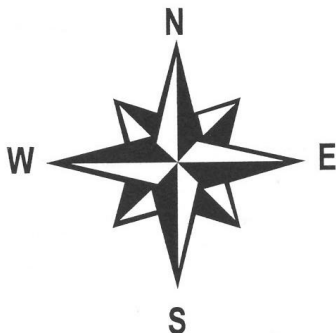


MAY – JUNE 2005

COMPASS POINTS



*Compass Points is the bimonthly magazine of the
Hawke's Bay Orienteering Club Incorporated*

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EDITORIAL

There wasn't room for an editorial last edition, and what I did want to say last time is now somewhat after the event, but I would like to say 'thank-you' to you all.

Some of you will have realised Compass Points was given the magazine award at the Nationals prizegiving. Although I went and accepted the award as Editor, it is very much a club magazine. My job is to put it together, hassle after reluctant report writers (I know setters dread it when I ring and point out their job hasn't finished until they write their report for the magazine) and try and sweet-talk others into writing articles – otherwise I have to do it myself!

Geoff is one club member who contributes to every edition but people like Pamela and Stewart are regulars also. It's lovely to have someone send through something for the magazine unsolicited, which happens occasionally, so don't hide your literary skills if you feel the urge. We have some very talented writers out there, as you will have noticed as you avidly read the magazine from cover to cover each time! Any photos, digital or ordinary would also be appreciated.

So, thank-you all for your contributions and keep them coming.

Presidents Report

When was the last time you thanked the setter and vetter at an event?

I find setting events really stressful. Have I made it hard enough? Have I made it too hard? Is it too long? Is it too short? Are all the controls out there and in the right places? Will people enjoy it? I spend a lot of time trying to answer these questions. Every setter and vetter does the same. We all put a lot of time into creating a good mental and physical challenge. Sometimes we get it right and sometimes we don't.

I set the Relays at Nationals. Afterwards I got maybe 4 or 5 comments. I really don't know if people enjoyed it or not. I guess it was OK.

My point is that orienteers can be quick to criticise – it was too long, it was too easy, that control was in the wrong place, it was too low, the map was wrong, he shouldn't havethe list goes on. If we make a mistake we know straight away – we know what the guidelines for a course are – and we feel bad about it. We will try hard next time not to make the same mistake.

So....

Wouldn't it be great if all orienteers could finish their course and say thank you to the people who put so much effort in, no matter what their course was like. If we could put the dodgy control to one side, and the fact we were out there for two and half hours behind us. Setters and veters need encouragement, that way they are willing to give it another go.

Always try to be positive.

On another note lately we have had a problem with setters and veters pulling out quite close to their event. I add that in all cases their reasons have been through no fault of theirs. If you do have to pull out of a duty (this includes assistant of the day) your first job is to try and swap with someone later in the year or find a suitable replacement. Then you notify the fixtures officer (Nigel Field) of any changes. If there are times of the year that don't suit you let Nigel know before he draws up his list. Please try and get things sorted early so the replacements have plenty of time for getting the event organised.

On a more positive note weren't the School Champs great. The kids loved Sportident. Well done Pamela.

We have also seen our first Mountain bike orienteering events and from feed back we will have more. The tracks at Tangoio were great. Thanks Neil and Max.

Coming up, the winter will be filled with the Score Handicap series so it will be interesting to see how good the handicapper is this year. I just hope Scott and Jack join me on scratch !!

Keep on chasing that clean run.

Hamish.



COMING EVENTS JULY - AUGUST



MARK YOUR CALENDARS NOW

JULY

- 3rd Te Awanga. HB School Relays, followed by a club event.
- 17th Club event at Guthrie Smith.
- 22nd/23rd NZSS Champs at Wanganui. Schools have the necessary information.
- 31st Havelock Hills. Score handicap event.

AUGUST

- 6th OHV are running their City Safari. See advert this issue.
- 14th Bluff Hill. Score handicap event.
- 28th Te Mata Park. Score handicap event..

New Zealand Orienteering Federation (Inc)

GENERAL MANAGER: Stuart Payne, 171A Fifiel Tce, Christchurch 8002, NEW ZEALAND
ph/fax: 64 - 3 - 337 2275 email: nzof@nzorienteering.com

NZOF NEWS – JUNE 2005

NEW COUNCIL REP

Nicola Kinzett is the new Auckland Area representative on the NZOF Council. Nicola replaces the Council's current longest-serving member, Dave Middleton. Dave was also, for part of his six years on Council, NZOF Vice President. The NZOF thanks Dave for his contribution and welcomes Nicola.

NATIONAL CHAMPIONSHIPS

New Zealand championships in each of the major forms of orienteering over the next year are as follows:
Mountain Bike Orienteering: 5-6 November at Naseby, hosted by Dunedin OC.
Rogaining: 18-19 February in the Wairarapa, hosted by Orienteering Hutt Valley.
Foot Orienteering: 14-17 April (Easter), hosted jointly by the Nelson & Marlborough OCs.
Check out the updated Major Fixtures List on the NZOF website.

REGIONAL FORUMS

As part of the implementation of the new Strategic Plan, regional development forums, organised and funded by the NZOF, are to be held in each of the four recognised areas. The forums, to be held between now and the end of the year, will be led off by the Wellington Area. They will aim to align at the regional level where the sport is headed and how best to speed its development.

JALAS SPONSORSHIP

NZOF, and in particular the NZOF Development Squad, continues to benefit from sponsorship courtesy of The MAPsport Shop through the sales of J alas O-shoes. The NZOF thanks Michael Wood and The MAPsport Shop for this ongoing support for orienteering.

GAMING TRUSTS SUPPORT ORIENTEERING

NZOF thanks the Oxford Sports Trust and the Lion Foundation for their support for the NZ JWOC team which will compete in Switzerland in July, and the New Zealand Community Trust for its support for the NZ WOC team which will compete in Japan in August.

WOC TEAM SOLD ON TRADEME

The NZ WOC team has become the first sports team to be sold on the TradeMe auction website. An initiative of team manager, Clem Larsen, the winning bids came from New Zealand website Pandasport and EPL, a Christchurch/Auckland based elastomer products company. Their successful bids entitle them to advertising space on the team's uniforms. The proceeds from the auction will go towards the team's campaign to compete at the World Orienteering Championships.

VACANCY: NOS COACHING COORDINATOR

Applications are invited for the position of Coaching Coordinator of the National Squad. This is a two year appointment commencing upon the completion of WOC 2005 through to the completion of WOC 2007. Direct expenses will be reimbursed within the budget. A job description is available from the General Manager. Applications close 15 July.

VACANCY: JWOC 2006 MANAGER

Applications are invited for the position of Manager of the NZ Team, to compete in the 2006 Junior World Orienteering Championships to be held in Lithuania, 2-7 July. A job description is available from the General Manager. Applications close 30 September.



New Zealand Orienteering Federation
General Manager: Stuart Payne
171A Fifield Tce, Christchurch 8002, NEW ZEALAND
ph: 64 - 3 - 337 2275 email: nzof@nzorienteering.com
Orienteering On-line at www.nzorienteering.com

SILVA NEW ZEALAND TEAM
to compete at the
WORLD CHAMPIONSHIPS
Aichi, Japan, 8 – 14 August 2005

Event abbreviations:

L Long Distance
M Middle Distance
S Sprint Distance
R Relay

Women

Penny Kane	Peninsula and Plains Orienteers	L, R
Claire Paterson	Red Kiwi OC	M, S
Tania Robinson	Counties Manukau OC	M, S, R
Rachel Smith	Peninsula and Plains Orienteers	L, S, R
Rebecca Smith	Taupo OC	L, M

Men

Darren Ashmore	Taupo OC	M, S, R
Karl Dravitzki	Egmont OC	M, R
Brent Edwards	Counties Manukau OC	L
Chris Forne	Peninsula and Plains Orienteers	L, S, R
Neil Kerrison	Egmont OC	L
Jamie Stewart	Peninsula and Plains Orienteers	M, S

Manager

Clem Larsen

Coaches

Alistair Landels
Dave Melrose

Rogaining - More Orienteering with Less Work!

A record of an NZOF seminar for innovators and anyone who wants to spread orienteering.

Presented on Wed 12 January 2005 at Helensville, by Michael Wood of MAPsport Services under the NZOF Silva Development Programme.

Summary

Small rogaines are much easier to run than traditional orienteering. They attract new people. They are prepared to pay more. And these people are capable of running events.

Discover how rogaining helped save a club from going under. NZ rogainer pioneer Michael Wood presents the facts:

- Sizes and shapes of rogaines
- Who comes, event finances
- Maps and areas (emphasis on small close-to-home events)
- Volunteer requirements
- Spin-offs for other club events

Small rogaines are so easy to organise that other groups can and do. Why restrict your club to the labour-intensive forms of map-sport? Spread orienteering through rogaining.

Footnote

Presenter's notes have been turned into prose with some updates and editing. There's a companion publication on MTB-Orienteering which follows a similar form. The author also contributes significantly to traditional orienteering. (30 May 2005)

Introduction – Why This Document?

This report is aimed at NZ orienteering clubs, not at trampers or adventure racers and especially not at existing rogainers.

We start with a bit of business planning methodology.

What's your club's main goal in life?

Most people would agree it's running orienteering events

Are there any constraints?

Most people would agree the biggest one is shortage of volunteers

So we'd better say, running orienteering events within the available resources

Or (thinking a bit more widely) while having fun☺

Surprised? Do we run events at all costs? Doesn't enjoyment come into your goals?

A club exists to serve its members, and its members are there because they enjoy the club activities. No-one makes them join up.

OK now let's make an objective for this – an objective is a *specific and measurable* form of a more general goal.

What's the measure of the year's orienteering? If we exist to run orienteering, it's the amount of orienteering we run. Number of events is a start, but more people is presumably better than less people. This leads to *person-starts* as a measure.

How much did you achieve in 2004?

My club, Orienteering Hutt Valley counted 1800. (The national figure is 27,668.) So we're above average, although at 80 members we're right on the average club size.

This has steadily risen from 900 since 1998 when the club held an SGM to consider winding up.

How?

We certainly didn't do it by putting in lots more volunteer work!

We did it by concentrating on types of events which require less work. It was workload – volunteer tiredness - lack of enjoyment - that led to moves to wind up.

Low workload events have included

- Urban event developments
- MTBO
- Small to medium rogaines

The advantages of rogaines are:

1. The maps already exist
2. Controls can be “put out” during the planning visit – weeks in advance
3. On the day all you have to do is dish out the maps, fire the gun, record team returns, and declare the results.

If we use business-speak, rogaining has a better benefit/cost ratio, where benefit is person-starts and cost is volunteer-hours.

And that cost (volunteer-hours) is not something you can just get on the open market. When volunteers feel the weight of obligation on them, it takes the fun away, and they clam up, or even leave.

We don't actually measure our volunteer-hours, because that takes away from the enjoyment. We just keep well within our resources and ask people what they are prepared to run before we schedule events. (How many clubs do it the other way round?)

If we could measure fun, our objective would be to maximise fun!

In fact people seem (by their willingness to pay) to value a long event on a topo map more highly than a short event on a specially-prepared orienteering map. So we should take the length of the event into our objective.

The benefit/cost ratio should actually be *participant-hours* divided by volunteer-hours.

For traditional orienteering it's about 1:1.

eg for a major event such as Oceania:

- Photogrammetry and mapping a new map around 400 hrs, you would want to recover say half in the first use, that's 200hrs
- The controller and planner would spend 7 days each times 10hrs, that's 140hrs. (Surprised? There's the desk planning, first field visit, replanning at home, controller desk checking, further replanning, checking in the field (70 controls at 10min each can't be done in one day!), preparing the map files for printing, putting out the controls, and the day itself.)
- General admin for a big carnival like Oceania would have involved say 10 people times 10hrs times 10 weeks divided by 9 events, that's 110hrs.
- On the day work, an extra 10 people would put in say 5hrs, that's 50hrs.
- The total is 500hrs.
- The number of participants averaging say 1 hour on their course was about 500.
- Hence the ratio is 1:1

Is it any better for a medium event such as an OY?

- The map is cheaper but there are fewer participants
- Perhaps we're down to recovering 10% of the mapping, that's 40hrs
- The controller and planner might cut a few corners and spend 5 days each times 10hrs, that's 100hrs
- But there are some map changes to do, fieldwork and drawing might be say 15hrs
- General admin would be easier without pre-entry, but still the coordinator would spend time before and after as well as on the day, say 2 days times 10hrs = 20hrs
- On the day work, an extra 5 people would put in say 5 hours, that's 25hrs
- The total is 200hrs
- The number of participants averaging say 1 hour on their course might be (on a good day) 200
- Hence the ratio is still 1:1

Whereas...

The Nov 04 Rimutaka Rogaine attracted 29 people for 12 hours and 58 for 6 hours totalling 696 person-hours of participation.

The input: Two people spent three days in the field plus a day of indoor planning, the day of the event, plus say a day of admin, say they were 10-hour days, that's 120 hours.

A ratio of 6:1 This includes purchase and serving of BBQ type food afterwards.

Another example...

50 people on a 3hr shoestring rogaine (150 person-hrs participation)

Input: The events are set up and run by one person on 15hrs preparation, 5hrs admin, add 5 hours on the day, total 25hrs. A ratio of 6:1

These are relatively modest entries, 3hr afterwork rogaines have attracted up to 160, longer rogaines up to 280. So the ratios are CONSERVATIVE

OHV isn't the only club that runs rogaines. Let's look at rogaines throughout the country.

A Brief History of Rogaining in NZ

1980's – Pre-history

- 1983-94 Mountain Marathons popular in NZ
- 1990 Kiwis do Awesome Rogaine in Alberta
- OHV members come from WA with rogainer experiences

Early 1990's – First NZ Rogaine

- OHV runs first rogainer in Belmont Regional Park – 4hrs 1991 – Q&A controls
- PAPO turns Mini Mountain Marathon into a rogainer in 1992 but nothing more for 5 yrs
- HBOC turns Smedley Long-O into a rogainer 1996
- OHV persists 1992-95 increasing to 12hrs – still with Q&A controls

Late 1990s – First NZ 24hr Rogaines

- DOC runs first 24hr 1995 but nothing more for 9 years. It was the first NZ Champs
- PAPO runs 24hr 1997, it was the second NZ Champs
- PAPO begins Heights of Winter 12hr 1998 – annually since then
- WaiOC joins in and OHV, HBOC continue with 12hr events

1999 – Birth of the Shoestring, and the EPIC

- OHV pioneers the rogainer with no controls, not even Q&A
- Bruce McLeod pioneers the EPIC – cryptic clues means control markers can be hidden and therefore put out months ahead
- These were both huge *productivity improvements*
- WaiOC, PAPO, HBOC, MOC continue

2000-01 – World Champs, and Almost Crack the Bombay Hills

- PAPO runs 24hr event which is also the World Rogaine Championship and 3rd NZ Champs 2000
- CMOC runs 12hr at Wairamarama, south of Pukekohe
- PAPO, EPIC, WaiOC, OHV, MOC continue

2002-3 – Big Spread throughout North Island; Map Sharing

- Lactic Turkey begins 6hr events in Waitakeres, continuing to date
- Egmont OC runs 6hr, subsequently take on shoestrings
- Hamilton, Rotorua join in, Canty rogainers do twilight
- OHV, MOC, PAPO, EPIC, WaiOC, HBOC continue
- OHV uses maps prepared for MTBO, Lactic Turkey follows suit, CUTC uses topo plus o-map inserts
- Some rogainers want to operate outside NZOF, form NZRA 2002
- NZRA runs 4th NZ Champs 2003 at Roxburgh

2004 – 24hr near Auck, the PT Rogaine, the Hundredth rogainer

- AOC runs 5th NZ Champs 2004 at Wairamarama
- OHV runs urban rogainer with Public Transport
- DOC resumes after 9 years with rogainer at Naseby
- EgOC, NZRA, EPIC, MOC, PAPO, LT, OHV, NZRA, HOC, ROC continue
- CUTC runs 100th rogainer in December – an afterwork 3hr

Sizes and Shapes of Rogaines

The rules of the game can be summarised as “a score event for teams of 2-5”. The classic length is regarded as 24hrs, but anything over 3 hours can qualify.

Because large areas are usually required, off-the-shelf maps are the norm. This requires that controls be placed within the limitations of a topo map.

The score format makes course planning simpler; there are no different "courses" as such, different abilities just tackle different proportions of the same course. Results are declared in age/gender classes, but everyone can compare across classes.

We divide events into three levels: Full Facilities as developed in Australia, the home of rogaining; the NZ Economy Model; and the so-called "Shoestring" 3hr rogaine.

Full Facilities on the Ozzie Model

Proper orienteering-type control markers are put out with clippers and intention sheets. This is appropriate for championship events, ie 24hrs. It's traditional to have a hashhouse with food available throughout event, and at the end.

The location is rural to get the area required – 2-300 sq.km. There may be lots of landowners/authorities to deal with. The location may be distant from main population centres.

The map is usually a copied topo so limited corrections are possible. In NZ they attract 100-250 people (special case: 400 for the 2000 World Champs)

The NZ Economy Model

This arose from the deliberate low-key philosophy pursued by NZ pioneer Orienteering Hutt Valley. They had to be easy to run!

Controls are Question-and-Answer (Q&A) or a brightly-coloured ribbon with a code letter. This cuts out separate visits to place control markers, and in many cases to collect them afterwards. This is fine for events without night-time ie up to 12hrs, but finding such things in the dark is frustrating and unfair.

Simple food is available, and only at the conclusion. (A major effort goes into catering for Australian rogaines.)

The location is usually rural, but with only 50-150 sq.km required, fewer landowners/authorities may be involved, and locations closer to population can be found.

The map is usually a copied topo so limited corrections are possible. In NZ they attract 100-250 people. In other words people seem to be as happy with these as with full-facilities events.

Shoestring Rogaines

The first shoestring rogaine had no control markers at all! It was purely an honesty system, which meant that control sites had to be even bolder than ever. Of course there's no guarantee that controls were actually visited, and the lack of a marker or identifier hinders the less capable navigators.

Question-and-Answer (Q&A) or brightly-coloured ribbons have come to be used, even though some are run in darkness. The defining characteristic has come to be the 3-hr length. They are often run after work on the urban fringe. The area required is 25-50 sq.km, there may be fewer landowners or even none (roads, public tracks and reserves, regional parks).

They don't need food at all – although a simple BBQ at the end is often provided. The map can be a copied topo but if there's a very detailed track network as in some near-urban reserves it may be eg a map drawn for MTBO, or orienteering mapping as enlargements of selected areas. They are attracting 20-160 people. Solos are often allowed.

Who Comes to Rogaines?

Conversion of foot-orienteers does reduce our workload (see the benefit/cost ratio above). But the main thrust of new forms of orienteering is attracting new people

Rogaining in Australia is big among bushwalkers – their term for trampers. There's a large additional market among adventure racers who need navigation skills – but relevant to topo map levels of detail.

We analyse the Nov 04 Rimutaka Rogaine as an example.



WHO ROGAINES?

Example: Rimutaka Rogaine Nov 2004

87 names, 70% men, 30% women

82% not known foot-orienteers

Class Breakdown	Number	Percent
12hr	11 teams 29 people	33%
6hr	26 teams 58 people	167%
Men Open	10 teams	27%
Women Open	1 team	3%
Mixed Open	16 teams	43%
Men Vet	5 teams	14%
Women Vet	0 teams	0%
Mixed Vet	5 teams	14%
Total Men	61	70%
Total Women	26	30%
Total	87	100%

Two-thirds are men as in foot-O. Over half participate in mixed-gender teams. There are many older participants – but the number of vet teams doesn't properly depict the age distribution, since one open-age member turns a team into open. Juniors are under-represented but perhaps this is a natural finding for an endurance activity.

82% are not recognisable as current foot-orienteers. So this activity is attracting new participants in the main. They come from (subjectively, in decreasing order):

- Multisporters, Adventure Racers, Off-road Runners
- Trampers
- Current foot-orienteers
- MTBOers

Rogaine organisers come almost entirely from people not involved in traditional orienteering. Eg the 2005 OHV autumn shoestring rogaines are being planned by:

- Greg Thurlow (off-road runner)
- Mark Hearfield (background not known)
- Rob Harrow and Jo Forbes (latter a MTBOer and Adventure Racer)
- Al Cross and Nigel Cory (Multisporters)

Event Finances

An interesting "problem" has been what to charge.

Foot-o event fees are seen by most other sporting participants as ludicrously cheap; especially when they see the quality of orienteering maps.

So, how to reconcile the expectation to pay \$25-50 for an all-day rogaine with the orienteering feeling that \$10 is too much for an OY?

A significant club discount is the answer – premium for non-members as the multisport/adventure race culture is one of "pay and play".

\$35senior/\$15 junior with a \$10/\$5 club member discount was quite acceptable for the Rimutaka Rogaine – same for both 6 and 12 hours. This brought in more than enough income, in fact the budget provided for a contractor for the course planning, although this didn't happen.

Because of the willingness to pay, you're not scrimping to put these events on, and can even break the volunteer limitations by paying for services.

NB We're not talking about full-facilities events here. While going through the night might be the ultimate, it is clear that 6-12hr events without "proper" controls have lots of attraction. And even the 3hr events can provide a surplus

Areas and Maps

The NZ topo maps can't tell you about the passability of the bush. However 2-300 sq.km of passable bush for a 24hr is impossible to find in NZ - steep farmland with some bush or tussock high country is a more likely venue.

But the NZ Economy Model is quite popular enough to pull the punters. 50-150 sq.km for 6-12hrs, steep farmland/tussock country, mixed farmland with bush, or even impassable bush with a good network of tracks - this might restrict the route choices but it's still good fun.

Farmland requires lots of permissions, but there are some good locations in forest parks - Waitakeres, Rimutaka, Akatarawa - where only one permission is needed, and there's often a HQ with facilities

- "Proper" 24hr rogaine map
- 12hr farmland map
- 6-12hr forest park maps - Waitakeres, Rimutaka Forest Park, Akatarawa
- All these are pretty similar except for the area required.

A shoestring area - 25-50 sq.km - can be rural, urban fringe, or even urban. Limitations of the topo maps near cities means that maps prepared for MTBO are useful alternatives.

- Urban fringe 3hr topo maps - Belmont Regional Park, South Coast
- Urban 3hr topo maps - Karori, Wellington North
- Urban 3hr maps using MTBO mapping - Tunnel Gully, Western Hills

Criteria for Choosing Areas

We are not trying to attract orienteers so think like a trumper - they are used to using experience rather than mapreading to find the best going, eg the map doesn't tell you to use the ridges, you "just know". They don't necessarily need to be rural, look in your own backyard. Urban rogaines in Wellington and the Hutt Valley are quite challenging.

Volunteer Requirements

OHV rogaines started with two people.

Later, 6-8 rogainers explored a bit each while one person put it all together. Explorers could still compete. The mapping and course planning and control put-out visits are one and the same. You gather questions and answers or put out ribbons as you go. You note possible map enhancements.

The rest of the course planning is table-top. You choose which points you are going to use out of all the possibles. Then you allocate scores to them. You decide which of the possible map corrections are really necessary.

Around 50 controls is enough for 12hrs; 20-30 controls is plenty for 3hrs

You prepare a paper master for colour laser copying or if it's in the computer already you prepare a file for the printer.

You prepare a Question-and-Answer sheet if its Q&A. (The question must positively identify the site.)

On the day all you have to do is register teams (for safety), dish out maps and send them off.

Having teams fill in a "flight plan" on a Black/White map replaces Australia's intention sheets at controls.

They could actually be more useful, as they are at base rather than in the field should a search be necessary.

The other part of safety is the rogaing rules - teams stick together except for obtaining emergency assistance - and a minimum gear list, and written and verbal briefings. It is fairly unlikely that a serious injury would affect ALL members of a team. Bad weather *might* affect all teams - but it's easy to declare some controls out of the event, or shorten the time.

At the end, all you have to do is calculate scores, and swap yarns. There are no controls to get in! (If you have used ribbons, get them later.)

Shoestrings are usually planned and run by one person. The original shoestring planner hadn't even been to the controls, he took part himself!

Spin-offs for other club events

The maps are effectively “improved topos”.

Ways of improving are getting better.

- Initially, doctoring a paper topo and copying
- Scanning a paper topo and using bitmap software
- Getting the topo into the computer in vector form so you can edit the lines and colours

OCAD is very suitable for the latter and while taking away from the “off-the-shelf” concept, the cartography can be shared between

- 3hr rogaines
- MTBO
- Long trail orienteering courses

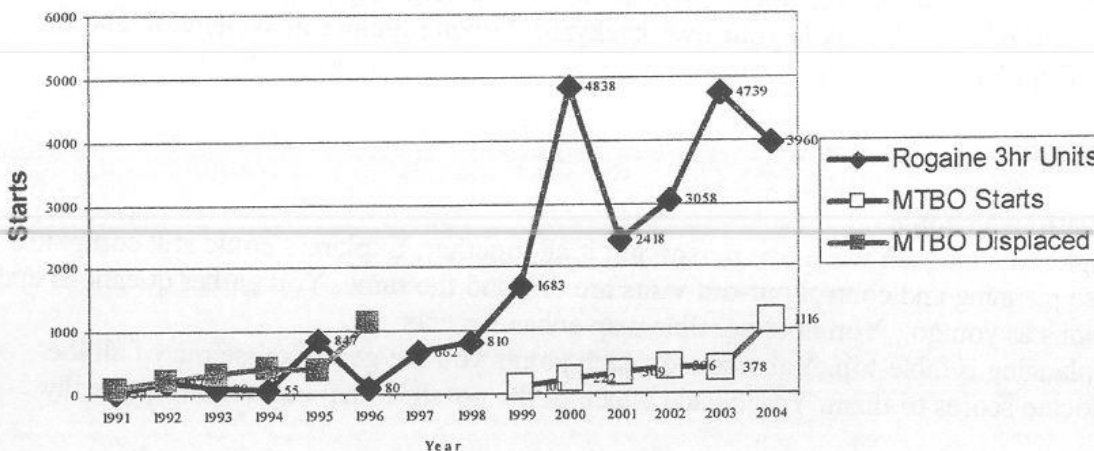
Conclusion

Volunteer resources are limited. We must be as productive as we can.

Hence we need forms of orienteering that minimise effort - and regaining IS genuine orienteering, with a World Championship.

In NZ rogaining participation is taking off. On a conservative basis OHV counts a rogaïne participation for each 3-hour unit. On this basis rogaining was 14% of total NZ club orienteering in 2004. And it seems to be on an exponential rise!

Rogaine and MTBO Participation



(On an hours-on-your feet basis it would be about 40% of the rest of orienteering!)

That's from 9 clubs and 3 other organisations, if all clubs were to have similar activity it would be 30% of orienteering (counting a 3hr rogaïne as the same as one traditional orienteering start). And with one-sixth or less of the effort than for the same amount of foot-o.

If you don't others will – EPIC Navigation, Lactic Turkey, NZRA will use the opportunity. Do you want to stick to the most labour-intensive form of orienteering and let others do the easy stuff?

We are here to run orienteering events within our volunteer resources.

And to have fun☺

MTBO - More Orienteering with Less Work!

A record of an NZOF seminar for innovators and anyone who wants to spread orienteering. Presented on Wed 12 January 2005 at Helensville, by Michael Wood of MAPsport Services under the NZOF Silva Development Programme.

The beginning of this report is a repeat of the information from the previous Rogaining seminar notes, so has not been repeated here.

The Advantages of MTBO

1. MTBO maps take one third of the time per sq.km
2. Planning is a tabletop exercise
3. An MTBO event can be put out, run and taken in by three people, *all on the day*.

If we use business-speak, MTBO has a better benefit/cost ratio, where benefit is person-starts and cost is volunteer-hours.

And that cost (volunteer hours) is not something you can just get on the open market. When volunteers feel the weight of obligation on them, it takes the fun away, and they clam up, or even leave.

We don't actually measure our volunteer-hours, because that takes away from the enjoyment. We just keep well within our resources and ask people what they are prepared to run before we schedule events. (How many clubs do it the other way round?)

OHV isn't the only club which runs MTBO. Let's look at MTBO throughout the country.

A Brief history of MTBO in NZ

1990s - Isolated initiatives:

- Shaun Collins and Darren Ashmore run some events in Woodhill
- Brent Hoy (Muddy Trails) includes MTBO in his Wgtn race series
- RKOC runs MTBO event at Otawhao
- Some clubs offer bike options in street-o, and in rogaines

1995 - First Cyclic Saga

Ground Effect runs first Cyclic Saga on Banks Peninsula (MTB rogaine) Annually to the present, growing to 300 riders

2000 - Start of sustained activity within NZOF

- Wgtn Series of 4 (OHV)
- First NZ Champs at Hanmer (PAPO)

2001 - Consolidation by pioneers

- PAPO club events
- Wgtn series of 4 plus separate Wgtn Champs (OHV)
- Second NZ Champs at Ngaumu (OHV)

2002 - More clubs, Map sharing, Dabbling in International Competition

- Events in Auckland, Otago, Southland
- OHV trail events and 3hr rogaines use maps prepared for MTBO
- Third NZ Champs in Woodhill (WACO)
- Unofficial ANZ Challenge, Waitarere (OHV)
- NZ represented at World Champs in France (Greg Barbour)

2003 - Consolidation

- Trailquests in Woodhill back-to-back with rogaines (Lactic Turkey)
- First official ANZ Challenge, Victoria
- No NZ Champs

2004 - More expansion, Real International Competition

- NWOC (series of 5), ROC (2), EgOC (foot/bike rogaines), PAPO resume
- Wgtn series expands to 6 plus area champs (OHV)
- Fourth NZ Champs at Waiuku (CMOC)
- Full attendance (12 riders) at World Champs in Victoria

Sizes and Shapes of MTBO Events

The Rules of the Game include - STICK TO TRACKS
(Actually the IOF rules say "unless otherwise specified")

This has huge advantages for mapping, course planning, and it's better for novice navigators.
If you are tempted to think tracks are not challenging enough, think: do we want to

- attract bikers to orienteering, or
- convert foot-orienteers to MTBO.

The second would only create MORE work for the same amount of orienteering!!!
(Actually, reading a map while riding unmaintained tracks is far from easy.)

We divide events into those using off-the-shelf maps, and purpose-made maps.

Off The Shelf Maps

Street-O

- 1hr or so score event, city map or orienteering version showing lanes and parks
- Several clubs ran occasional events in the early days
- Got a few bikers, but small impact

Trailquest

- English term for 3-5hr score event on public roads and walkways using standard maps
- Muddy Trails, Dunedin OC, Lactic Turkey, EgOC have run these
- Attracting up to 100 riders

Cyclic Saga

- NZ term for 2-day rogain with compulsory overnight campout, 6-7hrs/day, standard maps
- Run in Canterbury initially by cycle clothing company Ground Effect, now by a professional organiser
- Often reaches the maximum of 300
- EPIC Navigation (Bruce McLeod) is also doing similar events in Otago

Events on Purpose Made Maps

Standard maps have limitations for fair competition:

- Poor accuracy, can only do limited corrections
- Don't show speed of tracks (compare with runnability for foot-o)

Maps are usually made from scratch, areas are not necessarily the same as foot-o areas. (Although after logging stops foot-o, forests often gain extra tracks and can be suitable.)

Courses are sometimes score but usually sequence, generally 1-2hrs winning time.

Mostly 3 courses, 6 classes, course length up to 30km depending on area available, 20km most usual.

Distances are measured as you ride, since off-track is no-go.

Typical MTBO Course Structure		
C1	20km	Open Men
C2	12-14km	Open Women, Vet Men (40-), Jnr Men (-18)
C3	6-8km	Vet Women (40-), Jnr Women (-18)

NWOC, ROC, OHV, PAPO doing more than occasional events. They are regularly getting 30-70 riders.
There are individual events or run as a series like an OY; some area and NZ champs.

Mostly it's enter on the day - copy your course from master maps, join the controls (map printed with all circles). The occasional championships are pre-entry with fully pre-marked courses.

The ANZ Challenge 2005 attracted 90. The Australian World Champs got 100 riders to public events midweek (besides the 160 elites)

Who Comes to MTBO?

The main thrust is attracting new people, not converting foot-orienteers.

Obviously existing mountain-bikers are the target - but not necessarily regular cross-country race competitors - just as harriers don't provide many foot-orienteers. They are more likely to be "social" riders

There's a large additional market among adventure racers who need the navigational skills. We analyse the Wellington series points table as an example; there may be some minor double-counting.

WHO MTB-ORIENTEERS?		
92 names in the 2004 Wgtn Series		
75% are not foot-orientees		
Class Breakdown	Number	Percent
Open Men	25	27%
Open Women	13	14%
Vet Men (40+)	26	28%
Vet Women (40+)	6	7%
Jnr Men (-18)	2	2%
Jnr Women (-18)	2	2%
Rec Men	10	11%
Rec Women	8	9%
Total Men	63	68%
Total Women	29	32%
Total	92	100%

Two-thirds are men as in foot-O. Numbers are strong in the vet men, juniors are under-represented. 75% are not recognisable as current foot-orientees. So this activity is attracting new participants in the main. They come from (subjectively, in decreasing order):

- Mountainbikers (not necessarily competitive biking)
- Multisporters and Adventure Racers
- Former foot-orientees eg bad knees and can no longer run
- Current foot-orientees

Bikers are starting to run events and make maps

- 5 out of 6 planners for the Wgtn Series 2004: Trevor Knowles, Marco Renalli/Tom Clarkson, Steve Meeres, Graeme Silcock, Julian Cox
- Kent Dixon ROC (mapping and planning)
- Claire Heppenstall PAPO (mapping and planning)

Event Finances

An interesting "problem" has been what to charge.

Foot-o event fees are seen by most other sporting participants as ludicrously cheap; especially when they see the quality of orienteering maps.

So, how to reconcile the expectation to pay \$20 by mountain-bikers, with the feeling of many foot-orientees that \$10 is too much for an OY?

A significant club discount is the answer – a premium for non-members as the bike race/adventure race culture is one of "pay and play".

\$20 senior/\$10 junior with \$5 member discount seems to be quite acceptable.

Areas and Maps

The emphasis here is on club events, not championships.

Off-the-shelf maps

- Photocopied street map HVMBC Petone
- Trailquest on topo map DOC Waikouaiti
- Cyclic Saga on topo map Ground Effect Banks Peninsula

Purpose Made Maps

- Half-day fieldwork maps ROC Punaruku or NOC Rabbit Island
- One-day fieldwork map OHV Whitby
- Very restricted track network OHV St Pats Forest
- Successively extended map OHV Tunnel Gully
- Professionally made map: OHV Poroporo or NWOC Riverhead

Other maps with interesting features

- Mountainbike Park: OHV Makara Peak
- Dense track network: OHV Waitarere (but in forest with lots of walkers it is difficult to define what is a track and what isn't)
- Very steep area: OHV Long Gully, OHV Belmont Regional Park

Criteria for Choosing Areas

We are not trying to attract foot-orienteers so think like a biker – areas must be at least 95% rideable (who wants to push or carry their bike?) But some riding challenge is welcomed, this is more important than navigational challenge.

Obviously a track network for navigation and route choice is good. But it's amazing how one new track (which you can create) and going round the area the opposite way will change things enough from one year to the next. Then you can run a score event and its 3 yrs before you're doing the same thing again.

Ways to augment the track network.:

- make new tracks. Spurs are the best bet, sometimes no-exit forest tracks can be pushed through.
- We have used the (non-IOF) green line to mean an "allowable route with no visible track". This opens up routes from one side of a paddock to another. They should preferably follow linear features such as fences or forest edges.
- Put out tape on the day through rideable forest. 1km of blue carton tape costs only \$25 plus a hose-reel to keep it on (you should have it for string courses anyway☺) Virgin forest is more rideable if course direction is downhill.

Avoid busy roads for safety reasons. Country roads are OK with due warning to competitors.

Mapping Issues

The IOF specification is in ISOM2000, there are some updates on the IOF website (Mapping Information Centre).

Forest is shown as white or light green, I think green is more intuitive for newcomers to orienteering, others prefer white. Open land is shown as yellow. Other detail off-track is irrelevant and shouldn't be there unless it's right beside the track. The existence of a prior foot-o map in OCAD may actually be a nuisance as so much has to be deleted.

The contour interval isn't laid down and most OHV maps have used 20m contours from the topo map. A good mapper can interpolate 10's quite easily especially since they are only really important for slope along tracks. Many tracks are visible on the LINZ website photos, so the basemap material is free.

The most important feature is the track network. There are 6 classes of track: 2 widths and 3 speeds (plus brown roads). Junction angles are important, the shape between doesn't matter nearly as much. Junction distinctness is also important: the joining or not joining of the lines. There's a symbol for obstacles which cause a rider to dismount; such as a gate or fallen tree.

Depending on the area an initial mapping can be done by car, then continuing on bike or foot. It's very fast because you only have to cover the track network. Events can be run on a few sq.km.

Volunteer Requirements

The OHV series started with two people and one unskilled helper. Events have been run by one person and two unskilled helpers (school students).

The mapping and course planning visits are one and the same. Some work might go into cutting the odd new track or clearing fallen branches. You can often drive much of the area.

The rest of course planning is table-top. Everything is on tracks – basically you are setting up route choices and making things different from the previous event. 20-30 controls is enough. There are no control descriptions to prepare as everything is on a track.

Map preparation – I recommend one version with all controls marked – they join the circles at a master map – 2min is enough for this. Control codes are used but printed on the map.
 On the day two people set out the controls mostly by vehicle (2-3hrs) while the third puts up tents and guards the gear. Except at championships there is no independent check. The risk of errors - wrong code, wrong bend – is low and not usually fatal.

Initially OHV like all clubs was wary of volunteer demands, and agreed to pay a school student \$1 per competitor. When the income history was established, the two instigators were also paid \$1 per competitor “in lieu of small expenses”. This is affordable.

A fairly restricted start window of 1hr is plenty for 50 riders. All starters are gone before finishers start returning. Two people are easily enough for registration and timing, leaving one for emergencies.

Safety – an accident is more likely than in foot-o but there hasn't been one yet. We rely on competitors to report an incident, and reconciling clipcards with starters. An emergency plan considers how to get to most of the course by vehicle. This may require teeing up the use of a 4WD, and definitely requires deciding who will control an emergency from base and who will go to the scene.

Spin-offs for other club events

The maps are effectively “improved topos”. They are suitable for 3-hr rogaines or low-effort park/trail events where you start at say a park (white and yellow courses on a small park map) and the longer courses use the track network.

You can even run MTBO on Saturday, and a park-trail event can use the same controls on Sunday!

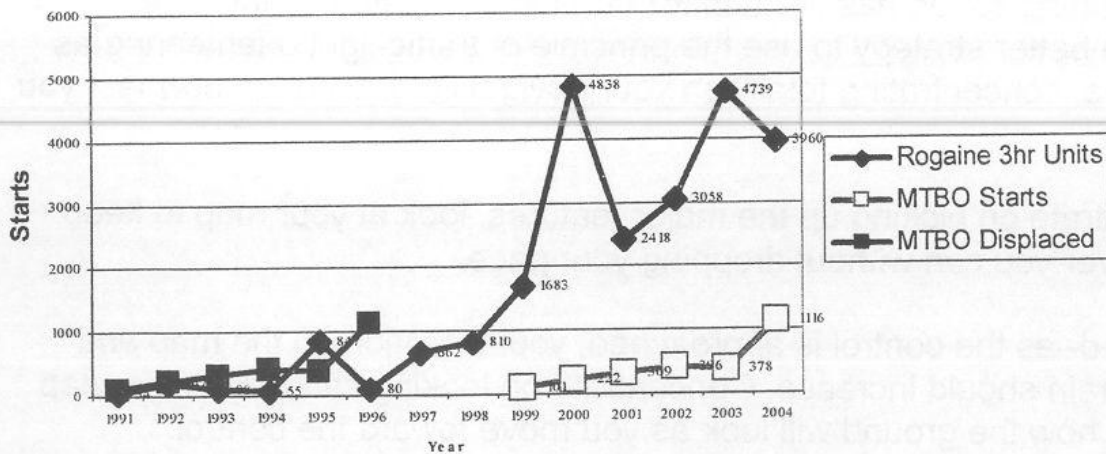
Conclusion

Volunteer resources are limited. We must be as productive as we can.

Hence we need forms of orienteering that minimise effort – and MTBO is genuine orienteering, with a World Championship.

In NZ MTBO participation is higher than rogaining at a similar stage in its development. One swallow doesn't make a summer but 2004 saw a big jump.

Rogaine and MTBO Participation



MTBO is about 4% of all club orienteering now. That's from only 6 clubs, if 12 were to have similar activity that's 8%, if all clubs were to do it that's 12%. And with less effort than the same amount of foot-o.

If you don't do it, others will – EPIC Navigation, Lactic Turkey, and MTB clubs will see the opportunity. Do you want to stick to the most labour-intensive form of orienteering and let others do the easy stuff?

We are here to run orienteering events within our volunteer resources.

And to have fun☺

Michael Wood

Coaching Corner

Traffic Light Orienteering

Emphasis on running and speed changes

Adjusting your speed to the section of each leg is a strategy which should help you slow down when map contact becomes more important i.e. closer to the control.

Green- the first part of each leg, which should be covered as quickly as possible. The detail can be ignored and large features used to maintain contact. Compass and pacing help you run confidently, but are not always necessary where there are a lot of features you can use as 'stepping stones'.

Amber- As you approach your attack point, it is necessary to increase map contact, so the pace is dropped to enable the map to be read more frequently and easily.

Red- Slow right down, even to a walk to maintain continuous map contact. Be conscious of distance and keep checking the compass to find the control. This is fine orienteering.

Emphasis on concentration and map contact.

Focusing on running speed has frequently been the downfall of many a top orienteer. It is a better strategy to use the principle of traffic-light orienteering as described above, concentrating totally on your navigation and not on how fast you are running.

Green- concentrate on picking up the major features, look at your map to keep contact whenever you can without dropping your pace.

Amber and Red- as the control is approached, your attention on the map and detail in the terrain should increase. Concentrate on looking carefully at the map and visualising how the ground will look as you move toward the control. Remember: 'The next control is my urgent destination', and 'Think orienteering fast, not running fast'.

This is an excerpt from Carol McNeill's book "Orienteering- The Skills of the Game". We have a club library of such books, so check it out. There are also skill/training related books found in local public libraries.

Adopt – a – map

A suggestion has bubbled up from the Mapping Group that some of our members or families may be interested to adopt a map as their personal responsibility.

We are thinking of existing maps, be it near or far. You may like an area some distance away and wish to visit it occasionally, looking for changes that have occurred since the last event or plotting information that may have been missed initially. Landowner permission would always be required of course. Individuals or families may like to adopt a street, park, or school map, possibly near to home, where they could practise their map reading together in quiet times, noting any changes that have happened to the existing map. These changes would then be passed to Paul Steeds for action.

It would be fair to say there is no such thing as a perfect map, but we do want them to be 'almost' perfect.

Two men were erecting a fence. They were sighting in the posts, with the boss holding the post and the other guy directing him. "This way, that way, a little bit more... that's near enough."

*"Near enough **isn't** good enough," the boss exploded. "I want it perfect".*

The other guy sights the post again and says, "Right, that's perfect."

"Okay," says the boss. "That's near enough."

Have a look at the following list of club maps, and if one of them appeals to you phone Paul Steeds to talk about it.

Stewart

HBOC MAPS

JUNE 2005

Akina

Last used 16-2-05

Anderson Park

23-2-05

Arborfield

19-6-05 OY4 Thinning 2005/06 or 2006/07. Big lake area replanted (wind throw).

Bluff Hill

27-07-03. B & W street map.

Crohane

Taupo Rd. An old map no longer used. See Master Maps book. Felled, replanted. Bad blackberry country.

Flaxmere

3-03-99. B & W street map.

Frimley

2-2-05 Park map.

Guthrie Smith

25-7-04

Hastings East

1-03-0. B & W street map.

Havelock Hills

15-08-04

Havelock North

B & W street map.

Havelock North High

5-2-03. Park map.

Havelock North Primary**Horseshoe Bend**

15-02-04, 6-3-05 Priority should be given to re-mapping.

Junction

3-12-00. Waipawa area. Inaccurate

Lower Tukituki

To be finished AB. for Xmas 05

Mangarara

22-06-03. AB to review query re-mapping the non-electrified bit 10-02-04.

Maraetotara

08-05-05 OY3

McNeil

7-05-00. Some heavily electrified. Needs a visit with view to re-map and extend 10-02-04.

Merriwa

2-09-01. B & W. Not yet thinned. 4-07-04.

Mission

20-3-05. Thinning soon.

Napier Boys' High

26-1-05

Napier Girls' High**Omatua**

Old permanent course for Guide Camp per Brian Crawford. BC possibly has done further work?

Over the Hill

2-03-03. Rob McD and Alan B. to review parts, especially rock areas. It now bounds onto extended Te Mata Park fieldwork. 8-08-04.

Park Island

9-2-05

Pukeora Hill

29-8-04 Social centre available.

Raretu

Steep and lack of parking and start areas. Query potential –SH. 11-05-04.

Rochfort

23-05-04 HB Sch. Champ. HB Schools Relay 27-06-04. John Aitken has property on market Vs. bits of the map sold recently; other parts on the market. Some harvested, some replanted. A useful map we should keep in touch with.

Rotoma

22-5-05 HBS Champs. Small area adjacent photogrammetried. A B. to look at attaching. 10-08-04.

Rowe Road

10-4-05

Seafeld Rd. RIP.

7-09-03 OY5. (Slope about 1:2.2.)

Slump

24-4-05 OY2. Needs re-map and OCAD but big job 10-02-04.

Smedley

28-3-05 Nats. Relay.

Springvale

27-3-05 Nats. Middle dist.

Stoney Creek

Tangoio

13-06-04 OY4 MTBO 15-5-05

Tauroa (Te Mata) *

Re-map. Photogram. Done. 10-02-04

Te Aute *

25-3-05 Nats. Sprint. Can be built on for the future.

Te Awanga

25-05-03 Scheduled for HB School Relays 3-7-05. Farm area OK. Forest still no-go with thinnings. 8-08-04.

Te Mata Park

5-6-05

Whana Whana

26-3-05 Nats. long.

Whirinaki

17-09-00. Mostly harvested. Keep in contact when replanted. Will blackberry take over? 8-08-04.

Windsor Park

4-02-04

BRAIN TEASERS

If 26 = L of the A means 26 = Letters of the Alphabet, work out the following.

1) 0 = D C at which W F.

2) 8 = S on a S S.

3) 1 = M L on the C F

4) 12 = D of C

5) 12 = E in a D.

6) 1 = H in a D.

7) 60 = S in a M.

8) 10 = C

9) 2 = P in a P

10) 6 = W of H the E

11) 30 = D H S A J and N

12) 1 = D at a T

13) 20,000 = L U the S.

14) 360 = D in a C

15) 100 = L on a C

16) 3 = W M

17) 7 = D

18) 206 = B in the H B

19) 6 = S on a H

20) 4 = S in a Y

21) 21 = G S

22) 12 = I in a F

23) 100 = C in a M

24) 8 = L on a S

25) 1000 = Y in a M

26) 5 = P on a S

27) 2 = W on a B

28) 3 = W from a G L

29) 0 = L D at the E

30) 100 = Y in a C

31) 2 = H on a C

32) 3 = L R



NEW MEMBERS

A warm welcome to the following new members to the club – all joined so far in 2005. We look forward to seeing you at future events:

- Kev Webb
- Hamish & James Patrick
- Michael, Lynn, Cameron & Amber Helliwell
- Murray & Thomas Richardson
- Tim, Louise, Sarah & Naomi Anderson
- Julia King
- Grant, Sue, Elouise & Campbell Edmonds

Catz

Orienteering Krew [awRi-enteerRing krOO] noun. (1) a group of individuals orienteering for a greater cause; that is, running with purpose, a purpose other than intrinsic rewards. (2) a focused group of orienteers who are linked by experiences and a passion for the sport

If this is a new term to you then don't be surprised, there is only one orienteering krew in the world. It was established in Auckland, but now also has members in the Hawkes Bay and Wellington. This group is known as CATZ Orienteering Krew. Catz has been established for approximately 8 months and is now a visible part of New Zealand orienteering. The identifiable black, white and gold shirts worn by members are often seen flying around orienteering courses countrywide. Catz was founded by three of Auckland's junior orienteers: **C**iaran Murphy, **A**ndrew Peat and **T**homas Reynolds (spelling CAT). It began as a simple group, simply concerned with having a good time. However when membership grew the focus altered slightly, and achieving both team and personal goals, while having as much fun as possible, now better describes the Krew's focus. The Krew does not replace our clubs, it is simply a way of juniors sharing information and supporting each other.

What is in the future for Catz? Only time will tell, though if our showing at Nationals is any guide to our future success then New Zealand orienteering is in for a bit of a shake up.

Thomas Reynolds

If anyone would like to check out the Catz forum and discuss orienteering matters with other keen orienteers then go to...
<http://www.catzok.6.forumer.com/>

The Mission

Report on OY1

With so much happening on the schools scene in the first term I had initially thought I would be doing an event in September, but that changed to March 6th, assisting Paul Smith on his first attempt at setting. Wrong again, OY1 is proving awkward for Rolf, and with the Kaweka Challenge and Nationals straddling the dates, personnel of the setting variety was getting thin on the ground. That is how I came to be volunteered for The Mission OY and, due to other hiccups, my deputy became Terry Russell at the eleventh hour.

Usually we have time to check out the terrain, draft some courses and have time to allow them to mature, like the grapes on the vine at the venue. There were some positives about setting early, like using daylight saving and the proximity to town to prepare and put out controls early, easing the Saturday burden. Plus, having this duty out of the way and leaving the rest of the year to sit back and enjoy others' work.

I think we struck the map at the best time, as I believe the silvicultural work on the new forest in the next year or so will reduce runnability and increase visibility. Therefore we determined to use as much of this area as possible. This gave some scope for people to take controls out of sequence, but to little advantage – anyway I am sure most orienteers would not stoop to this. We also sought to show that courses on a hilly map do not need to be gutbusters.

White courses got to run through the vineyard, although the staff were a little worried that the competitors may be frightened by the speeding bike riders and their fearsome guns. To my knowledge no children were shot at, or even winged. Some of the times suggested there may have been stoppages to watch the lone ranger on his trusty iron steed.

The weather behaved itself and 126 maps were sold.

Apart from our Czech visitors who each won narrowly, the Juniors carried the day EXCEPT for the special performance by Wayne Hosking on Red Medium who beat both the young guns and the old heads by 5 minutes. Ross Morrison was pipped by 28 seconds on Red Long, and it was good to see Mark Hudson back looking fit. Emma Watson was the best of the local women on Red Medium and it was also good to see her Dad back in the fray on Red Short. Duncan Morrison excelled on his first competitive outing on this course, followed home by a talented bunch of up and coming juniors. Likewise his sister Kate topped the Women. Lou Goodwin followed the family injury trend with a sprained ankle – get well soon, Lou.

Her daughter, Jaime, blitzed the field in Orange, with a time 9 minutes faster than the men led by Rory Turner. Jay Barrett was a comfortable winner of Yellow meanwhile Olivia Gregory had 25 seconds over Jo Morris. Brett Sceats shows great potential on White, though Ashley King and Alex Oliver were close. Kristen Clothier was best of the girls with a gap back to Lily Orbell and Sarah Anderson.

Among the DNF's was Steve Armon who missed the very last control, some 50 metres from the finish. Bet you won't do that again, Steve!

Course lengths were not too bad overall, we always thought Red Medium was a touch long, and so it proved.

Thanks to Deborah Turner (best of the Councillors), Paul Steeds, Terry, for control collection, Deborah in the caravan and the usual suspects helping pack up afterwards, and all those people who pitched in and checked clipcards for us.

Derek Morrison

The results from The Mission were in the March/April edition of 'Compass Points'.

Walkers... Runners... Orienteers... Explorers...



Announcing another

CITY SAFARI

NAVIGATIONAL CHALLENGE

WITH A DIFFERENCE - BUSES AND TRAINS!

LOWER HUTT AND SURROUNDING HILLS SATURDAY 6 August 2005

Navigational contests like orienteering and rogaining usually require you to move on foot.

The City Safari allows you to use **Public Transport**: buses and trains! You can use your head instead of your legs to get partway to the checkpoints. Each checkpoint has a score, the winning team collects the biggest score in the allowed time: **6 hours or 3 hours**.

The checkpoints will be spread around Lower Hutt between the Korokoro Stream and Wainiomata; and maybe as far as Eastbourne! The flat valley floor with houses and businesses. The hill suburbs with their bushclad gullies and connecting tracks. The eastern and western hills with their spectacular outlooks. The public transport network goes right through the area, much of it on a 15-minute frequency. Yep, even at the weekend!

The winning team will require fitness and speed, but the way they use the buses and trains will also be vital. A day pass will be part of your entry!

Founding partners Cityline Hutt Valley (buses), Tranz Metro (trains), Greater Wellington and Hutt City councils are enthusiastically behind the event, after overwhelmingly positive media coverage about public transport last year. So are founding winners Al Cross and Nigel Corry; Crazyman winner Cross was excited by the combination of Lower Hutt's bush and hill surroundings, and can see great possibilities elsewhere in the region.

Read about last years event on the OHV website www.mapsport.co.nz/hvoc/hvoc.html Full details and entry form early June. Enquiries to Michael Wood, Ph 04 566 2645.

Orienteering Hutt Valley, pioneers of Rogaining, MTBO and Sprint-0





2005 NEW ZEALAND CROSS-COUNTRY SKI ORIENTEERING CHAMPIONSHIPS

Venue: Waiorau Snowfarm, Wanaka

Dates: Saturday 30th July - Warm up & coaching if required
 Sunday 31st July - NZ Championship Ski Orienteering Event

Course Categories: under 16, 16-18, 19-35, 36-45, 46-55, over 55, & Elite

Entry Fee: \$10

The event will be a mass start. There will be a short briefing at 11am on Sunday; the start will follow soon after. There will be a prize giving between 1:30pm and 2:30pm on Sunday.

For any inquires about the event, please contact Allan or Annie Grant at 03 488 3254 or via email at agrant@clear.net.nz

Trail fees* (to be paid on the day): Adult \$30 per day, Student \$25, Child \$15.

Ski hire* (to be paid on the day): Adult \$20, Student \$15, Child \$10

Introductory Lesson (to be paid on the day): Adult \$55, Child \$30

Accommodation* is available at Bob Lee Hut (\$20/person/night. approx. 5km ski from the start, sleeps 10) and Wanaka Lakeview Holiday Park, Wanaka (\$20/person/night, sleeps 32, bedding included). Please note on the entry form below whether you would like accommodation booked at either of these places. These are first come first served. There is also accommodation available at the Snowfarm which you should arrange yourself. ph (03) 443 0300.

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Please send entries by **July 15th****

NAME	Course category	Accommodation Friday	Accommodation Saturday	Map Fees	\$\$
	Age class	Yes/No and where	Yes/No and where	\$10/map	
				Total	

Make cheques out to: **Dunedin Orienteering Club**

Send payments to: **Annie and Allan Grant 45 Flower Street Fairfield, Dunedin**

* We are likely to have subsidized trail fees, ski hire, and accommodation again this year. We will try to keep you posted on any price changes. If successful, we will provide reimbursement where applicable.

** Late entries will be accepted, but please try to let us know so we can print enough maps!!



MARAETOTARA - OY3

8TH MAY 2005

Setter: Rob Poulgrain Vetter: Alan Berry

Red Long 8.0km 265m climb

Mark Hudson	62.12
Hamish Goodwin	64.56
Derek Morrison	71.15
Geoff Morrison	71.58
Richard Lynn	85.13
George Christison	87.07
Chris Howell	94.38
Terry Russell	103.05
Emma Watson	105.09
Keith Vincent	111.51

Chloe Gregory	43.29
Helen Watson	45.40
Jo Eames	48.45
Jennie Barrett	50.02
Anna Blackmore	58.40
Sharon Mardon	64.24
Catherine Howell	69.35
Ruth Vincent	72.10
Caroline Vincent	83.10
Deborah Turner (2 nd course)	98.45

Red Medium 5.1km 185m climb

Men

Scott McDonald	41.51
Rolf Boswell	46.56
Max Kerrison	48.08
Wayne Hosking	53.23
Jack Vincent	57.44
Jon Eames	59.25
Ken Holst	59.58
Josh Nicholls	65.07
Norris Cox	72.06
Colin Jones	79.28
Steve Armon	154.44
Rob McDonald	DNF
Bob Pocknall	DNF

Women

Pamela Morrison	55.00
Rachel Goodwin	65.47
Faye McDonald	78.50

Orange 4.0km 125m climb

Men

Rory Hart	36.29
Rory Turner	41.15
Henry Porter	47.26
Allan Hughes	47.58
Louis Chambers	48.03
Gary Gregory	48.15
Matt Balmer	48.51
James Thompson	49.20
Andrew Bott	53.54
Simon Wallis	59.41
Daniel Nepe Apatu	114.55
Joseph Clifton	130.04
Murray Harty	DNF

Women

Jaime Goodwin	43.22
Rochelle Sceats	48.07
Amy Dolden	51.25
Avril Turvey	51.43
Deborah Turner	54.11
Pauline Klay & Bruce Williams	56.25
Maddie Lawson	57.29
Suzie Harris	61.36
Sophie Fargher	65.45

Red Short 3.0km 135m climb

Men

Duncan Morrison	36.50
Aari Barrett	39.26
Sam Eames	40.53
Stewart Hyslop	53.46
Nigel Field	54.32
Robert Spall	55.15
Paul Steeds	55.41
Gary Patton	55.58
Peter Watson	63.17
Dave Smith	81.50
Brian Crawford	88.07

Women

Kate Morrison	40.23
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Yellow 3.1km 140m climb

Jay Barrett	27.30
Paul Jensen	31.20
Robin Wilson	31.48
Kate Boekhorst	33.37
Luis Slyfield	36.35
Olivia Gregory	37.58
Tom Wilson	39.29
Kent Parker	39.41
Taurima Morris	40.34

Chris McDonald	40.40	White 2.0km 90m climb	
Kirsten Hughes	40.42	Kate Robertson	16.51
Brad Porter	40.44	Brett Sceats	17.10
Stuart Field	41.14	Hannah Boekhorst	17.38
Belinda Williams	41.36	Craig Sceats	20.27
Francis Guerin	42.29	Hannah Harty	20.44
Anna Williams	42.32	Annabel Busby & Tessa Rogers	21.09
Kate Robertson (2 nd course)	43.10	Jesse Hunter	21.33
Alex Oliver	43.35	Sean Morrison	22.53
Sam Manson	44.08	Hannah Morley	22.58
Hannah Harty (2 nd course)	44.58	Cam Barrett	23.03
Jo Morris	45.48	Jack O'Leary	23.15
Ashley King	46.43	Lydia Pulford	23.25
Michelle Little	48.33	Tessa Tietjen	23.32
Katie Eames	49.05	Anneliese Gorst	24.22
Bryan Staunton	50.00	Mitchell Turner	24.27
Nic Harty	50.03	Pete & Sue Boekhorst	25.50
Hayley Jenkins	51.33	Fairweather	26.21
Lily Orbell	51.34	Harrison Gregory	27.22
Teresa Stewart	52.10	Richard Powell	28.04
Graham Black	52.19	Alice Hunter & Alex Harty Morris	28.31
Gail Gregory	54.34	Helen Howell	29.16
Juls Dodd & Janet Turvey	54.38	Shamus & Bradley Christison	29.37
Susannah Allen	54.50	Philippe Grooby	29.53
Bruce & Thomas Jenkins	54.58	Paddy Wilson	30.07
Nicki Stewart	55.12	Brittany Rorrison	30.20
Kathy Jenkins	56.35	Timothy Barclay	30.34
Cameron Helliwell	56.47	Olivia Pearse	30.35
Russell Dodd	57.04	Jayden Hughes	32.22
Elsa Vincent	58.41	Fargher	32.40
Joshua Sheard	59.47	Tim & Anna Coppelmanns	32.59
Glenda Hooper	61.39	Debbie Hudson	35.00
Meg Watson	61.49	Cohen Hughes	35.20
Louise June	62.40	Caroline Howell	44.30
Robert Creffier	64.28	Emma & Blake Boswell	DNF
Sue Field	DNF	Rose Coppelmanns	DNF
Natalie Dever	DNF		
Bryce Watson	DSQ		

The wheel is turning. After the event Derek reminded me that quite a few years ago I had asked him how long I should make the red long course on Maraetotara. Derek's suggestion at the time was 9 kms, so I duly set it to that length. Pretty much the same gang of three or four kept on winning the red longs over the following years but for some unaccountable reason 8 kms eventually began to look like a more realistic distance in 70 minutes.

But that is all changing. A new group is finally starting to nudge the senior and more cunning members aside. The younger members are just about as cunning these days and, dare I say it, may also be a weeny bit faster across the ground.

And so we are back to 9 kms for the long red, or we should have been if I had read the emerging signs correctly. That very same situation is becoming apparent in all of the classes, as you will see from the results. Deciding on the course lengths is something that can really test the setter early in the planning process. A recent phenomenon is the number of older boys and girls who are running the white and yellow courses. That's great, as these courses are very important stepping stones in learning the basics of orienteering. One outcome though is that it is becoming very hard to set a white or yellow course to any particular estimated winning time.

But in the end though, does it matter? The answer must be "no", it doesn't matter if one or two runners scoot round the white or yellow courses in ten minutes less than the planner expected. The courses still need to be set to the level of young beginners and novices. If some competitors find the courses too short, they are to be congratulated and encouraged to step up a level.

Maraetotara was at its playful best. Rob Poulgrain and I planned the courses to make use of the new area that has been tacked back on to the map at the south, and also the southwest corner of the map, which has seldom been visited in recent times. Maraetotara looks to be perfectly straightforward terrain, good visibility, flat to rolling for much of it, with a few rocks and cliffs scattered around the countryside. But that is all part of the map's deception and I was really chuffed when no less than the International Controller admitted that he had been sucked into a parallel error among the gullies of this demanding landscape.

Maraetotara is a great map upon which to really learn how to relate the contours on the map to what you see around you. The secret to success on Maraetotara is – forget about the rocks and concentrate on reading the contours. Just try it, next time.

Rob unfortunately suffered a bereavement just prior to the weekend and I am grateful to the many members who so willingly turned out to give a hand with managing the event.

Alan.

MOUNTAIN BIKE ORIENTEERING - TE MATA PARK

14TH MAY 2005

Setter : Neil Kerrison Vetter : Max Kerrison

Course 1 7.4km

Darryl Taylor	52.58
Chris Morrissey	57.12
Bryce Lorcet	62.20
Graeme Silcock	69.53
Rob Garden	71.10
Hilton Tayler	72.01
Brendon Taylor	80.48
Vance Lowe	80.48
Carl McParland	87.28
Kevin Carswell	87.29
Steve Meeres	90.57
Keith Vincent	99.45
Lyn Helliwell	110.12
Kevin Osborne	112.05
Ruth Turner	123.42
Mhairi Brown	131.22
Andrew Hutton	142.40

Course 2 4.6km

Rory Hart	47.39
J Hamelink	51.43
Max Kerrison	54.07
Jay Barrett	57.13
Caroline Vincent	85.10
David Howell	89.51
Deborah Turner	104.28
Tom Wilson	DNF
Stuart Field	DNF
Bruce Jenkins	DNF
Thomas Jenkins	DNF

Course 3 2km

Pearson Williams	30.43
Candace Knight	34.55

MOUNTAIN BIKE ORIENTEERING – TANGOIO

15TH MAY 2005

Setter : Neil Kerrison Vetter : Max Kerrison

Course 1 20km

Andrew Bott	72.57
Darryl Taylor	79.36
Vaughn Phillipson	82.17
Chris Morrissey	83.30

Bryce Lorcet	87.32
Marquita Gelderman	93.19
Chris Howell	96.20
Rob Garden	99.28
Carl McParland	106.13
Carl Larsen	106.29
Graeme Silcock	108.13
Steve Meeres	110.23
Hamish Goodwin	111.20
Kevin Carswell	128.09
Philip Brodie	129.07
Pete Embleton	155.35
Kevin Osborne	DNF

Course 2 14km

Scott McDonald	82.57
Rory Hart	109.23
Jon Eames	109.48
Mhairi Brown	127.35

Course 3 7km

Sam Eames	48.42
Max Kerrison	54.51
Cameron & Lyn Helliwell	57.14
Pearson Williams	64.14
Mike Helliwell & Josh Sheard	64.44
Bruce Jenkins	70.10
Stewart Hyslop	72.09
Candace Knight	75.05
Denise Crawford	76.39
Tom Wilson	78.08
Deborah Turner	94.17
Wilson Family	DNF
Rachel & Jaime Goodwin (2 nd course)	55.47

Course 4 4km

Nick Holder	37.20
Rachel Goodwin	40.41
Jaime Goodwin	42.37
Stuart Field	50.42
Norris Cox	67.53
Andrew Browne	84.35
Daniel Browne	87.52
Anton, Vicky & Jade Rall	DNF
David & Helen Barclay	DNF

Open letter to HBOC

Hi All

I thought it timely to convey my vision of MTBO in Hawke's Bay. Before doing so however there are a few other very important things I want to impart.

Thanks to the club committee for agreeing to co-ordinate & organise MTBO in Hawke's Bay. I don't pretend to know the workings & reasoning of the inner sanctum of the club but it makes sound sense to have one organisation championing, fostering and organising map sport in Hawke's Bay. So for those who think this might have seemed an easy, logical decision to make, the request to support MTBO came at a time when the full focus & resource of the club was directed at organising what turned out to be the best ever National Foot-O event. So thanks for your vote of confidence in MTBO & I hope the ensuing turnout on the weekend has justified your decision.

Thanks to Rob Garden & Marquita Gelderman for the support, motivation, coaching & practical where withal to encourage me to pursue MTBO & make the events happen this past weekend. Such is their dedication that Marquita flew in at 8:30am on Sunday morning (5am wake up call) to race and returned home by car 6 hours later. So thank you both for everything and you do but most of all your passion.

Thanks Neil Kerrison. who not only set fantastic courses with challenging route courses but who also updated the maps, put out the controls and was directly responsible for the event this past weekend actually happening. To put all this into perspective however it is necessary to know that Neil has been competing for a place in the NZ Foot-O team to compete at the 2005 World Champs in Japan. So on a diet of racing, long runs, travelling, coaching juniors, working, girlfriend, support crew, etc he has made the time to make sure this event not only happened but that the courses were world class. Well done Neil and thanks for your unwavering support of my own endeavours in MTBO.

Thanks Max Kerrison, Hamish & Louise Goodwin & Ruth Vincent for all the extra effort & time you put in to make this past weekend a success. Tireless, thankless tasks many that go un-noticed but all that are necessary for the clock to tick.

Thanks to all those other people that helped, offered to help, raced, came out to support those racing, taxi drivers for the kids, etc, etc. I trust you all had a good time and will now spread the gospel.

MY VISION FOR NZ MTBO

In my view the goal should be to;

1. Equal the number of MTBO & Foot-O participants
2. Competitive National & Provincial Championships

The goal for the HBOC should be;

1. Enthusiastically support NZMTBO development
2. Achieve equal numbers of participants in MTBO events as in club Foot-O events

Moving forward with MTBO the strategy is crucial. If you look at the National picture first there should be;

1. 4 day National champs (long, middle, short, score & relay)
2. 2 day Provincial champs (long, middle, short & score)
3. 1 day Provincial series (either long, middle & short, score & short)

Given the World Champs are likely to be mostly located in the Northern Hemisphere in September the NZ season is best to run in conjunction with this with National Champs being held in May. Assuming that there are 5 provinces NZ wide running provincial champs these could be held every second weekend. As an example I use next years dates (N.B. I have not checked these dates out for major clashes they are an

example only. Obviously they would not be held at Easter or clashing with other major map sport or MTB races);

11 th – 12 th March	Province 1 Champs
25 th – 26 th March	Province 2 Champs
1 st – 2 nd April	Province 3 Champs
15 th – 16 th April	Province 4 Champs
29 th – 30 th April	Province 5 Champs
12 th – 15 th May	National Champs

The provincial series should consist of 6-8 race days in addition to the Provincial Champs. The best months for this are November – March.

Just when you thought I was suggesting too many races there is also another type of race that needs to be catered for. This is a MTB Adventure race. For those unfamiliar this involves using a 1:50,000-scale map with a MTB in the same way you would do a foot rogaine. The events are two days with an overnight camp. The first day you have about 8 hours to get as many controls & points as you can and the second day 6 hours.

Each province organising MTBO Provincial Champs should also run one of these events.

Why do I have such a big vision for MTBO in New Zealand? If we are to increase participation in map sport & improve our performance benchmarked against the world best in MTBO, we need firstly more MTBO competitions, and secondly more emphasis on the results and recognition of those elite performers.

So first decide the goal and if that is to increase participation then people will want several races to do each year to make their “investment” in the sport worthwhile. This is the objective of having the provincial series. For those that then choose to progress they get a chance at Provincial championship level to further challenge and improve. This progression then culminates firstly in NZ Champs and then in selection for World Champs.

Once the goal is agreed then we should decide “what” needs doing to achieve it. Will it be the format I describe above or something different? Whatever it is the “what” must be firmly agreed upon before then deciding “how” it will be achieved.

In my view the best way to achieve a goal is to agree “what” is required to make it happen. Once this is done the “what” is not revisited when you work out how the “what” will be done as this almost always leads to watering down the goal and making excuses why it can’t be achieved. Failure & a good excuse never equal success!!

Where from here? We should get a think tank of representatives from Orienteering Clubs interested in furthering map sport through MTBO and agree a quantifiable & measurable goal for the sport. Once that is done they should also agree how that goal is going to be achieved.

Darryl Taylor

bite.into.life@paradise.net.nz

021 434 891

06 875 0576

2005 HB School Championships

ROTOMA

May 22nd

Senior Boys Championship 4.5 km 150 m

1	Scott McDonald	Karamu High	31:54
2	Jack Vincent	Havelock North High	34:00
3	Stephen Dodd	Napier Boys High	36:15
4	Paul Smith	Napier Boys High	43:31
5	Bevan Clouston	Havelock North High	47:11
6	Scott Bicknell	Napier Boys High	52:39
7	Robert Spall	Napier Boys High	1:21:44
	Chris Scott	Havelock North High	mp
	Willy Glass	Napier Boys High	mp

Senior Girls Championship 4.0 km 140 m

1	Rachel Goodwin	Iona College	36:09
2	Emma Watson	Central HB College	41:30
3	Kate Morrison	Napier Girls High	43:16
4	Hayley Tristram	Napier Girls High	51:17
5	Sophie Eames	Havelock North High	51:43
6	Anna Blackmore	Napier Girls High	53:34
7	Sophie Fargher	Iona College	59:39
8	Maddie Lawson	Havelock North High	1:00:14
9	Suzie Harris	Havelock North High	1:01:00
10	Tabitha Donnelly	Napier Girls High	1:01:04
11	Caroline Vincent	Iona College	1:06:12

Intermediate Boys Champ 4.0 km 140 m

1	Joshua Nicholls	Napier Boys High	33:23
2	Sam Eames	Lindisfarne College	35:28
3	Louis Chambers	Havelock North High	35:44
4	Jamie Brigham-Watson	Napier Boys High	38:02
5	Maia Scott-Wheeler	Havelock North High	38:57
6	Rory Turner	Napier Boys High	39:32
7	Nick Holder	Havelock North High	44:29
8	Jules Double	Napier Boys High	57:26

9 Simon Wallis	Napier Boys High	58:48
Rory Hart	Karamu High	dns
Alex McCormack	Napier Boys High	dns

Intermediate Boys Novice 3.1 km 140 m

1 Christo Creiffer	Havelock North High	33:19
2 Callum Neil	Napier Boys High	35:36
3 Daniel Weeks	Napier Boys High	37:46
4 Graham Black	Hastings Boys High	40:16
5 Paul Jensen	Napier Boys High	42:11
6 Nic Mogford	Napier Boys High	51:05
7 Andrew Neverman	Hastings Boys High	52:52
8 Tristan Gorst	Havelock North High	1:00:57
Dylan Firn	Hastings Boys High	mp
Ian Weir	Napier Boys High	dns
Michael McShane	Napier Boys High	dns

Intermediate Girls Champ 3.6 km 150 m

1 Lydia Parker	Havelock North High	35:37
2 Cara McDonald	Karamu High	37:54
3 Helen Watson	Central HB College	38:49
4 Amy Dolden	Havelock North High	41:53
5 Chloe Gregory	Havelock North High	43:57
6 Lucy Macmillan	Napier Girls High	44:33
7 Avril Turvey	Napier Girls High	47:51
8 Anna Powell	Napier Girls High	50:05
9 Rochelle Sceats	Woodford House	50:26
10 Anna Fuhrer	Havelock North High	52:48
11 Emily Irwin	Havelock North High	1:01:52

Intermediate Girls Novice 3.0 km 120 m

1 Belinda Williams	Woodford House	40:40
2 Georgina Carvell	Havelock North High	47:02
3 Kate Boekhorst	Havelock North High	47:22
4 Katie Taunton	Napier Girls High	48:13
5 Joanna Manson	Napier Girls High	55:57
6 Ashleigh Wiggins	Napier Girls High	1:08:11
7 Kate Robertson	Iona College	1:15:48
Vanessa Wiggins	Napier Girls High	mp
Kristin Clothier	Karamu High	dns
Carla Cameron	Havelock North High	dns

Junior Boys Champonship 3.1 km 140 m

1	Hamish Patrick	Havelock North High	30:49
2	Luis Slyfield	Havelock North High	32:08
3	Nic Harty	Karamu High	37:02
4	Francis Guerin	Havelock North High	40:07
5	Thomas Fuhrer	Havelock North High	41:17
6	Stuart Douglas	Lindisfarne College	42:37
7	Stuart Field	Karamu High	43:31
8	Sam Manson	Napier Boys High	43:34
9	Jeff Phillips	Lindisfarne College	46:21
10	Bryan Staunton	Havelock North High	47:05
11	Bradley Porter	Karamu High	47:28
12	Ashley King	Napier Boys High	50:40
13	Cameron Helliwell	Napier Boys High	51:28
14	Alex Oliver	Napier Boys High	56:21
15	Tom Wilson	Karamu High	1:08:24
	Aari Barrett	Hastings Boys High	disq
	Taurima Morris	Napier Boys High	dns

Junior Boys Novice 2.8 km 135 m

1	Robert Creffier	Havelock North High	26:56
2	Joshua Sheard	Napier Boys High	29:47
3	William Kale	Karamu High	39:44
4	Jordan Waterhouse	Lindisfarne College	45:06
5	Bradley Adams	Lindisfarne College	50:45
	Ben White	Hastings Boys High	dns
	Stuart Spall	Napier Boys High	dns

Junior Girls Championship 3.0 km 120 m

1	Olivia Gregory	Havelock North High	33:46
2	Anna Williams	Woodford House	36:23
3	Breone Lay	Havelock North High	38:07
4	Hayley Jenkins	Napier Girls High	52:11
5	Elsa Vincent	Havelock North High	58:05
6	Michelle Little	Napier Girls High	1:12:17
7	Emily Stephens	Napier Girls High	1:12:26
8	Susannah Allen	Napier Girls High	1:34:45
	Francesca Reynolds	Woodford House	dns

Junior Girls Novice 2.8 km 135 m

1	Samantha Guillen	Havelock North High	28:02
2	Ella Sadler-Andrews	Havelock North High	30:01
3	Olivia Luxton	Havelock North High	35:48
4	Sarah Anderson	Napier Girls High	40:37
5	Emma Scammel	Woodford House	41:06
6	Samantha Phillips	Woodford House	48:32
7	Natalie Dever	Napier Girls High	53:03
8	Lily Orbell	Napier Girls High	1:00:57
	Jade Hoy	Napier Girls High	mp

Y7/8 Boys Championship 2.8 km 135 m

1	Duncan Morrison	Havelock North Int	20:05
2	Chris McDonald	Heretaunga Int	24:39
3	Jesse Hunter	Heretaunga Int	26:10
4	Tom Harrison	Havelock North Int	26:26
5	Kelly Cooper	Havelock North Int	26:35
6	William Dykes	Havelock North Int	30:38
7	Brett Sceats	Hereworth	30:47
8	Mitchell Turner	Taradale Intermediate	32:33
9	Brendan Herries	Heretaunga Int	34:35
10	Bryce Watson	Hereworth	36:19
11	Daniel Jimmieson	Maraekakaho School	36:22
12	Hagen Neumegen	Heretaunga Int	48:17
13	Ryan Adams	Heretaunga Int	1:00:53
	George Carey	Hereworth	mp
	Thomas Scott	Havelock North Int	mp
	Fraser Gough	Havelock North Int	dns

Y7/8 Girls Championship 2.6 km 125 m

1	Jaime Goodwin	Iona College	19:04
2	Katie Eames	Havelock North Int	27:49
3	Jane Bunworth	Havelock North Int	27:59
4	Hannah Harty	Iona College	28:46
5	Kate Hasslehoff	Woodford House	30:49
6	Nikki Powell	Iona College	33:07
7	Hannah Morley	Iona College	37:43
8	Anneliese Gorst	Iona College	38:06
9	Olivia Pearse	Havelock North Int	38:17
10	Bridget Steenkhamer	Woodford House	39:34
11	Olivia Glazebrook	Havelock North Int	40:09
12	Poppy Kelt	Havelock North Int	40:39
13	Kate Gray	Havelock North Int	41:35
14	Meg Watson	Havelock North Int	47:22
15	Alexandra Harty-Morris	Heretaunga Int	49:33

16	Hannah Phillips	Heretaunga Int	1:07:46
17	Maxine Wilkie	Woodford House	1:32:44
18	Morgan Spencer	Havelock North Int	1:38:39
	Hannah Boekhorst	Havelock North Int	dns
	Olivia Campion	Heretaunga Int	dns
	Xavier Hapi	Heretaunga Int	dns
	Stacie Bennett	Heretaunga Int	dns
	Laura McKay	Heretaunga Int	dns
	Renee Hunt	Heretaunga Int	dns

Primary Boys Championship 1.8 km 90 m

1	Jay Barrett	Havelock North Primary	12:10
2	James Patrick	Lucknow School	15:09
3	Hayden Tristram	Flemington Primary	16:07
4	Angus Fuhrer	Haumoana Primary	16:09
5	Russell Dodd	Kereru School	18:09
6	Paddy Wilson	Frimley Primary	18:30
7	Craig Sceats	Flemington Primary	18:41
8	Philippe Grooby	Lucknow School	20:09
9	Jorgan Murphy	Flemington Primary	23:47
10	Robert Benn	Lucknow School	24:42
11	Jayden Hughes	Maraekakaho School	27:32
12	Jack O'Leary	Lucknow School	29:17
13	Sean Morrison	Lucknow School	32:10
14	Cameron Smith	Lucknow School	32:33
15	Ryan Warren	Lucknow School	38:15
16	Thomas Jenkins	Eskdale Primary	40:49
17	Callum Fitzpatrick	Lucknow School	42:56

	Cam Barrett	Havelock North Primary	mp
	Kenneth Muir	Raukawa Primary	dns
	Hamish Muir	Raukawa Primary	dns
	Kiel Murphy	Flemington Primary	dns
	Cory Atkenson	Lucknow School	dns
	Duncan Spall	Kereru School	dns

Primary Girls Championship 1.8 km 90 m

1	Sarah Cornes	Lucknow School	25:24
2	Anna O'Leary	Lucknow School	34:14
3	Libby Parkinson	Lucknow School	39:43
4	Kate Benn	Lucknow School	42:40
5	Helen Howell	Maraekakaho School	55:56
	Katie Sole	Lucknow School	mp

Rotoma Club Event

Results

Pl	Name	Club	Time
Orange Medium 4.0 km 140 m 9 C			
1	James Phillips		1:00:07
Orange Short 3.6 km 150 m 9 C			
1	Neville Smith	HBOC	41:00
2	Julia King	HBOC	1:09:52
3	Patricia Larsen	RKOC	1:30:59
White Short (1.8 km 90 m 11 C			
1	Hamish Muir	HBOC	29:01
2	Caroline Howell	HBOC	40:05
Red Long (12) 4.5 km 150 m 11 C			
1	Chris Howell	HBOC	35:26
2	Geoff Morrison	HBOC	37:48
3	Derek Morrison	HBOC	39:05
4	Wayne Hosking	HBOC	48:25
5	David Fisher	HBOC	53:42
6	Norris Cox	HBOC	54:33
7	Matt Balmer	HBOC	1:00:53
8	Alan Berry	HBOC	1:01:56
9	Deborah Turner	HBOC	1:05:56
10	Robyn Davidson	RKOC	1:08:11
11	Paul Steeds	HBOC	1:21:45
	Terry Russell	HBOC	mp
Red Short (2) 3.6 km 150 m 9 C			
1	Kev Webb	HBOC	45:57
2	Catherine Howell	HBOC	1:10:50

2005 HB SCHOOL CHAMPIONSHIPS

I enjoy course planning and I enjoy seeing young people orienteering, so despite having had a few months of full time orienteering commitments this year, I didn't mind stepping into the planning role when Amber set sail to Swedish shores. This is a fantastic promotional event for the club and after using electronic timing at the Nationals, I was keen to showcase the system to a local audience.

154 competitors trudged uphill to the start under grey skies, ready to face the many challenges of the day – Sportident, slippery hillsides and sludge. After arriving at the giant totara, Deborah Turner & Terry Russell soon had them organised into their start routine and on the first clock beep they were away, anticipating the first beep of their electronic control.

In the large Primary Boys field, the lack of the 'big yellow compass in the sky' caused problems from the start triangle for a few competitors, which put paid to any of their chances. It was going to be difficult to see Jay Barrett (Havelock North Primary) being challenged in this event and this proved to be the case, with a fast start from an enthusiastic newcomer, James Patrick (Lucknow), proving that with a bit more experience he could well foot it with one of the best M12's in the country.

An awesome turnout from Lucknow School filled up the Primary Girls class and consistency paid off for Sarah Cornes, as she managed to avoid any of the costly wrong turns that upset her opposition. Unfortunately, wrong turns on such a steep map meant some easy downhill legs turned into trudging uphill legs when forced to retrace steps. Many dispiriting trudges were witnessed by the waiting crowd at the finish.

It was pleasing to see the large field of Y7/8 girls, although I was nervous with how they would cope with their 'adventure course'. It was a day for long spikes, as the damp conditions had turned their stream filled gully into a bit of a test of agility. It was no surprise then that skilled gymnast, Jaime Goodwin (Iona) was in a class of her own, with an 8 minute margin between her and the rest of the field. Back in the pack, there was some close competition between Havelock North Intermediate and Iona, with a mere point separating the two teams.

This large number of girls meant a last minute switch of course for the Y7/8 boys, to reduce the spread of start times. Duncan Morrison (Havelock North Intermediate) was another favourite who was looking unchallenged, but for him it was a day of "no spikes" as he managed to leave his orienteering shoes at home. His rubber soled running shoes were tested with muddy farm tracks and steep downhills, so Chris McDonald (Heretaunga Intermediate) managed to close the gap to 3 ½ minutes.

Junior Boys and Girls tackled a yellow course which took them around the southern edge of the large lake in the centre of the map. The large lake on the map certainly looks like a large lake in the farmland, but a few large splits revealed that some competitors had a few problems finding the right direction with the lake on their right. This wasn't going to be a problem for Aari Barrett (Hastings Boys') who was hot-favourite with Scott McDonald running senior. It wasn't to be Aari's day

though, with a technical disqualification, leaving fast running newcomer, Hamish Patrick (Havelock North High) with the win. Out of contention, with a five minute leg at control 8, in view of the waiting crowd, Hamish left coach & commentator Geoff Morrison in despair and hopefully learnt a valuable lesson on the importance of attack points.

The Junior Girls class was a three-way battle between Olivia Gregory (Havelock North High), Anna Williams (Woodford) and Breone Lay (Havelock North High) with the lead swapping as the race progressed. A steady run by Olivia gave her the win, with an error mid-race by Anna costing her any chance and a costly leg close to the end putting Breone out of contention.

The Intermediate and Senior championship classes ran orange courses which took them around the large lake. With Rachel Goodwin running senior, the Intermediate girls class was going to be an even battle. Early starter Rochelle Sceats (Woodford) was soon out of contention with a 17 minute leg on control 2, but like lemmings even more of the field followed, venturing over the fence into the out-of-bounds and out of sight of the large lake that should have been an obvious following feature. The one to escape the rush, was Lydia Parker (Havelock North High) who took control of the race from the beginning and amazingly didn't register one fastest split from her chasing rivals. The boys race was similarly well-controlled by Joshua Nicholls (Napier Boys') with Sam Eames (Lindisfarne) never able to get quite close enough to challenge for the win.

The Senior classes were both won impressively by young contenders who had stepped up to the higher class for the day. Both were favoured by the less technical orange courses and also the grunty terrain and neither were seriously threatened during the race. In the girls, Rachel Goodwin (Iona) finished strongly with her only weakness being the long leg where she spotted her main competitor Emma Watson (Central HB College) taking a more direct route. Pre-race predictions all favoured Scott McDonald (Karamu) in the boys race and mid-week even Jack Vincent (Havelock North High) probably realised the odds were stacked against him. So it turned out, with Jack never being far away, but never quite having the strength to challenge Scott on the hilly farmland course.

Thanks to the many club members who contributed towards the success of the day, especially the following:

Hamish Goodwin who very casually offered to be vetter – thanks for all your efforts Hamish.

Janet Turvey - who got landed with the job of co-ordinating the event.

Sue Field - for another awesome administrative job.

Nigel Field - a dream "handyman" who constructed wooden racks for dispensing his hired SI-cards.

Paul Steeds & Terry Russell - who helped with setting up tents and toilets on Saturday afternoon. This also extended to towing stuck cars and relocating a toilet that was meant to be at the start, but ended up many metres away apparently somewhere near the large lake.

Pamela

QUEEN'S BIRTHDAY WEEKEND - AUCKLAND

Three nights of listening to my Dad snoring, three days listening to Classic Hits on the radio and three long car trips with a car full of wet shoes and socks isn't how many people would like to spend their Queen's Birthday weekend. But I was up for the challenge.

The first day had two events, the Sprint in Waiuku and a middle distance at "Whiri Whiri". After needing a sleep in, the sprint was a miss but me and Dad were ready to tackle those high dunes. The conditions at "Whiri Whiri" were great for the HB Orienteers with fast open land and steep grass covered dunes. In the W16 grade it was cool to have 4 HB runners, Chloe, Kate, Lydia and me. The end result was great too with us Bay girls taking out 4 of the 5 first places. Lydia especially did really well as she was doing her first ever red course.

Another great result was in the M18 grade with Scott (an M14) taking out the win and Jack coming in third.

Other great runs were Emma having the fastest time on her course, Derek coming 2nd in M55, Dad (Hamish) coming 1st in M40, Caroline Vincent winning W21AS, Duncan 2nd in M14 and Elsa coming 3rd in W14.

Thank goodness for rugby and vodaphone cell phones. The night wasn't as bad as I was expecting. The next day was good old Woodhill forest on the "Hobbit's Coast" map. The car trip out was interesting with a police chase along the motorway then into the boring pep talk by Dad about how I had to go slow. Well I think Dad should listen to himself sometimes because his result got turned around as did many of the other HB runners. The W16 grade stayed strong for HB with a first for me and 3rd for Kate. Scott, Caroline and Elsa all picked up 3rd places and Ruth came 2nd in W40AS.

Dad had a bad run so he said that he wanted to go back out and collect controls to have a bit more practise and he dragged me along too. Derek obviously had the same idea because Kate and Duncan were made to suffer too ! Duncan especially - because he had to go out with Dad. I wonder who did the map reading!?!]

Kate came back with us and we went to the movies. Well, Dad needs glasses and lessons on reading street maps because we managed to park in a day parking lot and trapped ourselves inside the Henderson Plaza. We escaped after climbing a few impassable walls and hurdling a few barriers. (Did he want us to have a bit more practice or was it purely for his own pleasure?)]

The third, final and longest day was on South Woodhill. Well we didn't know what to expect as the map was called "Wiggles". Kate and I tried the pep talk on Dad but he had Classic Hits up too loud and the results speak for themselves.

After our extra practice the night before the small pines were a breeze for Kate and I. We came in first and second. Emma turned in yet another good run to add to the rest of her good results over the weekend.

All that was left was the car trip home. The Goodwins and Morrisons had extra passengers in their vehicles due to Ruth's 'mailing methods'.

My challenging weekend was fun as I had good results on all the days, especially HB's favourite, Woodhill. It was great to see a good number of HB Orienteers up there too.

Rachel

TE MATA PARK

5 JUNE, 2005

Planner: Josh Nicholls Vetter: Nigel Field

Red Long (2.4km)

Geoff Morrison	39.50
Chris Howell	40.45
Sam Eames	43.58
Rolf Boswell	48.02
Jon Eames	52.38
Pamela Morrison	55.09
Louis Chambers	55.21
Keith Vincent	57.26
Jo Eames	60.45
Henry Porter	61.26
Norris Cox	64.22
Alan Berry	69.16
Colin Jones	71.51
Andrew Hutton	76.21
Stewart Hyslop	76.49
Steve Armon	79.21
Rob Poulgrain	81.05
Faye McDonald	90.09
Paul Steeds	96.59
Sharon Mardon	112.30
Deborah Turner	120.27

Red Short (1.3km)

Hayley Tristram	40.50
Anna Powell	43.48
Gary Patton	49.25
Tabitha Donnelly	54.17
Sophie Eames & Nick Holder	69.19
Brian Crawford	82.32
Jamie Brigham-Watson (2 nd course)	24.33

Orange (1.7km)

Jaime Goodwin	33.30
Jamie Brigham-Watson	34.35
Rory Turner	36.06
Bryan Staunton	36.23
Jay Barrett	40.21
Kate Boekhorst	40.31
Emily Irwin	43.28
Gary Gregory	45.28
Allan Hughes	49.56

Mitchell Turner	50.50
Amy Dolden	54.55
Mark Donnelly	58.15
Avril Turvey	65.26

Alex McCormack	85.07
Chris McDonald	89.03
Jim Spall	93.09
Janet Turvey	97.33

Yellow (1.6km)

Luis Slyfield	38.06
Nick Mogford	42.11
Hayden Tristram	42.45
Pearson Williams	43.40
Katie Eames	43.46
Murray Richardson	45.39
Ginger Wilson	46.42
Ashley King	49.28
Poppy Kelt & Nikki Powell	50.43
Scott & Anthony	50.32
Brad Parker	52.07
Hamish Patrick	55.02
Kirsten Hughes	60.13
Cameron Helliwell	60.32
Stuart Hutchinson	61.19
Stuart Spall	63.07
Hayley Jenkins	64.11
Graham Black	76.44
Stuart Field	76.59
Ketannah Hope	83.56
Krista Donnelly	86.07
Phil & Diane Murphy	96.27
Kev Webb	98.18
Teresa Stewart	112.27
Bill Turvey	114.46
Alex Dyer	DNF
Craig Downie	DNF
Tom Wilson	DNF
Gail Gregory	DNF
Keil Murphy	DNF

White (1.4km)

Brett Sceats	18.58	Seb Pishief	35.02
Craig Sceats	19.50	Jayden Hughes	35.12
Olivia Pearse	22.46	Joshua Stewart	37.29
Sean Morrison	22.57	Blair Turvey	37.30
Peter & Sue Boekhorst	23.34	Anna O'Leary	37.34
Timothy Barclay	23.47	Paddy Wilson	38.00
James Patrick	23.58	David Turner	38.10
Brittany Rorrison	24.00	Jade Hoy	39.19
Harrison & Olivia Gregory	24.59	Jack O'Leary	40.03
Mark & Grace Irwin	25.38	Blake Boswell	41.37
Olivia Glazebrook	27.06	Emma Boswell	42.20
Hannah Harty	28.37	Richard Powell	42.28
Jorgan Murphy	29.09	Caroline Howell	42.52
Cohen Hughes	29.14	Mackenzie King	45.30
Hannah Boekhorst	31.50	Anita van de Leemput	74.56
Robert Benn	32.13	Virginia Irwin & Annie	74.56
Helen Howell	33.07	Juliette & Lynette Irwin	76.54
Cam Barrett & Josh	33.17	Philippe Grooby	DNF
Duncan Spall	34.43		

Wow! My first time setting an orienteering course and what an awesome experience. I always knew that setting an event took lots of time and effort from many people but you get a new appreciation after actually doing it yourself. Taking your first real look at possible control locations the week before may not be the ideal way to take on your first course but you roll with the punches.

Te Mata Park is an area that many of our club members know well and has been covered extensively in the past. Having had recent school training events on this map meant limited options for white courses, so much so that Geoff and I almost scrapped my original course plan. In the end we reversed the direction of the course (in fact all courses) and took the white runners over a new track. I believe the white course was a great success; hope you did too.

I know many of you remarked about course length but times seemed to be in the right sort of region. I would like to apologize for the error on the Red Short course master map. I've been told it's easy to make those mistakes when you are drawing on the maps but it still eats at you. I received many positive comments on the finish line so it seemed you still enjoyed it.

Ah, the Red Long Course. This was great fun. My personal favourite control was the boulder in the forest area. Trying to find this control site took me a little while as I didn't see it till it was right in front of me. I was a bit gutted to hear that most people were able to find it by the flag. In fact some people told me they hadn't even realized the boulder was right in front of them and just punched the control and carried on.

I would like to thank the club for the opportunity to set this course as I gained lots of valuable experience from this exercise. I would recommend to other school club members to think about setting a course sometime. I would like to thank the following people for their help with the event: The Fields for the work before and during the event, Geoff and Pamela for the work they did and Dad for helping on the finish. You guys were such a big help and I appreciate all you did to help make it a successful event.

Josh

ARBORFIELD - OY 4

JUNE 19, 2005

Setter: Ken Holst Vetter: Rob McDonald

Red Long 6.2km

Mark Hudson	110.32
Derek Morrison	120.51
Geoff Morrison	123.49
Max Kerrison	134.44
Terry Russell	180.56
Richard Lynn	184.52
Chris Howell	DNF
Emma Watson	DNF
Keith Vincent	DNF

Beryl & Scotty Smith	158.09
Ruth Vincent	DNF
Duncan Morrison	DNF
Brian Crawford	DNF

Orange

Lydia Parker	66.02
Rory Turner	66.44
Allan Hughes	85.01
James Phillips	91.57
Rory Hart	99.26
Anna Powell	100.45
Simon Wallis	102.01
Grant Edmonds	120.17
Murray Harty	130.20
Henry Porter	130.47
Amy Dolden	131.14
Julia King	158.52
Deborah Turner	175.19
Suzie Harris	DNF

Red Medium 5.1km

Jack Vincent	87.29
Scott McDonald	111.06
Pamela Morrison	164.47
Jon Eames	164.52
Faye McDonald	181.16
Tom Fargher	193.53
Wayne Lee	201.30
Norris Cox	DNF

Red Short 2.3km

Sam Eames	55.05
Aari Barrett	67.28
Stephen Dodd	67.44
Alan Berry	71.44
Sophie Eames	73.33
Chloe Gregory	85.34
Peter Watson	88.26
Hayley Tristram	94.48
Paul Steeds	98.10
Jo Eames	103.08
Stewart Hyslop	103.41
Anna Blackmore	111.15
Sharon Mardon	115.12
Gary Patton	117.16
Catherine Lee	119.05
Catherine Howell	132.02
Nigel Field	132.28

Yellow

Jay Barrett	43.04
Nick Holder	43.10
Murray Richardson	46.56
Mark Irwin	49.12
Olivia Gregory	54.32
Gary Gregory	56.26
Pearson Williams	57.02
Graham Black	57.10
Katie Eames	58.18
Sam Haslett	58.59
Cameron Helliwell	60.55
Chris McDonald	61.42
Paul Jensen	63.18
Ashley King	63.22
Tony Haslett	65.48
Jelena & Cara	66.10
Bradley Porter	69.12

Hamish Patrick	69.47		
Amanda Haslett	71.12		
Stuart Field	74.51	Cam Barrett	29.14
Elsa Vincent	78.52	Russell Dodd	31.03
Rob & Sue Fargher	83.48	Sean Morrison	31.48
Paddy Wilson	85.54	Susannah Allen	33.21
Jules & Chris Dodd	89.08	William Kale & Ryan Mitchell	35.50
Sam Blackmore	89.46	Jade Hoy	37.10
Patricia Larsen	93.21	Brittany Rorrison	38.58
Bill Blackmore	94.05	Robyn Nicholls	40.13
Nic Harty	94.32	Sarah Cornes	40.43
Ryan, Brendan & Shaun	99.35	Naomi Anderson	43.45
Sue Field	100.21	Ryan Adams	47.05
Bruce Jenkins	100.28	Brendan H	47.10
Hayley Jenkins	102.13	Shaun Simpson	47.13
Kathy Jenkins	104.17	Alex Harty-Morris & Ashlyn	47.26
Nikki Powell & Poppy Kelt	104.24	Tim Staine	49.29
Anita Van de Leemput	118.58	Cohen Hughes	50.58
Sarah Anderson	DNF	Maaike Van den Aardweg	57.38
B & J Phillips	DNF	Brent Symes	68.09
		Caroline Howell	79.39
White		Helen Howell	DNF
Chris Scott	26.08	Cam Edmonds & Tim Creighton	DNF
Craig Sceats	27.18	Brett Sceats	DNF
Jelena Terwey	28.34	Anna & Saar	DNF

Ah, Arborfield. It looks so deceptively gentle as you approach it from town – lovely rolling country covered in young pines. Sure there are a few prunings on the ground but they are steadily dissolving into the ground, broken down significantly even since last year.

But wrong! This is a tiger of map - low visibility and both physically and technically demanding. I know that it is not a view many would share but I reckon this is our best map. Forget Maraetotara with its rock gardens and gentle contours, the Slump with its wonderful confusion of humps and hollows, the native bush and gorges of Smedley or even the newly discovered delights of Whanawhana, this is Hawke's Bays' ultimate test. And it certainly was a testing day.

Due to a series of miscommunications Ken ended up becoming setter less than two weeks before the event and I volunteered to be assistant/vetter. We all know that is inadequate time to prepare for an OY but there was nothing else for it. We decided to put out the controls a week before the event and just as well we did. It took the two of us one and a half days to complete. Perhaps at that stage we should have realised the courses were too long but I

was seduced by the excitement of exploring new areas, the intricacy of the terrain, the discovery of waterfalls, native trees and bush pigeons all bathed in lovely, early-winter sunshine.

Well, what about the event itself? Water and mud come immediately to mind. Tracks became mudslides, clearings became ponds (much to the confusion of some), thinnings were greased, you had to splash through ankle-deep water even to get to the map tables and the toilet hole was two thirds full before I'd even finished digging it. To top it off the courses were long – too long in many cases. It was a day when it was more fun manning the start than the finish. But there was more than that, there was also challenging orienteering. Ken manufactured some wonderful route choice legs that people were still puzzling over and debating days later, there were parallel error and other traps galore to keep even the most talented occupied and you were taken into new terrain that none of us had visited before. I would have loved to compete myself.

Run of the day had to be Jack Vincent's victory in the Red Medium. His km rate was significantly faster than that of the Red Long competitors on a course that was not a lot shorter and just confirmed what a talent he is. Another outstanding run was Lydia Parker's on the Orange course. She has made huge strides this year. Sam and Sophie Eames cleaned up the Red Short and Jay Barrett and Chris Scott had close wins in the Yellow and White courses respectively. Mark Hudson's victory in the Red Long leaves this competition at a very interesting stage with Derek Morrison's domination under serious threat. Can he respond? I am sure the calculator has been working overtime.

Congratulations to all the above but also to the rest of you who battled on and completed the courses in spite of everything. Thanks to the Powell family who ran the caravan so well and to those who collected the close-in controls. We had one Red Long competitor ear-marked to collect the most distant controls but seeing the condition he was in after being out on the course for more than three hours, we decided they could wait for another day.

Rob McD

HAWKE'S BAY ORIENTEERING CLUB 2005 "ORIENTEER OF THE YEAR" SERIES

Points in the 2005 "Orienteer of the Year" series after three events.

Six events are classified as "OY" events during the year. The winner of each course (men & women) each receive 25 points and points are allocated to other competitors based on times compared with the winner.

Remaining events in the 2005 series are:

October 16 - Rochfort

October 30 - Tangoio

OY	1	2	3	4	5	6	Total	TOTAL	
	Mission	Slump	Maraetotara	Arborfield	Rochfort	Tangoio		Best 3 of 4	
RED LONG - MEN									
Mark Hudson		21.28	25.00	25.00	25.00	0.00	0.00	96.28	75.00
Derek Morrison	S1	22.87	22.49	21.82	22.87	0.00	0.00	90.05	68.23
Geoff Morrison		18.01	20.74	21.61	22.32	0.00	0.00	82.67	64.67
Richard Lynn		14.74	12.50	18.25	14.95	0.00	0.00	60.43	47.93
Terry Russell	V1	15.27	0.00	15.08	15.27	0.00	0.00	45.63	45.63
Hamish Goodwin		0.00	20.93	23.95	0.00	0.00	0.00	44.88	44.88
Keith Vincent		12.56	11.71	13.90	0.00	0.00	0.00	38.18	38.18
George Christison		0.00	17.19	17.85	0.00	0.00	0.00	35.04	35.04
Chris Howell		18.26	0.00	16.43	0.00	0.00	0.00	34.69	34.69
Emma Watson		0.00	14.05	14.79	0.00	0.00	0.00	28.84	28.84
Ross Morrison		25.00	0.00	0.00	0.00	0.00	0.00	25.00	25.00
Darryl Taylor		17.61	0.00	0.00	0.00	0.00	0.00	17.61	17.61
Paul Smith		14.12	0.00	0.00	0.00	0.00	0.00	14.12	14.12
Alan Oates		0.00	10.57	0.00	0.00	0.00	0.00	10.57	10.57
RED MEDIUM - MEN									
Jack Vincent		23.04	24.95	18.12	25.00	0.00	0.00	91.11	72.99
Wayne Hosking	S2	25.00	25.00	19.60	0.00	0.00	0.00	69.60	69.60
Scott McDonald		23.14	20.76	25.00	19.69	0.00	0.00	88.59	68.90
Jon Eames		18.07	0.00	17.61	13.27	0.00	0.00	48.94	48.94
Max Kerrison		22.47	0.00	21.74	0.00	0.00	0.00	44.21	44.21
Rolf Boswell		0.00	21.58	22.29	0.00	0.00	0.00	43.87	43.87
Ken Holst	S4	0.00	0.00	17.45	17.45	0.00	0.00	34.90	34.90
Josh Nicholls		18.47	0.00	16.07	0.00	0.00	0.00	34.54	34.54
David Fisher		15.59	15.29	0.00	0.00	0.00	0.00	30.89	30.89
Aiden Ellmers		15.76	13.97	0.00	0.00	0.00	0.00	29.73	29.73
Colin Jones		14.22	0.00	13.17	0.00	0.00	0.00	27.39	27.39
Norris Cox		12.50	0.00	14.51	0.00	0.00	0.00	27.01	27.01
Aidan Boswell		0.00	25.00	0.00	0.00	0.00	0.00	25.00	25.00
Rob Poulgrain	S3	10.32	0.00	10.32	0.00	0.00	0.00	20.64	20.64
Wayne Lee		0.00	7.29	0.00	10.88	0.00	0.00	18.16	18.16
Rob McDonald	V4	0.00	13.99	0.00	0.00	0.00	0.00	13.99	13.99
Doug Matheson		9.74	0.00	0.00	0.00	0.00	0.00	9.74	9.74
Steve Armon		0.00	0.00	6.76	0.00	0.00	0.00	6.76	6.76
Maurice Lloyd	V2	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
RED MEDIUM - WOMEN									
Pamela Morrison		25.00	25.00	25.00	25.00	0.00	0.00	100.00	75.00
Rachel Goodwin		22.56	23.78	20.90	0.00	0.00	0.00	67.24	67.24
Faye McDonald		17.79	13.26	17.61	22.73	0.00	0.00	71.39	58.12
Cara McDonald		22.74	0.00	0.00	0.00	0.00	0.00	22.74	22.74
RED SHORT - MEN									
Duncan Morrison		25.00	25.00	25.00	0.00	0.00	0.00	75.00	75.00
Sam Eames		21.88	0.00	22.06	25.00	0.00	0.00	68.94	68.94
Aari Barrett		20.86	18.48	22.88	20.41	0.00	0.00	82.63	64.15
Alan Berry	V3	13.59	16.59	19.20	19.20	0.00	0.00	68.58	54.99
Stewart Hyslop		17.32	15.69	16.78	13.28	0.00	0.00	63.07	49.79
Peter Watson		16.50	13.05	14.25	15.57	0.00	0.00	59.38	46.33
Gary Patton		12.22	14.93	16.12	11.74	0.00	0.00	55.02	43.27
Paul Steeds		12.64	9.95	16.20	14.05	0.00	0.00	52.84	42.89
Nigel Field		14.80	0.00	16.54	10.40	0.00	0.00	41.74	41.74
Brian Crawford		10.90	8.25	10.24	0.00	0.00	0.00	29.40	29.40
Stephen Dodd		0.00	0.00	0.00	20.33	0.00	0.00	20.33	20.33
Jamie Brigham-Watson		17.53	0.00	0.00	0.00	0.00	0.00	17.53	17.53
Robert Spall		0.00	0.00	16.33	0.00	0.00	0.00	16.33	16.33
Graeme Barrett		0.00	15.48	0.00	0.00	0.00	0.00	15.48	15.48
Philip Baker		10.17	0.00	0.00	0.00	0.00	0.00	10.17	10.17
Phillip Mardon		0.00	9.08	0.00	0.00	0.00	0.00	9.08	9.08

RED SHORT - WOMEN									
Kate Morrison	25.00	25.00	25.00	0.00	0.00	0.00	75.00	75.00	
Chloe Gregory	18.45	23.60	23.22	21.49	0.00	0.00	86.76	68.31	
Jo Eames	22.81	0.00	20.71	17.83	0.00	0.00	61.35	61.35	
Anna Blackmore	19.47	0.00	17.39	16.53	0.00	0.00	53.39	53.39	
Sharon Mardon	18.07	13.17	15.68	15.96	0.00	0.00	62.88	49.71	
Sophie Eames	22.02	0.00	0.00	25.00	0.00	0.00	47.02	47.02	
Jennie Barrett	22.81	0.00	20.18	0.00	0.00	0.00	42.99	42.99	
Ruth Vincent	14.05	14.30	14.02	0.00	0.00	0.00	42.37	42.37	
Catherine Howell	12.61	0.00	14.51	13.93	0.00	0.00	41.04	41.04	
Caroline Vincent	12.80	14.71	12.16	0.00	0.00	0.00	39.67	39.67	
Catherine Lee	0.00	12.47	0.00	15.44	0.00	0.00	27.91	27.91	
Helen Watson	0.00	0.00	22.40	0.00	0.00	0.00	22.40	22.40	
Hayley Tristram	0.00	0.00	0.00	19.40	0.00	0.00	19.40	19.40	
Lucy Macmillan	0.00	18.58	0.00	0.00	0.00	0.00	18.58	18.58	
Diane Lucas	0.00	13.01	0.00	0.00	0.00	0.00	13.01	13.01	
ORANGE - MEN									
Rory Turner	25.00	0.00	22.11	25.00	0.00	0.00	72.11	72.11	
Rory Hart	20.20	20.88	25.00	16.78	0.00	0.00	82.86	66.08	
Matt Balmer	22.48	23.40	18.67	0.00	0.00	0.00	64.55	64.55	
Allan Hughes	20.81	17.43	19.01	19.62	0.00	0.00	76.87	59.44	
Henry Porter	16.03	15.33	19.23	12.76	0.00	0.00	63.35	50.59	
Gary Gregory	0.00	18.94	18.90	0.00	0.00	0.00	37.84	37.84	
Alex McCormack	16.35	16.35	0.00	0.00	0.00	0.00	32.70	32.70	
Grant Edmonds	0.00	0.00	0.00	13.87	0.00	0.00	13.87	13.87	
ORANGE - WOMEN									
Jaime Goodwin	25.00	25.00	25.00	0.00	0.00	0.00	75.00	75.00	
Amy Dolden	14.87	17.99	21.09	12.58	0.00	0.00	66.52	53.94	
Anna Powell	14.64	22.61	0.00	16.39	0.00	0.00	53.64	53.64	
Deborah Turner	12.70	20.50	20.01	9.42	0.00	0.00	62.63	53.21	
Lydia Parker	13.67	0.00	0.00	25.00	0.00	0.00	38.67	38.67	
Rochelle Sceats	14.23	0.00	22.53	0.00	0.00	0.00	36.76	36.76	
Avril Turvey	0.00	13.94	20.96	0.00	0.00	0.00	34.90	34.90	
Anna Fuhrer	17.84	16.80	0.00	0.00	0.00	0.00	34.64	34.64	
Emily Irwin	16.22	15.38	0.00	0.00	0.00	0.00	31.60	31.60	
Kate Boekhorst	13.50	0.00	0.00	0.00	0.00	0.00	13.50	13.50	
Julia King	0.00	0.00	0.00	10.39	0.00	0.00	10.39	10.39	
YELLOW - MEN									
Jay Barrett	25.00	25.00	25.00	25.00	0.00	0.00	100.00	75.00	
Paul Jensen	17.47	0.00	21.79	17.01	0.00	0.00	56.27	56.27	
Bradley Porter	8.99	19.31	16.60	15.56	0.00	0.00	60.46	51.47	
Chris McDonald	14.41	0.00	16.88	17.45	0.00	0.00	48.74	48.74	
Bruce Jenkins	23.37	12.41	0.00	10.72	0.00	0.00	46.49	46.49	
Murray Harty	20.15	17.33	0.00	8.28	0.00	0.00	45.76	45.76	
Stuart Field	13.68	0.00	16.40	14.38	0.00	0.00	44.47	44.47	
Nic Harty	15.58	15.33	13.51	11.39	0.00	0.00	55.81	44.42	
Mark Irwin	0.00	17.92	0.00	21.88	0.00	0.00	39.80	39.80	
Sam Haslett	19.09	0.00	0.00	18.25	0.00	0.00	37.34	37.34	
Cameron Helliwell	0.00	14.19	0.00	17.67	0.00	0.00	31.86	31.86	
Ashley King	0.00	0.00	14.48	16.99	0.00	0.00	31.47	31.47	
Tom Wilson	0.00	12.37	17.13	0.00	0.00	0.00	29.50	29.50	
Murray Richardson	0.00	0.00	0.00	22.94	0.00	0.00	22.94	22.94	
Sam Blackmore	0.00	10.17	0.00	11.99	0.00	0.00	22.17	22.17	
Bill Blackmore	0.00	9.86	0.00	11.44	0.00	0.00	21.30	21.30	
Robin Wilson	0.00	0.00	21.27	0.00	0.00	0.00	21.27	21.27	
Daniel Weeks	19.03	0.00	0.00	0.00	0.00	0.00	19.03	19.03	
Pearson Williams	0.00	0.00	0.00	18.88	0.00	0.00	18.88	18.88	
Tom Fuhrer	0.00	18.77	0.00	0.00	0.00	0.00	18.77	18.77	
Allan Smith	18.22	0.00	0.00	0.00	0.00	0.00	18.22	18.22	
Ernst Fuhrer	0.00	17.75	0.00	0.00	0.00	0.00	17.75	17.75	
Willy Glass	17.17	0.00	0.00	0.00	0.00	0.00	17.17	17.17	
Tony Haslett	0.00	0.00	0.00	16.36	0.00	0.00	16.36	16.36	
Hamish Patrick	0.00	0.00	0.00	15.43	0.00	0.00	15.43	15.43	
Sam Manson	0.00	0.00	15.32	0.00	0.00	0.00	15.32	15.32	

YELLOW - WOMEN									
Olivia Gregory		25.00	25.00	22.14	25.00	0.00	0.00	97.14	75.00
Kirsten Hughes		21.15	17.06	20.65	0.00	0.00	0.00	58.86	58.86
Hayley Jenkins		16.79	15.58	16.30	13.34	0.00	0.00	62.01	48.67
Elsa Vincent		18.22	13.45	14.32	0.00	0.00	0.00	45.99	45.99
Jo Morris		24.76	0.00	18.35	0.00	0.00	0.00	43.11	43.11
Katie Eames		0.00	0.00	17.12	23.38	0.00	0.00	40.51	40.51
Teresa Stewart		0.00	16.87	16.16	0.00	0.00	0.00	33.03	33.03
Debbie Hudson		17.72	12.38	0.00	0.00	0.00	0.00	30.10	30.10
Gail Gregory		14.07	0.00	15.40	0.00	0.00	0.00	29.47	29.47
Nicki Stewart		0.00	14.22	15.22	0.00	0.00	0.00	29.45	29.45
Sue Field		12.50	0.00	0.00	13.59	0.00	0.00	26.09	26.09
Kate Boekhorst		0.00	0.00	25.00	0.00	0.00	0.00	25.00	25.00
Michelle Little		0.00	0.00	17.31	0.00	0.00	0.00	17.31	17.31
Patricia Larsen		0.00	0.00	0.00	14.60	0.00	0.00	14.60	14.60
Janet Turvey		0.00	12.34	0.00	0.00	0.00	0.00	12.34	12.34
Robyn Nicholls		0.00	7.05	0.00	0.00	0.00	0.00	7.05	7.05
WHITE - MEN									
Brett Sceats		25.00	23.09	25.00	0.00	0.00	0.00	73.09	73.09
Sean Morrison		17.45	25.00	18.59	21.46	0.00	0.00	82.50	65.05
Craig Sceats		12.06	0.00	20.80	25.00	0.00	0.00	57.86	57.86
Russell Dodd		0.00	0.00	0.00	21.98	0.00	0.00	21.98	21.98
Jayden Hughes		8.66	0.00	13.14	0.00	0.00	0.00	21.80	21.80
Jack O'Leary		0.00	0.00	18.30	0.00	0.00	0.00	18.30	18.30
Mitchell Turner		0.00	0.00	17.40	0.00	0.00	0.00	17.40	17.40
Phillippe Grooby		0.00	0.00	14.24	0.00	0.00	0.00	14.24	14.24
Richard Powell	nc	10.26	18.46	15.16	0.00	0.00	0.00	43.88	43.88
Cam Barrett	nc	0.00	0.00	18.46	23.35	0.00	0.00	41.80	41.80
Cohen Hughes	nc	0.00	0.00	12.14	13.39	0.00	0.00	25.53	25.53
Harrison Gregory	nc	0.00	0.00	15.55	0.00	0.00	0.00	15.55	15.55
WHITE - WOMEN									
Hannah Boekhorst		0.00	25.00	25.00	0.00	0.00	0.00	50.00	50.00
Susannah Allen		0.00	0.00	0.00	25.00	0.00	0.00	25.00	25.00
Robyn Nicholls		0.00	0.00	0.00	20.73	0.00	0.00	20.73	20.73
Naomi Anderson		0.00	0.00	0.00	19.06	0.00	0.00	19.06	19.06
Caroline Howell	nc	0.00	0.00	10.01	10.47	0.00	0.00	20.48	20.48
Helen Howell	nc	0.00	0.00	15.06	0.00	0.00	0.00	15.06	15.06
Emma Boswell	nc	0.00	13.23	0.00	0.00	0.00	0.00	13.23	13.23

BITS AND PIECES

Welcome back to Amber Morrison who has spent two months in Europe with Carston, Jenni and baby Maia. Amber's foot injury is still a problem and we hope she can find some answers so we see her back out running in the not too distant future.

As she returns, brother Ross and Emma Watson have headed off to Europe for JWOC, being held in Switzerland from the 10 – 17 July. We wish them every success.

Also off to Europe for a holiday is Alan Berry while Max Kerrison will be over there running in the Scottish Six Day event.

Many high school orienteers have also been involved with cross country over the past few weeks. Over 200 HB athletes competed in the ECNI event held in Gisborne in early June, with the only top 3 placing being Scott McDonald (Karamu) running 2nd in the Junior Boys. About 10 HB orienteers went to the NZSS Cross Country Champs held in Wanganui two weeks ago where over 1000 athletes competed in very wet and muddy conditions. Club members in the top 100 finishers were Hamish Patrick (41st) in Year 9 Boys, Scott McDonald (61st) in JB, Kate Morrison (100th) in JG and Emma Watson (96th) in SG.

Lucy Macmillan was praised in the paper for her canoe polo skills, being suggested as having a good chance of being a NZ women's representative some day. She is presently in the National under 18 squad.

Stop press

Late change to the Winter Score Series

The thermal Dash

August	14 th	Pukeora	(not Bluff Hill)
September	11 th	Bluff Hill	(not Pukeora)

club help

Month	Date	Event	Location	Competition	Organizer	Notes
May	1!					
Jun	4-6			Aucklandian Q&SD		
	5	Club	Te Mata Park		<u>Josh Nicholls</u>	TBA
	19	OY4	Arborfield		Ken Holst	Anna Powell/Dianne Lucas
	19			WOA OY4		
Jul	3	HB Schools relay+club	Te Awanga		Sharon Mardon	Club help
	17	Club	Guthrie Smith		Janet Turvey	Chris Howell <u>Averil Turvey/ Teresa Stewart</u>
	22/23			NZ Secondary School Champs		
	24			WOA OY5		
Jul	31	Score Handicap	Havelock Hills		<u>Gary Gregory</u>	<u>Geoff Morrison</u>
Aug	14	Score Handicap	Bluff Hill		<u>Phillip Baker</u>	Richard Lynn <u>Chloe & Olivia Gregory</u>
	28	Score Handicap	Te Mata Park		Henry Porter	Doug Matheson
Sep	11	Score Handicap	TBA		Paul Steeds	Rob McDonald <u>Bradley Porter/Rory Hart</u>
	25	HB Score champs	Over the Hill		<u>Jon Eames</u>	Hamish Goodwin <u>Rachel & Jamie Goodwin</u>
Oct	2 (New event)	Red Kiwi challenge	Marangai or Jailhouse Dunes		<u>Max Kerrison</u>	<u>Max Kerrison</u> <u>Sophie Eames/ Anna Fuhrer</u>
	8/9			CDOA Champs		
	16	OY5	Rochfort		Jack Vincent	Rolf Boswell <u>Caroline & Elsa Vincent</u>
	16			WOA OY6		
	22-24			AOA Champs		
	26/27			South Island Champs		
	30	OY6	Tangoio		TBA	<u>Dave Fisher</u> TBA
Nov	5/6			WOA Champs		
	13	HB Champs	Evertree		Steve Armon	Geoff Morrison Emily Irwin /Cleone Armon
	27	Christmas Event	Lower Tuki Tuki		Duncan Morrison	Kate Morrison TBA



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