

HAWKE'S BAY ORIENTEERING CLUB

PREVIEW 2005

WHAT IS ORIENTEERING?

Orienteering is a sport which involves using specially drawn maps and sometimes a compass to navigate around a pre-set course.

It can be either a competitive sport or simply a relaxed walk where you enjoy the countryside.

All ages and abilities are catered for, so this makes orienteering an ideal family sport.

You won't need any special equipment, simply wear shoes suitable for walking or running.

I can't read maps! What better way to learn – there will be someone at an event who can assist and point you in the right direction.

As a club we are very dependant on the goodwill of landowners who allow us access to their properties.

For this reason, dogs and cigarettes are not welcome at our events.

**For details of coming events and event results refer to our club website at:
<http://www.hborienteering.org.nz>**

HAWKE'S BAY ORIENTEERING CLUB

PREVIEW 2005

MEET YOUR COMMITTEE

President / Publicity	Hamish Goodwin	(06)8749383
Secretary	Ruth Vincent	(06)877 6404
Treasurer	Pamela Morrison	(06)8774870
<i>Committee -</i>		
Club Captain/Coaching	Geoff Morrison	(06)877 4870
Mapping	Paul Steeds	(06)874 8844
Magazine	Rob McDonald	(06)876 0146
Fixtures	Nigel Field	(06)878 2581
	Janet Turvey	(06)845 2023

OUTSIDE COMMITTEE

Landowner Liaison	Alan Berry	(06)877 7223
Equipment	Jon & Jo Eames	(06)877 8018

Please send any correspondence to: The Secretary, 35 Simia Avenue, Havelock North

SUBSCRIPTIONS (see Page 15 for an "Application for Membership" form)

Subscriptions for 2005 are made up as follows -

- HBOC membership - entitles you to: members' rates at local events, receive our 2-monthly magazine "Compass Points", participate in inter-club competitions, widen your orienteering experience with opportunities for coaching, course-setting, mapping and much more!

	Senior	Junior (ii)	Family
Full rate	\$25	\$12.50	\$62.50
Transitional rate (i)	\$20	\$10	\$40

NOTES:

- Transitional rate applies to
 - new members.
 - ancillary members - where HBOC is their second club.
 - Junior - age 20, or under, in 2005. Sub-juniors become members (and pay a subscription) once they are doing courses unassisted.
 - Institutions - pay a subscription based on the 'family' rate.
- 'NZ Orienteering' magazine - the optional subscription for the national magazine is \$16.80 (including direct postage). The magazine is highly recommended for information on the NZ orienteering scene.

MAP FEES

The fees for maps for all local events have been set as follows -

	Per map	Family maximum
HBOC Members	\$5	\$13
Non-members	\$8	\$16
Black and white maps	\$3	\$8
Second course using a new map	\$2	

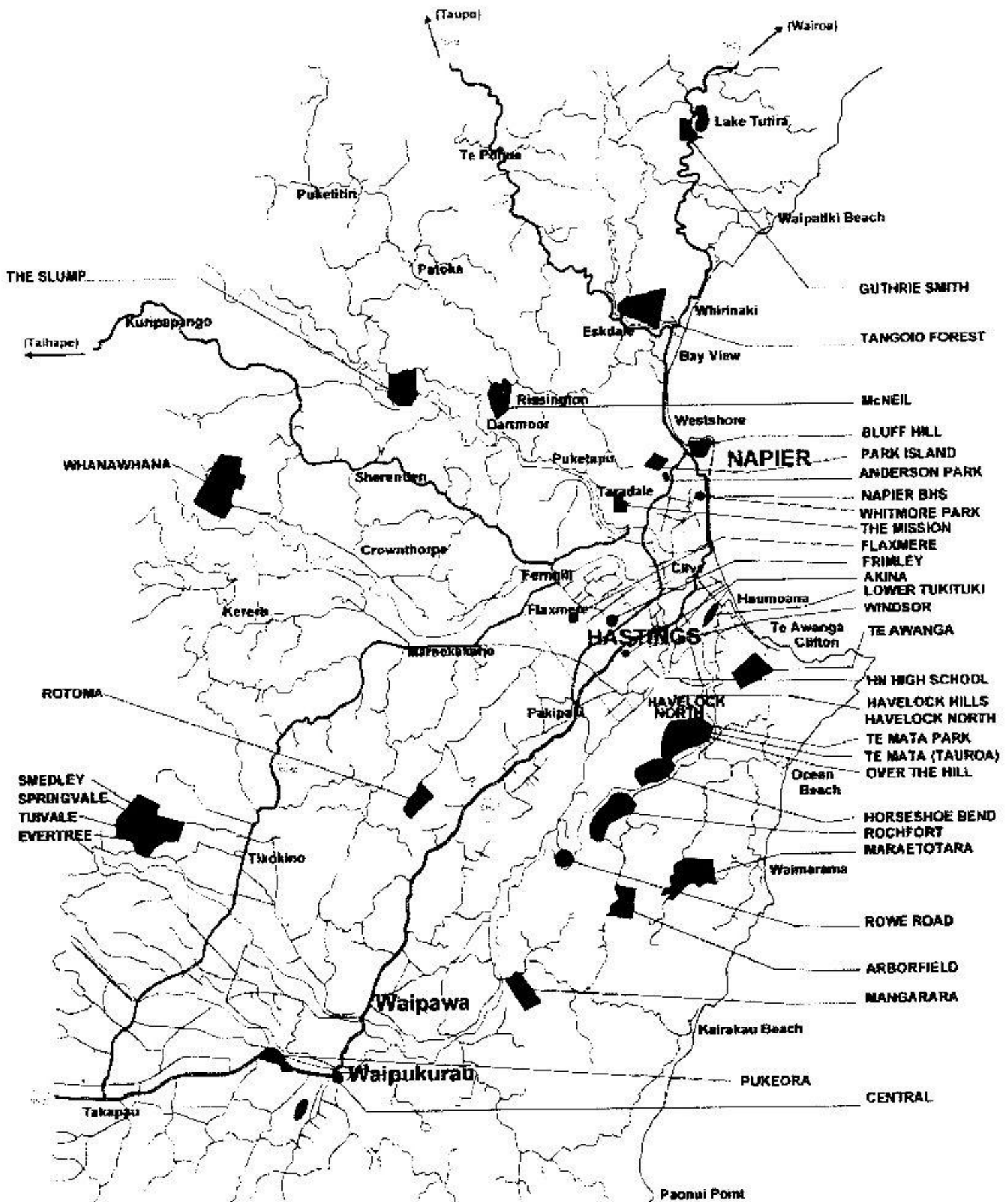
CLUB FIXTURES

This list is subject to change - please refer to our latest club magazine for confirmation of these events.

Date	Type	Map
25-Jan	HBOC Junior Camp	
26-Jan	HBOC Junior Camp	
26-Jan	Summer Series	Napier Boys High
27-Jan	HBOC Junior Camp	
28-Jan	HBOC Junior Camp	
29/30-Jan	Club Coaching Weekend	
2-Feb	Summer Series	Frimley Park
9-Feb	Summer Series	Park Island
16-Feb	Summer Series	Havelock North Schools
20-Feb	Frank Smith Trophy	
26-Feb	Kaweka Challenge	
27-Feb	Kaweka Challenge	
6-Mar	Club event	Horseshoe Bend
12-Mar	Katoa Po night relays	Taupo
20-Mar	OY 1	Mission
25-Mar	Nationals-Sprint	Te Aute
26-Mar	Nationals-Long	Whana Whana
27-Mar	Nationals-Middle	Springvale
28-Mar	Nationals-Relays	Smedley
10-Apr	Club event	Rowe Road
24-Apr	OY 2	The Slump
8-May	OY 3	Maraetotara
15-May	School Practice	Te Mata Park
22-May	HB School Champs/Club	Rotoma
5-Jun	Club event	Lower Tuki Tuki
19-Jun	OY 4	Arborfield
3-Jul	HB School Relays/Club	Te Awanga
17-Jul	Club event	Guthrie Smith
31-Jul	Score Handicap	Havelock Hills
14-Aug	Score Handicap	Bluff Hill
28-Aug	Score Handicap	Te Mata Park
11-Sep	Score Handicap	Pukeora
25-Sep	HB Score Champs	Over the Hill
16-Oct	OY 5	Rochfort
30-Oct	OY 6	Tangoio
5/6-Nov	WOA Champs	
13-Nov	HB Champs	Evertree
27-Nov	Christmas event	Lower Tuki Tuki

Summer Series events start between 6.00pm and 7.00pm, and all other events you can start anytime between 10.30am and 1.30pm. The courses will close at 3.00pm, which means controls will be removed from this time. If still on your course, please return to the finish.

SEE PAGE 14 FOR A MORE COMPLETE LIST INCLUDING NATIONAL AND REGIONAL FIXTURES.



- GUTHRIE SMITH
- TANGOID FOREST
- McNEIL
- BLUFF HILL
- PARK ISLAND
- ANDERSON PARK
- NAPIER BHS
- WHITMORE PARK
- THE MISSION
- FLAXMERE
- FRIMLEY
- AKINA
- LOWER TUKITUKI
- WINDSOR
- TE AWANGA
- HM HIGH SCHOOL
- HAVELOCK HILLS
- HAVELOCK NORTH
- TE MATA PARK
- TE MATA (TAUROA)
- OVER THE HILL
- HORSESHOE BEND
- ROCHFORD
- MARAETOTARA
- ROWE ROAD
- ARBORFIELD
- MANGARARA
- PUKEORA
- CENTRAL

COURSE DESCRIPTIONS

At all events we offer a range of courses which vary in length and difficulty. The difficulty level is described by a "colour", which is a national standard for that level of course.

What do those "colours" mean?

WHITE COURSE

Courses must follow drawn linear features (tracks, fences, streams, distinct vegetation boundaries, etc.). A control site must be placed at every decision point (eg. a turning point, a track junction or a change in the type of linear feature - from following a track to following a stream). All control markers must be visible from the approach side. Where the course has to deviate from the handrail feature (e.g. to cross through a forest block), the route must be marked all the way until a new handrail feature is reached. The Start Triangle shall be on a linear feature. If no such feature is available, then there must be a taped route all the way from the start to a linear feature (ie. The first control). Compass use is limited to map orientation only. No route choice is offered. Doglegs are permitted.

Used for: M/W-10, M/W-12B

YELLOW COURSE

Control sites must be on or near (<50 m) drawn linear features (tracks, fences, streams, distinct vegetation boundaries, etc) but preferably not at turning points. This gives the opportunity to follow handrails or to cut across country (i.e. limited route choice). Control sites shall be visible from the approach side by any reasonable route. Compass use is limited to rough directional navigation. Contour recognition is not required for navigation but simple contour features may be used for control sites. Doglegs are permitted.

Used for: M/W12-A, M/W-14B, adult C classes

ORANGE COURSE

Course shall have route choice with prominent attack points near the control sites and/or catching features less than 100 m behind. Control sites may be fairly small point features and the control markers need not necessarily be visible from the attack point. Exit from the control shall not be the same as the entry (doglegs are not permitted). Simple navigation by contours and rough compass with limited distance estimation required. Use of a chain of prominent features as "stepping stones" is encouraged.

Used for: M/W14-A, M/W-20B, adult B classes

RED COURSE

Navigation shall be as difficult as possible with small contour and point features as preferred control sites (no obvious attack points, no handrails etc.). Control sites shall be placed in areas rich in detail. Route choice shall be an important element in most legs. Doglegs are not permitted. Note: It may be impossible to set RED courses on some maps.

Used for: all other A classes including and above M/W16-A (includes both long and short courses), Elite classes.

EVENT PREVIEWS

SUMMER SERIES

This is an opportunity for some early season training for experienced members or for newcomers to give orienteering a go. There will be courses for everyone, including a white course.

This series was a lot of fun last year, so come along and give it a try this year.

January 26	Napier Boys High
February 2	Frimley Park
February 9	Park Island
February 16	Havelock North Schools

Start 6.00pm - 7.00pm.

KAWEKA CHALLENGE – February 26 & 27

The Kaweka Challenge is a mountain race, which offers 5 different courses, so there is something for anyone who is looking for a bit of a challenge.

This year is the 16th running of this event, which is jointly organised by this club and the Heretaunga Tramping Club. Assistance from members of this club is always required, particularly during the running of the event. Because it is a high altitude race, in a rugged area, safety conditions have to be met so personnel are required to man checkpoints, help at the finish, etc.

Doug Matheson is organising personnel from this club - if you are available to assist, whether it be gear-checking on Friday evening or at the base at Kuripapango on Saturday or Sunday - please contact him at (06)8356093 or doug.matheson@xtra.co.nz.

This event is a major fundraiser for the club - please make yourself available.

KATOA PO - ALL NIGHT RELAYS – March 12

This year is the 25th annual Katoa Po, hosted by the Taupo club. As in previous years, the relay will be held on Saturday night, followed by a Central Districts OY event on Sunday. Competitors travel to Taupo on Saturday afternoon, set up camp near the start/finish area, then the relay starts at about 7.30pm.

HB is building up an enviable record, not for winning the orienteering, but for supporting our teams. Plans are being made for this year's team theme, so look out for entry information in February – the more people we have the easier it is to make lots of noise.

Sunday morning begins with another tradition – bacon & eggs. Don't miss the social highlight of the orienteering year – book the weekend of March 12 & 13 in your diary NOW!!

"ORIENTEER OF THE YEAR" (OY) SERIES

Format

- The OY competition is open to all club members.
- The competition comprises 6 races, of which the best 5 performances count towards a final score.
- The following courses will be offered:

Course	EWT (minutes)
Red Long	70
Red Medium	50
Red Short	40
Orange	45
Yellow	35
White	25

- There will be separate competitions for men and women on each course, except Red Long - the Open Women's competition will be on Red Medium.
- Club members may compete on whichever course they choose.
- Members are eligible for points once they complete a course, without assistance.
- Once a member has competed in two events on one course, this then becomes the only course for which they can score points.

Scoring

- Points are awarded to each member, based on the following formula and calculated to 2 decimal places:

$$(Winners\ time \times 25) / Your\ time$$

- Setters and vettors receive the equivalent of their best points during the year, for the event that they organise. To be eligible for these points they must be present and assist with the running of the event on the day. In extraordinary circumstances (eg a family bereavement), this requirement will be waived if the setter or vetter has taken full part in the planning of the courses.

Protests

- Protests may proceed in accordance with the club protest rules.
- In cases where a protest is upheld, no points will be awarded for the class which is invalidated. The OY competition for this class will then be decided on the valid races for the year, with the allowance that each competitor is allowed to drop their worst score, to determine their final points.

Review

- The committee will review these rules prior to the commencement of each annual competition.

This years' OY competition is being held on the following dates:

March 20	Mission
April 24	The Slump
May 8	Maraetotara
June 19	Arborfield
October 16	Rochfort
October 30	Tangoio

TAUPO CLUB CHALLENGE – TBA

This year the HB Club are due to travel there for our annual inter club challenge. There will be grades available for all ages and abilities so plenty of members are needed to defend our title won last year.

FRANK SMITH TROPHY – February 20

This is an inter-club event involving all clubs in WOA (Wellington Orienteering Association) - Wellington, Hutt Valley, Wairarapa, Kapiti Havoc, Red Kiwis and Hawke's Bay. HB is gaining an enviable record at this event, so once again we require a healthy club turn out to battle for the trophy this year.

The event is being hosted by one of the Wellington Orienteering clubs and the club will subsidise a bus to ensure we have maximum attendance. However, if bus travel isn't your thing then feel free to travel to the event independently.

HAWKE'S BAY SCHOOL CHAMPS – May 22

This event is open to all HB school students with grades for primary, intermediate and secondary (junior, intermediate & senior).

This year the event is being held on a farmland map – "Rotoma". Entry forms will be available late March and an inter-school competition will again be held – so organise your school mates and bring them along to a few events earlier in the year.

HAWKE'S BAY SCHOOL RELAYS – July 3

This event will be held on the "Te Awanga" map and is open to all HB School students.

RED KIWIS CHALLENGE – TBA

This year is the 25th inter-club challenge.

HAWKE'S BAY CLUB CHAMPS – November 13

This is the most important club event of the year and is open to all members. It is the day that, whether you are M18 or W open B, M open or W12, you can win the Championship for your grade.

Courses and grades for this year's Club Championships will be -

Course	EWT (minutes)	Grades
Red long	70	M open
Red medium	50	W open, M40, M50, M18
Red short	40	M60, W40, W50, W60, W18
Orange long	45	M open B, M14
Orange short	40	W open B, W14
Yellow	35	M12, M novice, W12, W novice
White	25	M10, W10

MAJOR EVENTS

These are the quality events on the national calendar which are often run on new maps or on very good older maps. Orienteers come from all over the country to participate in these events so it is an opportunity to pit yourself against some of the best in your grade and to experience orienteering in other parts of the country.

It is necessary to pre-enter and entry forms are always published in the club magazine. Closing dates are normally about 3 weeks prior to an event, although it is possible to enter later by paying a late entry fee. Courses are pre-marked on the maps and your start times are pre-determined.

Major events on the calendar this year are:

March 25 – 28	NZ Champs – Hawke's Bay
June 4 - 6	Queen's Birthday - Auckland
October 8 – 9	CDOA Champs
October 22 – 24	AOA Champs
October 26 – 27	South Island Champs
November 5 – 6	WOA Champs

ROGAINES

For those who are seeking a bit more challenge, then a Rogaine may be the answer. Rogaines are basically long-distance score events – controls have a points value allocated to them and the object is to maximise your score, by collecting as many controls as possible within the allowed time. The events are held on 1:50,000 maps and you are usually guaranteed to view some spectacular scenery during your travels.

Keep an eye out for the following events during the year:

February 26 & 27	NZ Champs, Middlemarch
October 29	Hot Rocs, Rotorua

SECONDARY SCHOOL ORIENTEERING

For all those students in the club, there are a number of events on the Secondary Schools calendar leading up to the nationals in July.

April 29 & 30	North Island Champs
May 22	Hawke's Bay Champs
July 3	Hawke's Bay Relays
July 22 & 23	New Zealand Champs

ARE YOU INTERESTED IN ORGANISING A SCHOOL TEAM IN 2005?

Parents, teachers or anybody who is interested in organising a secondary school team are vital people in the development of any sport. Are you interested in organising a secondary school orienteering team in 2005?

Please contact Geoff Morrison, if you are interested or if you have any questions.

CLUB INFORMATION

CLUB O-TOPS

Would you like to purchase one of those distinct HB tops in fluro green, black & white? Then contact Richard Lynn (phone (06) 843 7511), with your order. The club will pay for the printing of 'HAWKES BAY' on the back.

INTERNATIONAL SYMBOLS

These are the symbols which are used to describe control sites. So wherever you orienteer in the world, these symbols will be used and there is no need to know the local language to compete.

Booklets of these symbols and examples of control site descriptions are available at the caravan for \$2. The booklet also contains a glossary of orienteering terms - words like re-entrant, spur, knoll, thicket, etc. which frequently come up in orienteering conversation.

Before you start an event always check out any terms or symbols that you are unsure of, as this vital piece of information may make finding the control a little easier.

LIBRARY

The Club has a good range of books available on all facets of the sport. The library case is stored in the caravan and the books are always available for loan to club members.

PUBLICITY & CANCELLATIONS

All club events are advertised in the 'Sports Draws' column on the Wednesday night prior to events, in the HB Today. Results are sent to HB Today on the Sunday evening following an event, for publishing.

An email service also operates for club members, advising coming events and results following events. If you would like to be added to this distribution list, please forward your email address to Hamish Goodwin (hamish.lou@xtra.co.nz).

In the event of bad weather, an event may be cancelled if it is considered unsafe for competitors. Cancellations will be advertised on Classic Hits (89.5FM). Committee members will also attempt to telephone all club members.

TRAINING & COACHING

The year starts off with a Junior Coaching Camp from January 25 – 28. Information and application forms have been sent to all eligible juniors in the club. Also, the club encourages eligible juniors to attend NZOF organised training camps, by subsidising camp fees by 50%.

It is intended that some formal coaching be held for senior members, probably during the quieter winter months. However, for those who wish to improve their orienteering, the importance of using club events for practicing techniques cannot be under-estimated. If you need assistance, please contact Club Coach, Geoff Morrison.

COMPLAINTS AND PROTESTS PROCEDURE

The following procedure applies to the Club Championships, the Club Score Championships and events comprising the Club's Orienteer of the Year series.

- 1 A **complaint** may be made regarding infringements of the NZ Orienteering Federation's Competition Rules, so far as they apply to these events.
- 2 A complaint may be made by a competitor only, in respect of his or her course, or by the parent or guardian of a junior competitor.
- 3 A complaint shall be made, either verbally or in writing, to the controller of the event, within 30 minutes of the affected competitor finishing. The controller shall adjudicate on the complaint and the decision shall be advised to the complainant within 30 minutes. Details of the complaint and the controller's decision shall be prominently displayed immediately so that all competitors affected may be aware of the issue giving rise to the complaint and the decision. In the case of a complaint or protest made on behalf of a junior, the time requirements may be relaxed.
- 4 The controller shall deal with complaints in a manner that the controller feels is necessary to ensure the fairest result for competitors.
- 5 If a complaint regarding an element of a course is upheld, only the class containing the protestor(s) shall be invalidated.
- 6 A competitor affected by the controller's decision on a complaint may **protest** that decision. Any protest shall be made in writing to the controller within 30 minutes of the decision being displayed. In the case of a competitor completing or abandoning the course after the decision has been displayed, the time for protest by that competitor shall be extended until 30 minutes after completing or abandoning the course.
- 7 The protest shall be referred to a four person jury comprising:
 - The event controller, who shall not be entitled to vote.
 - Three NZOF A-grade controllers present at the event but not involved with the class concerned and having no personal association with competitors in that class. If more than three are eligible, they shall themselves determine who shall act.
 - Failing the availability of sufficient A-grade controllers as above, such other members of the HBOC committee as may be present but not involved with the class concerned and having no personal association with competitors in that class. The event controller shall select such persons.
- 8 The jury shall make and announce their decision as soon as possible, given the circumstances. Their decision will be final.
- 9 No fee is payable for a complaint or protest.

Complaints and protests after the event.

- 10 Where a competitor does not have a reasonable opportunity to lodge the complaint on the day of the event, a complaint may be made within a reasonable time after the event. This procedure applies to issues that are not apparent until the results have been published. The procedure set out above, modified as necessary, also applies to complaints and protests after the event.

HEALTH AND SAFETY POLICY

Hawke's Bay Orienteering Club is committed to providing an enjoyable and safe environment to all participants at every orienteering event.

Club responsibility:

- Ensure all participants are aware of any significant hazards that they can be expected to encounter while taking part during the event (refer to the Hazard ID form which is displayed on the notice board beside the caravan window)
- Have procedures in place that can be followed in the case of injury and illness (refer Emergency Procedures form displayed in the caravan)
- Have procedures in place that can be followed in the case of a participant becoming lost or missing (refer Search and Rescue form displayed in the caravan)
- Ensure that all Organisers and Controllers are aware of the above procedures

Participant's responsibility:

- Read all notices concerning the special hazards that may be associated with the event
- Obey all instructions and warnings
- Keep clear of any plant or equipment
- Keep clear of any unauthorised areas or farm buildings
- Avoid disturbing livestock and keep away from all work activities
- Not allow children to wander unsupervised
- Carry a whistle
- Notify the organisers of any health problems. eg diabetes, asthma, angina etc

Landowner's responsibility:

Landowners are not responsible for the natural hazards and risks associated with orienteering and attendant activities.

WE ARE DEPENDENT ON THE GOODWILL OF OUR LAND-OWNERS, SO PLEASE TAKE YOUR RESPONSIBILITIES AS A PARTICIPANT SERIOUSLY.

FIXTURES

<i>Date</i>	<i>Type</i>	<i>Map/Club</i>
25-Jan	HBOC Junior Camp	
26-Jan	HBOC Junior Camp	
26-Jan	Summer Series	Napier Boys High
27-Jan	HBOC Junior Camp	
28-Jan	HBOC Junior Camp	
29/30-Jan	Club Coaching	
2-Feb	Summer Series	Frimley Park
9-Feb	Summer Series	Park Island
16-Feb	Summer Series	Havelock North Schools
20-Feb	Frank Smith Trophy	
26-Feb	Kaweka Challenge	
27-Feb	Kaweka Challenge	
6-Mar	Club	Horseshoe Bend
12-Mar	Katoa Po	Taupo OC
20-Mar	OY1	Mission
25-Mar	Nationals-Sprint O	Te Aute
26-Mar	Nationals-Long	Whana Whana
27-Mar	Nationals-Middle	Springvale
28-Mar	Nationals-Relays	Smedley
10-Apr	WOA OY1	Koititara
10-Apr	Club	Rowe Road
24-Apr	OY2	The Slump
29-Apr	NISS	CMOC
30-Apr	NISS	CMOC
8-May	OY3	Maraetotara
15-May	WOA OY2	
15-May	School Practice	Te Mata Park
22-May	HB School Champs/Club	Rotoma
5-Jun	Club	Lower Tuki Tuki
12-Jun	WOA OY3	Kakaho
19-Jun	OY4	Arborfield
3-Jul	HB School Relays/Club	Te Awanga
17-Jul	Club	Guthrie Smith
22/23-Jul	NZ Secondary Champs	Wanganui WOC
24-Jul	WOA OY4	Wanganui
31-Jul	Score Handicap	Havelock Hills
14-Aug	Score Handicap	Bluff Hill
28-Aug	Score Handicap	Te Mata Park
11-Sep	WOA OY5	Wairarapa
11-Sep	Score Handicap	Pukeora
25-Sep	HB Score Champs	Over the Hill
8/9-Oct	CDOA Champs	
16-Oct	OY5	Rochfort
16-Oct	WOA OY6	Osgiliath
22-24-Oct	AOA Champs	
26/27-Oct	South Island Champs	
30-Oct	OY6	Tangoto
5/6-Nov	WOA Champs	
13-Nov	HBOC Champs	Evertree
27-Nov	Christmas Event	Lower Tuki Tuki

HAWKE'S BAY ORIENTEERING CLUB APPLICATION FOR MEMBERSHIP

CONTACT NAME: _____

ADDRESS: _____

TELEPHONE NO: _____

EMAIL: _____

MEMBERS' NAMES	YEAR OF BIRTH	SUBSCRIPTION <small>(see pg 3 for details)</small>
<i>"NZ Orienteering"</i>		
TOTAL (\$)		

Privacy Act 1993

I acknowledge my right to access and correction of this information. This consent is given in accordance with the Privacy Act 1993.

Signed: _____

Date: _____

Send to:
 The Treasurer
 HB Orienteering Club
 27 Margaret Avenue
 Havelock North

