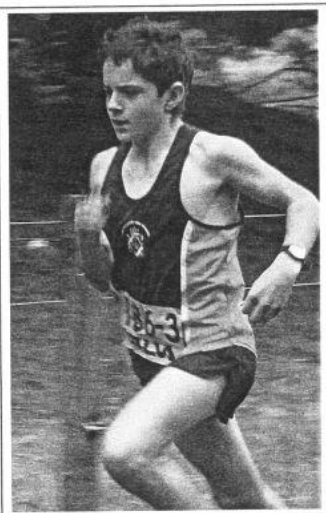


JULY – AUGUST 2006

COMPASS POINTS



DAVID FISHER
26 TRENT STREET
TARADALE
Sender: 907 Ebbett Street, Hastings

Compass Points is the bi-monthly magazine of the Hawke's Bay Orienteering Club Incorporated.

Our Vision Statement – All people in Hawke's Bay will recognise Orienteering as a genuine sport or recreation, and will have the opportunity to experience and enjoy it.

HAWKE'S BAY ORIENTEERING CLUB COMMITTEE

<u>PRESIDENT/RESULTS</u>	Hamish Goodwin	874 9383 hamish.lou@xtra.co.nz
<u>SECRETARY</u>	Kirsten Hughes	874 9650 bhaven@xtra.co.nz
<u>TREASURER/MEMBERSHIP/ STATISTICIAN</u>	Pamela Morrison	877 4870 pamela.m@xtra.co.nz
<u>CLUB CAPTAIN/COACHING</u>	Geoff Morrison	877 4870 pamela.m@xtra.co.nz
<u>MAPPING LIASON</u>	Paul Steeds	874 8844 paulsteeds@xtra.co.nz
<u>MAGAZINE</u>	Rob McDonald	876 0146 rfmcd@ihug.co.nz
<u>FIXTURES</u>	Nigel Field	878 2581 nfield@xtra.co.nz
	Lesley Sceats	8797674 k.l.sceats@clear.net.nz
	Cara McDonald	876 0146 rfmcd@ihug.co.nz
	Amber Morrison	877 8261 amber_morrison@hotmail.com
<u>OFF COMMITTEE</u>		
<u>LANDOWNER LIASON</u>	Chris Howell	879 5686 prospect.vineyard@paradise.net.nz
<u>EQUIPMENT</u>	Jo Eames	877 8018 j.eames@clear.net.nz
<u>WEBMASTER</u>	Paul Smith	843 2927 paulsmith151@hotmail.com
Please forward newsletter contributions to: HBOC Newsletter Rob and Faye McDonald 907 Ebbett Street HASTINGS		All other correspondence to: The Secretary Kirsten Hughes 3748 State Highway 50 RD 1 HASTINGS
rfmcd@ihug.co.nz		bhaven@xtra.co.nz

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EDITORIAL

We have two interesting articles this edition from those 'Magic Morrisons' featured in the last Compass Points. Both Amber and Ross write about their experiences overseas at JWOC and WOC respectively. We are lucky to have two such talented orienteers in our club as when they are back in the Bay there is the chance to compete against them – and see how far you fall short!!! Of course continuing the "Magic Morrison" line up, both Kate and Duncan were selected for the NZSS trip to Perth along with first timer Jaime Goodwin, second timers Scott, Aari and Emma and for three years in a row, Jack Vincent. Congratulations to you all!

There are two job adverts in this magazine – one for help on the Kaweka Challenge Committee and one for this job – Editor of Compass Points. Please take time to consider if you can help out in either way; your chance to contribute something to the club other than your annual subs.

Happy Reading

PRESIDENTS REPORT

It has been nice to have a lull from the frenetic pace set earlier in the year. I think everyone has enjoyed the low key score events. It adds a bit more spice to each event when there is a handicap involved. The setters have done a great job this year and even Bluff Hill was nearly achievable!

I hope no one was affected by the two changes we made to the calendar. Guthrie Smith was unuseable because of lambing and the postponement of Havelock Hills was due to terrible weather. I think we were justified with the good turnout on the following weekend.

We will always try to notify everyone when changes occur so please read the notice board each event, check your e mails and telephone and read your Compass Points.

HB school kids did exceptionally well at the NZ Secondary School Champs. Havelock North High brought home three and a half trophies with Napier Boys High getting the other half. Our kids also got numerous placings and when the NZSS team to travel to Australia was announced it was no surprise to see we contributed 7 out of the 16 members. Well done to all those selected and good luck in Perth.

I have mentioned before about the importance of our landowners. Without the blessing of our landowners we have no maps, so please respect their properties. If you are setting an event make sure you always ring before you go out, ask if there are areas they want us to avoid and generally make sure they are aware of what is going to happen on your event day. If there have been any problems on the day it's your job to let them know. You are the last to leave so check the parking area and make sure the gates are shut. For competitors our job is to leave the property as we find it. Please take your rubbish away, report any damage to the setter and don't leave any gates open. At Horseshoe Bend 3 gates were left open! Parents make sure your kids understand how important it is to relatch a gate the way you found it.

Coming up we have the last events of the Orienteer of the Year series, the HB Score Champs and the WOA Champs. I encourage as many as possible to get down to the Champs in Wanganui at Labour weekend for 3 days of quality orienteering on sand dunes. This type of orienteering will improve your skills no end.

Have fun.

Hamish.

COMMITTEE NEWS

- ❖ Kaweka Challenge Committee is still looking for a new secretary. As the members that are retiring are from HBOC we feel we should find replacements from within the club. This event is a hugely valuable one for both us and the Tramping Club in terms of fundraising and exposure so needs our continued support. To find out more about the position call Catherine Howell (retiring secretary).
- ❖ Congratulations to Amber Morrison and Ross Morrison for selection into the New Zealand Team to contest a Test Match against Australia.
- ❖ Work and Applications to hold a National 3-day event in Labour Weekend 2007 are well underway.
- ❖ Mapping Group are making approaches to clear a backlog of unfinished mapping / cartography work.
- ❖ Cara is working hard on the issue of our club uniforms – please let her know of any ideas/designs etc you may have.
- ❖ Committee continues to work on NZOF's Stakeholder documentation - the purpose of which is to make sure we are looking after all those people and organisations that are influenced by our club.



COMING EVENTS

September - October



MARK YOUR CALENDARS NOW

SEPTEMBER

- 3rd Te Mata Park. Team event.
- 4th Closing date for Auckland Championships
- 17th OY4, Tongoio
- 23/24th Auckland Area Long Championships, Woodhill North.

OCTOBER

- 1st Over the Hill, Club event.
-
- 7th Closing date for entries for Wellington Championships.
- 15th HBOC Score Champs, Rotoma.
- 21st /23rd Wellington Championships, 3 day event run by Wellington and Red Kiwis. Wiritoa, Marangai and Harakeke.
- 29th OY5, Smedley



New Zealand Orienteering Federation
General Manager: Stuart Payne
171A Fifield Tce, Christchurch 8023, NEW ZEALAND
ph: 64 - 3 - 337 2275 email: nzof@nzorienteering.com
Orienteering On-line at www.nzorienteering.com

NZOF NEWS – JULY 2006

CHANGE OF PRESIDENT

Part way into his seventh term as NZOF President, Rob Crawford has resigned for health and personal reasons. In accordance with the constitution, the NZOF Council has appointed Vice-President Paul Dalton as President until the next AGM. Rob Crawford has agreed to remain on the council as a member of the Executive until the next AGM.

I know members will join with me in thanking Rob for an outstanding contribution to the on-going development of the NZOF in, what has been, a record term.

NEW EDITORIAL ADDRESS

Mick Finn, editor *New Zealand Orienteering*, advises that his new address is now:
47A Wellington Road, Paekakariki, Kapiti 5034; phone (04) 905 2828. His email address has also changed and is now mick.finn@clear.net.nz.

NATIONAL MTBO CHAMPIONSHIPS

The 2006 NZ Mountain Bike Orienteering Championships are to be hosted by Peninsula and Plains Orienteers at Hanmer Springs, 2-3 September.

DEVELOPMENT FUNDING

The NZOF Council approved a development grant to Orienteering Hutt Valley for its City Safari, successfully held in May.

SILVA NZ SCHOOLS CHAMPIONSHIPS

Well done to Auckland OC for successfully hosting the 2006 championships – almost 300 entries from 53 schools. Havelock North HS won both the Silva Top School Trophy and the Silva Premier Trophy, an uncommon clean sweep. NZOF thanks Ampro Sales (Silva distributors) for its ongoing support of these championships.

NZOF COUNCIL WORKSHOP

In June, the Council met to follow through on the outcomes of the four regional forums held between last September and March this year, and to align the outcomes with the national strategic plan. Further information on this will follow separately. The Council's next meeting will be in Wellington on Saturday 9 September.

ACKNOWLEDGMENTS

The NZOF acknowledges, with appreciation, grants from the following to assist national teams competing at international championships:

- **Lion Foundation** for air travel to Junior World Championships in Lithuania;
- **Oxford Sports Trust** for air travel to Junior World Championships in Lithuania;
- **McNally Valuation** for air travel to Junior World Championships in Lithuania;
- **New Zealand Community Trust** for air travel to World Championships in Denmark;
- **Oxford Sports Trust** for air travel to World Championships in Denmark;
- **Trillian Trust** for uniforms for World MTBO Championships team competing in Finland.
- **North West OC** for the NZ Schools team competing in Australia in October.

APPOINTMENT / RESIGNATION

NZOF is pleased to announce the appointment of Derek Morrison as NZ Schools Tour 2006, On-Tour Manager. And it is with regret that we accept the resignation of Clem Larsen as High Performance Director, from the end of August. The NZOF thanks Clem for his unstinting service since the beginning of the year. See vacancy below.

VACANCY: HIGH PERFORMANCE DIRECTOR

Applications are invited for the part-time, contract position of High Performance Director. This will be a 16-month appointment commencing on 1 September. The role includes the strategic, administrative and financial management of both the National and Development Squads, and responsibilities therein such as the SuperSeries and the NZOF's anti-doping commitments to the IOF and the Drug Free Sport NZ. A job description is available from the General Manager. Applications close 15 August.

VACANCY: NOS COACHING COORDINATOR

Applications are invited for the position of Coaching Coordinator of the National Squad. This is a two year appointment through to the completion of WOC 2008. Direct expenses will be reimbursed within the budget. A job description is available from the General Manager.

VACANCY: MEDIA OFFICER

Applications are invited for the position of NZOF Media Officer. This is a one year volunteer appointment. The primary role of the Media Officer is to foster and promote orienteering through the various forms of media in New Zealand. A fax machine is available and direct expenses will be reimbursed within the budget. A job description is available from the General Manager.

**The NZOF acknowledges the support of
Sport & Recreation New Zealand**

SILVA

David Melrose Design

The MAPsport Shop

New Zealand Community Trust

The Lion Foundation

Oxford Sports Trust

McNally Valuation (2000) Ltd

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This issue of NZOF NEWS is also available at www.nzorienteering.com



New Zealand Orienteering Federation
General Manager: Stuart Payne
171A Fifield Tce, Christchurch 8023, NEW ZEALAND
ph: 64 - 3 - 337 2275 email: nzof@nzorienteering.com
Orienteering On-line at www.nzorienteering.com

NZ SECONDARY SCHOOLS TEAM 2006
to compete in the Australian Schools Championships
Western Australia, 3 & 4 October 2006

Junior Girls

Jaime Goodwin	Iona College, Hawkes Bay
Kate Morrison	Napier Girls High School
Laura Robertson	Chilton St James School, Lower Hutt
Angela Simpson	Rotorua Lakes High School

Senior Girls

Greta Knarston	Epsom Girls Grammar School, Auckland
Nicola Peat	St Cuthbert's College, Auckland
Kate Rea	Chilton St James School, Lower Hutt
Emma Watson	Central Hawke's Bay College

Junior Boys

Aari Barrett	Hastings Boys High School
Scott McDonald	Karamu High School, Hastings
Duncan Morrison	Napier Boys High School
Matthew Ogden	Massey High School, Auckland

Senior Boys

Simon Jager	Mt Roskill Grammar, Auckland
Andrew Peat	Kings College, Auckland
Thomas Reynolds	Westlake Boys High School, Auckland
Jack Vincent	Havelock North High School

Manager; Derek Morrison
Assistant Manager: Julie Smith

CONGRATULATIONS.
NEARLY HALF THE TEAM IS FROM HAWKES BAY!!!

New Zealand Wins Test Against Australia

August 2006

New Zealand made it back-to-back wins against Australia for the 2006 Orienteering test series. After winning at home at Queens Birthday weekend, New Zealand completed the double, defeating Australia on their own terrain, 83-61. New Zealand built on its first day lead of 42-30 to again dominate both men's and women's races, run at Maryborough Queensland, for the win. On the second day (Sunday) the NZ men of Darren Ashmore, James Bradshaw, Bryn Davies, Neil Kerrison and Ross Morrison headed Australia 20-16, while the NZ women of Lizzie Ingham and Amber Morrison (both still under 20) and twin sisters, Rachael and Rebecca Smith, won 21-15.

Day 1

Men - NZ 27 AUS 9
Women - NZ 15 AUS 21
Overall - NZ 42 AUS 30

Day 2

Men - NZ 20 AUS 16
Women - NZ 21 AUS 15
Overall - NZ 41 AUS 31

**Final Result, a win to NZ
NZ 83 - AUS 61 .**

Magic Moments

News about WOA's High Performers...



Magic Member Amber Morrison recorded superb results at the Junior World Champs in Lithuania: 14th in the sprint and 17th in the long distance. This on top of a less than ideal preparation due to injury! The middle distance had a qualification, and Amber was 3 places (just over a minute) outside.

Other Magic results: Sprint, Lizzie Ingham 38, Kate Rea 90; Long, Lizzie Ingham 81, Kate Rea 94. Relay (Amber, Tineke Berthelsen, Lizzie) 16th and 12th country. On the last leg Lizzie passed Estonia, Italy, Germany and Britain, and was only

passed by long-distance gold-medallist Hanny Allston, who blitzed the entire field by 2min! Amber has another year as a junior. Lizzie and Kate have two.

At Punch deadline James Bradshaw, Karl Dravitzki and Ross Morrison are in Denmark preparing for the senior World Championship. The other male is Rob Jessop (AOC/PAPO) fresh from 10th place in M35 at the World Masters in Austria. The women are Jenni Adams and Lara Prince (PAPO) and Tania Robinson (CMOC). There are qualification races for the middle and long on 29-30 July; the finals are 1, 2 and 4 Aug with the relay on 5 Aug. The event website is www.woc2006.dk, and there's bound to be comment on www.maptalk.co.nz:-))

The team for the next Test Match against Australia has been announced – and it's TWO-THIRDS MAGIC!! Amber and Lizzie are half of the womens team, alongside Rachel and Rebecca Smith. And James, Ross, Neil Kerrison and Bryn Davies will be joined by Darren Ashmore. The test is in Queensland on 19-20 August. Well done on your first senior cap for NZ Bryn, and go the Pinestars!

Several Magicians have entered the World Rogaining Champs. This is also in Australia on 13-14 October. Greg Barbour (Orienteering Taranaki though living in the Netherlands) is a two-time winner and was runner-up last time, all with Australian David Rowlands. Neil Kerrison has entered with Jamie Stewart (PAPO). And though not thought of as being of elite age, Dave King and Greg Thurlow (both OHV) have been doing a lot of rogaine winning round here recently!

Back home Central Magic has been strengthened by a new member – well old member returned. Piret Klade has completed a Sports Science degree in Estonia and will be in New Zealand for at least the next two years. She is looking forward to tackling the NZ forests again and helping Central keep its title.

Meanwhile Claire Paterson reports that her ankle is still giving her trouble. She occasionally has a few days of no discomfort, but that is usually after being sick in bed, or something else that has kept me off my feet!! She has damage to the deltoid ligament on the inside side of the right ankle, and there's a lot of fluid around the key tendon that runs over this ligament. Cortizone injections haven't worked, and she was due to see a foot and ankle surgeon about now to get some more expert opinion. We wish you well Claire.

The Shepherd

Wellington and Red Kiwis Orienteering Clubs
present
WOA Championships 2006
21st - 23rd October 2006

Event 1: Multi Day Classic, Saturday 21st October - Wiritoa

Farmland dunes and pine forest/blocks ; Scale 1:10000, 2.5 m contours

Planner: Royce Mills; Controller: Russel Higham; Starts from 11 am.

**Event 2: Multi Day Classic, Sunday 22nd October - Marangai
(Middle distance for 21e and 20a grades)**

Pine forest and farmland dunes ; Scale 1:10000, 2.5 m contours

Planner: John Hancock; Controller: Alan Horn; Starts from 10 am.

Event 2a: Sprint, Sunday 22nd October - Scoutlands

Farmland dunes ; Scale 1:5000, 2.5 m contours

Planner: Sue Scott; Controller: Rob Newbrook Starts from 3 pm.

Event 3: Multi Day Classic, Monday 23rd October - Harakeke

Pine forest and farmland dunes ; Scale 1:10000, 2.5 m contours

Planner: Neil Kane; Controller: Dorothy Kane; Starts from 9.30 am.

Events 2 and 3 will have a common assembly area. The maps for these two events include a new addition of farmland between the original Marangai and Harakeke maps.

WOA Championships For M21E, W21E, M20A, W20A: will be based on the overall time for events 1, 2, 2a, 3.

For all other Classes: Will be based on the overall time for events 1, 2, 3 only.

Pre-entry is required for all days. There will be no "on the day" courses.

Online entry will be added at a later date.

Volunteer of the Month

July Lesley Sceats

Lesley has been nominated for all the hard work and long hours she devoted to organising the two Hawke's Bay School events this year – the Individual Championships and the Relays. Both had very large numbers of competitors and Lesley co-ordinated both events so they ran smoothly. Well done!!

How long have you been involved with orienteering?

My daughter Rochelle started Orienteering about three years ago, so since then I have been the taxi driver.



How did you get involved in Orienteering?

When Rochelle became a boarder at Woodford House, she met Jennie Barrett who taught and encouraged her to go along. Last year I let the boys have a go, and both Brett and Craig love the challenge of events. I thought it would be great if all the troops had the same sport on the one day.

What do you remember about your first event?

Not a lot. It was a school event and seemed miles away through all these country roads. We came up through the back of Elsthorpe, which probably made it seem even longer.

What course do you usually run?

Run? Me, run? No..... You may see me on the White course with Vaughan, strolling around but he is just starting to go alone and he thinks we could have races.

What do you enjoy about Orienteering?

It is great to get up and take off for a few hours going somewhere different, seeing different areas. Good opportunity to do something with the four children, sometimes hard with age gaps, but with orienteering they all have a course they can run.

If we met you during the week what would you be doing / what's your job?

Taxi-ing around the children between school and activities. The usual mum things. Hopefully our Home Stay Cottages will get busier and I will be busy with them.

During the school events it was made so much easier by the people we have in the club who are great at giving a hand and pointing me in the right direction. So often finding people to help is the hardest thing to organise, but with our club this was not the case for the two school events. Thank you to every one who helped make the days a success.

Volunteer of the Month

August – Hamish Goodwin

Hamish has been nominated because he is one of those volunteers who does lots and lots of things for the club. Being President of course takes up a lot of time and thought but Hamish is also the publicity officer for the club and does write ups for the paper and advertises our sport around HB. As well, after every event, he takes home all the results, often having to check clipcards and sort out times, then types up all the results and emails them out the same night. That's a huge commitment!!

How long have you been orienteering?

Six years

How did you get involved in Orienteering?

I did an adventure race in the Waitakeres. Our navigator was awful so I took over and wasn't much better so I thought I'd better learn how to read a map. Peter Watson and the Barretts also encouraged us to come along.

What do you remember about your first event?

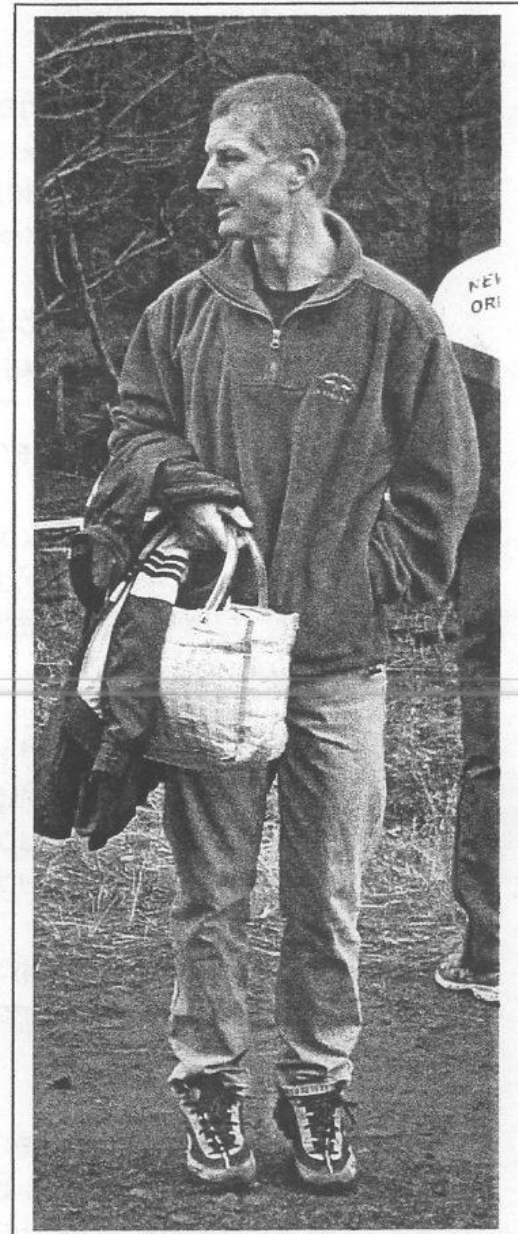
Rowe Road. I ran Orange – a very long orange! I won and I thought I'd be pretty good after another couple of events – six years later I'm still learning. Richard helped me before my run and Geoff went over my course afterwards.

What course do you usually run?

Red Long – I try to keep Derek, Chris and Geoff honest.

What do you enjoy about Orienteering?

The mental challenge. I love new areas and maps. The people are really friendly too.



If we met you during the week what would you be doing / what's your job?

Pretending to be either a farmer or Lance Armstrong.



Eye in the sky



By the magpie

- Steve Armon gave plenty of incentive to his Havelock North High students to defeat him at Bluff Hill when he offered a chocolate fish to all those who were good enough. Unfortunately for Steve, he had a bit of a shocker and had to front with 8!
 - The finish table at the Bluff Hill event had a case of mistaken identity. The gathering there were seen as the hub of the meeting for the 'Botanical Gardens Fence Action Committee'. Wayne Hosking, Matt Balmer and David Fisher certainly looked the part.
 - Many do not have to go far at Bluff Hill for the event. Anna Powell and Simon Wallis were grumpy that Jules Double had not turned up, despite living less than 100 metres from the event, so they went and dragged him out of bed to take part.
 - The harmless creek at Havelock Hills was not so the week before. The two controls that were along there were being threatened with being swept away by a raging torrent when Kate Morrison had to retrieve them from the postponed event.
-
- Emily Irwin featured recently in the newspaper where she was part of a chamber music group that made the national finals in Wellington. Playing the cello in her group, they were one of 8 groups performing (only 2 from the provinces), though they did not win, apparently they played superbly.
 - Sophie Eames is off to France next year to do a gap year. 2007, mmm, does that not happen to be the World Rugby Cup finals year hosted by... France.
 - The World Orienteering Champs in Denmark had live commentary this year. Of course, Hawkes Bay had someone competing for the first time. Yes, Ross Morrison flew our flag and was commented on at one stage. It went something like this, "and now we have Ross Morrison from New Zealand, he is the only one in shorts.....and is running so fast!" It is good to see him running in HB tradition.
 - The Vincents have finally moved into their new house!

Coaching Corner

How to select route choices

Route selection is the core of orienteering. Speed and fitness will not compensate for poor judgment. The ability to visualise all the detailed information that a map has to offer is essential, for the shortest time distance between each check point is not necessarily a straight line.

The idea is to look at the leg 3 ways, straight, left or right. Always try to have a distinct attack point near the control, but if that is difficult, your route should include stepping stones.

Your considerations will also include;

1. The severity of obstacles, ie hills, cliffs, water, fences, etc, lying in the way on the straight line.
2. The nature of the ground. Is it, for example, boggy or covered in green vegetation?
3. The possibility of finding easier going on nearby tracks.
4. The utilisation of fences, edges of vegetation and other prominent landmarks as guides to direction, (handrails), saving many time-consuming references to the map.
5. Personal strengths and weaknesses, such as relative speed and stamina, certainty in following a compass course in difficult conditions, ability to tackle hills, etc.
6. The conservation of energy. The race must be seen as a whole; too much energy must not be expended on any one section.

There are no ready-made solutions, each problem is different, and must be solved by the individual according to the weight he puts on each of the factors mentioned. Herein lies the fascination of the sport!

JWOC 2006- LITHUANIA

Friday 23rd June-flight out of New Zealand

9.5 hour flight to Kuala Lumpur, 4 hour wait in the Airport, slept a little whilst lying on everybodys bags. 11.5 hour flight to Amsterdam, Fact: Amsterdam the city is lower than sea level, and they REALLY like the colour orange. Brief wait at this airport then a thrifty flight on Lithuanian Airlines (air points club from this airline are called 'amber miles'), 2 hours to Vilnius, the capital of Lithuania. Once at this airport I couldn't find my passport, whilst everyone thought I was joking I was secretly stressing out, then the air hostess walked out with it...Phew!! We were all then met with a shady looking character who was our bus driver for our 3 hour ride to the lovely " Druskininkai" where we would then be for 2 weeks. I don't know what it was but if that same driver drove me in New Zealand I would have been terrified, passing other cars whilst on coming traffic was clearly visible. All seemed ok due to being in a foreign country. P.S. He stopped 4 times to comb and slick his hair and to have a smoke.

Sunday 25th June- Orienteering training on a bug infested map, we were all still recovering from 'cankles' and jet lag so today was pretty cruizy on a simulation map of the JWOC relay, open and fast.

Monday 26th June- Lithuanian club event (pretty big though, 300+ people) extremely hot day 32 degrees C. None of us really knew what to expect. Race was fun, apart from making one reasonable mistake and another where I just ran right past the pit in the long grass. It was quite beneficial to get straight into the racing mode. Caught up with the Australian team here today also.

Tuesday 27th June- Training on Middle distance simulation map, very green and detailed to what we have been on the past couple of days. I soon found out that my lack of compass skills was a HUGE disadvantage as this is a VITAL part of staying on course in Europe. About 2 hours training here staying with short sharp sessions to best simulate the races. Weather is still extremely hot.

Wednesday 28th June- 9 a.m., back to the same map as Sunday only we had organised a mass start relay practice with the Irish, Australian and Hong Kong orienteering teams, boys and girls, to try and simulate the relay. Today this map seemed a lot less frustrating and more like home, probably something to do with the fact we had caught up on sleep. 6km course was made for us all by Neil Kerrison and Aussies coach Gareth Candy, with split controls, extremely fast running- took 30mins. Cooled down with a dip in the lake. In the afternoon we walked around the "old town", Druskininkai, where the sprint was being held. No running or map reading in this area was permitted or you would have been disqualified.

Thursday 29th June- Training out on a map similar to the Long Distance Map. A lot more teams have arrived now so the atmosphere is all changing. We practiced control flow and traffic lighting, all met up again and had a short sharp race of 5 controls, all of us at 30 second intervals. Hills were a little bigger today which suited me, although the difference over here is that the hills are bigger but it is still very intricate, not bold and obvious like in Hawkes Bay!! This afternoon we all walked around the village and bought very cheap items of interest and marveled at how "Soviet" everything was.

Friday 30th June- Training at a middle distance map again. This time only with the Aussies. Neil organised the format of us all starting at 2min intervals but with three different courses, as this is what the middle qualification is like. At this stage our confidence was growing and we all stretched ourselves a bit and gave the Aussies a scare.

Saturday 1st July- Went out to the Long Distance Model event. Neil recommended a few controls for us all to do, but to make sure that we keep it short. Felt quite confident in the terrain now, lots of small tracks, but they are a bit dodgy to navigate off. Got back to the accommodation and went for a 25min run to loosen up the legs and the nerves.

Sunday 2nd July- Rest Day.

Monday 3rd July- SPRINT RACE FINAL DAY.

AM- walked around on a model sprint map, and practiced the start procedure, where you are held back 4 mins and have to stand on stage the last minute held by an official until your time comes. Relaxed until lunch at 12noon, drank a lot of water because of the heat and of course due to the water and nerves, visited the toilet quite frequently. All competitors had to be in the race arena by 12.30pm and were not allowed back out until they had raced. We were all pretty nervous and warmed up separately. I had second to last start out of the whole field so my time waiting was drawn out. The race went well for me apart from a few hesitation mistakes, I came 14th which surprised me because of my injury and lack of speed preparation in training, but I was extremely happy with this result.

Tuesday 4th July- LONG DISTANCE FINAL

Up early to catch the correct bus to the race...an hour journey out on a bus of silent competitors from all over the world...there were no New Zealanders on my bus so I just listened to music. Arrived, signed off my name at the official tent and went to where the other kiwis and Neil had gathered under the trees. I had about an hour until my start in the middle start block. Warmed up about 30 minutes before but as it was about 28 degrees already and my course was 8.8km, a long warm up wasn't necessary. I started off quite cautiously, they threw a long leg at us early so I used this opportunity to plan ahead a bit, but it was so detailed that this didn't really work. All went reasonably well though, about two thirds of the way through, just after the spectator leg I made my first mistake and then a few smaller ones after that. I thought it was a fairly average run but as it turned out it was a bit better than that. 17th place. The rest of the team had pretty steady runs also.

Wednesday 5th July- Rest day, chilling out and went on a casual bike ride through the town.

Thursday 6th July- MIDDLE QUALIFICATION RACE. Same set up as Tuesday with the buses. Today I warmed up a bit better though and for some reason I was a lot more nervous, maybe because it was a Qual??? I don't know. One minute before my start I asked Neil for my sport ident, compass, and description holder (he had been minding them while I warmed up.) and he gave them all to me apart from the Sport Ident....yes, he had dropped it by mistake!! And if it wasn't for the lovely Norwegian Coach picking it up, I probably couldn't have run. (Neil was an awesome coach so I couldn't even get mad). The race started off well but after a small early mistake I couldn't stay focused enough and it led to a substantial mistake. Missed out on the A final by 3 places, but somehow I wasn't too gutted about that, because due to my run I knew I didn't really deserve to qualify.

Friday 7th July- MIDDLE DISTANCE FINAL

All the kiwi girls were in the B final so we once again caught the buses out to the start. Today I felt nervous again also because this B final contains a lot of disappointed/angry runners who are doubly determined to perform due to a bad run on the previous day. My run went relatively smoothly with one little mistake. 7th place- pretty pleased with that.

Saturday 8th July- RELAY

New Zealand girls team consisted of Me leg 1, Tineke leg 2, Lizzie leg 3. I was pretty nervous about doing first leg because I haven't experienced it before, but somehow put these behind me and had a steady run. The map was very open, fast and quite vague contour detail in places. I didn't run spectacularly well but not bad either, thoroughly enjoyed it as it was similar to New Zealand sand dunes.

Saturday 8th July PM- Party

Not too much that I can say here, apart from a lot of mingling between countries from all over the world. A lot of fun.

JWOC is a great experience and this is just out of my brief diary that I kept over there. For more details please just ask me as I would love to share!!! I hope I can come up with some sort of story that can motivate you juniors even more!

AMBER MORRISON

ROVING ROSS

Kiaora Hawkes Bay Orienteers... Long time no see. I thought I better let you know what I've been up to lately.

Some of you may have heard that I competed at WOC (the World Orienteering Champs) in Denmark at the start of August this year. For those of you who didn't hear of this, well now you know, unless you haven't read this article, in which case I am just talking to myself.... but don't feel bad my imaginary friends, this not an uncommon occurrence.

For those of you who have taken the time to read this, ye shall be rewarded 3-fold.

1. You will get a brief run down of my International experience.
2. Learn of my new sponsor, and how to get shoes that will not only make you run faster, they will also improve your orienteering ability.
3. Anyone bearing this article is entitles to 1 free hug from myself, or 1 free kiss from my younger brother and Orienteering prodigy Duncan Morrison.

I left for Denmark near the start of July, about 3 weeks before WOC so I could do some training and get away from this Terrible Wellington Winter. The maps I saw of the WOC areas didn't look too dissimilar to areas of New Zealand. But upon arrival in Denmark I realised the orienteering would be quite different and difficult to adjust to. The vegetation and general appearance of the terrain was much different to that of NZ. The mapping style was also different. Contours were vaguer, and just about everything was mapped as white. After 3 weeks of training with the team (Tania, Lara, Jenny, Karl, James, Rob and myself) it was time for my first World Champs. I was feeling physically faster than I had been for a long time. But I was still not so confident about my orienteering ability.

My first event was the middle distance. I was going all right at the start of the course, just trying to control my speed and get the orienteering right. By the 7th control I had been caught up 2 minutes by Matthias Mertz, the Suisse runner who won my heat, but at the time I had no idea he was on my course. Shortly after this I lost 4 minutes on one control. I'm usually not a pessimistic person when it comes to orienteering but I knew there and then that I had no chance of making the final (top 15). I pressed on to finish the race, and made a few more mistakes. I was placed 32nd, nearly 10 minutes behind the winner of my heat.



My next race was the sprint distance. It was my last individual race before the relay, so I was extremely determined to qualify for the final. I was going well near the start of my race again. But the course took us into an amusement park that most people had not expected us to

enter. It was really intricate and after the previous long legs I was just running too fast and made three 1 minute mistakes. This is a huge time to lose in a sprint race. I was quite upset with my run, but looking back I know I have the ability to do quite well in the sprint distance, I just need more practice. I only missed out on qualifying by 50 seconds and I lost about 3 and a half minutes.

On the upside of not making the final I was able to watch all of the finalists in the WOC arena. It was an awesome setup... Heaps of people cheering and a massive big screen to see all the action. It was so cool to see Hanny win and to see Tania do so well.

The Relay was another disaster for me personally. I blew the first control and was dropped by almost everyone. I did manage to make up 7 places or something by the end of my leg, but I felt like I had let the team down. I think I could have kept up with the lead group, but woulda, coulda, shoulda. The team finished in 23rd in the end. It was cool afterwards to have kids coming up to you asking for your signature though.

The WOC party was cool, not as cool as the JWOC parties, but still cool. I managed to get my tie signed by Minna Kauppi who I believe is the most beautiful woman in the world. If you disagree, I'd like to see you try and prove me wrong.

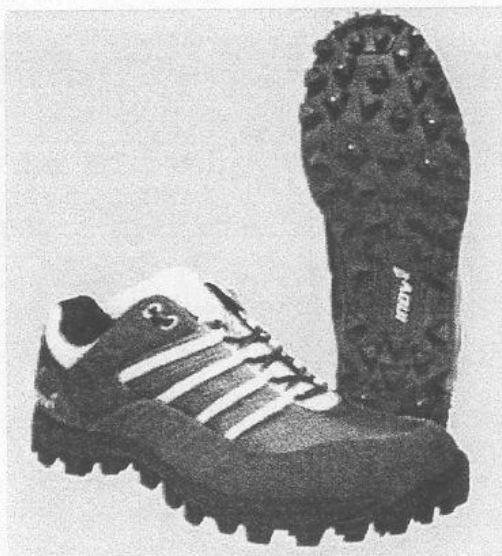
All up WOC for me was definitely a learning experience.

Europe is so awesome for orienteering. I'm planning to get out of debt, maybe win lotto as well if I find the time and then live in Europe for some time to find out how good I can get at this sport. Maybe I can convince old Maui to get back in his canoe and paddle us a bit closer to Scandinavia...

I look forward to seeing some of you up and coming juniors making the WOC team in the not so distant future so we can put Hawkes Bay Orienteers on the map, so to speak. Thanks for all your support from those who were following my performance.

Before WOC I managed to acquire a new sponsor. 'Inov-8' a mountain running apparel company has kindly offered to supply me with orienteering shoes and other gear for the next 3 years. They traditionally only made mountain running shoes, but now they make orienteering shoes. They are by far the best orienteering shoes I've ever owned, that's why I asked for their support. The shoes are much lighter than most I've tried, and they have better grip. I encourage you to check out some of their merchandise on their website <http://www.inov-8.com/>.

If you are keen to buy some of their shoes or just let me know and I can contact them for shoe clinic stores also stock their shoes, so alternative for getting some as well.



shoes, but now far the best why I asked for than most I've you to check website

running gear you. Some that's an

Ross Morrison

NEW MEMBERS



A warm welcome to the following new members to the club. We look forward to seeing you at future events:

- Emma Sye
- Fredda & Ollie Steiner
- Tim, Jules, Jock & Phoebe Nowell-Usticke
- Jesse Williams
- Cameron Massie
- Sarah Hawkins
- James Tinker
- Laura Bunning

THE 2006 OY SERIES CONTINUES.....

TANGOIO - OY4

September 17

This event will be signposted from SH5 (Napier – Taupo H/way) at Waipunga Road. Turn right just past Whitebay Lavendar)

Leg cover recommended.

JOB VACANCY

After three years I would like to pass on *Compass Points* to another editor. Producing the magazine every two months is a very rewarding job and you get to know lots about the club, individuals and events. Yes, it does involve quite a bit of time and you also need your own computer and some basic computer skills, good English skills and be able to work to a deadline.

So, calling all budding journalists..... Please come and have a chat to find out just what is involved.

Faye McDonald

LOOKING FOR SOMETHING DIFFERENT THIS
CHRISTMAS AND NEW YEAR?

ASIA AND PACIFIC
ORIENTEERING CHAMPIONSHIPS
24TH DECEMBER – 1ST JANUARY

HONG KONG

www.aapoc2006.hk

Wellington and Red Kiwis Orienteering Clubs present

Wellington Orienteering Championships

21st - 23rd October 2006

EVENT 1: Multi Day Classic, Saturday 21st October - Wiritoa (v3) (starts from 11am)

(remapped Wiritoa and Jailhouse dunes combo)

Farmland Dunes and Pine forest / blocks

Planner: Royce Mills

1:10000 with 2.5m contours

Controller: Russell Higham

EVENT 2: Multi Day Classic, Sunday 22nd October - Marangai (part Harakeke)

Middle Distance event for M/W21e and M/W20a

(starts from 10am) Partially remapped 2006.

Pine forest and farmland dunes.

Planner: John Hancock

1:10000 with 2.5m contours

Controller: Alan Horn

EVENT 2a: Sprint, Sunday 22nd October - Scoutlands (starts from 3pm)

farmland dunes.

Planner: Sue Scott

1:5000 with 2.5m contours

Controller: Rob Newbrook

EVENT 3: Multi Day Classic, Monday 23rd October - Marangai (part Harakeke)

(starts from 9:30am) Partially remapped 2006.

Pine forest and farmland dunes.

Planner: Neil Kane

1:10000 with 2.5m contours

Controller: Dorothy Kane

WOA Championships

For M21E, W21E, M20A, W20A: will be based on the overall time for events 1, 2, 2a, 3.

For all other Classes: Will be based on the overall time for events 1, 2, 3 only.

Pre-entry

Pre-entry is required for all days. There will be no "on the day" courses.

NZOF affiliation

Competitors not belonging to a NZ O club or an IOF affiliated member organisation must pay an extra one event participation levy of \$8 per senior, \$4 per junior, \$16 per family, for each day of competition.

Start times

If you want special start times please indicate on your entry form.

If you miss your start time you will be reallocated to the next available start time.

Closing Date for Entries

Saturday 7th October 2006

Classes for Classics

Course	Men	Women	Difficulty
1	M21E		Red
2	M20A M21A	W21E	Red
3	M18A M40A		Red
4	M16A, M50A, M21AS	W18A, W20A, W21A, W40A	Red
5	M60A, M40AS	W16A, W50A, W21AS	Red
6	M70A	W60A, W40AS	Red
7	M18B, M21B, M14A		Orange
8	M40B	W21B, W18B, W40B, W-14A	Orange
9	M12A, M14B M21C	W12, W14B, W21C	Yellow
10	M10, M12B	W10, W12B	White

Note: course lengths will be for as for Multiday events ie about 80% of a single day Classic

Middle Distance (M21E, W21E, M20A, W20A) - Sunday am

courses based on 30 minute winning time

Elite Sprint (M21E, W21E, M20A, W20A) - Sunday pm

courses based on 12-15 minute winning time

Note: other grades may enter the sprint as "Open" grade, but these results will not count towards the overall result.

Entry Fees

	Day 1 Classic	Day 2 Classic / Middle	Day 2 Sprint	Day 3 Classic
Senior	\$20	\$20	\$10	\$20
Junior	\$10	\$10	\$5	\$10
Family	\$50	\$50	\$30	\$50

SportIdent

Will be used for all events. Please record your SportIdent number on the entry form or buy a chip for \$50 or hire for \$2 per Snrs , \$1 per Jnrs per day.

General

- Some classes/courses may be combined if entry numbers are small.
- Competitors may enter different classes on different days but this will invalidate your chance to win a WOA title.
- The Programme and Results will be posted on the WOC web site (<http://homepages.paradise.net.nz/ingham/woc.htm>), and displayed at the event. No programme or Results will be sent unless ordered separately.
- Confirmation of your entry is by clearance of your cheque,

Any enquiries to: Alan Horn 04 4793-690 email: alan.horn@extra.co.nz

Or : John Marshall 04 381 2802 email: jmarshall@users.sourceforge.net

Cheques: Please make cheques out to Wellington Orienteering Club

Or

Deposit direct to our Account

ANZ, Lambton Quay (Wellington), 01 0564 0009609 00

Please use code with your name and WOC06

The Silva New Zealand Secondary School Championships.

The Silva NZSS Champs were held in Woodhill Forest near Muriwai on the last Friday and Saturday of the July holidays. As usual Hawkes Bay was strongly represented with large teams from Havelock North, Napier Boys and Napier Girls and smaller squads from Karamu, Woodford, Lindisfarne, Iona, Hastings Boys and Central Hawkes Bay.

HB runners had realistic chances of winning 5 of the 6 Individual Championship grades, but on the day came home with only two titles – **Jaime Goodwin** in Intermediate Girls and **Duncan Morrison** in Junior Boys. Overall HB secured 7 of the top 18 placings.

Senior Boys

1 st	Simon Jager	Mt Roskill Grammar
2 nd	Jack Vincent	Havelock North High
3 rd	Andrew Peat	Kings College

Senior Girls

1 st	Nicola Peat	St Cuthberts
2 nd	Emma Watson	Central Hawkes Bay
3 rd	Greta Knarston	Epsom Girls Grammar

Intermediate Boys

1 st	Toby Scott	Glendowie College
2 nd	Ben Ng-Waishing	Westlake Boys
3 rd	Scott McDonald	Karamu High

Intermediate Girls

1 st	Jaime Goodwin	Iona College
2 nd	Lydia Parker	Havelock North High
3 rd	Shani Kana	Birkenhead College

Junior Boys

1 st	Duncan Morrison	Napier Boys
2 nd	Matthew Ogden	Massey High
3 rd	Brett Sceats	Lindisfarne

Junior Girls

1 st	Laura Robertson	Chilton St James
2 nd	Kate Smirnova	Epsom Girls Grammar
3 rd	Juliana McMillan	Chilton St James

Hawkes Bay, with its large number of competitors in schools like Napier Boys and Girls and Havelock North, have always performed well in the Standard Grades and this year was no exception. Napier Boys dominated the Senior and Intermediate Standard grades with **Scott Bicknell** winning Senior Boys from fellow Boys High student **Daniel Weeks** and then **Cameron Helliwell** and **Sam Manson** taking 2nd and 3rd respectively in the Intermediate Grade. Havelock North took 4 of the 6 Junior placings with wins to **Jesse Williams** (JBS) and **Gracie Pryce** (JGS) and second placings to **Sam Neil** and **Paige Heavey**. **Vanessa Wiggins** (Napier Girls) was second in the IGS.

The relays were interesting with, as usual, several leading teams disqualified and this year there were some very long legs from less experienced runners, especially in the Senior Boys relay. HB relay results weren't quite as strong as last year with only one winner – **Havelock North Junior Boys**. Second placing went to Iona (SG) and Havelock North (IG) and third placings to Havelock North (SG), Karamu (IB), Napier Boys (JB) and Havelock North (JG).

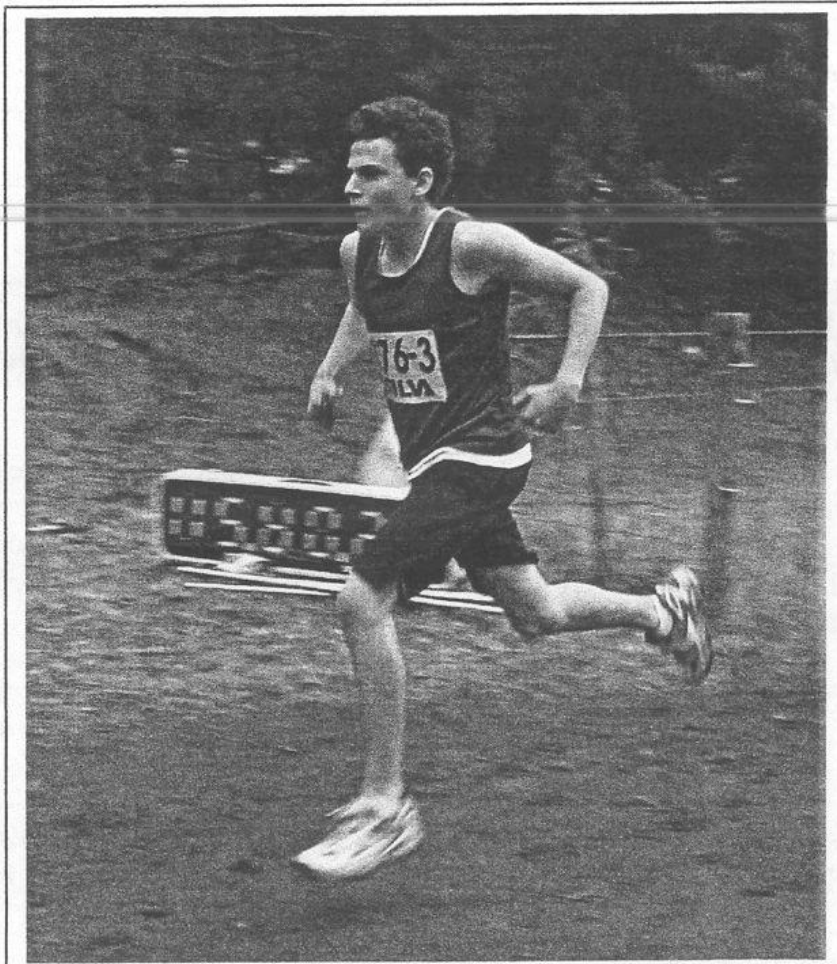
Hawke's Bay performed well in the overall awards. Havelock North and Napier Boys tied for first in the Boys Top Schools Competition with Karamu in 7th, while Havelock North was a clear winner in the Girls Top Schools with Napier Girls 2nd and Iona 7th.

In the Boys Silva Premier Award, Havelock North was first with Napier Boys second equal, Karamu 4th and Lindisfarne 5th. In the Girls Silva Premier Award Havelock North was a clear winner with Iona in third and Napier Girls 5th.

Congratulations Havelock North High. You have a real depth of talent.

Here's what some HB competitors and supporters had to say about their time away.

- Emma Fun course, with a good result. The dance was real fun.
Thomas McC Excellent!!!!
Duncan Seeing the boof heads eg Kelly, Nick, William.
Rory Seeing Duncan Maxwell Morrisons mullet!
Thomas S Fun. A very different type of map.
Alex McC Good to run on such a different map, except being lost.....twice!!!
Rochelle Good to run on a different type of map – when I had the right one!!!
Jack Excellent course. It was a good challenge even for the good navigators. I was a bit disappointed I picked up the Senior Boys Standard map at the beginning.
Jenny Awesome to be away with a team that had some great results. Funny looking at the way people run.
Bryan It was a pretty hard course but I had fun at the relays.
James VB Well organised and good courses.
Cameron M It was well organised for Napier teams. Thanks Derek.
Simon W The best bit was when Rory knocked his tooth out on the waterslide.
Avril Well organised, great terrain and courses, except for when they said I mispunched on four controls and I didn't!!!
Paul Derek was a good coach.
Cameron Interesting and fun
Geoff Well done Hawkes Bay.
Olivia Next time I must remember to look at my map properly first before I take off running. The hot swim was great.



Ryan Mitchell,
Karamu, running a
strong third leg for his
relay team.

TE AUTE MIDDLE O

9TH JULY 2006

Setter : Murray Harty Vetter : Rob McDonald

Red Long 3.8km

Scott McDonald	28.47
Jack Vincent	30.16
Hamish Goodwin	33.41
Todd Oates	37.14
Duncan Morrison	37.26
Derek Morrison	39.45
Rolf Boswell	40.06
Chris Howell	41.00
Aari Barrett	48.21
Geoff Morrison	71.55

Red Medium 3.1km

Rachel Goodwin	28.52
Kate Morrison	30.27
Jaime Goodwin	31.06
Emma Watson	31.11
Matt Balmer	34.06
Pamela Morrison	35.13
Steve Armon	36.17
Wayne Hosking	38.30
Colin Jones	39.17
Jennie Barrett	42.11
Bruce Williams	42.22
Pauline Abblett	42.33
Mark Irwin	43.10
Pauline Klay	43.30
David Fisher	45.00

Red Short 2.0km

Rory Hart	24.24
Chloe Gregory	25.10
Cara McDonald	25.30
Chris Pike	29.31
Faye McDonald	30.10
Anna Powell	31.03
Anna Fuhrer	31.51
Alan Berry	33.55
Sam Fuhrer	34.51
Tabitha Donnelly	35.03
Stewart Hyslop	38.08
Catherine Howell	39.09
Paul Steeds	41.18
Philip Baker	45.18
Sharon Mardon	46.50
Brian Crawford	68.55

Philip & Dev Mardon	77.06
Dave Smith	DNF

Orange 3.0km

Brett Sceats	28.28
Chris McDonald	29.25
Gary Gregory	35.07
Rochelle Sceats	36.46
Graeme Sunnex	37.19
Grant Edmonds	39.19
Luis Slyfield	40.51
Olivia Gregory	41.06
Tom Fuhrer	41.11
Nic Harty	43.17
Mark Donnelly	47.05
Hannah Harty	47.07
Catherine Brebner & Rachael Bentall	47.56
Kate Boekhorst	48.06
Tom Wilson	50.24
Jo Morris	51.13
Amie & Steve Bentall	52.21
Angela Revell	58.31
Daniel Weeks	66.44
Elsa Vincent	79.25
Ted Sapsford	80.42
Avril Turvey	DNF

Yellow 1.9km

Cameron Massie	16.38
Catherine Brebner	23.07
Alex Dyer	23.39
Thomas Smith	24.08
Olivia Pearse	24.43
Craig Sceats	25.09
Bernard Klos, Hayden Crossman, Daniel Bentall	25.42
Alan Kale	26.08
Sarah Hawkins	27.01
William Kale	27.33
Emily Davis	28.00
Jordan & Sarah Dyer	28.23
Laura Bunning	30.17
Denise Bentall	30.45
Kristen Clothier	31.23
Janet Turvey	31.34

Daniel Campbell	33.41	Harrison Gregory	16.58
Grant Husband	34.27	Sue Edmonds	17.18
Kenneth Muir	36.38	Sarah & Alan Dyer	17.46
Stacie & Alex	38.25	Virginia Irwin	17.46
Gail Gregory	38.55	Grace & Mark Irwin	19.59
Mackereth Family	39.21	Hamish Muir	20.08
Anna Mathews	41.19	Gus Prescott	20.16
Campbell Edmonds	41.48	Helen Howell	22.06
Seth Corbett – Davies	50.46	Blair Turvey	22.22
B Macks	65.07	Vaughan Sceats	22.28
Barbara & John Phillips	72.12	Tom Prescott	23.26
		Caroline Howell	26.15
<u>White 1.4km</u>		Mackereth group	27.45
Jesse Williams	12.15	Douglas Muir	39.24
Jordan Dyer	13.15	Denise Hart	31.03
Daniel	13.53	Gary Rust	32.25
Sean Morrison	14.32	Jorgen Murphy (missed #14)	DNF
Keil Murphy	15.23		

I was surprised to see my name in the Club Events Calendar as a Setter for the Te Aute Event in July. Hell, I can still barely get myself around a Red Course and make it home in time for tea. Must have been a mistake! A panicky phone call to my Vetter, Rob McDonald, revealed that HBOC follow an in-at-the-deep-end education policy for new members. Luckily I am used to this approach - see one, do one, teach one was the guiding principle of my medical training.

I was given a map, Rob suggested course lengths and I sat down to dash off a few courses. Yeah, right! I had no idea how difficult it is to plot a set of orienteering courses on a map and how different the requirements are for each type of course. I filled my rubbish bin several times over with failed attempts and finally (proudly) produced a set of courses for Rob to vet. He then pointed out dozens of traps for young players and I went home to redraw all the courses.

Our first expedition to Te Aute was miserable. A windy rainy muddy Saturday morning with all Hawke's Bay sports cancelled and Rob and I spent hours trudging around Te Aute College. Rob went home to a hot bath and I went home to change the courses again. I was ready by July 8th and we spent another cold windy day putting out controls. We were greeted at Te Aute by the Caretaker. He roared up to us on his farm-bike and presented us with a control (450, I think) that he had picked up the day following the last Te Aute event a year ago. I am still not sure why he didn't let us know that he had found it then. I went home cold and worried about the next day. I thought the weather would be awful and that no one would come because it was school holidays (and my first course). I was completely wrong. The weather was great and we had a good turnout. There were a few people trying orienteering for the first time, which I found gratifying. I also appreciated the thanks and encouragement from other club members. Thanks to all those who helped on the day. Special thanks to Rob McDonald who really set and vetted the course himself, but made me feel like it was mine. He also turned out to help on the day, despite being quite unwell.

In hindsight, setting my first course was a great experience. My knowledge of symbols and course requirements is vastly improved. I think my navigational skills are better, but most importantly, I now appreciate how much work goes into each course that I run. I look forward to setting more courses.

Murray Harty

"PUKEORA" 23RD JULY 2006

Setter: Emma Watson

Vetter: Henry Porter

	Score	Handicap	Penalty	Total
Ryan Mitchell	40	24		64
Rory Hart	45	18	1	62
Bryan Staunton	42	21	1	62
Chris McDonald	41	21	1	61
Duncan Morrison	53	8		61
Alex McCormack	37	24	1	60
Pamela Morrison	42	18	1	59
Alan Berry	33	26		59
Aggie O'Leary	25	34		59
Michael Helliwell	34	24		58
Derek Morrison	50	8		58
Tim Anderson	28	31	1	58
Sam Haslett	34	24		58
Neville Smith	34	24		58
Tony Haslett	27	31		58
Thomas Smith	27	30		57
James Brigham Watson	36	21		57
Brett Sceats	37	21	1	57
Stewart Hyslop	28	29		57
Thomas McCormack	29	30	2	57
Paul Jensen	39	21	3	57
Keith Vincent	42	15		57
Hamish Muir	21	36		57
Olivia Gregory	36	26	6	56
Geoff Morrison	50	8	2	56
Allan Hughes	38	18		56
Philip Baker	25	31		56
Scott McDonald	51	5		56
Chris O'Leary	26	31	1	56
Bob Pocknall	35	21		56
Hannah Harty	28	28		56
Sophie Eames	36	21	2	55
Chloe Gregory	37	18		55
Faye McDonald	31	24		55
Rob McDonald	40	15		55
Cameron Helliwell	31	24		55
Jack Vincent	54	3	2	55
Cameron Massie	31	24		55
Gary Gregory	36	24	6	54
Kirsten Hughes	20	34		54
Lydia Parker	36	18		54
Matt Balmer	39	15		54

Peter Watson	33	21		54
David Fisher	35	18		53
Ruth Vincent	22	31		53
Sharon Mardon	22	31		53
Paul Steeds	24	29		53
Rob Poulgrain	30	24	1	53
Chris Howell	52	3	2	53
Lyn Helliwell	22	31		53
Olivia Pearse	21	31		52
Greg Pearse	25	31	4	52
Cara McDonald	32	21	1	52
James van Bohemen	22	30		52
Jenny Russell	31	21	1	51
Murray Harty	30	21		51
Cam Edmonds	17	36	2	51
Grant Edmonds	25	26		51
Gail Gregory	17	34		51
Mark Irwin	32	18		50
Richard Lynn	38	12		50
Sarah Anderson	18	31		49
Craig Sceats	25	28	4	49
Catherine Howell	19	31	1	49
Sally Haslett	22	31	5	48
Sean Morrison	12	36		48
Rochelle Sceats	20	26		46
Murray Richardson	26	21	3	44
Graeme Sunnex	33		2	31
Mark Lane	26			26
Ross Leckie	26		1	25
Tim Nowell Usticke	24		1	23
Angela Revell	20			20
Jock Nowell Usticke	17		2	15
Mackereth family	10		1	9
Keil Murphy	9			9
Ian Thame	16		12	4

White

Amy Dolden	13.49
Harrison Gregory	15.25
Daniel Gregory	16.34
Ryan Sunnex	17.24
Kenneth Muir	19.45
Keil Murphy	21.07
Cohen Hughes	22.03
Jayden Hughes	22.13
Jorgen Murphy	22.40

Naomi Anderson	22.42
Louise Anderson	23.25
Kim & Chris Mitchell	24.10
Jack & Philippe	25.53
Vaughn Sceats	27.12
Anna O'Leary	28.11
Malin Dolden	30.13
Amber Helliwell	33.30
Douglas Muir	36.38
Lauren Banner	37.21
Molly Power	37.25
Helen Howell	42.37

The start of July came around and there, marked in my diary in block capitals, was a reminder that on the 23rd of July was my score event at Pukeora Hill. This was followed over the next few days by emails from various people asking about details of the event and how they could help if it was needed - thanks a lot to those people! But my greatest problem was how to start? I didn't have the program, which was solved by Dave Fisher sending me Condes and the electronic version of Pukeora Hill. I was then able to set about placing points in various places; trying to keep it even in separate areas and not too easy for those of you who have the pace to zip all over Pukeora in a heartbeat. The control sites were another thing that was hard to keep original. I don't know how many of you noticed but a few of the sites were also used last year when Aiden and I set the score event at Pukeora. This was unavoidable!! After I had marked all 27 Dave very, very kindly came down to help me check control sites as Henry was unavailable (Course we bribed him with an invitation to dinner!).

This process took longer than I initially expected due to the big increase in blackberry in the bottom forest area as many of you would have discovered. Whilst walking down the

stream filled with the stuff I managed to get myself stuck, and had to be rescued with a branch. Thanks Dave☺ I could well have been there a long time without you! After this, most things were more smooth sailing but I returned the following day to finish the sites we were not able to visit before the sun went down.

The time arrived when the controls were to be placed out... 4 hours later we had achieved this. Another way underestimated time frame, but I'm sure at other events this would take much longer. It makes me appreciate the work that has to be done to make a successful event.

Sunday the 23rd was a really beautiful day and around 100 people turned up, including some new faces (to me it looked like a huge amount of them!). Some very eager young boys who, after finishing the white course decided they would give the score a bit of a go. They did this but accidentally received the wrong map, and by the time they had come back and changed their map for the right one, they finished after course closure but didn't come to the finish table so we thought they must have still been out there. In the end they were all accounted for and control collection commenced, which took a lot less time than putting them out due to the extra hands.

Overall I felt the event went well. Thanks a lot to my vetter Henry Porter, my control collectors/put-outers and Amy on caravan☺

Emma

HAVELOCK HILLS - 13TH AUGUST 2006

Setter : Kate Morrison

Vetter : Derek Morrison

<u>Score</u>	Score	Pen.	Bonus	H'cap	Total
Natalie Rens	37			26	63
Pauline Klay	33	3		31	61
Steve Armon	40			21	61
Gary Gregory	37			24	61
Thomas Smith	31			30	61
Neville Smith	37			24	61
Janet Turvey	25			36	61
Ryan Mitchell	37			24	61
Scott McDonald	54		1	5	60
Jo Eames	36			24	60
Jack Vincent	54		3	3	60
Alex McCormack	36			24	60
Henry Porter	36			24	60
Chris McDonald	39			21	60
Hannah Harty	32			28	60
Sam Haslett	36	1		24	59
Greg Pearse	28			31	59
James B – W	38			21	59
Geoff Morrison	54	4		8	58
Lyn Helliwell	26			31	57
Alan Berry	31			26	57
Hamish Goodwin	54			3	57
Olivia Gregory	31			26	57
Kate Boekhorst	31			26	57
Allan Hughes	40	2		18	56
Thomas McCormack	26			30	56
Jesse Williams	26			30	56
Pamela Morrison	38			18	56
Brett Sceats	35			21	56
Catherine Howell	24			31	55
Deborah Turner	27			28	55
Tim Nowell Usticke	25	1		31	55
Phoebe Nowell Usticke	25	1		31	55
Rolf Boswell	43			12	55
Ruth Vincent	24			31	55
Jennie Barrett	31			24	55
Kirsten Hughes	20			34	54
Duncan Morrison	47	1		8	54
Wayne Hosking	43	5		15	53
Tony Haslett	28	6		31	53
Sally Haslett	25	3		31	53
Faye McDonald	31	2		24	53
Sharon Mardon	22			31	53

Paul Steeds	23		29	52
Cara McDonald	31		21	52
Avril Turvey	31		21	52
Muir group	16		36	52
Todd Oates	54	6	3	51
Jenny Russell & Allison	30		21	51
Callum Neil	40	10	21	51
Olivia Pearse & Olivia	19		31	50
Chris Howell	54	7	3	50
Joe Christensen	19	5	36	50
Ben Christensen	19		30	49
Stewart Hyslop	20		29	49
Elise Yule	18		31	49
Matt Balmer	34		15	49
Aidan Boswell	49	1		48
Rob McDonald	32		15	47
Rochelle Sceats	29	10	26	45
Norris & Barbara	27		18	45
Michael Helliwell	21		24	45
David Fisher	25		18	43
Craig Sceats	14		28	42
Mirko Zatezalo	41			41
Dave Smith	1		36	37
Kelly Cooper	34	1		33
Mark Lane & John	35	3		32
Bruce Williams	28			28
Daniel Weeks	28			28
Sarah Hawkins	28			28
Emily Davis	28			28
Emily Joubert	25	1		24
Simon Wallis	23			23
Lily Beachen	20			20
James Tinker	19			19
Paige Heavey	19			19
Chris Mackereth	17			17
Mark & Yvonne	17			17
Gracie Pryce	11			11
Natalie Dever	10			10

White

Sean Morrison	17.09
Hilary Mitchell & Analee	20.02
Jack White	20.38
Harrison Gregory	21.09
Cam Barrett	21.38
Chris Mitchell	22.54
Cohen Hughes	24.14

Daniel Jimmieson	24.26
Amber Helliwell	24.32
Josh Morete	24.46
Anna O'Leary	25.24
Ryan Sunnex	25.50
Vaughan Sceats	25.59
Helen Howell	27.00
Kim Mitchell	27.26
Jayden Hughes	27.32
M Harvey	27.55
A Taylor	27.59
Caroline Howell	28.13
Aggie O'leary	30.12
Emma, Fin, Hannah, Jess	30.20
Harry Greig	31.33
Young Family	31.52
Ange & Jemmah Revell	32.47
Blair Turvey	33.10
Monty Greig	34.32
Teva Tait	39.28
Douglas Muir	57.24
Nicholas Cox (missed 1)	DNF

It was great to see a good turnout at the Keirunga Gardens score event. I was glad to see it all ran smoothly, except for a few hiccups. Well, I was sick in hospital for a few days nearing close to my event so whilst I was recovering from my illness I knew I had to do something about this score event I had to set around Havelock North Hills. It was challenging but I got there with a bit of help from Dad. The week before the event we were rushing around to see where we could have a decent white course and so we decided that Keirunga Gardens was the best place to start. Whilst looking for controls sites we had a few different experiences e.g. the friendly cockatoos talking to us, Dad falling in the Karanema stream with his leaky gumboots on (yes, and he was NOT happy! teeheehee) and also Dad getting tangled up in the vines at number 15 in the Tainui reserve. Yes it was quite a fun time for me probably not for Dad though but it all worked out in the end. Well Saturday came and we put out most of the controls in the lovely afternoon sun. It took us a few hours to accomplish. Then it was Sunday, the day for my first ever course that I have set to be put to the test. But whoops. It's bucketing down! So Dad decided to postpone it till next Sunday. I couldn't believe it! All that rushing and hard work for nothing. So out we went to collect all those controls again in the pouring rain. The next Saturday came and so out we went to put out all those controls again and then we spent that night praying for good weather for the next day. I woke up and took a quick peek outside. Yusssssssssssss!!! It's sunny. So off we went to Keirunga to set up. It seemed like everyone enjoyed it and I got some really positive comments too. We also gained a few new people to try it out. At the end of the magnificent day I luckily managed to grab some help to get those controls that I knew off by heart. So thanks to the Goodwin's and all the other people that helped out and I really enjoyed it and thank you for all coming to my event.

Kate Morrison

BLUFF HILL - 20TH AUGUST 2006

Setter : Matt Balmer Vetter : Wayne Hosking

<u>Score</u>	Score	Pen.	H'cap	Total
Neville Smith	42	1	24	65
Alex McCormack	41		24	65
Pauline Klay	33		31	64
Kirsten Hughes	24		34	58
Joe Christensen	22		36	58
Tony Haslett	36	9	27	58
Tim Anderson	27		31	58
Janet Turvey	27	6	36	57
Aggie O'Leary	23		34	57
Bryan Staunton	37	1	21	57
Philip Baker	27	1	31	57
Jesse Williams	26		30	56
Richard Lynn	43		12	55
Muir Group	21	2	36	55
Thomas McCormack	25		30	55
Thomas Smith	25		30	55
Brian Crawford	12		42	54
Nic Harty	32	6	28	54
Sam Eames	40	1	15	54
Ollie Steiner	27	1	28	54
Cam Massie	33	3	24	54
Elise Yule	28	5	31	54
Jo Eames	30		24	54
Rosina Millman	22		31	53
Rachel Goodwin	38		15	53
Sarah Anderson	22		31	53
Scott McDonald	50	3	5	52
Henry Porter	28		24	52
Allan Hughes	37	3	18	52
Chris McDonald	31		21	52
Lydia Parker	36	3	18	51
Faye McDonald	27		24	51
Bob Pocknall	34	4	21	51
Kate Gray	21		30	51
Alan Berry	26	1	26	51
Avril Turvey	29		21	50
Chloe Gregory	36	4	18	50
Paul Steeds	21		29	50
Anna Powell	26		24	50
Sharon Mardon	22	3	31	50
Rochelle Sceats	28	5	26	49
Ashley King	33	12	28	49
Pamela Morrison	34	3	18	49
Pauline Abblett	29	4	24	49

Ben Christensen	19		30	49
Elsa Vincent	18		31	49
Sophie Panton	18		31	49
Deborah Turner	22	1	28	49
Gail Gregory	14		34	48
Keith Vincent	35	2	15	48
David Fisher	30		18	48
Geoff Morrison	53	14	8	47
Patricia Larsen	15		31	46
Todd Oates	43		3	46
Greg Pearse	36	22	31	45
Stewart Hyslop	15		29	44
Rob McDonald	28		15	43
Martin Peat	50	8		42
Jon Eames	27		15	42
Chris Howell	54	16	3	41
Bruce Williams	41			41
Andrew Bott	47	7		40
Hamish Goodwin	54	17	3	40
Steve Armon	41	22	21	40
Sam Haslett	22	6	24	40
Rob Poulgrain	44	28	24	40
Rolf Boswell	37	10	12	39
Jack Vincent	54	18	3	39
Derek Morrison	52	22	8	38
Nicola Peat	36			36
Marcus Yule	8	4	31	35
Kelly Cooper	32			32
Kent Parker	31			31
Rachel Baker	30			30
Andrew Mitchell	30	1		29
Mark Cooper	28			28
James Tinker	27			27
Sarah Hawkins	25			25
Simon Wallis	22			22
Natalie Dever	22			22
Emily Davis	22			22
Julia King	24	6		18
Courtney Lee	18			18
Daniel Weeks & Alex	26	8		18
Issie Grundy	18			18
Louis Chambers	39	22		17
Emil O. Gravgaard	17			17
Gavin Pope	16			16
Jules Double	15			15
Kevern Group	13			13
Madeline Parker	10			10
Laura Bunning	8			8
Daniel Clow	8	11		-3

White

Jack O'Leary	16.28
Sean Morrison	16.28
Abigail Temple	17.24
Nigel Martin	17.51
Anna O'Leary & Mackenzie	17.55
Olivia & Bridget	18.04
Cohen Hughes	19.19
Shannen Howard	20.18
Louise Anderson	20.52
Jayden Hughes	22.18
Richard Powell	22.35
Naomi Anderson	24.17
Brynn Lethbridge	25.42
Tom Charteris	26.40
Tess Lethbridge	28.00
Lauren Banner	.08
George Charteris	28.35
Lea Stuart	29.00
Caroline Howell	30.15
Helen Howell	30.15
Sally Thorogood & Emma & Blake	30.34
Hayden Beedell	31.06
Ben & Mason Williams	31.18
Jack & Oscar Cooper	45.40

My first time setting an event was to be the score event at Guthrie Smith on 20th August. I was looking forward to running an event there, and improving my map reading and other orienteering skills in the process. But alas no! Sheep are more important than us mere humans – and lambing in the map area on the property prevented us running the event there, so the decision was made to change to the Bluff Hill map. In hindsight, this worked out well for me, as I was very busy at work and it was very handy to live within a couple of kms of the map, and being able to drive around it.

After getting some maps from David, I started on the Saturday 2 weeks prior to the event by driving/walking around the map checking out possible control locations. After the cancelled Havelock Hills event the next day, I drove around in the rain, until I had 30+ possible controls. I had heard some feedback that the previous years event had been too long, and consciously tried to keep the course shorter, while still trying to incorporate the best parts of the map.

On consultation with my vetter (Wayne Hosking), I discovered we had a map of the gardens for a white course – so we had a starting point. On the Saturday

prior to the event Wayne & I went over the possible controls and got them down to 27, with a few minor alterations. We also walked through the gardens and mapped out a white course as we went. On Sunday I ran the Havelock Hills event (very poorly – is it a good sign when the setter gets lost the week before?), and picked up the street controls on my way home.

I had battled my way through the condes programme with all its quirks, and thought I had it sorted. I had finalised the control order late on Sunday night and sent to David first thing in the morning. He sent it back to check after rotating the map to magnetic north, and I noticed the control order was not what I had intended at all! Condes, 1 – Matt, 0. Note to self – always re-check the next morning what you do late at night! Re-numbered controls and sent back to David & picked up maps on the Friday before the event.

Borrowed a work colleague's ute at 8am on Sat morning so I could get caravan later. Finished putting out controls within 2 hours, and picked up caravan from Hastings, and parked in driveway @ home. Beautiful day – so Wayne & I decided to run the course in order to check it. I started a little after him, and we bumped into each other on the steps up to the Bluff. I ran the whole course in 80 minutes at a casual pace, but with the luxury of planning route & knowing controls beforehand! Happy that this would be a good challenging length for the top runners, I went home. Went out to watch Wallabies lose in the rugby again, and had a few beers in honour of the weather god, Huey.

As the event day dawned, it proved my offerings had not been in vain, and it was another great day – sunny & windy. Had no idea who my helpers were, as I had left the piece of paper I wrote their names on at work, but it all worked out somehow – Thanks to those who manned the van. Rest of the day was spent chaotically trying to start people on time from my wrist watch. A few of the entrants seemed to miss the point of the start time sheets – I think I started about 5 people on the white course at one time in one instance!

Most people seemed to enjoy the day. A few complaints from some top runners who couldn't get around all controls in time (all part of my cunning plan!). Best compliment was that it was a "clever course", and that most of the runners managed to get a good score. Wayne & I picked up all the controls within 1.5 hours – with one broken & one missing (rough neighbourhood!). Took the rather bouncy caravan back and headed home to rest after a successful but exhausting weekend. Time will tell if it has improved my orienteering ability! Hope those who came had fun.

Matt Balmer.

HB Orienteering Club

2006 SCORE SERIES POINTS TABLE

		Handicap	Pukeora	Havelock Hills	Bluff Hill	Total
1	Alex McCormack	24	60	60	65	185
2	Neville Smith	24	58	61	65	184
3	Chris McDonald	21	61	60	52	173
4	Thomas Smith	30	57	61	55	173
5	Henry Porter	24	60	60	52	172
6	Tony Haslett	31	58	53	58	169
7	Scott McDonald	5	56	60	52	168
8	Thomas McCormack	30	57	56	55	168
9	Alan Berry	26	59	57	51	167
10	Kirsten Hughes	34	54	54	58	166
11	Pamela Morrison	18	59	56	49	164
12	Allan Hughes	18	56	56	52	164
13	Hamish Muir	36	57	52	55	164
14	Geoff Morrison	8	56	58	47	161
15	Faye McDonald	24	55	53	51	159
16	Sam Haslett	24	58	59	40	157
17	Matt Balmer	15	54	49	54	157
18	Greg Pearse	31	52	59	45	156
19	Sharon Mardon	31	53	53	50	156
20	Paul Steeds	29	53	52	50	155
21	Derek Morrison	8	58	58	38	154
22	Jack Vincent	3	55	60	39	154
23	Stewart Hyslop	29	57	49	44	150
24	Rob McDonald	15	55	47	43	145
25	Chris Howell	3	53	50	41	144
26	David Fisher	18	53	43	48	144
27	Rochelle Sceats	26	46	45	49	140
28	Ryan Mitchell	24	64	61	0	125
29	Pauline Klay	31	0	61	64	125
30	Bryan Staunton	21	62	0	57	119
31	Janet Turvey	36	0	61	57	118
32	Hannah Harty	28	56	60	0	116
33	James Brigham-Watson	21	57	59	0	116
34	Aggie O'Leary	34	59	0	57	116
35	Tim Anderson	31	58	0	58	116
36	Gary Gregory	24	54	61	0	115
37	Duncan Morrison	8	61	54	0	115
38	Catherine Howell	31	59	55	0	114
39	Jo Eames	24	0	60	54	114
40	Olivia Gregory	26	56	57	0	113
41	Brett Sceats	21	57	56	0	113
42	Philip Baker	31	56	0	57	113
43	Sarah Hawkins	30	0	58	55	113
44	Emily Davis	31	0	59	53	112
45	Jesse Williams	30	0	56	56	112
46	Lyn Helliwell	31	53	57	0	110
47	Tim Nowell Usticke	31	54	55	0	109
48	Cameron Massie	24	55	0	54	109
49	Ruth Vincent	31	53	55	0	108
50	Joe Christensen	36	0	50	58	108

51	Bob Pocknall	21	56	0	51	107
52	Wayne Hosking	15	0	53	53	106
53	Chloe Gregory	18	55	0	50	105
54	Lydia Parker	18	54	0	51	105
55	Richard Lynn	12	50	0	55	105
56	Keith Vincent	15	57	0	48	105
57	Cara McDonald	21	52	52	0	104
58	Deborah Turner	28	0	55	49	104
59	Michael Helliwell	24	58	45	0	103
60	Elise Yule	31	0	49	54	103
61	Jenny Russell	21	51	51	0	102
62	Olivia Pearse	31	52	50	0	102
63	Avril Turvey	21	0	52	50	102
64	Sarah Anderson	31	49	0	53	102
65	Sally Haslett	31	48	53	0	101
66	Steve Armon	21	0	61	40	101
67	Gail Gregory	34	51	0	48	99
68	Daniel Weeks	26	0	54	44	98
69	Ben Christensen	30	0	49	49	98
70	Hamish Goodwin	3	0	57	40	97
71	Todd Oates	3	0	51	46	97
72	Rolf Boswell	12	0	55	39	94
73	James Tinker	24	0	43	51	94
74	Rob Poulgrain	24	53	0	40	93
75	Craig Sceats	28	49	42	0	91
76	Natalie Rens	26	0	63	0	63
77	Rory Hart	18	62	0	0	62
78	Kate Boekhorst	26	0	57	0	57
79	Paul Jensen	21	57	0	0	57
80	Aidan Boswell	8	0	56	0	56
81	Chris O'Leary	31	56	0	0	56
82	Phoebe Nowell Usticke	31	0	55	0	55
83	Jennie Barrett	24	0	55	0	55
84	Sophie Eames	21	55	0	0	55
85	Cameron Helliwell	24	55	0	0	55
86	Peter Watson	21	54	0	0	54
87	Brian Crawford	42	0	0	54	54
88	Nic Harty	28	0	0	54	54
89	Sam Eames	15	0	0	54	54
90	Ollie Steiner	28	0	0	54	54
91	Rosina Millman	31	0	0	53	53
92	Rachel Goodwin	15	0	0	53	53
93	James van Boheman	30	52	0	0	52
94	Callum Neil	21	0	51	0	51
95	Murray Harty	21	51	0	0	51
96	Cam Edmonds	36	51	0	0	51
97	Grant Edmonds	26	51	0	0	51
98	Kate Gray	30	0	0	51	51
99	Mark Irwin	18	50	0	0	50
100	Anna Powell	24	0	0	50	50
101	Ashley King	28	0	0	49	49
102	Pauline Abblett	24	0	0	49	49
103	Elsa Vincent	31	0	0	49	49
104	Sophie Panton	31	0	0	49	49
105	Sean Morrison	36	48	0	0	48

106	Patricia Larsen	31	0	0	46	46
107	Norris & Barbara	18	0	45	0	45
108	Murray Richardson	21	44	0	0	44
109	Jon Eames	15	0	0	42	42
110	Laura Bunning	30	0	0	38	38
111	Dave Smith	36	0	37	0	37
112	Marcus Yule	31	0	0	35	35

HBOC 2006 Fixtures -15th August 2006

School Holidays are grey

Date	Hawke's Bay	Map	Other Events	Setter	Vetter	Assistants
20 Aug	Score 3	Bluff	SSS5 - Tikara(W)	Matt Balmer	Wayne Hosking	Sam Haslett Callum Neil
27 Aug						
3 SEPT	Team event	Te Mata Park		Mark Irwin	Dave Fisher	Bryan Stauntan Virginia Irwin, Kate Boekhorst
9/10 Sep			SS Relays & Club Event - Mt. Victoria(W)			
17 Sep	OY 4 -	Tangoio		Steve Armon	Pamela Morrison	Powell Family
24 Sep	MTBO (cancelled)					
1 OCT	Club Event 4	Over the Hill (possibly Guthrie Smith)		Murray Richardson	Richard Lynn	Wilson Family
8 Oct						
15 Oct	HB score champ	Rotoma	OY (OHV) AK Champs	Allan Hughes	Stewart Hyslop	Hughes Family /Mark Irwin
22 Oct			WOA Champs(W) (3- day? liase RK)			
29 Oct	OY 5	Smedley (old)		Rachel Goodwin	Hamish Goodwin	Amy Dolden/
4/5 NOV			CD Area champs Taupo			

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12 Nov	OY 6	Te Awanga	OY Kaikokopu	Jon Eames	Geoff Morrison	Anna Furher/ TBA
18/19 Nov			SI Champs			
26 Nov	Christmas event	TBA		TBA	TBA	TBA



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