	Paul Steeds	238
	Sharon Mardon	238



WINTER HANDICAP SERIES

I really enjoyed the handicap series. Some folk were saying they hate score events. Give them a straight forward course any day. I like the challenge of getting the maximum points in the given time and just sneaking in before the hour is up. Planning to have a control point close to the finish, so that in the event I am back a little early – can I punch that point, and still get back in time? Watching the clock, so that when thirty minutes have gone I know I have to turn for home, picking up as many three-pointers as possible and generally ignoring the one-pointers. And of course I had planned my course in general terms in the first minute of looking at the map. Who said “Yeah, right??” Lots to think of, lots of fun.

Pity the handicapper. Get one handicap wrong and everyone knows it. When Bob P did well on the first event it reminded me of a slightly dodgy joke [too rude for this family publication] which I promptly passed onto Geoff M. I am prepared to repeat it to over eighteen year olds. ID maybe requested. Paul S has suggested we should carry weights!!!!

I've had forty-one winters in Hawkes Bay, and I reckon this one has been the worst by a country mile. The handicap series certainly helped to brighten the scene.

Thanks to all concerned.

Stewart

HAWKES BAY ORIENTEERING CLUB EVENTS 2004 updated 15th July

DATE	EVENT	MAP	SETTER	VETTER	ASSISTANT
21-Jan	Street Series	Woodford	Jennie Barrett	Hamish Goodwin	
28-Jan	Street Series	Anderson Park	Richard Lynn	Paul Smith	
4-Feb	Street Series	Windsor Park	Cara McDonald	Rob McDonald	
11-Feb	Street Series	Park Island	Dave Fisher	Diane Lucas	
15-Feb	Club	Horseshoe Bend	Steve Armon	Alan Berry	
22-Feb	Frank Smith Trophy				
28/29-Feb	Kaweka Challenge	Kaweka Ranges	THE CLUB		
14-Mar	Katoa Po-night relays				
21-Mar	HBOC OY 1	Maraetotora	Alan Oates	Stewart Hyslop	Ruth Vincent
4-Apr	HBOC OY 2	Mission	Wayne Hoskings	Ken Holst	Diane Lucas
9-12-April	Nationals	Manawatu			
17-Apr	Rogaine	Wansted	Geoff Morrison	Wayne Tristram	Club
23/24-April	NISS Championships				
25-Apr	Club	Te Mata Park	Nigel Field	Pam Morrison	Sue Field
9-May	HBOC OY 3	The Slump	Erica Hobbs	Dave Fisher	Deborah Turner
23-May	HB School Champs/Club	Rochfort- North	Rolf Boswell		Faye McDonald
5-7 June	Queen's Birthday				
13-Jun	HBOC OY 4	Tangoio	Chris Howell	Paul Steeds	Keith Vincent
27-Jun	School Relays + Club	Rochfort-South	Geoff Morrison	Philip Baker	
18-Jul	Club (Winter H/cap Series)	Guthrie Smith	Richard Lynn	Sharon Mardon	Alan Oates Mark and Alex Hazelhurst
1-Aug	Club (Winter H/cap Series)	Te Mata Park	Graeme Barrett	Pamela Morrison	Fields
15-Aug	Club (Winter H/cap Series)	Havelock Hills	Rob Poulgrain	Pamela Morrison	Watson family
29-Aug	Club (Winter H/cap Series)	Pukeora	Aiden Ellmers	Emma Watson	Gordon Rogers
19-Sep	Club Sprint Champs	Over the Hill	Derek Morrison	Craig Tuohy	Erica Hobbs
3-Oct	Club points champs	Rowe Rd C	Ruth Vincent	Terry Russell	Watson Family
17-Oct	HBOC OY 5	Rotoma	Peter Watson	Maurice Lloyd	
31-Oct	HBOC OY 6 (RK Challenge unlikely)	Arborfield	Hamish Goodwin	Alan Berry	Louise Goodwin
7-Nov	Wellington Champs				
14-Nov	HBOC Champs	Maraetotara	Max Kerrison	Bob Pocknall	Amber Morrison
21-Nov	Wellington Relays				
28-Nov	Xmas Event	Lower Tuki Tuki	McDonald Family		Barrett Family



SPARC
ihi / AOTEAROA
Sport & Recreation New Zealand

Hawke's Bay Orienteering Club thanks SPARC for supporting orienteering!

ORIENTEERING ON THE WEB

<http://www.nzorienteering.com>

<http://www.hborienteering.org.nz>